

## Art Therapy, AFA

### School of Art, Humanities, Social Sciences and Public Service

The Art Therapy AFA degree program offers a foundation curriculum parallel to the first two years of a bachelor's degree in art therapy (BA). As a transfer program, this option offers courses that provide an introduction to the field of art therapy and prepares the student for the first two years of a foundation before entering a senior institution. Students completing the AFA Art Therapy degree are prepared for a range of careers that focus on communities requiring therapies such as returning combat veterans diagnosed with post-traumatic stress disorder, children and adults diagnosed with autism, and elderly individuals diagnosed with physical and mental challenges. Students develop skills in a range of studio art practice while simultaneously developing a greater understanding of the field of psychology. Students will be introduced to how these fields work in tandem for effective therapeutic outcomes.

### Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Summarize the role of art therapy in relation to the range of therapy practices.
- Differentiate the efficacy of creative therapies to promote psychological health.
- Assess the concept of creativity related to expressive therapies.
- Construct images that reflect their own creative problem-solving ideas and concepts.
- Explain historical, cultural and global development of works of art.
- Examine diversity in western and non-western visual traditions.
- Describe their own cultural context in the choices of image making.
- Critically develop and evaluate their own artwork and portfolio.
- Compare the relationship between visual and verbal communication skills.
- Communicate informed personal reactions to works of art.

Sugg. Term	Seq #	Course ID	Course Title	Cr	Term Offered	Prereq/Coreq(Co)	Options Available
1st Fall	1	PDV 101	First Year Seminar	1	F, Sp, Su		
	2	ART 155	Introduction to Art History	3	F, Sp, Su		ART 158
	3	ART 162	Drawing I	3	F, Sp		
	4	ATH 175	Expressive Therapies	3	F		
	5	ENG 161	College Writing	3	F, Sp, Su	ENG 085 or Placement	
	6	MTH 161	Modern College Mathematics	3	F, Sp, Su	MTH 052, 052A or Placement	Page 27 Column IV
1st Spring	7	ART 160	2-D Design	3	F, Sp		
	8	ASL 101	American Sign Language I	3	F, SP, Su		
	9	ART 165	Painting I	3	Sp	ART 162	
	10	ART 156	World Art Survey	3	F, Sp, Su		
	11	PSY 160	General Psychology	3	F, Sp, Su		
2nd Fall	12	ART 163	Drawing II	3	Sp	ART 162	
	13	ASL 102	American Sign Language II	3	F, Sp, Su		
	14	PSY 265	Child Psychology	3	F, Sp, Su	PSY 160	
	15	GCT 161	Creative Imaging I	3	F, Sp, Su		VPP 170
	16	EPS 150	Astronomy	4	F, Sp, Su		Page 27 Column V
2nd Spring	17	ART 285	Art Portfolio I	3	F		
	18	ATH 176	Introduction to Visual Art Therapy	3	Sp	ART 162	
	19	ART 161	3-D Design	3	Sp	ART 160	
	20	ENG 164	Advanced Composition	3	F, Sp, Su	ENG 161	
	21	PSY 270	Abnormal Psychology	3	F, Sp, Su	PSY 160	

Total Program Credits

62

ATH