



CONTINUING EDUCATION

Spring 2023

February - May



Don't delay taking a class that interests you. This could be the last time it's offered. REGISTER TODAY!

Westmoreland Friends,

We are excited to offer you new classes for the spring term. Look for NEW in front of the course titles to see what they are. As in past semesters, there are a variety of courses ranging from business & professional development classes to health & fitness, to personal enrichment.

If there are classes you would like to take that are not offered, we want to hear from you. We are always looking for new class ideas to offer to the community.

Classes are offered in several formats: in-person, online and remote using Zoom. You choose the format that suits you the best!

Take a class with a friend or come and make new friends. Register early as the popular classes fill up quickly and decisions to run a class or not are made about a week before the class start date. A class may need just one more registration for it to run.

Online Registration

We are happy to provide you with online registration that is available 24/7. You now have the opportunity to register and pay for your classes at your convenience.

Class formats are subject to change and new classes may be added. Please check the college website at westmoreland.edu/coned for updates. Also, monitor your email for class changes and cancellations.

Should circumstances change regarding CDC guidelines for Covid, please refer to our Operating Plan at westmoreland.edu. It can be found under the Resources tab at the top of the web page.

For more information, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

Don't delay taking a class that interests you. If a class does not run for several semesters due to low enrollment, the class will stop being offered. Register today!

Thank you for considering classes at Westmoreland County Community College.

Regards,

Dr. Sydney Beeler
Vice President/Enrollment Management



REMOTE – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

TABLE OF CONTENTS

BUSINESS & PROFESSIONAL DEVELOPMENT	page 4
INDUSTRY	page 8
PERSONAL ENRICHMENT	
Arts & Crafts.....	page 10
Fitness/Health	page 11
Food & Beverage	page 12
Languages and Culture	page 17
Finance	page 17
Personal Interest	page 19
COMPUTERS	page 28
HEALTH CARE & EMERGENCY SERVICES	
Nurse Aide	page 32
EMT	page 32
American Heart Association Courses	page 32
PUBLIC SAFETY	
Law Enforcement	page 36
Firefighter.....	page 36
REGISTRATION & INFORMATION	
How to Register	page 38
Refund Policy.....	page 38

Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

Nondiscrimination Policy: Westmoreland County Community College does not discriminate in its educational programs, activities, or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, gender identity or expression, veteran status, union membership, or any other legally protected classification protected by state or federal law or the proper exercise by an Association member of their rights guaranteed by the Pennsylvania Public Employer Relations Act Number 195.

Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990.

Inquiries should be directed to the Affirmative Action Officer/Director of Human Resources, at 724-925-4143.

BUSINESS & PROFESSIONAL DEVELOPMENT

Seven Foolproof Steps to Crafting a Salable Business

Take the mystery out of selling a family business. Join us to learn the steps to make it a smooth process and how others have gotten positive results. The good, bad and the ugly will be discussed using case studies. Virginia Altman, Certified Exit Planning Advisor/Business Broker, \$25 tuition + \$2 material fee

Thursday, March 30, 6-8 p.m.

NEW - Plan Your Business Exit: Choose How & When to Exit Your Business

We've all heard the horror stories when business owners have an event that causes them to exit their business prematurely, or under dire circumstances. And there is the friend who was hugely disappointed in the "deal" they got for their business when they transitioned ownership. We all know that we need to plan our exit to avoid leaving our family with a mess, or to get the most out of our exit when we go as planned. For a successful exit, you need to be able to say a hearty "Yes!" to two important questions: Is your business ready for you to exit?

Are YOU ready to exit? Virginia Altman, Certified Exit Planning Advisor/Business Broker, \$25 tuition + \$5 material fee

Thursday, April 13, 6-8 p.m.

NEW - How to Start Any Home Business + 250 Home Business Ideas!

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award-winning business owner, this is probably the most comprehensive business startup workshop you will ever find. You will discover more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, how to take tax deductions (this workshop included!) The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$45 tuition

Wednesday, March 8, 6-8 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

For more information about Business & Professional Development classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

 Denotes REMOTE Class

NEW

Online registration and payment now available 24/7!

Go to westmoreland.edu/coned

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

Remote Working and Communicating

Gain new insights, experiences and advanced tips for working from home. Find out the 5 bad habits too many remote workers and their managers acquire from lack of experience, tools and expertise. Then acquire the latest strategies for communicating with remote workers. Come away with a deeper understanding of this enormous cultural and work shift going on in the workplace and in society. William Draves, \$245 tuition

February 6-March 3
April 3-28

Managing Remote Workers

You cannot manage remote workers like you manage office workers. But you can manage remote workers better, with greater productivity and efficiency. Discover the keys to successful managing in the new workplace of the 21st century. Get a step-by-step practical guide you won't get anywhere else. Employees and employers both like the new system. You'll want to apply these practices to your office workers as well. William Draves, \$245 tuition

March 6-31
May 1-26

Managing Remote Workers Certificate - Register for the Certificate and Save Money

Discover the keys to communicating with and managing remote workers, one of the fastest growing sectors of the workforce. Some 80% of employers are keeping some or many of their employees working from home part of the week. People working from home are 25% more productive than those who work in an office. Working from home is here to stay. Tap into the experience of a CEO who has been managing remote workers for 22 years. When you register for the certificate, you are registering for two one-month courses at a reduced rate. You do not have to take both courses in the same semester, and they can be taken in any order. \$395 tuition



NEW - Excel 2021 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, March 24, 9 a.m.-3:30 p.m.

NEW - Excel 2021 Advanced Boot Camp

Build on your basic Excel concepts and skills. Topics will include managing complex workbooks, building complex functions, using data analysis tools, making an impact with powerful charts and presentation features and collaborating with other users. Prerequisite: Excel Level I or experienced user. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, April 14, 9 a.m.-3:30 p.m.

Watch your email for class announcements, cancellations, etc.

 Denotes ONLINE Class

To register, go to westmoreland.edu/coned.

Unless otherwise noted, classes are for ages 18 and older.

BUSINESS & PROFESSIONAL DEVELOPMENT

Introduction to Data Analysis

Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. This course will give you a basic understanding of how to analyze data in a business setting. John Rutledge, \$195 tuition

February 6-March 3
April 3-28



Introduction to Power BI

Gain insights into your data! Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company's data to make informed decisions. Marion Williams, \$195 tuition

February 6-March 3
April 3-28

Intermediate Power BI

Delve further into Power Query to ETL (Extract, Transform and Load) your data. Build the Data Model using modeling features and relationships. Perform calculations using DAX (Data Analysis Expressions) functions. Utilize Time Intelligence functions to view YoY or YTD reports. Add user friendly features to enhance your reports. Marion Williams, \$195 tuition

March 6-31
May 1-26

 Denotes ONLINE Class

ONLINE LEARNING

the solution for today's busy adult

Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



For more information visit our website!

westmoreland.augusoft.net
then click ed2go (online)

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

Advanced Power BI

Expand your knowledge of Power BI Desktop to the highest level. This course focuses on the advanced capabilities of Power Query, Data Modeling and Reports. Check for data inconsistencies, design efficient queries, create proper relationships, and write DAX code to ensure reports update quickly and accurately. Add navigation and analytical features to your reports to enable consumers to analyze the results. Marion Williams, \$195 tuition

April 3-28



Power BI Certificate – Register for the Certificate and Save Money

This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. When you register for the certificate, you are registering for all three one-month Power BI courses at a reduced rate. You do not have to take all of the courses in the same semester, but the classes must be taken in the following order: Introduction, Intermediate, Advanced. \$495 tuition

Watch your email for class announcements, cancellations, etc.



Introduction to Project Management

Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. Andy Stanhope, \$195 tuition

February 6-March 3

April 3-28

Vision Board Workshop

Want a plan for your future and don't know where to start? Gather together to learn about vision boards. Create a board with goals, dreams and set a path to actualize your vision for the future, while engaging with others for support and encouragement. This will be an opportunity to meet new friends and have fun, while creating the life that you want. Please bring any photos or personal items that you wish to put on your board. Elizabeth Shaver, \$15 tuition + \$25 material fee

Wednesday, May 10, 7-9 p.m.

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To register, go to westmoreland.edu/coned.

Unless otherwise noted, classes are for ages 18 and older.

INDUSTRY

Basic CNC Setup & Operation

Learn to setup and operate your CNC equipment using basic programs. You will develop skills such as setting tool and work offsets. Registration ends February 17. George Slezak, \$410 tuition + \$15 material fee, 2.4 CEUs

6 Saturdays starting March 4,
8 a.m.-noon (No class April 8)
(Westmoreland-Advanced
Technology Center)

Introduction to MasterCAM

MasterCAM software makes CNC machining possible with endless design capabilities. This introductory course will equip you with the tools needed to begin programming CNC machines. You will create and run tool paths and test your programs while becoming familiar with the menu structure. Conversion of M codes and G codes syntax will also be discussed. Registration ends February 21. George Slezak, \$410 tuition + \$160 material fee (includes textbook), 2.4 CEUs

8 Tuesdays starting March 7,
5:30-8:30 p.m. (Westmoreland-
Advanced Technology Center)

Autodesk Fusion 360

Take the first steps into creating detailed 2D drawings based on 3D models. Fusion 360 is a cloud-based platform that allows users to focus on industrial design. With Fusion's integrated high-speed machining CAM functionality, you will be able to simulate movement in your creations and update the 2D drawings as changes are made. Registration ends March 16. George Slezak, \$410 tuition + \$75 material fee, 2.4 CEUs

8 Thursdays starting March 30,
5:30-8:30 p.m. (No class April 6)
(Westmoreland-Advanced
Technology Center)

For more information about Industry classes, contact Judy DeWitt, coordinator/ Workforce Development Sales, 1.800.262.2103, ext. 4090 or dewittju@westmoreland.edu.

YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee. The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at workforce@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

INDUSTRY



Machining Fundamentals

Looking to learn how to use all the tools in your machine shop? Machining Fundamentals will help you master the basics of drills, saws, lathes and mills safely. This course is designed to help engineers and draftsmen expand your skills and translate what you draw into products. Registration ends April 7. George Slezak, \$410 tuition + \$35 material fee, 2.4 CEUs
6 Saturdays starting April 22,
8 a.m.- noon (Westmoreland-Advanced Technology Center)

NEW - Certified Logistics Associate

This program will prepare you for front-line material handling and supply chain logistics jobs in fulfillment centers, warehouses, distribution centers, and manufacturing. You will gain an understanding of the logistics environment, practice safety, and quality control principles as well as practice teamwork, and understand the various roles in a supply chain logistics life cycle. This certification is nationally accredited and Federally recognized. Registration ends February 20. Lesley Katancik, \$680 tuition + \$205 material fee, 4 CEUs

22 Mondays & Wednesdays starting
March 6, 5-6 p.m.
(No class April 6 & May 29)
(Westmoreland-Murrysville)
22 Mondays & Wednesdays starting
March 6, 1-2 p.m.
(No class April 6 & May 29) Remote

Westmoreland is pleased to offer an expansion to our extensive online course offerings. Utilizing Amatrol's e-Learning platform which includes state-of-the-art visual simulators and stunning graphics, students have the flexibility to learn in a 24/7 environment from a location that is most convenient for them. Begin a course on your schedule! Tuition includes a six-month access license to the Amatrol Learning Management System.

NEW - Blueprint Reading

Blueprint Reading introduces reading and interpreting blueprints with a focus on reviewing common elements, the alphabet of lines and the differences between types of drawings. This course also provides dimension definitions for height, width and depth and reviews dimension and geometric symbols and datums. Estimated five (5) hours of seat time. \$150 tuition + \$170 material fee

NEW - Principles of Advanced Manufacturing

Principles of Advanced Manufacturing introduces advanced manufacturing through study of the technologies, processes, performance objectives and personnel employed in modern manufacturing. This course includes examination of computer technologies such as CNC, PLC, automation and software. Learn how to calculate critical performance objectives as well as common physical plant layouts and the typical organization of manufacturing personnel and their responsibilities. Estimated five (5) hours of seat time. \$150 tuition + \$170 material fee

NEW - Quality Control Concepts

In this course, learners will study the definition and benefits of quality management systems (QMS), the various types of quality management systems, International Organization for Standardization (ISO), several types of standards that work in various industries and the details about the ISO/TS 16949 automotive standard. Estimated five (5) hours of seat time. \$150 tuition + \$170 material fee

NEW - Safety Practices and Regulations

This course covers the importance of workplace safety, OSHA regulations, and practicing safety in the workplace. Learners will study topics like the importance of safety policies, common causes of workplace injuries and accidents, and OSHA regulation for general workplace safety, personal protective equipment, tools, machines, and more. Estimated five (5) hours of seat time. \$150 tuition + \$170 material fee

 Denotes ONLINE Class

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Arts & Crafts

Introduction to Bobbin Lace

Are you ready for a new adventure? Bobbin Lace is a skilled craft with a tradition dating back hundreds of years. You will learn about the history while working through a series of patterns designed to introduce you to a new skill each week. A \$25 deposit for tools will be paid to the instructor the first night of class, which will be returned when the tools are returned. Marion Warzel, \$69 tuition + \$12 material fee

6 Mondays starting March 13, 6-9 p.m.
(No class March 27)
(Westmoreland-Latrobe)

Crochet I

This modern crochet class is a beginner's dream! We will cover all the basic stitches, complete multiple projects, and learn many tips and tricks to become a successful crocheter. Projects include: boho wall hanging, cotton dishcloth, winter hat and a basic granny square. No previous experience required. Materials list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition

6 Fridays starting March 3,
9:30 a.m.-12:00 p.m.
(No class April 7)

Crochet II

Learn beyond the basics! Take your skills to the next level as you learn complex stitches, crocheting in the round and the advanced assembly of pieces. You will complete a shawl, a tote bag and a hat! Basic knowledge is required. A supply list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition

6 Mondays starting March 6, 6-8:30 p.m.
(No class April 10)



Granny Squares

This is an in-depth class of the ever-popular crochet granny square. We'll learn a few different granny square patterns, as well as, a few different ways to attach and assemble them into whatever you can dream up! Prerequisite of Crochet I (Beginner Crochet) or equivalent basic skills if learned on your own. Materials list will be emailed. Registration ends one week prior to class start date. Lauren Henschel, \$60 tuition.

5 Fridays starting March 3, 1-3 p.m.

Hungarian Easter Egg

Decorating with Beeswax

Join us for an evening of Hungarian Easter Egg decorating. You will decorate an egg using the techniques, designs and traditions of different regions. No experience is necessary. You will leave class with an egg you decorated and a kit you can use to make more at home. Registration closes March 6. Timea Szep, \$25 tuition + \$20 material fee

Tuesday March 21, 6-9 p.m.
(Westmoreland-Latrobe)

Donna Dewberry's Technique of One Stroke Acrylic Painting



Using the Donna Dewberry's one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11" x 14" canvas of wildflowers you painted. No experience necessary. Supply list will be emailed two weeks before class start date. Class limited to eight students. Gloria Casale, One Stroke certified instructor. \$25 tuition

Friday, April 21, 9 a.m.-noon

Watch your email for class announcements, cancellations, etc.

 Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Fitness/Health

NEW – Intuitive Eating

If you are tired of yo-yo dieting, restricting, binging and/or feeling shame around food and your body then this interactive workshop is for you. You will review the science showing that most weight loss efforts are unsustainable and can be harmful, and that fat does not equate with unhealthy. You will be introduced to the 10 principles of Intuitive Eating and how they can support your health and well-being through learning to reject the diet mentality, trust and follow your body's cues, find joy in food, and respect and take care of your here-and-now body. Dana Paul, MPH, RDN, CDCES. \$35 tuition + \$2 material fee

Monday, March 20, 6-9 p.m.

(Westmoreland-Murrysville)

Monday, May 1, 6-9 p.m.

(Westmoreland-Murrysville)

Qi Gong for Energy & Health

In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system's functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, \$35 tuition

4 Tuesdays starting March 14,

10:45-11:45 a.m.

Balance Your Life with Reiki

The energy balancing method called Reiki encourages the body and mind into a greater state of stability. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Hear more about Reiki's use in people and animals (Janet Jackson, Animal Specialist will be our guest) and experience a short Reiki session for yourself. Linda Yarbrough, \$25 tuition

Thursday, April 13, 6:00-8:30 p.m.

NEW – The Vagus Nerve:

Why is it Important?

The body's communication superhighway, the vagus nerve, travels throughout all organs of the body transmitting information to and from the brain. If damaged, a number of symptoms can be caused in the body. Using energetic exercises can aid in bringing balance back to this important nerve. Linda Yarbrough, \$15 tuition

Thursday, March 30, 6:00-9:00 p.m.

Beginning Tai Chi

A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Linda Vucelich, \$35 tuition

4 Tuesdays, starting March 14,

9:30-10:30 a.m.

Walk Live

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition

8 Thursdays starting March 2,

5:30-6:30 p.m. (No class April 6)



Zumba

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It's so much fun you won't believe you are exercising! Wear good, supportive sneakers and bring water. Daynelle Sanner, \$55 tuition

8 Mondays starting March 6,

5:30-6:30 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Jennifer Goebel, \$49 tuition

8 Mondays starting March 6, 6-7 p.m.
(Westmoreland-Latrobe)

Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring yoga mat to class. Saroja Chandra, \$59 tuition

8 Thursdays starting March 9,
5:30-6:45 p.m. (No class April 6)
(Westmoreland-Murrysville)
8 Tuesdays starting March 14,
9:30-10:45 a.m.
(Westmoreland-Murrysville)



NEW – Yogalates

Yogalates is a combination of yoga poses and breaths with core exercises (Pilates). It's an easy to follow workout that increases core strength, improves posture and increases flexibility. Bring a mat to class. Jennifer Goebel, \$49 tuition

8 Thursdays starting March 2, 6-7 p.m.
(No class April 6)
(Westmoreland-Latrobe)

Food & Beverages

Cake Decorating I

Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cincirpini, \$99 tuition + \$7 material fee

8 Tuesdays starting March 7, 6-8 p.m.
(first class 6-7 p.m.)

Improve Your Beer IQ

You probably have a favorite beer or type of beer you like to drink. How do you describe what it is you like about it? Join us to taste different beers as you learn about bouquet/aroma, appearance, flavor, body, drinkability and overall impression. You can impress your friends with your new knowledge and expand your appreciation of different beers. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$7.50 material fee



Pilsners, Ales & Stouts.

What makes Each One so Cool?

Wednesday, March 15, 6-7:30 p.m.

Demystifying Ales.

So Little Time to Taste them All

Wednesday, April 19, 6-7:30 p.m.

NEW – Summer Brews-Those Marvelous Shandy's

Wednesday, May 10, 6-7:30 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



Wines from Around the World

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste three different featured wines while discussing popular food pairings. Must be at least 21 to attend. Note: wines are subject to change due to availability. Registration ends a week prior to class start date. Jill Kummer, Wine Educator, \$35 tuition + \$10 material fee

NEW – Wines to Share with Your Sweetie

Monday, February 6, 6-7:30 p.m.
Thursday, February 16, 6-7:30 p.m.
(Westmoreland-New Kensington)

NEW – Sweet & Sticky Dessert Wines

Wednesday, February 8, 6-7:30 p.m.
(Westmoreland-Murrysville)

NEW – Those Marvelous Malbecs: They're Not all the Same...

Monday, March 6, 6-7:30 p.m.
Thursday, March 16, 6-7:30 p.m.
(Westmoreland-New Kensington)

NEW – Wonderful Washington Wines

Wednesday, March 8, 6-7:30 p.m.
(Westmoreland-Murrysville)

NEW – Spring is Perfect for Sparkling Wines!

Monday, April 10, 6-7:30 p.m.
Thursday, April 20, 6-7:30 p.m.
(Westmoreland- New Kensington)

How to Drink Like a Millionaire on a Beer Budget

Wednesday, April 12, 6-7:30 p.m.
(Westmoreland-Murrysville)

NEW – Summer is Almost Here! Great Wines for Warmer Weather

Monday, May 1, 6-7:30 p.m.
Thursday, May 4, 6-7:30 p.m.
(Westmoreland- New Kensington)

NEW – Those Offbeat French Wines- Red, White & Pink

Wednesday, May 3, 6-7:30 p.m.
(Westmoreland-Murrysville)

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PERSONAL ENRICHMENT

FOODS LAB RULES:

Open-toed shoes, sleeveless tops, shorts and capris are **NOT PERMITTED** in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.

NEW – Ambassador Classes

Ambassador classes are taught by industry professional chefs! Take any of the Ambassador classes and be taught skills and techniques from a professional chef! Classes will be designated by skill level necessary to register for the course.



Enthusiast – no culinary experience necessary to take the class



Beginner Culinary Skill – has taken at least one (1) culinary continuing education course



Intermediate Culinary Skill – has one (1) to three (3) years of experience in a food service establishment and knows their way around the kitchen



Advanced Culinary Skill – industry professional level course to improve skills

NEW – Wine, Dine & a Fine Time



Enjoy a four-course fine dining, wine and etiquette experience hosted by Certified Chefs, Scott Schmucker, William Racin and Cindy Komarinski, and wine educator, Jill Kummer. The evening will consist of cooking demonstrations and hands-on learning, plus wine education and dining etiquette training. Menu will include fresh oysters, seafood bisque, filet mignon, warm chocolate soufflé and three wine tastings. Registration ends February 1. \$69 tuition + \$30 material fee

Friday, February 10, 6-9:30 p.m.



Chef Schmucker

Fresh Soups Workshop

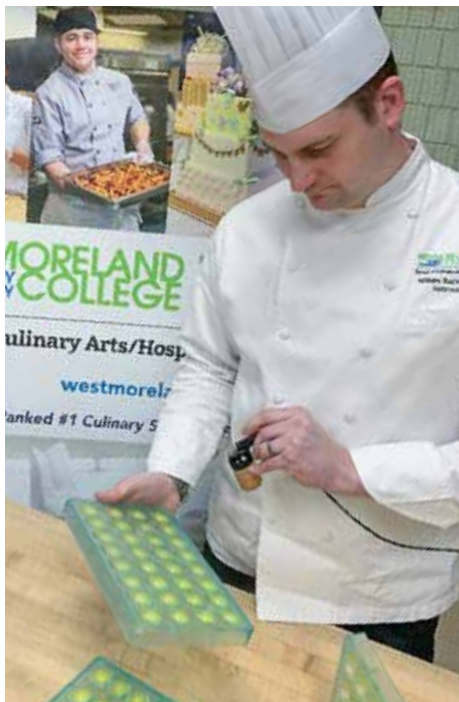


There are many different types of soups used in the industry today: clear, thick, creamy, coulis style, nationality, etc. Chef Schmucker will demonstrate different methods of thickening fresh soups and you will prepare soups from scratch. Finished soups will be critiqued by Chef Schmucker. Chef Scott Schmucker, Ed.D., CEC, CCE, \$79 tuition + \$15 material fee

Wednesday, March 15, 5:30-9 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



Chef Racin

Molded & Rolled Chocolates Workshop



Join Chef Racin, 2018 National Pastry Chef of the Year, to learn how to make beautiful chocolates commonly seen in high-end pastry shops across the country. The items produced will include molded chocolates and rolled truffles. You will leave class with the knowledge to reproduce these items, along with the products you created in class. Chef William Racin, CEPC. \$85 tuition + \$20 material fee

Friday, March 24, 5:30-9:30 p.m.

Friday, April 21, 5:30-9:30 p.m.

For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

Cream Puffs

French pastry consisting of a light hollow pastry shell filled with a cooked vanilla custard. The same pastry can be used to make savory appetizers and French cruller donuts. You will take six cream puffs home. Bring a take home container. Deborah Moore, \$35 tuition + \$12 material fee
Wednesday, March 1, 5:30-9 p.m.

Pirohi (Pierogies)

Potato, cheese and sauerkraut filled pirohi just like grandma made. You will leave class with a dozen pirohi you prepared. Deborah Moore, \$39 tuition + \$10 material fee
Wednesday, March 8, 5:30-9:30 p.m.

NEW – Buttercream Flower Piping

Create a flower garden of cupcakes while learning how to prepare and pipe buttercream flowers. You will bake cupcakes, prepare buttercream and decorate your freshly baked cupcakes. You will take home a dozen cupcakes, along with recipes, tips and tricks! Prior experience with basic buttercream decorating and piping bag usage is encouraged but not required. Sara Voelker, \$39 tuition + \$15 material fee
Saturday, March 11, 9 a.m.-1 p.m.

Mom's Nut Rolls

Come to class and learn how to make this traditional sweet bread pastry from scratch using yeast dough and a buttery, sweet walnut filling. You will take home the nut rolls you make. Deborah Moore, \$39 tuition + \$18 material fee

Wednesday, March 22, 5:30-9:30 p.m.

Saturday, March 25, 9 a.m.-1 p.m.

Sugar Cookie Decorating

Join us for this beginner sugar cookie decorating class and learn decorating techniques that will impress your family and friends. You will learn how to make royal icing, flood and outlining consistencies and decorating techniques. You will leave class with seasonal-themed cookies you created. Sara Voelker, \$39 tuition + \$15 material fee
Wednesday, March 29, 5:30-9:30 p.m.

Paska Bread

Prepare traditional eastern European Easter bread and take it home with you to share with your family and friends. Bring an apron. Deborah Moore, \$39 tuition + \$15 material fee

Saturday, April 1, 9 a.m.-1 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT



NEW – Focaccia Art

Focaccia is an Italian bread that is shaped and baked into a large, flat rectangle and is very similar in flavor and texture to pizza dough. Learn to make an edible piece of art that will be sure to impress your friends and family. After all, we eat with our eyes first. Judy DeWitt. \$39 tuition + \$ 15 material fee.
Wednesday, April 12, 6-9 p.m.

NEW – French Macarons

Come and create elegant and colorful macarons in two different flavors. You will learn start to finish how to prepare macaron batter, pipe, bake and fill with two fillings. You will leave with a box of macarons to enjoy at home. Sara Voelker, \$35 tuition + \$15 material fee
Wednesday, April 19, 5:30-8:30 p.m.

Stuffed Cabbage & Palachinky

Join us to learn how to make those cabbage rolls you love to eat at weddings. You will make rolls filled with a beef and pork filling with a tomato-based sauce. You will also learn to make palachinky, a Slovak crepe filled with a sweet cheese filling. You will take home the cabbage rolls and palachinky you make. Deborah Moore, \$39 tuition + \$18 material fee
Wednesday, April 26, 5:30-9:30 p.m.

NEW – Drip Ganache Cake

Join us to make a layered ganache drip cake! You will bake, layer and decorate a chocolate raspberry cake, which you will take home to impress your family and friends. Basic cake decorating skills are necessary. Sara Voelker, \$39 tuition + \$15 material fee
Saturday, April 29, 9 a.m.-1 p.m.

Watch your email for class announcements, cancellations, etc.

Intergenerational Cooking Classes

Make memories in the kitchen with a child in your life.

Tie Dye Cookies

(Ages 7 -17 accompanied by an adult)

Make t-shirt shaped sugar cookies and decorate them using a tie dye design. You will leave class with a couple dozen of cookies. Bring two cookie sheets, aprons and a snack and drink. You both must register; one adult per child. Deborah Moore, \$35 tuition + \$8 material fee
Saturday, March 18, 9 a.m.-1:00 p.m.

Pizza

(Ages 7-17 accompanied by an adult)

Prepare fresh yeast pizza dough and top it with a variety of toppings. You will each take a pizza home. Bring aprons and a snack and drink. You both must register; one adult per child. Debbie Moore, \$29 tuition + \$10 material fee
Saturday, April 22, 9 a.m.-12:30 p.m.



Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration.

To view the schedule, visit westmoreland.edu

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Languages & Culture

Italian, Level I



In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Antonella DiFilippo-Petrucci, \$145 tuition + required textbook, 3.0 CEUs

10 Tuesdays starting February 28, 6-9 p.m.

Italian, Level II



A continuation of Level I with an emphasis on speaking, reading and writing. You will build vocabulary through conversation while learning new verb tenses and grammar. (Textbook is same as Level I). Antonella DiFilippo-Petrucci, \$145 tuition + required textbook, 3.0 CEUs

10 Wednesdays starting March 1, 6-9 p.m.

Italian, Level III



Take your Italian speaking to the next level in this advanced course. New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucci, \$145 tuition, 3.0 CEUs

10 Mondays starting February 27, 6-9 p.m.

Italian, Level IV

Perfect your speaking and writing skills through weekly conversation, grammar review and reading. Completion of Italian Level III required. Antonella DiFilippo-Petrucci, \$145 tuition, 3.0 CEUs

10 Thursdays starting March 2, 11 a.m.-2 p.m. (No class April 6)



Denotes REMOTE Class

NEW – Spanish for Travelers

Planning a trip to Mexico, Central America, South America, or Spain? This class will give you all of the tips and tricks to conversational Spanish to get you ready for your next adventure. Learn the most common and important phrases that will help you navigate your surroundings to have a fun and safe trip to a new country. Dom Palmieri, \$55 tuition

4 Mondays starting April 3, 9:30-11:30 a.m.

Spanish, Level II

A continuation of Level I to reinforce the concepts you've already learned. You will also be introduced to grammatical content to enhance accuracy, and you'll build vocabulary through conversation. Dom Palmieri, \$125 tuition

10 Wednesdays starting March 1, 9:30-11:30 a.m.

Finance

NEW – What to Do with an Old 401k



If you have changed jobs, you may have an old retirement account that you are unsure what to do with. Understand your options, including pros and cons of each, mistakes to avoid and important things to consider. Jack George, CFP®, CLTC, CMP, \$15 tuition

Thursday, March 23, 6-7 p.m.

Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition

Thursday, April 13, 6-8 p.m.

NEW! English as a second Language (ESL) program beginning summer 2023. Visit westmoreland.edu/esl for details.

WESTMORELAND COMMUNITY SURVEY

Thank you for your interest in taking classes at Westmoreland. If there are classes you would like to take that are not currently being offered, tell us what they are.

Complete an online survey at westmoreland.edu/cesurvey

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.

PERSONAL ENRICHMENT

Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition

Monday, March 27, 6-7 p.m.

Your Retirement Readiness Checklist

When the stakes are high some professionals, such as pilots and surgeons, rely on checklists to ensure things go according to plan. Your retirement should be no different. This course is designed to walk you through a seven-point comprehensive checklist to determine if you have your ducks in a line regarding your retirement. We will explore the essential items that should be "checked off" before you decide to retire. Jack George, CFP®, CLTC, CMP, \$19 tuition

Thursday, April 27, 6-8 p.m.

Selling a Home in Today's Market

Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, \$15 tuition

Wednesday, March 8, 6-8 p.m.

Buying a Home in Today's Market

This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, \$15 tuition

Wednesday, March 22, 6-8 p.m.

Real Estate Investments

Topics covered will include methods to selecting profitable properties, how to find great deals, financing, rehab and project management, buying and holding properties, flipping, tenant selection and management, title insurance and other tips to starting and growing your real estate business. Otis DiCerbo, \$29 tuition + \$2 material fee

Thursday, March 30, 6-9 p.m.

Medicare 101

Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the PA Medi Program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.

Tuesday, February 28, 11 a.m.-1 p.m.

Wednesday, April 12, 1-3 p.m.

(Westmoreland-Murrysville)

Wednesday, May 24, 2-4 p.m.

(Westmoreland-Latrobe)

For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.



REMOTE – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Personal Interest

Beginner Beekeeping

Beekeeping is a great hobby that could also turn into a profitable business. Topics covered include: Basics of beginning beekeeping; where to obtain bees; equipment; state inspectors and regulations; and honey safety guidelines. Registration ends February 22. John Albright, \$55 tuition + \$12 material fee
4 Mondays starting March 6,
6:30-8:30 p.m.

Chinese Self-Defense

Chinese self-defense is a highly effective approach to self-defense. This practice utilizes a softer approach that employs pure technique rather than power. You will employ a comprehensive balance of hand and foot techniques while developing flexibility, fitness, and self-confidence. Alan Lanzar, \$59 tuition
6 Mondays starting March 13,
7-8:30 p.m.

Warrior Women

Warrior Women is a proven personal violence prevention program developed to teach women techniques to limit potentially dangerous situations. Classes are hands-on, entertaining and filled with practical skills that are practiced with each participant. The techniques are simple and highly effective for creating a window of escape. Girls (14 & over) are welcome to attend with a family member (both must register). Wear comfortable clothes and shoes. Cassandra Kingtigh, \$15 tuition
Friday, April 14, 9 a.m.-noon

Basic Dog Obedience

This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires proof of up-to-date vaccinations. Bring your dog on a leash. Arlene Halloran, \$69 tuition
8 Saturdays starting March 18,
9-10 a.m. (No Class April 8.)
(Career Link Parking Lot)

Advanced Dog Obedience

This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Requires proof of up-to-date vaccinations. Arlene Halloran, \$69 tuition
8 Saturdays starting March 18,
10-11 a.m. (No class April 8.)
(Career Link Parking Lot)



NEW – Pet First Aid

Pet first aid is the immediate care given to an injured or suddenly ill pet as temporary assistance until veterinary care is available. Properly applied first aid can save your pet's life, reduce recovery time and be the difference between your pet's survival. This program concentrates on basic first aid care covering CPR, wound care, common illnesses and conditions, and injury care. Note-this class is primarily geared towards dogs and cats. Rick Hampton, \$29 tuition + \$10 material fee.

Wednesday, April 26, 6-8:30 p.m.

NEW

Online registration and
payment now available 24/7!

Go to
westmoreland.edu/coned

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

NEW – How to Start Any Home Business + 250 Home Business Ideas!

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award-winning business owner, this is probably the most comprehensive business startup workshop you will ever find. You will discover more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, how to take tax deductions (this workshop included!) The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$45 tuition Wednesday, March 8, 6-8 p.m.



NEW – Save Money with Extreme Couponing!



Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites, and how to match coupons with sales for maximum savings. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition Saturday, March 11, 11-12 p.m.

Final Preparation Series

Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.

Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition Monday, March 27, 6-7 p.m.

Funeral Pre-Planning: Where to Start

Pre-planning a funeral can bring peace for you and your family, but sometimes it's hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time. Leah Tapper, funeral director, \$10 tuition Thursday, April 13, 6-8 p.m.

Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Attorney Mary Ann Grec, \$35 tuition Monday, May 8, 5:30-9:30 p.m.

Writing an Obituary

An obituary is a tribute to a person's life. Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, funeral director, \$10 tuition Thursday, May 18, 6-8 p.m.

 Denotes REMOTE Class

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Succulents

Succulents are very popular due to their beauty and ease of care. There are various families of succulents that come from all over the world. Come and learn about the different varieties and how to care for these plants from the amount of light and water needed to propagation. Nancy Neel, \$10 tuition

Tuesday, March 7, 6-8 p.m.

Pruning Trees & Shrubs

Good pruning practices enhance the health and beauty of trees and shrubs and improve the productivity of fruiting plants. Poor pruning can quickly destroy the natural beauty of any tree or shrub. Mr. Oesterling will take the mystery out of pruning, explaining why, when and how to prune both ornamentals and fruit bearing plants. Eric Oesterling, retired Penn State Extension Educator, Horticulture Consultant, \$15 tuition + \$2 material fee.

Tuesday, March 14, 6:30-8:30 p.m.



Another View of the Rhododendron

We all know and love the classic evergreen large leaved and large flowered rhododendron. However, this presentation will look at some other groups within that large genus. These include all of the azaleas – both the persistent leaved types (all native to Asia) and the deciduous azaleas including those species native to eastern North America. We will also consider the small leaved (lepidote) rhododendrons. Lepidotes tend to be smaller and more tolerant of exposed locations. Lastly let's consider some large leaved rhododendrons with exceptional foliage for year-round interest. Eric Oesterling, retired Penn State Extension Educator, Horticulture Consultant, \$15 tuition + \$2 material fee.

Tuesday, March 28, 6:30-8:30 p.m.



Perennials

Perennials provide your garden with a variety of color. Come learn what plants to purchase based on form, bloom time, color, size, texture, and soil and light conditions and begin planning your beautiful garden. Nancy Neel, Sunny Sprouts Greenhouse, \$10 tuition + \$2 material fee

Tuesday, April 4, 6-8 p.m.

The Art of Bonsai

Bonsai is an art form using cultivation techniques to produce small trees in a container. You can purchase a Bonsai tree, but it is much more interesting to grow and style one yourself. You will learn how to select and care for a tree. You will leave class with a Bonsai tree. Nancy Neel, \$10 tuition + \$25 material fee

Tuesday, April 25, 6-8 p.m.

Bizarre Plants of the World

Odd and curious plants grow throughout the world. There are plants with diets that include insects and small rodents, and plants with strange flowers. Join us to explore the purposes of these weird plants. Nancy Neel, \$10 tuition

Tuesday, May 2, 6-8 p.m.

Healthy Habitats for Bees & Other Pollinators

Join us to learn how to attract and keep pollinators in your garden. Information will be presented on host and nectar plants for several butterflies, along with the colors and shapes of flowers for different pollinators. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, March 21, 6-7:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT



Monarchs, Milkweed and You!

The Monarch butterfly population has declined about 80% in the last 20 years. Steps are being taken to help save them from further decline. Patti Schildkamp, a Monarch enthusiast who has raised hundreds of Monarchs from egg stage to maturity, will take you through the Monarch life cycle, the critical role milkweed plays in their survival, their fall migration to Mexico, and how you can make a difference. \$10 tuition + \$2 material fee

Tuesday, April 11, 6-8 p.m.

Bring Butterflies to Your Garden

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, April 18, 6-7:30 p.m.
(Westmoreland-Latrobe)

Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$10 tuition + \$2 material fee

Monday, April 17, 9:30-11:30 a.m.

The Versatility of Herbs

Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, \$35 tuition + \$2 material fee

3 Thursdays starting March 16, 6-8 p.m.

Herbs for Health & Wellness

Growing herbs at home is a fun and money saving hobby that also happens to be good for your health. In addition to flavoring up your favorite dishes, herbs are filled with antioxidants and essential nutrients. Learn how to decide which herbs will work best for you and how to use them. Ellen Marsili, \$15 tuition + \$2 material fee

Monday, April 3, 6-9 p.m.

Edible & Medicinal Plants of Pennsylvania

Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you take a two-hour walk on the Five Star Bike Trail. Please wear appropriate footwear. Class meets in a classroom and will be held rain or shine.

Lindsey Praksti, \$15 tuition + \$2 material fee
Saturday, May 6, 10 a.m.-noon



Wild about Pigeons! (Pigeon Program)

Ever met a real pigeon? Come meet Homer and have a chance to pet him and watch him fly! During this hands-on experience, learn how amazing pigeons are and how they have been used during war and for communication. See how smart and versatile these birds are and all the amazing things they can do. Elizabeth Shaver, \$19 tuition + \$2 material fee

Saturday, March 25, 10-11:30 a.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Minimalism & Decluttering Your Life

Are you overwhelmed by the clutter in your home and feel cluttered in your mind? Minimalism is a concept that can help you get rid of physical clutter and help you clear your mind, both allowing you to live a more focused life with less. It's not about giving up things you love, it's about having more time and space in your life to appreciate those things that spark joy. You will learn how to get started on our minimalist journey and get inspired to begin right away. Angela Pompa, \$15 tuition

Tuesday, April 4, 6-8 p.m.

Technology Question & Answer Session

We all have questions that arise while using our electronic devices. Join us to get your questions answered pertaining to your computer, tablet or smartphone. Everyone will be given the opportunity to ask questions. Gina McGrath, \$25 tuition

Thursday, March 9, 9:00-Noon

How to Stay Safe Using Your Electronic Devices

It is very important that we learn how to stay safe while using our electronic devices. Strategies to protect yourself from identity theft, malware, viruses and hackers will be reviewed, along with what you need to know before using your credit card online. We will also discuss spam, phishing and secure passwords. You may bring your laptop, tablet or smartphone to class. Gina McGrath, \$25 tuition

Tuesday, March 21, 9 a.m.-Noon

Smartphone Basics

Using your smartphone is easier than you think. With some instruction and demonstration on the capabilities of your phone, along with some practice, you will become comfortable using its many features. Topics that will be presented include settings, texting, phone calls, contacts, email, camera, photos App, and surfing the web. Bring your smartphone, charging cable and usernames and passwords to class. Gina McGrath, \$69 tuition

3 Thursdays starting March 16,
9 a.m.-noon

Cutting the Cord

With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want.

John Struble, \$19 tuition + \$2 material fee

Saturday, March 25, 9 a.m.-noon

Vision Board Workshop

Want a plan for your future and don't know where to start? Gather together to learn about vision boards. Create a board with goals, dreams and set a path to actualize your vision for the future, while engaging with others for support and encouragement. This will be an opportunity to meet new friends and have fun, while creating the life that you want. Please bring any photos or personal items that you wish to put on your board. Elizabeth Shaver, \$15 tuition + \$25 material fee

Wednesday, May 10, 7-9 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

 Denotes REMOTE Class

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



NEW – Watch the Skies! **Sci-Fi films of the 1950's.**

Harken back to the era of big bugs, radioactivity and hostile aliens in the fun and informative look at the science fiction movies from the 1950's, the golden age of Sci-Fi cinema. With plenty of discussion, film clips, and a little trivia thrown in, you will examine the social and political influences that produced these classic films that are still beloved to this day. Victor Dillon, \$45 tuition + \$2 material fee.

3 Tuesdays starting April 11, 6-8 p.m.
(Westmoreland-Murrysville)

NEW – How to Write **Your Life Story**

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed. The webinar login information will be emailed the day before class.

LeeAnne Krusemark, \$35 tuition
Saturday, March 4, 11 a.m.-12 p.m.

 Denotes REMOTE Class

NEW – How to Outline & **Write an Irresistible Romance**

Romance is the #1 selling fiction genres. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You will discover the different romance sub-genres and understand the proven romance formula. You will also learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. The webinar login information will be emailed the day before class.

LeeAnne Krusemark, \$35 tuition
Saturday, March 4, 12-1 p.m.



NEW – Write a Riveting **Mystery, Suspense or Crime Story**

Become a mystery writer for fun or profit! You will discover the different sub-genres and three-act story structure of mystery writing and create an intriguing cast of characters. Learn how to research and pick your setting, make sure your opening grabs readers' attention, use "red herrings" to misdirect your readers and create suspense until you're ready for the final reveal. Publishing options will also be discussed. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition

Saturday, March 4, 1-2 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

NEW – UFOs 102

This is a continuation course on UFOs for students who have taken UFOs 101. This class will discuss UFO investigations in Pennsylvania, Westmoreland and surrounding counties, if Pennsylvania is a UFO Hotspot, how MUFON conducts a UFO investigation, abductions, and much more. Fred Saluga, West Virginia State Director and PA Assistant State Director, MUFON, \$39 tuition

4 Wednesdays starting April 12,
6-8 p.m.

Black Sabbath: Devil Music or Hippie Swing Band?

Why does the devil have all the best tunes? When did heavy metal start? And how in the world could Black Sabbath be considered jazz? The answers to these and other questions will be the focus. We will look at the influences on the band, and the impact Sabbath made on the rest of the music world. From "Wicked World" to "After Forever", prepare for a journey "Into the Void." Erik Selinger, \$15 tuition

Thursday, March 16, 6-9 p.m.
(Westmoreland-Murrysville)

Valhalla, I Am Coming: Fantasy Elements of Led Zeppelin

"Your Time is Gonna Come". And it's right now! Calling all fans of Led Zeppelin, pop culture, mythology, history, and fantasy! Examine references to Norse & Greek mythology, as well as the writings of J.R.R. Tolkien, in Zeppelin classics like "Immigrant Song", "Ramble On", and many others. In week one, we explore why Led Zeppelin is the originator of Viking rock, was Thor a blond or a redhead, and where exactly is Valhalla, and why would I want to go there? For week two, we discuss all things Tolkien, from Ringwraiths to "Gollum, and the Evil One...", plus a visit to the Misty Mountains. We'll look at other pop culture references too, including Looney Tunes, the Marvel Cinematic Universe, and the films of Peter Jackson. Join us on an epic voyage, from "Achilles' Last Stand" to "The Battle of Evermore." Erik Selinger, \$15 tuition

Thursday, March 30, 6-9 p.m.
(Westmoreland-Murrysville)



Denotes REMOTE Class

Guitar Playing I

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends February 22. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting March 6,
5:30-6:30 p.m.

8 Mondays starting March 6,
6:30-7:30 p.m.

Guitar Playing II

This follow up class to Guitar Playing I will include power chords, fingerstyle guitar, syncopation, Carter style solos, bass runs, pentatonic scales and more. Bring acoustic guitar to class. Registration ends February 22. Bring acoustic guitar to class. Limit 10 students. The book is the same one used in Guitar I. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting March 6,
7:30-8:30 p.m.



NEW – Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano by using the chord method. The chord method is LOTS of fun and a trick that professionals have used for years. This class will include an initial three hour zoom class, an online book, self-paced online follow up lessons, a recording of the class and also an optional periodic question and answer session. Craig Coffman. \$55 tuition + \$29 material fee

Tuesday, February 21, 6:30-9:30 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



Folklore of Western Pennsylvania

We've all heard of various legendary events and creatures: Roswell, Shangri-La and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, \$25 tuition

2 Thursdays starting March 23,
6:30-9 p.m.

Battles of Western Pennsylvania

Southwestern Pennsylvania has a rich history - which, not surprisingly, includes several military battles and skirmishes. We'll look at some of these battles, from the Battle of Jumonville Glen, the Whiskey Rebellion through to the Homestead Steel Strike. Frank Kordalski, \$15 tuition

Tuesday, April 18, 6:30-9 p.m.

History of Bushy Run Battlefield

The Battle of Bushy Run was one of the most significant Native American conflicts in American History. Come and discover the role this local historical landmark played in the history of our nation. Scott Perry, \$15 tuition

Tuesday, April 25, 6-9 p.m.
(Westmoreland-Murrysville)



Denotes REMOTE Class

Road to Revolution:



America's Path to Independence

The years 1763-1776 were some of the most important years in our nation's history. You will learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania's own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation. Eric Greisinger, Ph.D., \$15 tuition, .3 CEUs

Tuesday, March 14, 6-9 p.m.

International Impact of the American Civil War

In the course of any war, commerce is disrupted, and the American Civil War was no exception. We will look at how the naval blockade of southern ports affected foreign economies, helped in the building of the Suez Canal and led to the rise of an extremist Islamic movement. Scott Perry, \$15 tuition

Tuesday, March 21, 6-9 p.m.



NEW - International Impact of the American Civil War, Part II

Even as the clash of Northern and Southern arms in America would decide the fate of a nation, the shock waves of that clash reverberated around the world. The consequences would be felt as close as Mexico and as far away as the Forbidden City in China. You do not need to have taken Part I to take Part II of this course. The material does not build on the first class, but explores other impacts. Scott Perry, \$15 tuition

Tuesday, April 11, 6-9 p.m.

The Splendid Little War: 1898



The Spanish-Philippine-American War lasted from April to August 1898. Famous figures, key events, long-term impacts and social connections of the conflict will be presented. Eric Greisinger, Ph.D., \$15 tuition

Tuesday, March 28, 6-9 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT



World War I & Society

Famous figures, key events, social connections and the impact the war had on the 20th and 21st centuries will be presented. Eric Greisinger, Ph.D., \$15 tuition
Tuesday, April 4, 6-9 p.m.

Basic Handgun Familiarization for Women

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) Donald Hess, \$42 tuition + \$2 material fee

Wednesday, March 22, 6-10 p.m.

Beginner Handgun - Home Safety & Personal Protection

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee

Tuesday & Thursday, March 28 & 30,
6-10 p.m. (Youngwood) and
Saturday, April 1, 8 a.m.-5 p.m.
(Public Safety Training Center)

Advanced Handguns - Home Safety & Personal Protection

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$65 tuition + \$10 material fee

Saturday, April 8, 8 a.m.-5 p.m.
(Public Safety Training Center)



Advanced Handguns II

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns. Donald Hess, \$65 tuition + \$10 material fee

Saturday, May 27, 8 a.m.-5 p.m.
(Public Safety Training Center)

 Denotes REMOTE Class

To register, go to westmoreland.edu/coned.

COMPUTERS

In-person computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.

Programming & Robotics for Homeschoolers (Ages 6-8)

This is a great class for younger students interested in programming and robotics. Students will use Scratch to learn the basics of coding while making several fun, creative and interactive programs. Students will also use a kid-friendly robot that they will take home to continue their programming after the class. Bring flash drive to class. Registration ends February 20. Jennifer da Conceicao, \$125 tuition + \$60 material fee
10 Wednesdays starting March 1,
10 a.m.-noon

Programming for Homeschoolers (ages 9-14)

Students will learn coding concepts and actual coding languages, such as Scratch and Python, as well as Arduino and some basic app development. All students must have their own Google account that they can access during class. Bring flash drive to class. Jennifer da Conceicao, \$125 tuition
10 Wednesdays starting March 1,
12:30-2:30 p.m.

Technology Question & Answer Session

We all have questions that arise while using our electronic devices. Join us to get your questions answered pertaining to your computer, tablet or smartphone. Everyone will be given the opportunity to ask questions. Gina McGrath, \$25 tuition
Thursday, March 9, 9:00-Noon



How to Stay Safe Using Your Electronic Devices



It is very important that we learn how to stay safe while using our electronic devices. Strategies to protect yourself from identity theft, malware, viruses and hackers will be reviewed, along with what you need to know before using your credit card online. We will also discuss spam, phishing and secure passwords. You may bring your laptop, tablet or smartphone to class. Gina McGrath, \$25 tuition
Tuesday, March 21, 9 a.m.-Noon

Smartphone Basics

Using your smartphone is easier than you think. With some instruction and demonstration on the capabilities of your phone, along with some practice, you will become comfortable using its many features. Topics that will be presented include settings, texting, phone calls, contacts, email, camera, photos App, and surfing the web. Bring your smartphone, charging cable and usernames and passwords to class. Gina McGrath, \$69 tuition
3 Thursdays starting March 16,
9 a.m.-noon

Watch your email for class announcements, cancellations, etc.

 Denotes REMOTE Class

Most textbooks will be purchased online; there is a limited supply in the College Store. Instructions will be emailed to registered students.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS

Computer Maintenance

Are you frustrated by your PC running too slowly? Does it take forever to load your home or webpages? You don't need to take it to a repair shop to solve these issues. You can do it yourself by using the various utility tools that come bundled with Windows. In addition to performing maintenance, you need to protect your computer from spam, viruses, and malware. Come and learn what you need to do to keep your PC running smoothly. Carol Shoemaker, \$49 tuition

2 Wednesdays starting March 22,
6-9 p.m.



Introduction to Coding

You will be introduced to the basics of computer programming and various programming languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. You will learn the basics of HTML, CSS, and Java Script, as well as the practical uses for each. James Kritzer, Ph.D., \$195 tuition

February 6-March 3
April 3-28

 Denotes ONLINE Class

Computer Basics

Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring flash drive to second class. \$99 tuition + required textbook

Richard Martz 5 Tuesdays starting
March 21, 6-9 p.m. (Windows 10)
(Westmoreland-Latrobe)

David Good 5 Tuesdays starting
March 21, 6-9 p.m. (Windows 10)
(Westmoreland-Murrysville)

David Good 5 Thursdays starting
March 23, 9:30 a.m.-12:30 p.m.
(Windows 10) (No class April 6)
(Westmoreland-New Kensington)

Gina McGrath 5 Tuesdays starting
April 18, 6-9 p.m. (Windows 11)

NEW – Excel 2021, Level 1

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. Richard Martz, \$85 tuition + required textbook

4 Thursdays starting April 13, 6-9 p.m.

NEW – Excel 2021 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, March 24, 9 a.m.-3:30 p.m.

DON'T DELAY!

Don't delay taking a class that interests you.
This could be the last time it's offered.

REGISTER TODAY!

To register, go to westmoreland.edu/coned.

COMPUTERS



NEW – Excel 2021

Advanced Boot Camp

Build on your basic Excel concepts and skills. Topics will include managing complex workbooks, building complex functions, using data analysis tools, making an impact with powerful charts and presentation features and collaborating with other users. Prerequisite: Excel Level I or experienced user. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, April 14, 9 a.m.-3:30 p.m.

CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, \$245 tuition

April 3-28

HTML Fundamentals

This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, \$245 tuition

March 6-31

May 1-26



Introduction to Game Design

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Take the first step into understanding game design, and how it can be applied in your field. Jean Haefner, \$245 tuition

February 6-March 3

April 3-28

 Denotes ONLINE Class

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS

Introduction to Web Design

Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. Discover the basics of web design using HTML and CSS. No prior knowledge of HTML or web design is required. Throughout the course you will get the info you need to plan and design effective web pages. Come away knowing how to implement web pages by writing HTML and CSS code. And discover ways to enhance web pages with the use of page layout techniques, text formatting, graphics, and images. Tonya Wright, \$245 tuition

February 6-March 3
April 3-28

Adobe Illustrator Essentials

Adobe Illustrator is the industry standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards or any other vector graphics for print or web. In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type and color all kinds of shapes and illustrations. Learn how to efficiently manage layers and artboards, and create print-ready PDF documents. Access to Adobe Illustrator software required. Andy Helmi, \$225 tuition

February 6-March 3
April 3-28

 Denotes ONLINE Class

ONLINE LEARNING the solution for today's busy adult

Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



For more information visit our website!

westmoreland.augusoft.net
then click ed2go (online)

HEALTH CARE AND EMERGENCY SERVICES

Health Care & Emergency Medical Services Professionals

Nurse Aide

Visit westmoreland.edu/nurseaide for class information.

Emergency Medical Technician

Visit westmoreland.edu/emt for class information.

Central Sterile Processing Technician

Visit westmoreland.edu/csp for class information.

Advanced Cardiac Life Support (ACLS)

Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See pre-course requirements for more information. \$97 tuition + \$13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.

Wednesday, March 1, 8 a.m.-4:30 p.m.,
& Thursday, March 2, 8 a.m.-1 p.m.

Wednesday, April 12, 8 a.m.-4:30 p.m.,
& Thursday, April 13, 8 a.m.-1 p.m.

Wednesday, May 24, 8 a.m.-4:30 p.m.,
& Thursday, May 25, 8 a.m.-1 p.m.

Advanced Cardiac Life Support (ACLS) Renewal

Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See pre course requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, March 8, 8 a.m.-4 p.m.

Wednesday, March 22, 8 a.m.-4 p.m.

Wednesday, April 5, 8 a.m.-4 p.m.

Wednesday, April 26, 8 a.m.-4 p.m.

Wednesday, May 17, 8 a.m.-4 p.m.

Wednesday, May 31, 8 a.m.-4 p.m.

American Heart Association (AHA) Courses

The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbooks prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Unless otherwise noted, classes are for ages 18 and older.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) Full Course and Renewal

1. Complete Precourse Self-Assessment. Access found at <https://elearning.heart.org/course/423> (ACLS) or <https://elearning.heart.org/course/427> (PALS), bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
2. Review and understand information in the Provider Manual.
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
5. A current Basic Life Support for Healthcare Providers CPR card must be presented for admittance to class. (ACLS and PALS)
6. A current ACLS or PALS completion card is required for admittance in a renewal class (ACLS and PALS)

To register, go to westmoreland.edu/coned.

HEALTH CARE AND EMERGENCY SERVICES



Pediatric Advanced Life Support (PALS)

Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. \$97 tuition + \$13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.

Wednesday, March 29, 8 a.m.-4:30 p.m.

& Thursday, March 30,
8 a.m.-3:30 p.m.

Wednesday, May 3, 8 a.m.-4:30 p.m. &

Thursday, May 4, 8 a.m.-3:30 p.m.

Pediatric Advanced Life Support (PALS) Renewal

Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, March 15, 8 a.m.- 4 p.m.

Wednesday, May 10, 8 a.m.- 4 p.m.

Basic Life Support for Health Care Providers (BLS/HCP): Adult/Child/Infant

Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required.

A course card is awarded upon successful completion. \$49 tuition + \$11 material fee + required text (review of textbook prior to class is required), .475 CEUs

Tuesday, February 14, 6-10:45 p.m.

Tuesday, March 14, 6-10:45 p.m.

Tuesday, April 11, 6-10:45 p.m.

Tuesday, May 9, 6-10:45 p.m.

Watch your email for class announcements, cancellations, etc.

Textbooks available at the American Heart Association website

The link for ACLS is <https://shopcpr.heart.org/acls-provider-manual>

The link for PALS is <https://shopcpr.heart.org/pals-provider-manual>

The link for BLS is <https://shopcpr.heart.org/bls-provider-manual>

The link for Heartsaver CPR/AED is

<https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook>

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.

HEALTH CARE AND EMERGENCY SERVICES

Basic Life Support for Health Care Providers (BLS/HCP) – Renewal

Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. \$39 tuition + \$11 material fee + required text (review of textbook prior to class is required), .35 CEUs

Tuesday, February 28, 6-9:30 p.m.

Tuesday, March 28, 6-9:30 p.m.

Tuesday, April 25, 6-9:30 p.m.

Tuesday, May 23, 6-9:30 p.m.

Basic Life Support for Health Care Providers (BLS/HCP) Instructor Course

This course is aimed at experienced persons who have completed the BLS for Healthcare Providers, have completed the BLS Essentials course, and who wish to teach the BLS courses. Discover how to effectively present lecture materials, monitor and coach students, demonstrate accurate CPR skills for adult, child and infant patients, demonstrate manikin maintenance techniques, evaluate written and skills performance, maintain accurate records, and work with a Training Center (TC). You must affiliate with a TC of your choice, be 16 years old, have a current BLS for Healthcare Provider CPR card and purchase an instructor manual. Written testing, hands-on performance and practice lecture required. CPR instructor card is valid for two years. Instructors must teach four classes within two years to remain certified. Prerequisites: Successful completion of the BLS Essentials course, which can be accessed at www.onlineaha.org. You must bring a copy of your certificate of completion of the BLS Essentials course and current BLS for Healthcare Providers card to class. Registration ends May 3. \$99 tuition + \$10 material fee + required textbook, .8 CEUs

Saturday, May 13, 8 a.m.-5:00 p.m.



Heartsaver CPR AED Adult & Child & Infant CPR

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. \$29 tuition + \$25 material fee + required text (review of textbook prior to class is required), .45 CEUs

Monday, April 10, 6-9:30 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

For more information about Health Care and Emergency Services classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

HEALTH CARE AND EMERGENCY SERVICES



Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .55 CEUs

Friday, March 17, 9 a.m.-2:30 p.m.

DON'T DELAY!

**Don't delay taking a class that interests you.
This could be the last time it's offered.**

REGISTER TODAY!

NEW

Online registration and payment now available 24/7!

Go to westmoreland.edu/coned



REMOTE – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.

PUBLIC SAFETY

Municipal Police Officers' Training Academy



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:

- Part-time class begins in February
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.



Go to www.westmoreland.edu/policeacademy for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

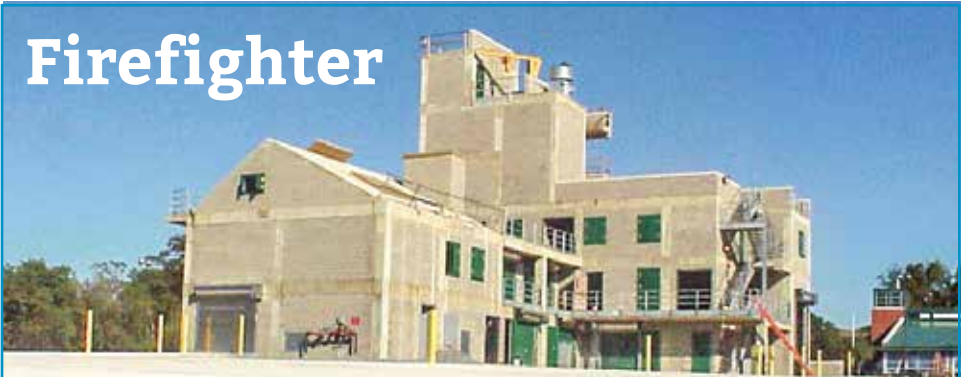
If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or newillf@westmoreland.edu.

ACT 180 – M.P.O.E.T.C. Mandated 2022 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2023 classes, go to westmoreland.edu/act180.

If you have questions, contact Franklin Newill at 724.925.4298 or newillf@westmoreland.edu.

Firefighter



A class schedule for firefighters can be found at westmoreland.edu/classes. The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or jacksonmarc@westmoreland.edu.

Instructor-Led **ONLINE**

Youth Courses



Westmoreland County Community College

Our **instructor-led** online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.



Drawing for the Absolute Beginner
Gain a solid foundation in drawing and become the artist you've always dreamed you could be!



Introduction to Photoshop
Learn how to use Photoshop, the world's best graphics program, to edit and process photos and create original images.



Introduction to Microsoft Word
Learn how to create and modify documents with the world's most popular word processor.



Photoshop Elements for the Digital Photographer
Master the secrets of correcting digital photos, and bring out the best in all your photographs!



Introduction to Microsoft PowerPoint
Build impressive slide presentations filled with text, images, video, audio, charts, and more.



Secrets of Better Photography
Discover strategies and tricks for taking excellent pictures no matter what or where you're shooting.



Introduction to Microsoft Publisher
Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.



Discover Digital Photography
Explore the fascinating world of digital photography equipment.



Creating Web Pages
Learn the basics of HTML so you can design, create, and post your very own site on the Web.



SAT/ACT Preparation
Get your best possible score on the verbal and reasoning sections of the new SAT exam.



Blogging and Podcasting for Beginners
Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.



Introduction to Algebra
Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Learn from the comfort of home!

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- 6 Week Format
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Visit our website for start dates

Prices start as low as: **\$115**



REGISTRATION

Online Registration & Payment Now Available!

Register at westmoreland.edu/coned

If you have any questions, contact the Information Center at 724.925.4000.

Refund Policy

Students who officially withdraw from a class by the end of the fourth business day before class starts will receive a full refund of tuition paid.

Material fees will also be refunded if the student officially withdraws from the class by the end of the fourth business day before class starts.

No refunds will be given for either tuition or material fees without notification of four business days prior to the start of any class.

Students will receive a full refund of tuition and material fees when the college cancels a class.

Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

**You must officially drop a course to receive a refund.
If you do not officially drop, you remain obligated for all tuition fees.**

DON'T DELAY!

**Don't delay taking a class that interests you.
This could be the last time it's offered.**

REGISTER TODAY!

Success start here this spring!

Join us in person or online, when it's best for you.

Westmoreland can save you thousands and offer you a class schedule that fits your life. Classes are in-person, remote and online. Pick the start date that works for you.

- 12-week classes starting February 6
- 8-week classes starting March 15

Why choose Westmoreland?

- Gain credits that can transfer to four-year colleges and universities
- Save thousands compared to many colleges and universities
- Learn from faculty that have been teaching online since 1999



View the complete schedule at westmoreland.edu/spring.

APPLY TODAY!

724.925.4000 • westmoreland.edu/apply

WESTMORELAND
COUNTY
COMMUNITY COLLEGE 

Westmoreland is an affirmative action, equal opportunity college.

OPEN HOUSE



Wednesday,
March 29
3-6 p.m.
All Locations

Visit
westmoreland.edu/openhouse
or call 724.925.4000.

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Postmaster, please deliver January 23-27, 2023

SUMMER CAMPS FOR KIDS

*Each summer, Westmoreland offers a variety of day camps.
There is something for every child!*



Whether your child loves science, programming, food, sports or wants to explore a future career, we have a camp to suit every interest. Plus, the majority of camps will be held in person offering opportunities to socialize, learn new skills, have fun and make new friends!

Westmoreland faculty teach the majority of the camps, which are held in college classrooms and labs. Students learn through hands-on activities and demonstrations.

Sports Camps & Clinics are led by Wolfpack coaches and players and give young athletes the opportunity to increase their skills in a specific sport and to improve their fitness level.

Check out westmoreland.edu/camps later this spring for the line-up!