

Art Therapy, AFA

School of Art, Humanities, Social Sciences and Public Service

The Art Therapy AFA degree program offers a foundation curriculum parallel to the first two years of a bachelor's degree in art therapy (BA). As a transfer program, this option offers courses that provide an introduction to the field of art therapy and prepares the student for the first two years of a foundation before entering a senior institution. Students completing the AFA Art Therapy degree are prepared for a range of careers that focus on communities requiring therapies such as returning combat veterans diagnosed with post-traumatic stress disorder, children and adults diagnosed with autism, and elderly individuals diagnosed with physical and mental challenges. Students develop skills in a range of studio art practice while simultaneously developing a greater understanding of the field of psychology and are introduced to how these fields work in tandem for effective therapeutic outcomes.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Summarize the role of art therapy in relation to the range of therapy practices.
- Differentiate the efficacy of creative therapies to promote psychological health.
- Assess the concept of creativity related to expressive therapies.
- Construct images that reflect their own creative problem-solving ideas and concepts.
- Explain historical, cultural and global development of works of art.
- Examine diversity in western and non-western visual traditions.
- Describe their own cultural context in the choices of image making.
- Critically develop and evaluate their own artwork and portfolio.
- Compare the relationship between visual and verbal communication skills.
- Communicate informed personal reactions to works of art.

Sugg. Term	Seq #	Course ID	Course Title	Cr .	Term Offered	Prereq(s)	Options Available
1st Fall	1	PDV 101	First Year Seminar	1	F, Sp, Su		
	2	ART 156	World Art Survey	3	F, Sp, Su		ART 158
	3	ART 162	Drawing I	3	F, Sp, Su		
	4	ATH 175	Expressive Therapies	3	F		
	5	ENG 161	College Writing	3	F, Sp, Su	ENG 085 or Placement	
	6	MTH 161	Modern College Mathematics	3	F, Sp, Su	MTH 052, 052A or Placement	Page 30 Column IV
1st Spring	7	ART 160	2-D Design	3	F, Sp		
	8	ART 185	Clay I – Touchstone	3	Su		
	9	ART 165	Painting I	3	F, Sp, Su	ART 162	
	10	ART 155	Introduction to Art History	3	F, Sp, Su		
	11	PSY 160	General Psychology	3	F, Sp, Su		
2nd Fall	12	ART 163	Drawing II	3	F, Sp	ART 162	
	13	ASL 101	American Sign Language I	3	F, Sp, Su		
	14	PSY 265	Child Psychology	3	F, Sp, Su	PSY 160	
	15	GCT 161	Creative Imaging I	3	F, Sp, Su		
	16	EPS 150	Astronomy	4	F, Sp, Su		Page 30 Column V
2nd Spring	17	ART 285	Art Portfolio I	3	F		
	18	ART 176	Introduction to Visual Art Therapy	3	Sp	ART 162	
	19	ART 161	3-D Design	3	Sp	ART 160	
	20	ENG 164	Advanced Composition	3	F, Sp, Su	ENG 161	
	21	PSY 270	Abnormal Psychology	3	F, Sp, Su	PSY 160	

Total Program Credits

62