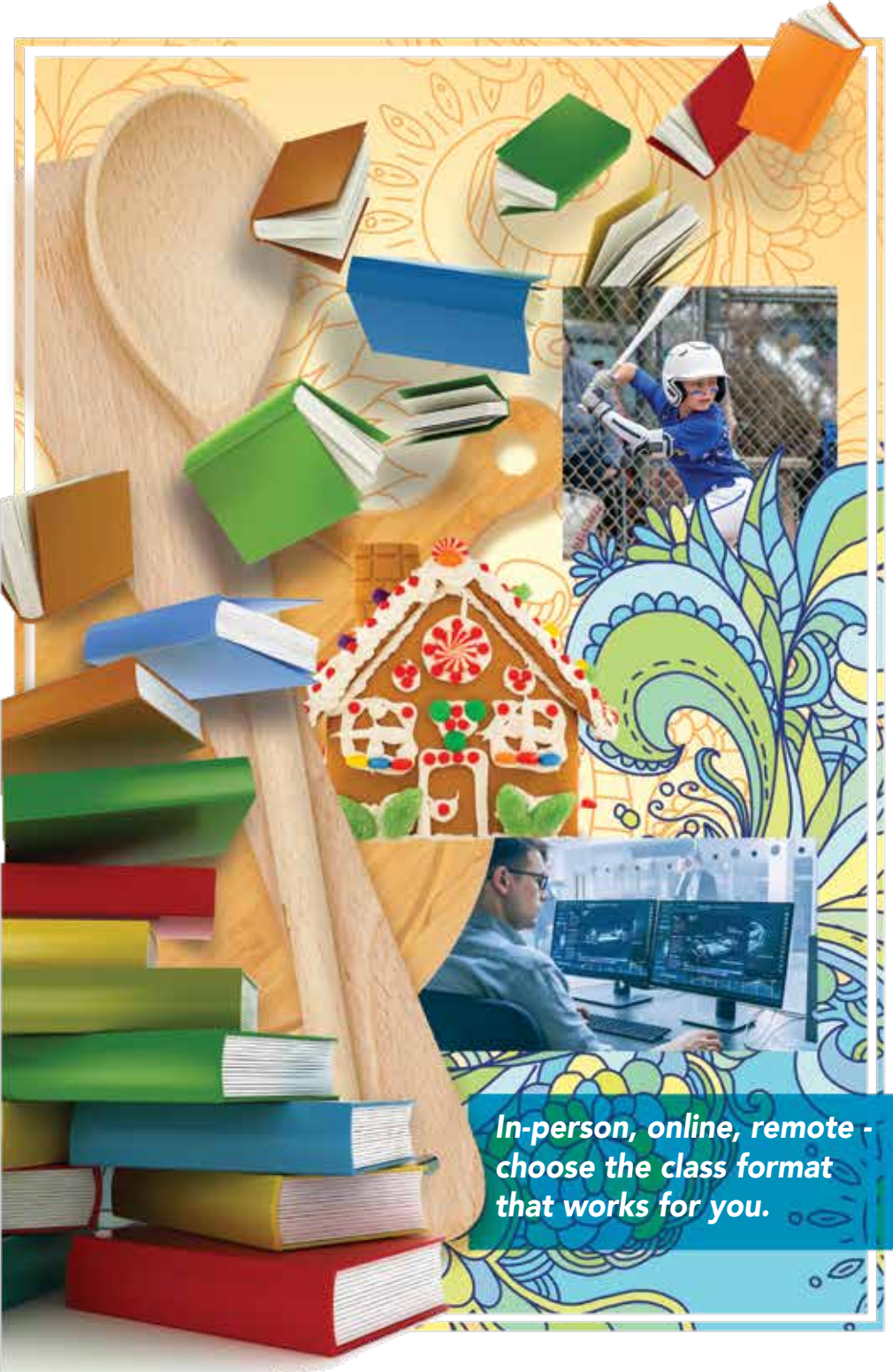


CONTINUING EDUCATION

Fall 2020

September - December



*In-person, online, remote -
choose the class format
that works for you.*

Westmoreland Friends,

The Continuing Education Team at Westmoreland County Community College is excited to offer you opportunities to learn, grow, and enjoy activities. Knowing that everyone has different needs, classes will be offered in the formats listed below. You can choose the format that works best for you.

- In-person – classes will be held in a classroom. You will need to wear masks and practice social distancing.
- Online – classes will have start and end dates, and you can access the class content at your leisure.
- Remote – classes will take place using Zoom and will be live. You will be able to interact with the instructor and fellow students during class time.

To ensure your safety and that of our faculty/instructors and staff, the following guidelines are in place for training that will occur in-person at a college facility:

- Maintain six (6) feet of distance, where possible
- Wear a mask (provided by the employer or individual student)
- Wash hands with soap and water for at least 20 seconds as frequently as possible
- Use hand sanitizer or disinfectant wipes, where available
- Cover coughs or sneezes with a sleeve or elbow
- Refrain from physical contact such as hand shaking
- Enter and exit buildings through designated doorways in order to minimize crowding
- Adhere to any traffic flow markings in hallways and common areas

If you are not feeling well the day of class, please:

- Monitor yourself for symptoms of COVID and check for temperature
- Utilize the CDC's Self Checker to assist in making medical care decisions
- Stay home

For more information or to check updates, please review the College Operating Plan for COVID 19. Contact Sylvia Detar with questions.

Depending on circumstances, class formats may change and new classes may be added. Please check the website for updates and provide your email address when registering for a class.

Thank you for taking classes at Westmoreland. New ideas for classes are always welcome.

STAY SAFE AND HEALTHY.

David Pistner
Vice President/Continuing Education,
Workforce & Community Development

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at Westmoreland.edu.

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Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

Notice of Nondiscrimination

Westmoreland County Community College will not discriminate in its educational programs, activities or employment practices based on race, color, national origin, sex, disability, age, religion, ancestry or any other legally protected classification. Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Inquiries should be directed to the Affirmative Action Officer (presently Sylvia Detar) at 724.925.4190 or in Room 353D, Student Achievement Center, Youngwood, PA 15697.

CLUB WESTLY

YOUR PLACE FOR LIFELONG LEARNING

Lifelong learning has numerous benefits including increased confidence, wider social connections, expanded possibilities in the workplace, and healthier minds and bodies, just to name a few. Through Club Westly, you can take a class to learn for leisure, to stay relevant in the workplace, to keep your mind sharp or simply to fight boredom!



Wines from Around the World

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste your way through two to three different worldwide regions of the featured wine while discussing popular food pairings. Must be at least 21 to attend. Registration ends the Tuesday prior to class. Jill Kummer, Wine Educator, \$25 tuition + \$10 material fee

Aromatic from Mosel Germany (sweet & dry) & Alsace (semi-dry)

PRDX 9037-55 Monday, September 14, 6-7 p.m.

Syrah from the Rhone region in France, Zinfandel from California and Shiraz from Australia

PRDX 9037-50 Monday, October 5, 6-7 p.m.

Gamay Beaujolais from Beaujolais, France, Tempranillo from Spain and Pinotage from South Africa

PRDX 9037-51 Monday, November 2, 6-7 p.m.

Champagne from Champagne, France, sparkling wine from California and Cava from Spain

PRDX 9037-52 Monday, December 7, 6-7 p.m.

NEW - Wine: Putting the FUN in Fundamentals

Join us for this two-hour fun overview of wines, and impress your friends with your new knowledge. We will discuss how wine is made, what makes a bad wine, wine regions of the world, and the predominant grapes from each region, basic wine labeling and bottle shapes. Jill Kummer, wine educator, \$25 tuition

PRDX 9034-R50 Monday, October 19, 6-8 p.m.

PRDX 9034-R51 Monday, November 16, 6-8 p.m.

PRDX 9034-R52 Monday, December 14, 6-8 p.m.

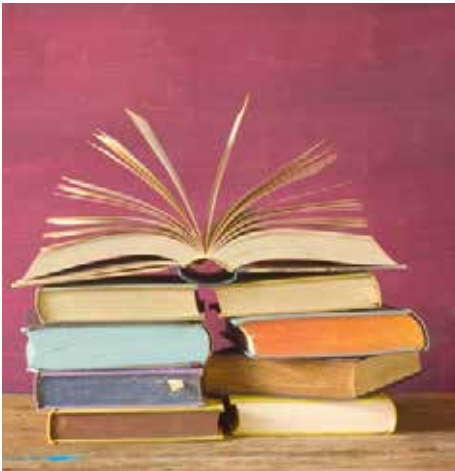


Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

CLUB WESTLY

YOUR PLACE FOR LIFELONG LEARNING



Page-Turners Book Club

Read a variety of fiction and nonfiction books and meet to talk about what you read and your reading experience. Read the book prior to discussions. Raeanna Paterson, MLIS, Instructional Librarian, \$15 tuition per section.

Section One

Tuesdays, September 22 & 29

American Dirt by Jeanine Cummins

Tuesday, October 6 – no class to allow time for reading the next book

Tuesdays, October 13 & 20

Sharp Objects by Gillian Flynn
PRDX 6648-50 9:30-10:30 a.m.

Section Two

Tuesdays, October 27 & November 3

At the Water's Edge by Sara Gruen

Tuesday, November 10 - no class to allow time for reading the next book

Tuesdays, November 17 & 24

Unbroken by Lara Hillenbrand
PRDX 6648-51 9:30-10:30 a.m.

Fun with Friends

**Bring your friends. Make some more.
Discover new interests.**

Zentangle

Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and lighthearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, \$12 tuition + \$10 material fee
RTSX 9900-50 Friday, October 2,
9-11 a.m.

The Beatles-Discuss the Legends

Do you love the Beatles? Interested in their history from famine to fame? Join us for this one-hour class that will delve into how the Beatles made history. Discuss how the Beatles changed the world of music, as we know it, and how they have impacted you personally. Deborah Kazsimer, \$10 tuition
MSCX 0125-50 Friday, October 16
9-11 a.m.



Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$15 tuition + \$2 material fee
PHSX 3045-50 Friday, November 6,
9-11 a.m.



REMOTE CLASSES



Classes listed as Remote will be taught using Zoom and will be live. You will be able to interact with the instructor. To participate, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the Zoom class will be sent to you via email a few days prior to the class start date.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

CLUB WESTLY

YOUR PLACE FOR LIFELONG LEARNING

Donna Dewberry's Technique of One Stroke Acrylic Painting

Using the Donna Dewberry's one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11" x 14" canvas of rosebuds and wisteria you painted. No experience necessary.

Supply list will be mailed. Registration ends July 9. Class limited to eight students. Gloria Casale, One Stroke certified instructor, \$25 tuition + \$2 material fee

RTSX 6647-50 Friday, November 20,
9 a.m.-noon

NEW - Introduction to Tai Chi & Qi Gong for Health & Energy

You will get an introduction into Tai Chi and Qi Gong to help improve your energy, health, mental focus and concentration. From beginning to end, you will learn how these practices can improve your everyday life, where they have come from, and why to this day they remain so popular and have such great health benefits. You will be learning moves from both disciplines so make sure to wear comfortable clothes and shoes. Linda Vucelich, \$35 tuition

MEDX 8049-50 Friday, December 4,
9-10:45 a.m.

Professional Development

Expand your knowledge. Chase better career prospects. Increase your earning power.

Computers for Plus 50 using Windows 10

A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. Carol Shoemaker, \$95 tuition + required textbook, 1.5 CEUs

DAPX 0916-50 5 Thursdays starting September 24, 9 a.m.-noon

Word - Advanced Features

Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer's comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Bring flash drive to class. 30 minute lunch on your own. Carol Shoemaker, \$59 tuition + \$2 material fee + required textbook, .6 CEUs

DAPX 9204-01 Friday, October 16, 9 a.m.-3:30 p.m.

Building a Website with WordPress

Create a website for yourself or a small business using the WordPress content management system. We'll talk about what WordPress is and how it works. You'll create up to 5 pages (home, about, services, blog and contact) and customize them with text and images. You'll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, \$69 tuition, .8 CEUs

DAPX 9240-R1 4 Tuesdays starting September 22, 5:30-7:30 p.m. (Remote)

DAPX 9240-01 Friday, October 23, 9 a.m.-3:30 p.m. (Bring flash drive to class.
30 minute lunch on your own.)

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

CLUB WESTLY

YOUR PLACE FOR LIFELONG LEARNING

Zoom Features & Controls

Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling, and behind the scenes tips and tricks. Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy. \$19 tuition
DAPX 9050-R1 2 Saturdays starting October 17, 10-11 a.m.

Personal Enrichment

Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Hayley Dunhoff, \$45 tuition

PHSX 9485-01 8 Mondays starting
September 21, 9-10 a.m.

Eating for Healthy Joints

This is a single session class designed to help participants learn evidence-based nutritional practices to help protect and maintain healthy joints. Jeff Murphy, Ph.D., Exercise Physiology, \$10 tuition

PRDX 1720-01 Tuesday, September 22,
6-8 p.m.

Wonders of Water Color

Have you ever wanted to explore a new creative avenue that's as simple as grabbing a cup of water and a few brushes? Handling techniques of water color paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be mailed. Registration closes one week prior to start date. Kyle Reidmiller, MFA, \$45 tuition

RTSX 9032-R1 3 Thursdays starting
September 24, 6-9 p.m.
(Remote)

RTSX 9032-R21 3 Thursdays starting
January 21, 6-9 p.m.
(Remote)



Discover your Family Tree

Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, Jr., \$35 tuition

HSTX 2601-01 3 Mondays starting
September 28,
6:30-9 p.m.

Retirement Fear Factor

Retirement can get scary. What if you were to outlive your money? What if you or your spouse needed extended care? What happens during the next recession? This course addresses the top fears retirees face and how to overcome them. Jack George, CFP®, CLTC, CMP, \$19 tuition

FINX 6698-01 Tuesday, September 29,
6-8 p.m.

FINX 6698-R1 Tuesday, September 29,
6-8 p.m. (Remote)

Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition

FINX 1752-01 Monday, October 5,
6-7 p.m.



Denotes REMOTE Class

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

CLUB WESTLY

YOUR PLACE FOR LIFELONG LEARNING

Cupcake Bouquets

Buttercream cupcake bouquets make a perfect, unique gift or beautiful covered dish. Impress your family and friends with this fun and simple technique. No cake decorating experience necessary. A supply list will be mailed. Registration closes one week prior to start date. Judy DeWitt, \$25 tuition

FODX 1020-01 2 Thursdays starting
October 8, 6-8 p.m.

Beginning Tai Chi

A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Linda Vucelich, \$35 tuition

MEDX 8018-01 5 Mondays starting
October 19,
10:30-11:30 a.m.

Intergenerational Classes

Make memories with a child in your life while learning something new.

A Handful of Quiet

(Ages 6-14 Accompanied by an Adult)

Give your child a gift that will last a lifetime; the gift of meditation. A simple yet effective technique will bring many benefits of "quiet time" including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, \$8 tuition + \$5 material fee

PRDK 3058-96 Tuesday, September 22,
6:30-9 p.m.

Intergenerational Cooking Classes

Make memories in the kitchen. One adult per child; both must register. Bring aprons and for Saturday classes, bring a snack and drink.

Fresh Pasta Workshop

(Youth Ages 14-17 accompanied by an adult)

Chef Schmucker will introduce you to different types of pastas used throughout history and today. He will also show you the different ways to make fresh and dry pastas, which you will prepare. You will make sauce from scratch to accompany your pastas. One adult must accompany each youth. Both must register. Chef Scott Schmucker, Ed.D., CEC, CCE, \$39 tuition + \$10 material fee
FODX 6503-01 Thursday, October 8,
5:30-9 p.m.

NEW - All Things Pumpkin

(Ages 7-14 accompanied by an adult)

Get ready for hands-on cooking fun as we prepare dishes using everyone's favorite fall ingredient-pumpkin! Delicious pumpkin muffins is one of the fun recipes we will prepare. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 6671-96 Saturday, October 17,
10 a.m.-2 p.m.

NEW - Pirohi (Pierogies) (Ages 10-17 accompanied by an adult)

Prepare potato, cheese and sauerkraut filled pirohi with a child in your life. You will both leave with a dozen pirohi you prepared. Deborah Moore, \$29 tuition + \$10 material fee

FODK 6665-96 Wednesday, October 21,
5:30-9 p.m.

NEW - Thanksgiving Favorites

(Ages 7-14 accompanied by an adult)

Prepare a Thanksgiving feast with a special child in your life. We will prepare a variety of delicious dishes that can be created at home and shared with family at your own Thanksgiving table. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 7576-96 Saturday, November 7,
10 a.m.-2 p.m.

NEW - Gingerbread House Workshop (Ages 7-14 accompanied by an adult)

Join us for this fun-filled workshop to make royal icing and to assemble and decorate a gingerbread house to celebrate the holiday season. Dianne Palmieri, \$20 tuition + \$15 material fee

FODK 2613-96 Saturday, December 5,
10 a.m.-2 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

BUSINESS & PROFESSIONAL DEVELOPMENT

NEW - Supervising Remote Employees

Finding yourself in a new managerial atmosphere working remotely? Explore how to motivate, coach, support, and communicate effectively with remote employees in today's complex world. Learn about teleworking challenges and how to set productivity expectations for remote employees from an experienced teleworking supervisor. Diane Word, \$20 tuition + \$5 material fee

JREX 7695-R1 Thursday, October 15, 6-8 p.m.

Tips for Working Remotely

Working from home can be a great opportunity, but can also pose its own set of problems. Explore the vast possibilities of successfully working from home and combating any issues that may arise with this one-day, interactive, remote class using Zoom. Learn helpful tips and tricks to set up your home office, work with web conferencing, and keeping yourself mentally and physically at your best. You will need a computer/tablet and Internet access. Joan Kasa. \$15 tuition

JREX 9030-R1 Saturday, September 5, 10-11:30 a.m.

JREX 9030-R2 Saturday, September 26, 10-11:30 a.m.

Zoom Features & Controls

Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling, and behind the scenes tips and tricks.

Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy. \$19 tuition

DAPX 9050-R1 2 Saturdays starting October 17, 10-11 a.m.



Denotes REMOTE Class



Denotes ONLINE Class



NEW - Maximizing Profits at Vendor/Craft Shows

Be ready for when events run again! Learn how to maximize your profits at craft/vendor shows and fairs/festivals. This remote workshop will enlighten you on how to choose the right event for your product, teach you how to create an engaging booth; how to price your products; selling techniques; and how to deliver outstanding customer service. Gain skills that can strengthen your online business as well. You will need a computer/tablet with internet access. Diane Word. \$20 tuition + \$5 material fee

JREX 4875-R1 Thursday, September 24, 6-8 p.m.

Marketing with Social Media

To increase your customer base and keep your current customers engaged, it is necessary to utilize all marketing strategies available. In this introductory class, you will learn how to incorporate social media into your marketing plan. Larry Tavlarides, \$65 tuition, .9 CEUs

SMBX 1350-01 3 Thursdays starting October 1, 6-9 p.m.

Developing Your Leadership Skills

Especially for future and emerging leaders in Gen Y, come discover the key concepts of being a leader and the best strategies for developing your leadership skills and influence. Learn the unspoken secrets that leaders know and the strategies they employ/exhibit to influence others. Leadership skills are acquired and learned. The action takes place in attending meetings, running meetings, interacting with others 1:1, and employing successful techniques to convince and influence others. You can become a leader if you know the dos and don'ts; what to say, what not to say; what to do, and what not to do. William Draves, \$145 tuition, 1.6 CEUs

JREX 1360-W1 October 5- 30 (online)

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

NEW - Delegating for New Supervisors

Delegating work develops your team members and provides time for you to concentrate on higher level work to meet company goals. You will be presented with strategies to identify what can be delegated and to whom, the process of delegation and tools to manage the process. Stacey Etherson, \$25 tuition, .3 CEUs

JREX 1349-R1 3 Tuesdays starting
November 10,
9:30-10:30 a.m. (Remote)

Collaborative Management

Whether you manage or lead people, collaborative skills are essential to help harness the energy of groups and teams for maximum performance and productivity. Knowledge of collaborative skills will enable you to gain participation quickly, get input and buy-in for building consensus and plan for cooperation to get crucial projects completed. This course will help you explore the principles of collaborative management and gain insight on how to expand your collaborative skills for success of your team or organization. Joyce Odidison, \$245 tuition, 1.6 CEUs

JREX 4863-W1 October 5-30 (online)

Project Management Processes

Acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge (PMBOK) Guide. This basic information will assist you in learning the beginnings of Project Management, whether you are interested in project management, in a project management field or in any line of work. Come away with a solid foundation of the five processes to learn and use when any type of project occurs in your employment arena. Christina Mitchell, \$195 tuition, 1.6 CEUs

JREX 6657-W1 October 5- 30 (online)

Cyber Security for Managers

Cyber security issues are all around us and reach nearly every part of our business and work, from online banking and education to Facebook and Wi-Fi. Finally, you can get up to date on Cyber Security basics and fundamentals. Designed for non-technical managers, directors and others in the work place, you will find out about threats and vulnerabilities, safeguards, common attacks, viruses, malware and spyware, disaster recover planning, Intrusion Detection/Prevention, basic security architecture, introductory forensics, and cyber terrorism. At the end of this course, you will have the knowledge needed to practice safer computing and safeguard your business and work information. Technical Requirements: Access to Flash needed for audio and slide presentations. Stan Waddell, \$245 tuition, 1.6 CEUs

JREX 0965-W1 October 5-30 (online)

Writing Successful Grant Applications

Identify fundable projects and learn how to locate potential sources of funding from government agencies and foundations for these projects. Learn to develop competitive project applications by writing compelling narratives and creating a network of support, which will significantly enhance your ability to obtain funding for needed projects. Alyssa Cholodofsky, CFRE, \$49 tuition + \$2 material fee, .6 CEUs

JREX 9064-01 3 Thursdays starting
October 8, 6-8 p.m.



Denotes REMOTE Class



Denotes ONLINE Class



REMOTE CLASSES



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BUSINESS & PROFESSIONAL DEVELOPMENT

Building a Website with WordPress

Create a website for yourself or a small business using the WordPress content management system. We'll talk about what WordPress is and how it works. You'll create up to 5 pages (home, about, services, blog and contact) and customize them with text and images. You'll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, \$69 tuition, .8 CEUs

DAPX 9240-R1 4 Tuesdays starting
September 22,
5:30-7:30 p.m. (Remote)
DAPX 9240-01 Friday, October 23,
9 a.m.-3:30 p.m.

(Bring flash drive to class. 30 minute lunch on your own.)



NEW - CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, \$245, 1.6 CEUs

DAPX 1225-W1 November 2-27 (online)

NEW - HTML Fundamentals

This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, \$245, 1.6 CEUs

DAPX 2320-W1 October 5-30 (online)



NEW - Access 2019, Level I

You will benefit most from this course if you want to gain a basic understanding of Access and be able to navigate the Access interface, and design, create and modify simple tables, queries, forms and reports. The class is intended for end users who are working with existing databases rather than database designers. Must have computer and Windows experience. Vicki Walker, \$95 tuition

DAPX 0036-01 3 Tuesdays starting
November 3, 6-9 p.m.

Excel 2019 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. 30 minute lunch on your own. Richard Martz, \$59 tuition + required textbook, .6 CEUs

DAPX 1778-01 Friday, October 2,
9 a.m.-3:30 p.m.

Windows 10 Boot Camp

This hands-on boot camp will show you how to navigate the new interface; use the Windows apps and desktop applications to complete tasks; install new apps and multi-task with multiple programs; work with files and folders; use Cortana and Edge for web browsing; customize the Windows 10 environment and use the security features. Previous exposure to personal computers and the Internet is required. Bring flash drive to class. 30 minute lunch on your own. Carol Shoemaker, \$59 tuition + required textbook, .6 CEUs

DAPX 9117-01 Friday, September 25,
9 a.m.-3:30 p.m.

 Denotes ONLINE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT



Word - Advanced Features

Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer's comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Bring flash drive to class. 30 minute lunch on your own. Carol Shoemaker, \$59 tuition + \$2 material fee + required text, .6 CEUs

DAPX 9204-01 Friday, October 16,
9 a.m.-3:30 p.m.

Food Safety Certification – ServSafe (Non-Credit offering)

A study of food and the methods needed to control contamination and microbial growth. The principles of HACCP and food safety standards and regulations will be presented. Emphasis is given to developing a working environment which will provide the consumer with wholesome, safe food that conforms to the standards of the regulatory agencies. This course is offered in conjunction with the Educational Foundation of the National Restaurant Association.

Class total hours are 16. Classes meet two times face-to-face with an additional 8-hour self-study component. You must complete all 16 hours to be eligible to sit for the Servsafe certification exam. To be eligible to apply to the Pennsylvania Department of Agriculture for the Food Employee Certification, you must successfully pass the ServSafe exam (75%). Certification exam will occur on the second class day. The textbook, ServSafe Manager, 7th Edition, can be purchased online at <https://westmoreland.ecampus.com/search-results?terms=servsafe+managerbook+with+answer+sheet>. Please purchase textbook and read before the first class. Answer sheets can be purchased separately. No Refunds after the registration deadline. \$99 tuition + \$2 material fee, 1.6 CEUs

MEDX 7495-01 2 Tuesdays,
December 1 & 15,
5-9 p.m., and
8 hours self-study

Registration Deadline: November 18.



WESTMORELAND COMMUNITY SURVEY

Thank you for your interest in taking classes at Westmoreland. If there are classes you would like to take that are not currently being offered, tell us what they are.

**Complete an online survey
at westmoreland.edu/cesurvey**

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

BUSINESS & PROFESSIONAL DEVELOPMENT



Online Live® Classes

Westmoreland has partnered with New Horizons to offer you training opportunities in an Online Live® format. In this format, you will have the benefits of being in a dynamic interactive learning environment while being at home, work or anywhere with Internet access. These online classes are instructor-led and synchronous.

Lean Six Sigma Green Belt Boot Camp

Lean Six Sigma is the rigorous and relentless reduction of waste (Lean) and variation (Six Sigma) in the critical processes of an organization that impact revenues and costs, as well as stakeholder satisfaction. It can be applied both to services and manufacturing industries to reduce defects, overproduction, wait time, inventory, processing and more.

The certification test is part of the class. \$2,800 tuition, 3.2 CEUs

JREX 4856-W4 Monday through Thursday, September 21-24, 9 a.m.-5 p.m.

Certified Associate in Project Management (CAPM)® - Sixth Edition

If you are new to Project Management, train and earn your PMI Certified Associate in Project Management (CAPM)®. The CAPM certification is designed as an entry-level certification for project managers with minimal experience. By training for and passing your CAPM certification you can demonstrate clear foundational training and skills to begin your career as a Project Manager. To earn your CAPM, you need to have: High School or equivalent diploma; minimum of 1500 hours experience or 23 hours of Project Management training (this course satisfies the training requirement). Courseware and test voucher included. \$2,380 tuition, 3.2 CEUs

JREX 6659-W4 Tuesday through Friday, September 22-25, 9 a.m.-5 p.m.

JREX 6659-W1 Monday through Thursday, November 16-19, 9 a.m.-5 p.m.

55205 Mastering Microsoft Project 2016

Microsoft Project is a valuable tool for project managers. It allows you to develop a schedule, assign resources to tasks, track progress, manage budgets and analyze workloads. This course begins with the basic concepts and leads you through all the functions you will need to plan and manage a small to mid-size project. \$1,785 tuition, 2.4 CEUs

JREX 5304-W4 Wednesday, Thursday & Friday, September 23-25, 9 a.m.-5 p.m.

Don't miss out on class information & updates!

Provide your email address when registering.

Addresses will not be shared.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT



New Horizons®

Computer Learning Centers

MCSA: BI Reporting

Earn your Microsoft Certification in BI Reporting

The two courses listed below will prepare you to take the two exams required to earn your MCSA. Exam fees are included in the tuition.

20778 Analyzing Data with Power BI

Gain an understanding of data analysis with Power BI. You will learn how to create visualizations, implement the Power BI mobile app. Prior to taking the class, it is recommended you have excellent knowledge of relational databases and reporting, basic knowledge of data warehouse schema topology (including star and snowflake), some exposure to programming constructs (such as looping and branching) and familiarity with Excel. \$1,785 tuition, 2.4 CEUs

JREX 0009-W4 Monday, Tuesday & Wednesday, September 21-23, 9 a.m.-5 p.m.

JREX 0009-W1 Monday, Tuesday & Wednesday, October 5-7, 9 a.m.-5 p.m.

JREX 0009-W2 Monday, Tuesday & Wednesday, November 2-4, 9 a.m.-5 p.m.

JREX 0009-W3 Monday, Tuesday & Wednesday, December 7-9, 9 a.m.-5 p.m.

20779 Analyzing Data with Excel

Add BI techniques to your Excel data analysis. Learn to explore and extend a classic Excel dashboard and an Excel data model, create measures using advanced DAX functions and create a Power BI dashboard with Excel. Prior to taking the course, you should have experience analyzing data with Excel. \$1,785 tuition, 2.4 CEUs

JREX 0008-W3 Wednesday, Thursday & Friday, September 9-11, 9 a.m.-5 p.m.

JREX 0008-W1 Monday, Tuesday & Wednesday, October 19-21, 9 a.m.-5 p.m.

JREX 0008-W2 Monday, Tuesday & Wednesday, November 30-December 2, 9 a.m.-5 p.m.

Additional class dates are available for classes listed above. Please direct inquiries to Sylvia Detar, director/Continuing Education at detars@westmoreland.edu or 724.925.4190.

Refunds: Class can be canceled with full refund five (5) business days prior to start date.

 Denotes ONLINE Class

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at Westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

Leadership Development

John Maxwell has written many books on leadership. The following classes are based on his books. James and Michelle Teague are certified to coach, teach and speak on John Maxwell's programs. The classes are being offered in both face-to-face and remote formats at the same time.

Everyone Communicates, Few Connect

Based on the book *Everyone Communicates, Few Connect* by John Maxwell, the principles of connecting with other people will be explored, and we will discuss the relationship effective communication has with leadership and influence. An assessment will be used to determine your communication style and methods for improvement. James and Michelle Teague, \$35 tuition, .4 CEUs

JREX 0944-01 Friday, October 9, 8:30 a.m.-12:30 p.m.

JREX 0944-R1 Friday, October 9, 8:30 a.m.-12:30 p.m. (Remote)

Becoming a Person of Influence

A person's level of influence can increase by utilizing methods to interact positively with others. Using the John Maxwell book, *Becoming a Person of Influence*, as the basis of the class, we will discuss what influence is and what it is not, different types of influence and methods of increasing influence in a positive manner. James and Michelle Teague, \$19 tuition, .25 CEUs

JREX 6734-01 Tuesday, October 13, 6-8:30 p.m.

JREX 6734-R1 Tuesday, October 13, 6-8:30 p.m. (Remote)

15 Invaluable Laws of Growth

According to the principles in John Maxwell's book, *15 Invaluable Laws of Growth*, to achieve full potential, a person must grow, and this growth needs to be intentional. We will examine two of the laws from the book. The Law of Pain examines how growth comes from learning to manage bad situations. The Law of the Rubber Band looks at how growth can only happen when individuals are willing to step outside of their comfort zone and stretch themselves. James and Michelle Teague, \$19 tuition, .25 CEUs

JREX 2531-01 Thursday, October 29, 6-8:30 p.m.

JREX 2531-R1 Thursday, October 29, 6-8:30 p.m. (Remote)

Leadership Gold

What does it take to be a good leader? In his book, *Leadership Gold*, John Maxwell shares valuable lessons from his many years of leading. The lessons that will be examined include how to lead yourself, how to handle defining moments and criticism, ways to stop working and get in the zone. In addition, we will discuss the real responsibilities of leaders and how to become a leader people want to follow. The class will finish with a discussion on the leadership legacy you want to leave behind. James and Michelle Teague, \$35 tuition, .4 CEUs

JREX 4855-01 Friday, November 6, 8:30 a.m.-12:30 p.m.

JREX 4855-R1 Friday, November 6, 8:30 a.m.-12:30 p.m. (Remote)

Put Your Dream to the Test

In his book, *Put Your Dream to the Test*, John Maxwell provides a strategy to help you identify and achieve your dreams. We will review the steps outlined in the book to evaluate your dreams and develop a plan to achieve those dreams. James and Michelle Teague, \$19 tuition, .25 CEUs

JREX 1370-01 Thursday, November 19, 6-8:30 p.m.

JREX 1370-R1 Thursday, November 19, 6-8:30 p.m. (Remote)

For more information about Business & Professional Development classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

INDUSTRY



NEW - Certified Production Technician Assessment

Are you looking to boost your resume with industry credentials? Increase your employability by earning your Certified Production Technician (CPT) designation. The CPT certification is one of four stackable credentials leading to the Full Certified Production Technician certification, a nationally accredited program that certifies individuals for careers in advanced manufacturing. Candidates may choose exam specialty: Safety, Quality, Production or Maintenance (only 1 specialty area can be requested per exam date. Judy DeWitt, \$120 tuition + \$105 material fee, 2 CEUs
INDX 0998-W1 Monday, September 28, 5-7 p.m.

(Registration deadline: September 18)

INDX 0998-W2 Thursday, October 29, 1-3 p.m.

(Registration deadline: October 19)

INDX 0998-W3 Monday, November 16, 5-7 p.m.

(Registration deadline: November 9)

INDX 0998-W4 Thursday, December 17, 1-3 p.m.

(Registration deadline: December 7)

AutoCAD Fundamentals

AutoCAD Fundamentals is designed to introduce you to the basic fundamentals of the software and will allow you to progress to an intermediate level of understanding of the methods of creating and editing drawings using AutoCAD software. You will be able to advance from beginning to intermediate skill levels in the use of AutoCAD. Doug Krnosky, \$410 tuition + \$45 material fee, 2.4 CEUs

DAPX 0113-A1 6 Mondays starting
September 28, 5-9 p.m.
(Advanced Technology
Center)

Introduction to MasterCAM

MasterCAM software makes CNC machining possible with endless design capabilities. This introductory course will equip you with the tools needed to begin programming CNC machines. You will create and run tool paths and test your programs while becoming familiar with the menu structure. Conversion of M codes and G codes syntax will also be discussed. George Slezak, \$410 tuition + \$160 material fee, 2.4 CEUs

DAPX 5005-A1 8 Wednesdays starting
September 30, 5-8 p.m.
(Advanced Technology
Center)

Introduction to SolidWorks

Take your idea from imagination to reality. Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. George Slezak, \$410 tuition + \$75 material fee, 2.4 CEUs

DAPX 7554-A1 8 Thursdays starting
October 1, 5-8 p.m.
(Advanced Technology
Center)

 Denotes **ONLINE Class**

For more information about Industry classes, contact Judy DeWitt, coordinator/Workforce Development Sales, 1.800.262.2103, ext. 4090 or dewittju@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

INDUSTRY



AutoDesk Inventor 3D CAD Basic Skills

Create and edit parts, make engineering drawings, and prepare for manufacturing by using only your keyboard and mouse! This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Doug Krnosky, \$410 tuition + \$45 material fee, 2.4 CEUs

DAPX 0115-A1 6 Mondays starting November 9, 5-9 p.m.
(Advanced Technology Center)

YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee.

The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at workforce@westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

Arts & Crafts

Wonders of Water Color

Have you ever wanted to explore a new creative avenue that's as simple as grabbing a cup of water and a few brushes? Handling techniques of water color paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be mailed.

Registration closes one week prior to start date. Kyle Reidmiller, MFA, \$45 tuition

RTSX 9032-R1 3 Thursdays starting
September 24, 6-9 p.m.

RTSX 9032-R21 3 Thursdays starting
January 21, 6-9 p.m.



Figure Drawing 101

If you've ever wanted to improve your stick-figure drawing skills, have we got a course for you. In a few sessions, learn the fundamentals of figure drawing such as recognizing lines of action, gesture drawing, and how to capture measurements and angles to better proportion your figures and increase your drawing skills. Bring sketch pad (minimum size 9 x 12) and charcoal pencils. Kyle Reidmiller, MFA, \$45 tuition

RTSX 2164-R1 3 Wednesdays starting
October 14, 6-9 p.m.

Don't miss out on class information & updates!
Provide your email address when registering.
Addresses will not be shared.

NEW - Maximizing Profits at Vendor/Craft Shows

Be ready for when events run again! Learn how to maximize your profits at craft/vendor shows and fairs/festivals. This remote workshop will enlighten you on how to choose the right event for your product, teach you how to create an engaging booth; how to price your products; selling techniques; and how to deliver outstanding customer service. Gain skills that can strengthen your online business as well. You will need a computer/tablet with internet access. Diane Word. \$20 tuition + \$5 material fee

JREX 4875-R1 Thursday, September 24,
6-8 p.m.

Fitness/Health

What Is Reiki?

Reiki encourages the body and mind into a greater state of stability. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Hear more about Reiki's use in people and animals (Janet Jackson, Animal Specialist will be our guest) and experience a short Reiki session for yourself.

Linda Yarbrough, \$20 tuition

MEDX 7108-R1 Tuesday, September 29,
6:30-9 p.m. (Remote)

MEDX 7108-01 Thursday, October 1,
6:30-9 p.m.

Qi Gong for Energy & Health

Learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system's functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, \$35 tuition

MEDX 6913-01 4 Tuesdays starting
October 27, 10-11:15 a.m.



Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Beginning Tai Chi

A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Linda Vucelich, \$35 tuition

MEDX 8018-01 5 Mondays starting
October 19,
10:30-11:30 a.m.

Tai Chi Level II

Perfect your form and balance through practice. Wear comfortable clothes and shoes. Prerequisite: Beginning Tai Chi. Linda Vucelich, \$35 tuition

MEDX 8019-01 5 Mondays starting
October 19,
12:30-1:30 p.m.

Walk Live

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition

PHSX 9039-01 8 Thursdays starting
October 1, 5:30-6:30 p.m.
PHSX 9039-R1 8 Thursdays starting
October 1, 5:30-6:30 p.m.
(Remote)

Stress Management Sampler

Feeling stressed? Join us to explore different ways to manage your stress at home, on the go, and in the workplace. You will learn a variety of different techniques to reduce your stress and increase your relaxation response.

Tips for Stress Resilience

What are some healthy habits that help manage stress? Learn how exercising, eating well, and practicing stress management techniques affect your ability to process stress. You will practice deep breathing, chair yoga, visualization and body scanning. Tiffany Chan, \$10 tuition

PHSX 7998-R1 Tuesday, October 6, 6-7:15 p.m.

Relax for Better Sleep

Ever feel terrible after a poor night's sleep? Learn tips for healthy sleep while trying Chi Gong and other stress management techniques. Tiffany Chan, \$10 tuition

PHSX 7129-R1 Tuesday, October 13, 6-7:15 p.m.

Understanding Stress & You

You will explore how stress affects your physical and emotional health. The focus will be on deep breathing, chair yoga, and progressive relaxation. Tiffany Chan, \$10 tuition

PHSX 7999-R1 Tuesday, October 20, 6-7:15 p.m.

How Thoughts Contribute to Stress

Your thinking and attitude play an important role in your level of stress and stress management. While practicing meditation, discover how to relax negative thoughts and experience more happiness and peace. Tiffany Chan, \$10 tuition

PHSX 7997-R1 Tuesday, October 27, 6-7:15 p.m.

Healthy Emotions

Ever at a loss on how to experience your emotions? Strategies, such as, practicing deep breathing, chair yoga, progressive relaxation and meditation can be used to experience your emotions in a healthy way and bring more peace and joy to your life. (This class is not a substitute for therapy or anger management) Tiffany Chan, \$10 tuition

PHSX 3042-R1 Tuesday, November 3, 6-7:15 p.m.



Denotes REMOTE Class

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

Warrior Women

Warrior Women is a proven personal violence prevention program developed to teach women techniques to limit potentially dangerous situations. Class is hands-on, entertaining and filled with practical skills that are practiced with each participant. The techniques are simple and highly effective for creating a window of escape. Wear comfortable clothes and shoes. Cassandra Kintigh, \$15 tuition

PHSX 2153-01 Monday, October 19,
6:30-9:30 p.m.

Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Hayley Dunhoff, \$45 tuition

PHSX 9485-01 8 Mondays starting
September 21, 9-10 a.m.

Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Saroja Chandra, \$55 tuition

PHSX 9490-R1 8 Tuesdays starting
September 22,
5:30-6:45 p.m.
(no class October 13)

PHSX 9490-R2 8 Thursdays starting
October 1, 5:30-6:45 p.m.

Yoga for Relaxation & Wellness

Yoga and meditation can reduce stress and enhance physical strength and flexibility. Whether you are new to yoga or returning to a yoga practice, join us to experience accessible yoga poses and meditation techniques. Bring yoga mat, yoga block and a small pillow or blanket to in-person class. \$55 tuition

PHSX 9498-01 Hayley Dunhoff
8 Tuesdays starting
September 22,
6-7:15 p.m.

PHSX 9498-R1 Tracy Tryall
8 Wednesdays starting
September 30,
10-11:15 a.m. (Remote)

PHSX 9498-R2 Tracy Tryall
8 Fridays starting
October 2, 10-11:15 a.m.
(Remote)

Zumba

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won't believe you are exercising! Wear good, supportive sneakers and bring water. Missy Troxell, \$55 tuition, .8 CEUs

PHSX 9980-01 8 Mondays starting
September 28,
5:30-6:30 p.m.

PHSX 9980-R1 8 Wednesdays starting
September 30,
5:30-6:30 p.m. (Remote)

For more information about Personal Enrichment classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.



REMOTE CLASSES



Classes listed as Remote will be taught using Zoom and will be live. You will be able to interact with the instructor. To participate, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the Zoom class will be sent to you via email a few days prior to the class start date.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Food

Cake Decorating I

Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cinciripini, \$89 tuition + \$7 material fee

FODX 0460-01 8 Tuesdays starting
September 29, 6-8 p.m.
(first class 6-7 p.m.)

Cupcake Bouquets

Buttercream cupcake bouquets make a perfect, unique gift or beautiful covered dish. Impress your family and friends with this fun and simple technique. No cake decorating experience necessary. A supply list will be mailed. Registration closes one week prior to start date. Judy DeWitt, \$25 tuition

FODX 1020-01 2 Thursdays starting
October 8, 6-8 p.m.

Cooking Classes - Make it a Date Night or Friends Night Out

To follow social distancing guidelines in our training kitchens, we are limiting adult cooking class registrations to the student and someone he/she is able to share the kitchen space with. You will be in close proximity to each other throughout the class. You both must register for the class. Space is limited.



Sushi

Chef Schmucker will lead you through the steps to prepare your own fresh sushi. He will explain proper rice preparation, rolling techniques, vegetable/seafood selection and cutting. You will learn the differences between Sashimi, Nigiri, Maki, Temaki, and Uramaki Sushi. You will eat the created sushi with appropriate garnishes and leave class with a bamboo roller. Registration closes September 11. Chef Scott Schmucker, Ed.D, CEC, CCE, \$39 tuition + \$17 material fee

FODX 7750-01 Thursday, September 24,
5:30-9 p.m.

Cream Puffs

French pastry consisting of a light hollow pastry shell filled with a cooked vanilla custard. The same pastry can be used to make savory appetizers and French cruller donuts. You will take six cream puffs home. Bring a take home container. Deborah Moore, \$29 tuition + \$8 material fee

FODX 0985-01 Thursday, October 1,
5:30-9 p.m.

Chop Like a Chef

Chopping your food beats a food processor for precision and consistency, and it is quicker, especially when you consider the cleanup time. In this hands-on class, Chef Schmucker will share his knife skills and chopping techniques that will have you chopping evenly, safely and quickly. He will also provide tips and information on different types of knives, knife maintenance and how to properly sharpen a knife. A chef's knife and a standard paring knife are included in the cost of the class. Chef Scott Schmucker, Ed.D, CEC, CCE, \$39 tuition + \$25 material fee

FODX 0978-01 Thursday, October 22,
5:30-9 p.m.

Louisiana's Cajun & Creole Cuisines

Come and learn how to prepare several different classical Cajun and Creole dishes while learning about the culture and history of this type of cuisine. Chef Scott Schmucker, Ed.D., CEC, CCE, \$39 tuition + \$15 material fee

FODX 4920-01 Tuesday, November 5,
5:30-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

Mom's Nut Rolls

Come to class and learn how to make this traditional sweet bread pastry from scratch using yeast dough and a buttery, sweet walnut filling. You will take two nut rolls home. Deborah Moore, \$29 tuition + \$15 material fee

FODX 6005-01 Thursday, November 12,
5-9 p.m.

Holiday Cookies

You will make a Russian torte (layers of walnuts and apricot between flakey pastry dough topped with a cream cheese frosting), filled cookies (soft cookie dough filled with raisins, apricot or other fruit filling), and choco-cherry cookie (fudge drop cookie with a cherry in the center, topped with fudge frosting). You will leave class with three dozen cookies. Bring a take home container. Deborah Moore, \$29 tuition + \$18 material fee

FODX 3093-01 Thursday, November 19,
5-9 p.m.

Intergenerational Cooking Classes

Make memories in the kitchen. One adult per child; both must register. Bring aprons and for Saturday classes, bring a snack and drink.

Fresh Pasta Workshop (Youth Ages 14-17 accompanied by an adult)

Chef Schmucker will introduce you to different types of pastas used throughout history and today. He will also show you the different ways to make fresh and dry pastas, which you will prepare. You will make sauce from scratch to accompany your pastas. One adult must accompany each youth. Both must register. Chef Scott Schmucker, Ed.D., CEC, CCE, \$39 tuition + \$10 material fee

FODX 6503-01 Thursday, October 8,
5:30-9 p.m.

NEW - All Things Pumpkin (Ages 7-14 accompanied by an adult)

Get ready for hands-on cooking fun as we prepare dishes using everyone's favorite fall ingredient-pumpkin! Delicious pumpkin muffins is one of the fun recipes we will prepare. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 6671-96 Saturday, October 17,
10 a.m.-2 p.m.

NEW - Pirohi (Pierogies)

(Ages 10-17 accompanied by an adult)
Prepare potato, cheese and sauerkraut filled pirohi with a child in your life. You will both leave with a dozen pirohi you prepared. Deborah Moore, \$29 tuition + \$10 material fee

FODK 6665-96 Wednesday, October 21,
5:30-9 p.m.

NEW - Thanksgiving Favorites

(Ages 7-14 accompanied by an adult)
Prepare a Thanksgiving feast with a special child in your life. We will prepare a variety of delicious dishes that can be created at home and shared with family at your own Thanksgiving table. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 7576-96 Saturday, November 7,
10 a.m.-2 p.m.

NEW - Gingerbread House Workshop (Ages 7-14 accompanied by an adult)

Join us for this fun-filled workshop to make royal icing and to assemble and decorate a gingerbread house to celebrate the holiday season. Dianne Palmieri, \$20 tuition + \$15 material fee

FODK 2613-96 Saturday, December 5,
10 a.m.-2 p.m.



Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration. To view the spring schedule, visit westmoreland.edu/spring.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Languages & Culture

Italian, Level I

In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Antonella DiFilippo-Petrucelli, \$139 tuition + \$2 material fee + required textbook, 3.0 CEUs

LNGX 3060-01 10 Wednesdays starting
September 16,
11 a.m.-2 p.m.

LNGX 3060-R1 10 Mondays starting
September 21, 6-9 p.m.
(Remote)

Italian, Level III

Take your Italian speaking to the next level in this advanced course. New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucelli, \$139 tuition, 3.0 CEUs

LNGX 3082-01 10 Tuesdays starting
September 22,
11 a.m.-2 p.m.

Italian, Level IV

Perfect your speaking and writing skills through weekly conversation, grammar review and reading. Completion of Italian Level III required. Antonella DiFilippo-Petrucelli, \$139 tuition, 3.0 CEUs

LNGX 3083-01 10 Thursdays starting
September 17,
11 a.m.-2 p.m.

Spanish, Level I

Learn Spanish, a language with roots in two continents - Europe and the Americas. This course emphasizes vocabulary, grammar and writing instruction in addition to Spanish and Latin American culture. Dominic Palmieri, \$139 tuition + optional textbook, 3.0 CEUs

LNGX 7831-01 10 Mondays starting
September 28, 6-9 p.m.

Spanish, Level II

A continuation of Level I to reinforce the concepts you've already learned. You will also be introduced to grammatical content to enhance accuracy, and you'll build vocabulary through conversation. (Text is same as Level I.) Dominic Palmieri, \$139 tuition + optional textbook, 3.0 CEUs

LNGX 7551-01 10 Wednesdays starting
September 30, 6-9 p.m.
(no class November 25)

Law & Money

NEW - Navigating the Turbulence of Divorce

Going through a divorce is never easy. Especially the legal aspects that you have to navigate. Being familiar with topics such as working through marital assets, financial information, custody procedure and litigation, alimony, attorney fees, along with the emotional costs, may make this difficult time more manageable. This class is not direct legal counsel. Mark Sorice, Esquire. \$35 tuition

SMBX 8500-01 Monday, October 5,
6 -8 p.m.

Retirement Fear Factor

Retirement can get scary. What if you were to outlive your money? What if you or your spouse needed extended care? What happens during the next recession? This course addresses the top fears retirees face and how to overcome them. Jack George, CFP®, CLTC, CMP, \$19 tuition

FINX 6698-01 Tuesday, September 29,
6-8 p.m.

FINX 6698-R1 Tuesday, September 29,
6-8 p.m. (Remote)

Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition

FINX 1752-01 Monday, October 5,
6-7 p.m.

Textbooks will be purchased online. Instructions will be emailed to registered students.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

Buying a Home in Today's Market

This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, \$15 tuition

RESX 0460-01 Wednesday, October 7,
6-8 p.m.

Selling a Home in Today's Market

Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, \$15 tuition

RESX 7500-01 Wednesday, October 28,
6-8 p.m.

Paying for Long-term Care

The average cost of nursing home care in the Commonwealth of Pennsylvania is now over \$8,400 a month. What would your family do if faced with a nursing home stay? What is the difference between Personal Care, Assisted Living and Nursing Home Care? What options exist to allow loved ones to stay at home? What benefits are available to help pay for the care we need? Will I lose my house if I accept help from Medicaid? This class will discuss the answers to these questions and more. Colleen Bratkovich, Esquire, \$19 tuition

FINX 4860-R1 Tuesday, October 13,
6-9 p.m. (Remote)

FINX 4860-01 Tuesday, October 20,
6-9 p.m.

Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition

FINX 7553-01 Thursday, October 15,
6-8 p.m.

FINX 7553-R1 Thursday, October 15,
6-8 p.m. (Remote)

Invest in Your Debt

Learn how to pay off all debt, including mortgages, in seven to 10 years using only present income. You will learn specific mathematical techniques for rapidly paying down debt. Whether you earn \$20,000 or \$120,000, you will benefit from this practical, proven method. No get-rich-quick schemes—just simple math and surprising results. Bring a list of your debts, with balances and monthly payments, along with a calculator to class. Optional textbook available from the instructor for \$45. Linda Banks, \$29 tuition + \$7 material fee

FINX 3220-01 Monday, October 19,
6-9 p.m.

Your Retirement Readiness Checklist

When the stakes are high some professionals, such as pilots and surgeons, rely on checklists to ensure things go according to plan. Your retirement should be no different. This course is designed to walk you through a seven-point comprehensive checklist to determine if you have your ducks in a line regarding your retirement. We will explore the essential items that should be "checked off" before you decide to retire. Jack George, CFP®, CLTC, CMP, \$19 tuition

FINX 6719-01 Tuesday, October 27,
6-8 p.m.

The Truth About Annuities

Are annuities inherently good or bad? There are a lot of opinions out there regarding annuities; this course will focus on the facts. We will cover what annuities are, how they work, what they can be used for, and the general pros and cons to consider before purchasing one. Jack George, CFP®, CLTC, CMP, \$19 tuition

FINX 0004-01 Thursday, November 12,
6-8 p.m.

FINX 0004-R1 Thursday, November 12,
6-8 p.m. (Remote)

Real Estate Investments

Topics covered will include methods to selecting profitable properties, how to find great deals, financing, rehab and project management, buying and holding properties, flipping, tenant selection and management, title insurance and other tips to starting and growing your real estate business. Otis DiCerbo, \$35 tuition + \$2 material fee

FINX 6699-01 Thursday, November 19,
6-9 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT



Medicare 101

Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the APPRISE program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.

PRDX 5019-N1 Monday, September 28,
1-3 p.m.
(Westmoreland-Indiana)

PRDX 5019-R1 Wednesday,
November 11, 2-4 p.m.
(Remote)

PRDX 5019-01 Tuesday, December 8,
1-3 p.m.

Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Mary Ann Grec, \$29 tuition

LAWX 5300-01 Monday, October 26,
5:30-9:30 p.m.

Personal Interest

Beginning Beekeeping

Beekeeping is a great hobby that could also turn into a profitable business. Topics covered include: Basics of beginning beekeeping; where to obtain bees; equipment; state inspectors and regulations; and honey safety guidelines. Registration ends September 9. John Albright, \$55 tuition + \$12 material fee
NTRX 0080-01 4 Mondays starting
September 21,
6-8:30 p.m.

Basic Dog Obedience

This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires a certificate from a veterinarian showing PHL w/Parvo given within the last nine months and rabies within the last two years. Bring your dog on a leash. Arlene Halloran, \$65 tuition
NTRX 1360-01 8 Saturdays starting
September 26, 9-10 a.m.
(Career Link Parking Lot)

Advanced Dog Obedience

This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Arlene Halloran, \$65 tuition
NTRX 1351-01 8 Saturdays starting
September 26,
10-11 a.m.
(Career Link Parking Lot)



REMOTE CLASSES



Classes listed as Remote will be taught using Zoom and will be live. You will be able to interact with the instructor. To participate, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the Zoom class will be sent to you via email a few days prior to the class start date.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

Paddling 101

Paddling 101 is for the newcomer interested in learning to canoe, kayak and stand-up paddleboard. It will cover the basics of choosing the right boat (and accessories) to meet your goals, look at what potential hazards exist on the water and how to avoid them, and identify opportunities to get on the water for a day or longer, from lakes to water trails. You will go from learning what to buy to how to use it to have the most fun possible. Bob Frye is the outdoors editor for a website and a newspaper, PA Fish-Boat Commissions certified boating instructor and has written a book about paddling in Pennsylvania. \$35 tuition

PRDX 6649-R1 3 Tuesdays starting
October 6, 6-8 p.m.

The Best Trees for Your Landscape

Trees provide us with many benefits - shade, cleaning the air we breathe and adding to the value of our properties. When selecting trees for your landscape, consider not just spring bloom but also leaf color in spring, summer and fall, interesting bark, tree structure and even fruit for winter interest. In addition to the beauty of the tree, you need to consider the site, soil, space, drainage, exposure, sunlight, etc. Dr. Zhang, who has a doctorate in horticulture, will present you with information that will assist you with your tree selection. Xuri Zhang, Ph.D., \$15 tuition

NTRX 8024-01 Wednesday,
September 23,
6-7:30 p.m.

The Best Shrubs for Your Landscape

Your landscaping enhances your home's curb appeal. Shrubs with their diversity in size, flowers, shape and foliage, can turn your property into a beautiful showpiece. In addition to their beauty, shrubs can protect the soil, block street noise, add privacy and emit sweet fragrances. Dr. Zhang, who has a doctorate in horticulture, will assist you in making plant selections to improve the look of your yard year-round. Xuri Zhang, Ph.D., \$15 tuition

NTRX 6703-01 Monday, October 5,
6-7:30 p.m.



The Hemp Industry Then & Now

Industrial hemp became a legal crop with the passing of the Farm Bill in 2018. Pennsylvania had over 350 permitted growers for the 2019 growing season. This session will look at the history of the crop, along with planting, growing and harvesting hemp today. Discussion will include uses of hemp for fiber, grain and CBD production. Additionally, we will look at plant health and nutrition. Jeff Fowler, M.Ed, Senior Extension Educator of Horticulture, Penn State Extension, Venango County. \$20 tuition

NTRX 2052-R1 Tuesday, October 20,
6-9 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.



Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT



UFOs 101

The subject of UFOs and aliens have fascinated people for a long time. Government and private organizations have collected a lot of data on UFOs and UFO activities in the last 70 years. We will identify that information and examine various topics to get a better perspective on the UFO and alien question. We will also examine UFO cases in Pennsylvania and Westmoreland County. Fred Saluga, West Virginia State Director and PA Assistant State Director, MUFON, \$39 tuition

PRDX 8351-01 4 Wednesdays starting
October 7, 6-8 p.m.

Cutting the Cord

With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want. John Struble, \$19 tuition

PRDX 1098-01 Monday, October 19,
6-9 p.m.

PRDX 1098-R1 Monday, November 9,
6-9 p.m. (Remote)



Denotes REMOTE Class

How to Operate Your Digital Camera

Through practical exercises and explanations, this course will show you how to use the buttons, dials and switches on your digital camera for better photographic results. Bring your digital camera and manual to class. Alan Laick, \$59 tuition + optional textbook

DAPX 1478-01 3 Thursdays starting
October 15, 6-9 p.m.

Photoshop, Level 1

With this hands-on course, you will enhance photos and artwork that will demonstrate the Photoshop basics and capabilities. Using the powerful tools of retouching, painting and drawing, you will be able to create dazzling images to make your presentations, newsletters or artwork pop. You should know how to use a computer, but no previous Photoshop experience is necessary. Alan Laick, \$95 tuition + \$2 material fee + required textbook

DAPX 6657-01 5 Tuesdays starting
September 29, 6-9 p.m.

Dining Etiquette Dos and Don'ts

Chef Komarinski will demonstrate proper dining etiquette in this remote class. Knowing the rules for acceptable dining etiquette will increase your confidence and comfort at a business dining event, a social occasion or just eating at your favorite restaurant. You will be able to ask questions throughout the demonstration. Cindy Komarinski, Ph.D., CCC, CCE, \$19 tuition + \$20 material fee

PRDX 1389-R1 Monday, October 5,
5-6 p.m.

Eating for Healthy Joints

This is a single session class designed to help participants learn evidence-based nutritional practices to help protect and maintain healthy joints. Jeff Murphy, Ph.D., Exercise Physiology, \$10 tuition

PRDX 1720-01 Tuesday, September 22,
6-8 p.m.

Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$15 tuition + \$2 material fee

PHSX 3045-01 Tuesday, October 6,
7-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT



The Versatility of Herbs

Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, \$35 tuition
NTRX 8560-01 3 Thursdays starting
October 15, 7-9 p.m.

A Handful of Quiet

Ages 6-14 Accompanied by an Adult

Give your child a gift that will last a lifetime; the gift of meditation. A simple yet effective technique will bring many benefits of "quiet time" including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, \$8 tuition + \$5 material fee

PRDK 3058-96 Tuesday, September 22,
6:30-9 p.m.

Balance Yourself Using Color

Color affects your physical, mental and emotional states. Each color has a unique frequency and wavelength that promotes a specific energy that can be calming, motivating, healing, irritating, etc. Explore ways to use color to make a difference in your environment and your personal state of balance. We will cover practical applications as well as how to use color visualization for stress reduction. Linda Yarbrough, \$15 tuition + \$5 material fee for on campus class

PRDX 0349-R1 Tuesday, October 20,
6:30-9 p.m. (Remote)

PRDX 0349-01 Thursday, October 22,
6:30-9 p.m.)

Gratitude & Mindfulness: Building Blocks for a Peaceful Life

An attitude of gratitude combined with a five-minute mindfulness meditation practice can create a peaceful state that can change your body, mind and spirit. Join us to begin your gratitude ritual. Linda Yarbrough, \$15 tuition

PRDX 2619-R1 Tuesday, November 10,
6:30-8:30 p.m. (Remote)

PRDX 2619-01 Thursday, November 12,
6:30-8:30 p.m.



Essential Oils 101

Aromatic plants have long played an important role in human civilizations. Oils extracted from aromatic plants have powerful, positive and therapeutic benefits to the mind and body. You will learn what essential oils are, why they work, and how to safely use them to boost the immune system, reduce stress and anxiety, improve sleeping, etc. You will make a personalized oil blend to take home. Leigh Ann Brockhoff & Jamie Wieland, \$39 tuition + \$12 material fee

PRDX 1801-01 2 Tuesdays starting
October 13, 6-9 p.m.

Don't miss out on class information & updates!

Provide your email address when registering.

Addresses will not be shared.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Fundamentals of Guitar Playing

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends September 16. Deborah Kazsimer, \$65 tuition + \$29 material fee (includes textbook)

MSCX 2604-01 8 Mondays starting
September 28, 6-7 p.m.

MSCX 2604-02 8 Mondays starting
September 28,
7:10-8:10 p.m.

MSCX 2604-R1 8 Thursdays starting
October 1, 6-7 p.m.
(Remote)

MSCX 2604-R21 8 Thursdays starting
January 7, 6-7 p.m.
(Remote)

Fundamentals of Guitar Playing II

Lessons will include sight reading chords, bass chord accompaniment, dynamics, eighth note rests, dotted quarter notes, major scales and more! Bring acoustic guitar to class. Limit 10 students. Registration ends September 16. If you have the book, inform registration. Deborah Kazsimer, \$65 tuition + \$29 material fee (includes textbook)

MSCX 2606-01 8 Tuesdays starting
September 29, 6-7 p.m.

MSCX 2606-R1 8 Thursdays starting
October 1, 7:10-8:10 p.m.
(Remote)

Fundamentals of Guitar Playing III

This course includes sight notes higher up on the staff, melody with chord reading accompaniment, bass solos with chord accompaniment, syncopation, major & minor scales, 16th notes with syncopation and alternating bass notes. Bring guitar to class. Limit 10 students. Registration ends September 16. If you have the book, inform registration. Deborah Kazsimer, \$65 tuition + \$29 material fee (includes textbook)

MSCX 2607-R1 8 Thursdays starting
October 1, 8:20-9:20 p.m.



Denotes REMOTE Class

Music Theory for Guitarists

Understanding some fundamentals of music theory and how it applies to the guitar can help take your guitar playing to the next level. Practical aspects of theory for the guitarist that will be presented include fretboard scales, chords and progressions, key signatures, modes, arpeggios, circle of fifths and more. Must have guitar playing experience. Limit 10 students. Registration ends September 16. Deborah Kazsimer, \$59 tuition + \$29 material fee (includes textbook)

MSCX 5315-01 8 Mondays starting
September 28,
8:20-9:20 p.m.

You Pick!

Calling guitar players who want to play and sing in a group setting. The songs played will be selected by class members. Singing is not required, but encouraged. In addition to playing and singing, we will transpose songs with and without a capo. Sight reading of music is not required, but you must have experience playing chords. Bring guitar and capo to class. Limit 10 students. Deborah Kazsimer, \$59 tuition

MSCX 6685-01 4 Tuesdays starting
October 6,
7:10-9:10 p.m.

The Beatles-Discuss the Legends

Do you love the Beatles? Interested in their history from famine to fame? Join us for this one-hour, remote (via Zoom) class that will delve into how the Beatles made history. Discuss how the Beatles changed the world of music, as we know it, and how they have impacted you personally. Deborah Kazsimer, \$10 tuition

MSCX 0125-R1 Wednesday, October 7,
7-9 p.m.

NEW - Rocking out with Rock & Roll

Calling all Rockers! Do you live for Rock and Roll Music? Join us for this dynamic two-hour, remote (via Zoom) class, and explore the history of Rock and Roll. Learn about the roots of rock and how it rose to popularity. Discuss the impact this genre of music made in your life and how it shaped you as the person you are now. Computer/tablet with internet access is required. Deborah Kazsimer. \$25 tuition

MSCX 6890-R1 Wednesday, October 21,
7-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

PERSONAL ENRICHMENT

NEW - Jive Your Way **into Jazz Music**

Do you like the smooth sound of the Saxophone? The sassy sound of the Piano? If this sounds like you, join us for this two-hour, remote (via Zoom) class, and discover the history of Jazz. What makes it unique? Where did it come from? Discuss the wonders of Jazz music and how the world is impacted by it. Computer/tablet with internet access is required. Deborah Kazsimer. \$25 tuition

MSCX 3550-R1 Wednesday, October 28,
7-9 p.m.

NEW - Folklore of Western Pennsylvania

We've all heard of Roswell, Shangri-la and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, \$25 tuition

PRDX 2215-01 2 Mondays starting
October 19, 6:30-9 p.m.

Discover your Family Tree

Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, Jr., \$35 tuition

HSTX 2601-01 3 Mondays starting
September 28,
6:30-9 p.m.

The History of Christianity

By tracing the history of Christianity from its beginnings in the first century to the present, you should come to understand how this religion, developed from the teachings of Jesus Christ, succeeded and failed to keep intact the original gospel message. As this history of Christianity is traced, it will show that Christian history formed a core part of the overall history of the Western world, and has influenced, moreover, the development of culture, human values and political rights throughout the history of the entire world. Michael Petruzzelli, MA in Theology and Philosophy, \$89 tuition + \$2 material fee

HSTX 3073-01 6 Thursdays starting
October 1, 5:30-8:30 p.m.

Road to Revolution: America's Path to Independence

The years 1763-1776 were some of the most important years in our nation's history. You will learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania's own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation. Eric Greisinger, Ph.D., \$15 tuition

HSTX 7110-01 Thursday, September 24,
6-9 p.m.

The Splendid Little War: 1898

The Spanish-Philippine-American War lasted from April to August 1898. Famous figures, key events, long-term impacts and social connections of the conflict will be presented. Eric Greisinger, Ph.D., \$15 tuition

HSTX 8999-01 Thursday, October 8,
6-9 p.m.

World War I & Society

Famous figures, key events, social connections and the impact the war had on the 20th and 21st centuries will be presented. Eric Greisinger, Ph.D., \$15 tuition

HSTX 9059-01 Thursday, October 22,
6-9 p.m.

NEW - Special Topics of World War II

Dr. Greisinger, who has written five books on World War II, will present rarely discussed topics of the war. \$15 tuition

HSTX 9062-01 Thursday, October 29,
6-9 p.m.

Warrior Women

Warrior Women is a proven personal violence prevention program developed to teach women techniques to limit potentially dangerous situations. Class is hands-on, entertaining and filled with practical skills that are practiced with each participant. The techniques are simple and highly effective for creating a window of escape. Wear comfortable clothes and shoes. Cassandra Kintigh, \$15 tuition

PHSX 2153-01 Monday, October 19,
6:30-9:30 p.m.



Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Handguns - Home Safety & Personal Protection

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee, 1.6 CEUs

LAWX 2050-01 Tuesday & Thursday, September 15 & 17, 6-10 p.m. (Youngwood) and Saturday, September 19, 8 a.m.-5 p.m. (Public Safety Training Center)



Advanced Handguns - Home Safety & Personal Protection

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$64 tuition + \$10 material fee, .8 CEUs

LAWX 2051-79 Saturday, September 26, 8 a.m.-5 p.m. (Public Safety Training Center)

Basic Handgun Familiarization for Women

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) One hour lunch on your own. Donald Hess, \$42 tuition + \$2 material fee, .4 CEUs

LAWX 2049-01 Thursday, September 10, 6-10 p.m.

Advanced Handguns II

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns (LAWX 2051). Donald Hess, \$65 tuition + \$10 material fee, .8 CEUs

LAWX 2053-79 Saturday, October 10, 8 a.m.-5 p.m. (Public Safety Training Center)

Dim Light/Darkness Shooting- Advanced Handgun Level 2

Master the challenges of dim light shooting that adds a whole new dimension to firearms handling. Most crimes involving firearms occur in the evening hours or later, when darkness provides easy cover to criminals. Skills learned will increase marksmanship and decision making as it relates to survival and use of deadly force. Have the edge when it comes to target acquisition and skills when it counts the most and know your rights. Prerequisite: Advanced Handguns-Home Safety & Personal Protection. Donald Hess, \$75 tuition + \$2 material fee, .6 CEUs

LAWX 2052-79 Saturday, October 24, 4-10 p.m. (Public Safety Training Center)

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

COMPUTERS

All computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.

AutoCAD Fundamentals

AutoCAD Fundamentals is designed to introduce you to the basic fundamentals of the software and will allow you to progress to an intermediate level of understanding of the methods of creating and editing drawings using AutoCAD software. You will be able to advance from beginning to intermediate skill levels in the use of AutoCAD. Doug Krnosky, \$410 tuition + \$45 material fee, 2.4 CEUs

DAPX 0113-A1 6 Mondays starting
September 28, 5-9 p.m.
(Advanced Technology
Center)

AutoDesk Inventor 3D CAD Basic Skills

Create and edit parts, make engineering drawings, and prepare for manufacturing by using only your keyboard and mouse! This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Doug Krnosky, \$410 tuition + \$45 material fee, 2.4 CEUs

DAPX 0115-A1 6 Mondays starting
November 9, 5-9 p.m.
(Advanced Technology
Center)

Introduction to MasterCAM

MasterCAM software makes CNC machining possible with endless design capabilities. This introductory course will equip you with the tools needed to begin programming CNC machines. You will create and run tool paths and test your programs while becoming familiar with the menu structure. Conversion of M codes and G codes syntax will also be discussed. George Slezak, \$410 tuition + \$160 material fee, 2.4 CEUs

DAPX 5005-A1 8 Wednesdays starting
September 30, 5-8 p.m.
(Advanced Technology
Center)

Introduction to SolidWorks

Take your idea from imagination to reality. Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. George Slezak, \$410 tuition + \$75 material fee, 2.4 CEUs

DAPX 7554-A1 8 Thursdays starting
October 1, 5-8 p.m.
Advanced Technology
Center)

Computers for Plus 50 using Windows 10

A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. Carol Shoemaker, \$95 tuition + required textbook, 1.5 CEUs

DAPX 0916-50 5 Thursdays starting
September 24,
9 a.m.-noon

Computer Basics Using Windows 10

Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring flash drive to second class. Vicki Walker, \$95 tuition + required textbook, 1.5 CEUs

DAPX 1041-01 5 Tuesdays starting
September 29, 6-9 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS



Windows 10 Boot Camp

This hands-on boot camp will show you how to navigate the new interface; use the Windows apps and desktop applications to complete tasks; install new apps and multi-task with multiple programs; work with files and folders; use Cortana and Edge for web browsing; customize the Windows 10 environment and use the security features. Previous exposure to personal computers and the Internet is required. Bring flash drive to class. 30 minute lunch on your own. Carol Shoemaker, \$59 tuition + required textbook, .6 CEUs

DAPX 9117-01 Friday, September 25,
9 a.m.-3:30 p.m.

Computer Maintenance

Are you frustrated by your PC running too slowly? Does it take forever to load your home or webpages? You don't need to take it to a repair shop to solve these issues. You can do it yourself by using the various utility tools that come bundled with Windows. In addition to performing maintenance, you need to protect your computer from spam, viruses and malware. Carol Shoemaker, \$45 tuition + \$2 material fee, .6 CEUs

DAPX 0940-01 2 Wednesdays starting
October 21, 6-9 p.m.

Introduction to the iPad

Designed for you to get the most out of your new iPad, topics will include: Hardware; connectivity; apps; productivity; media; syncing and backup; and printing. Your iPad will soon become your trusty companion. Bring your iPad to class as this is a practical, hands-on course where you will participate in exercises for every topic and all points covered. Must have iPad Air or newer version. Alan Laick, \$49 tuition, .6 CEUs

DAPX 3075-01 2 Thursdays starting
October 1, 6-9 p.m.

NEW - Access 2019, Level I

You will benefit most from this course if you want to gain a basic understanding of Access and be able to navigate the Access interface, and design, create and modify simple tables, queries, forms and reports. The class is intended for end users who are working with existing databases rather than database designers. Must have computer and Windows experience. Vicki Walker, \$95 tuition

DAPX 0036-01 Tuesdays starting
November 3, 6-9 p.m.

Excel 2019, Level 1

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. Richard Martz, \$79 tuition + required textbook, 1.2 CEUs

DAPX 1783-01 4 Thursdays starting
October 8, 6-9 p.m.

Excel 2019 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. \$59 tuition + required textbook, .6 CEUs

DAPX 1778-01 Richard Martz
Friday, October 2,
9 a.m.-3:30 p.m.
(Bring flash drive to class.
30-minute lunch on your own.)
DAPX 1778-R21 Carol Shoemaker
Friday, January 29,
9 a.m.-3:30 p.m. (Remote)

Textbooks will be purchased online. Instructions will be emailed to registered students.

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at Westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

COMPUTERS

Word - Advanced Features

Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer's comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Bring flash drive to class. 30 minute lunch on your own. Carol Shoemaker, \$59 tuition + \$2 material fee + required textbook, .6 CEUs

DAPX 9204-01 Friday, October 16,
9 a.m.-3:30 p.m.

Zoom Features & Controls

Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling, and behind the scenes tips and tricks. Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy, \$19 tuition

DAPX 9050-R1 2 Saturdays starting
October 17, 10-11 a.m.

QuickBooks

Manage the financial aspects of your small business quickly and efficiently with this powerful accounting software program. QuickBooks is designed especially for the small to mid-sized business owners to create and print invoices, track payables and receivables, and more. New course sessions begin monthly. For class start dates prices and to register, go to www.ed2go.com/wcconed.

SQL

Gain a solid working knowledge of this powerful and universal database programming language. Course runs for six weeks. New course sessions begin monthly. For class start dates prices and to register, go to www.ed2go.com/wcconed.

Building a Website with WordPress

Create a website for yourself or a small business using the WordPress content management system. We'll talk about what WordPress is and how it works. You'll create up to 5 pages (home, about, services, blog and contact) and customize them with text and images. You'll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, \$69 tuition, .8 CEUs

DAPX 9240-R1 4 Tuesdays starting
September 22,
5:30-7:30 p.m. (Remote)

DAPX 9240-01 Friday, October 23,
9 a.m.-3:30 p.m.

(Bring flash drive to class.
30 minute lunch on your own.)

NEW - CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, \$245, 1.6 CEUs

DAPX 1225-W1 November 2-27 (online)

NEW - HTML Fundamentals

This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, \$245, 1.6 CEUs

DAPX 2320-W1 October 5-30 (online)



Denotes REMOTE Class



Denotes ONLINE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS



New Horizons®

Computer Learning Centers

Online Live® Classes

Westmoreland has partnered with New Horizons to offer you training opportunities in an Online Live® format. In this format, you will have the benefits of being in a dynamic interactive learning environment while being at home, work or anywhere with Internet access. These online classes are instructor-led and synchronous.

MCSA: BI Reporting

Earn your Microsoft Certification in BI Reporting

The two courses listed below will prepare you to take the two exams required to earn your MCSA. Exam fees are included in the tuition.

20778 Analyzing Data with Power BI

Gain an understanding of data analysis with Power BI. You will learn how to create visualizations, implement the Power BI mobile app. Prior to taking the class, it is recommended you have excellent knowledge of relational databases and reporting, basic knowledge of data warehouse schema topology (including star and snowflake), some exposure to programming constructs (such as looping and branching) and familiarity with Excel. \$1,785 tuition, 2.4 CEUs

JREX 0009-W4 Monday, Tuesday & Wednesday, September 21-23, 11 a.m.-7 p.m.

JREX 0009-W1 Monday, Tuesday & Wednesday, October 5-7, 9 a.m.-5 p.m.

JREX 0009-W2 Monday, Tuesday & Wednesday, November 2-4, 9 a.m.-5 p.m.

JREX 0009-W3 Monday, Tuesday & Wednesday, December 7-9, 9 a.m.-5 p.m.

20779 Analyzing Data with Excel

Add BI techniques to your Excel data analysis. Learn to explore and extend a classic Excel dashboard and an Excel data model, create measures using advanced DAX functions and create a Power BI dashboard with Excel. Prior to taking the course, you should have experience analyzing data with Excel. \$1,785 tuition, 2.4 CEUs

JREX 0008-W3 Wednesday, Thursday & Friday, September 9-11, 9 a.m.-5 p.m.

JREX 0008-W1 Monday, Tuesday & Wednesday, October 19-21, 9 a.m.-5 p.m.

JREX 0008-W2 Monday, Tuesday & Wednesday, November 30-December 2,
9 a.m.-5 p.m.

Additional class dates are available for classes listed above. Please direct inquiries to Sylvia Detar, director/Continuing Education at detars@westmoreland.edu or 724.925.4190.

Refunds: Class can be canceled with full refund five (5) business days prior to start date.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Online Courses

*anytime, anywhere...
just a click away!*

Learn
from the
comfort of
home!

WESTMORELAND COUNTY COMMUNITY COLLEGE

Online Courses are informative, fun, convenient, and highly interactive. Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, six-week format, supplementary links, and more.

You can complete any course entirely from your home or office, any time of the day or night.

Courses include:

- Expert Instructor
- 24-Hour Access
- Online Discussion Areas
- 6 Weeks of Instruction
- Hundreds of courses to choose from
- Monthly start sessions

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Grammar Refresher

Whatever your goals, a grasp of English grammar is important if you want to improve your speaking and writing skills.

Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

Write Your Life Story

Learn how to create and distribute an inspirational and professional autobiography for family, friends, and others.

Spanish for Medical Professionals

Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases.

Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

Discover Sign Language

Discover the fun of learning sign language and using your hands to communicate with Deaf people.

Start Your Own Edible Garden

Learn how to grow delicious, nutritious fruit and vegetables in your own backyard.

For more information or to enroll visit:

www.ed2go.com/wcconed

HEALTH CARE AND EMERGENCY SERVICES

Health Care for Professionals

Local Anesthesia for the Dental Professional

Designed to provide the licensed dental hygienist with the knowledge and skills to administer safe and effective local anesthesia in a clinical setting. Didactic content will include: neuroanatomy and pain physiology, armamentarium and local anesthesia administration, pharmacology and systemic complications. Practical training will include hands on administration of local anesthesia in a clinical laboratory setting. The specific requirements set forth by the State Board of Dentistry of the Commonwealth of Pennsylvania will be addressed. The lecture portion of this class will be held remotely, via Zoom. You will need a computer/tablet with internet access. The lab portion of this class will be held in person. A continental breakfast and lunch will be provided each in person day. Registration ends October 26. Angie Rinchuse, \$950 tuition + \$44 material fee, 3.0 CEUs

MEDX 4880-01 Lecture - 2 Saturdays, November 7 & 14, 7:30 a.m.-5 p.m. (Remote)
Lab - 2 Sundays, November 8 & 15, 7:30 a.m.-4 p.m. (In Person)

Informative Dental Posters (formerly Dental Table Clinics)

Westmoreland's dental hygiene students will provide informative dental posters for dental professionals to earn 3 continuing education credits. This will be held remotely, via Zoom, and you will need a computer/tablet with internet access. Registration deadline: October 5. \$35 tuition, 3 CEUs

MEDX 1348-R1 Wednesday, October 14, 6-9 p.m.

For more information about classes for Health Care Professionals, contact Brittany Shinsky, coordinator/ Continuing Education, at 1.800.262.2103, ext. 4082 or shinskyb@westmoreland.edu.



Health Care Certificate Programs

Nurse Aide Program

This program consists of 72 hours of lecture and 56 hours of clinical, provides the skills to function as a nurse aide in a long-term care facility, and meets the mandates of the federal government (via OBRA). After successful completion of the program, you will be able to function at the entry level and be eligible to take the Pennsylvania Nurse Aide Certification exam. 12.8 CEUs will be awarded. You must complete a criminal history report and physical exam prior to enrollment. \$1,295 Tuition + \$122 material fee (includes textbook). Youngwood: Lecture & Clinical: Mondays & Wednesdays, 5-9:15 p.m., and Fridays, 8 a.m.-5 p.m., September 28-November 21 (first class begins at 3:15 p.m. for orientation.)

Application deadline: September 16
For more information, go to westmoreland.edu/nurseaide or contact Sylvia Detar at 724.925.4190.



Denotes REMOTE Class

◆ Approved Nursing CEU Course

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

HEALTH CARE AND EMERGENCY SERVICES

Health Care & Emergency Medical Services Professionals

Emergency Medical Technician *NEW REDUCED PRICE!*

Prepare to be an EMT! Develop competence in the following skills: patient assessment/management of a trauma patient and a medical patient; cardiac arrest management/AED; bag-valve-mask ventilation of an apneic patient; spinal immobilization (both seated and supine patient); long bone fracture immobilization; joint dislocation immobilization; traction splinting; bleeding control/shock management; upper airway adjuncts and suction; ventilation with supplemental oxygen; and supplemental oxygen administration to a breathing patient. The curriculum follows the new National EMS Education Standards. 16.4 CEUs. Must be 16 years old to register and be able to pass background check – requirements explained first night of class. During the program, you will be required to complete ten (10) patient contacts with a preceptor (ambulance service), additional background clearances/medical exam may be required (explained first night of class). Upon successful completion of this class, and ICS 100 and NIMS 700 (both online completion) and (included in class), you will be eligible to take the state certification exam and the National Registry Exam. (Registry exam fees not included). Textbook available at the college bookstore (review of textbook prior to class is recommended). \$500 tuition + \$30 lab fee + required textbook. 16.4 CEUs Complete schedule available at <https://westmoreland.edu/pages/locations/public-safety-training-center/> MEDX 1880-78 Tuesdays & Thursdays, 6-10 p.m. and some Saturdays, 8 a.m.-5 p.m., September 15 through January 14 (Westmoreland-Public Safety Training Center)

Hazardous Materials Awareness Course Tuesday, December 11, 6-10 p.m.

Registration Deadline: September 1

American Heart Association (AHA) Courses

The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbook prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Textbooks available at the College Store.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS)

Full Course and Renewal

1. Complete the Precourse Preparation Checklist and review the course agenda found in the Provider Manual and bring with you to class. **(ACLS and PALS)**
2. Review and understand information in the Provider Manual. Pay attention to the cases in Part 5. **(ACLS)**
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. **(PALS)**
4. A current Basic Life Support for Health Care Providers CPR card must be presented for admittance to class. **(ACLS and PALS)**
5. Complete Precourse Self-Assessment. Access found inside provider manual, bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. **(ACLS and PALS)**
6. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. **(PALS)**
7. A current ACLS or PALS completion card is required for admittance in a renewal class. **(ACLS and PALS)**

Textbooks available at the American Heart Association website

The link for ACLS is <https://shopcpr.heart.org/acls-provider-manual>

The link for PALS is <https://shopcpr.heart.org/pals-provider-manual>

The link for BLS is <https://shopcpr.heart.org/bls-provider-manual>

The link for Heartsaver CPR/AED is

<https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook>

HEALTH CARE AND EMERGENCY SERVICES

Advanced Cardiac Life Support (ACLS)

Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. \$97 tuition + \$13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.

- MEDX 0085-01 Wednesday, September 9, 8 a.m.-4:30 p.m., & Thursday, September 10, 8 a.m.-1 p.m.
- MEDX 0085-02 Wednesday, November 18, 8 a.m.-4:30 p.m., & Thursday, November 19, 8 a.m.-1 p.m.
- MEDX 0085-03 Wednesday, December 16, 8 a.m.-4:30 p.m., & Thursday, December 17, 8 a.m.-1 p.m.

Advanced Cardiac Life Support (ACLS) Renewal

Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

- MEDX 0040-01 Wednesday, September 2, 8 a.m.-4 p.m.
- MEDX 0040-02 Wednesday, September 16, 8 a.m.-4 p.m.
- MEDX 0040-03 Wednesday, September 23, 8 a.m.-4 p.m.
- MEDX 0040-04 Wednesday, October 7, 8 a.m.-4 p.m.
- MEDX 0040-05 Wednesday, October 21, 8 a.m.-4 p.m.
- MEDX 0040-06 Wednesday, October 28, 8 a.m.-4 p.m.
- MEDX 0040-07 Wednesday, November 4, 8 a.m.-4 p.m.
- MEDX 0040-08 Wednesday, November 11, 8 a.m.-4 p.m.
- MEDX 0040-09 Wednesday, December 2, 8 a.m.-4 p.m.
- MEDX 0040-10 Wednesday, December 9, 8 a.m.-4 p.m.

Pediatric Advanced Life Support (PALS)

Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. \$97 tuition + \$13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.

- MEDX 6822-01 Wednesday, October 14, 8 a.m.-4:30 p.m. & Thursday, October 15, 8 a.m.-3:30 p.m.

Pediatric Advanced Life Support (PALS) Renewal

Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

- MEDX 6823-01 Thursday, September 17, 8 a.m.- 4 p.m.
- MEDX 6823-02 Wednesday, September 30, 8 a.m.- 4 p.m.
- MEDX 6823-03 Thursday, October 29, 8 a.m.- 4 p.m.
- MEDX 6823-04 Thursday, November 5, 8 a.m.- 4 p.m.
- MEDX 6823-05 Thursday, December 10, 8 a.m.- 4 p.m.

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at Westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

HEALTH CARE AND EMERGENCY SERVICES



Basic Life Support for Health Care Providers (BLS/HCP): Adult/Child/Infant

Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required. A course card is awarded upon successful completion. Textbook available at the College Store. \$49 tuition + \$11 material fee + required text (review of textbook prior to class is required), .475 CEUs

MEDX 1101-01 Monday, September 28, 6-10:45 p.m.

MEDX 1101-02 Saturday, October 10, 9 a.m.-1:45 p.m.

MEDX 1101-03 Monday, October 26, 6-10:45 p.m.

MEDX 1101-04 Wednesday, November 18, 6-10:45 p.m.

MEDX 1101-05 Saturday, December 12, 9 a.m.-1:45 p.m.

Basic Life Support for Health Care Providers (BLS/HCP) – Renewal

Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. Textbook available at the College Store. \$39 tuition + \$11 material fee + required text (review of textbook prior to class is required), .35 CEUs

MEDX 1106-01 Thursday, October 8, 6-9:30 p.m.

MEDX 1106-02 Wednesday, November 18, 6-9:30 p.m.

MEDX 1106-03 Thursday, December 10, 6-9:30 p.m.

Heartsaver CPR AED Adult & Child & Infant CPR

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. \$29 tuition + \$25 material fee + required text (review of textbook prior to class is required), .45 CEUs

MEDX 1014-01 Tuesday, November 17, 5:30-10 p.m.

Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. Textbook available at the College Store. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .8 CEUs

MEDX 3029-01 Saturday, October 17, 9 a.m.-5 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PUBLIC SAFETY

Municipal Police Officers' Training Academy



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

New for 2020 - Both Police Academy classes will be held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.



Features of the Westmoreland Police Academy include:

- Part-time class begins in January
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.

Go to www.westmoreland.edu/policeacademy for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or newillf@westmoreland.edu.

ACT 180 – M.P.O.E.T.C. Mandated 2020 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2020 classes, go to westmoreland.edu/act180.

If you have questions, contact Franklin Newill at 724.925.4298 or newillf@westmoreland.edu.

Firefighter



A class schedule for firefighters can be found at westmoreland.edu/classes. The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or jacksonmarc@westmoreland.edu.

COLLEGE FOR KIDS

Parental Guidelines for College for Kids

- Print a Continuing Education Emergency Contact form at westmoreland.edu/ceform, complete and bring to class (Forms also available in the classroom)
- Accompany your child to the classroom
- Provide emergency contact information
- Come to the classroom at dismissal each day
- Be prompt in dropping off and picking up your child
- Open-toed shoes, sleeveless tops, shorts & capris are not permitted in the foods lab. Children should wear non-skid shoes & bring an apron.

Everything Apple (Ages 9-13)

Children will prepare a delightful variety of apple dishes in their kitchen as the instructor prepares them in hers. Supply list will be emailed. To participate, you need a PC/laptop/tablet with Internet connection and a camera. Class size is limited to 12 students

Dianne Palmieri, \$29 tuition
FODK 0400-R96 Saturday, September 26,
10 a.m.-2 p.m.

A Handful of Quiet (Ages 6-14 Accompanied by an Adult)

A simple yet effective technique will bring many benefits of "quiet time" including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, \$8 tuition + \$5 material fee

PRDK 3058-96 Tuesday, September 22,
6:30-9 p.m.

NEW - Subtractive Drawing (Ages 7-15)

Learn how to use charcoal or graphite and erasers to create a drawing masterpiece that you can show off to your friends and family. You will need a computer/tablet with internet access. Supply list will be provided.

Registration ends September 14. Kyle Reidmiller, \$39 tuition
RTSK 7568-R96 Tuesday & Wednesday,
September 22 & 23,
6-8 p.m.

NEW - Guitar Chording for Children

This fun easy approach to playing the guitar and teaches the basic fundamentals including tuning, first position and strumming simple chords. Must have an

acoustic guitar for class. Limit 10 students.
Deborah Kazsimer, \$29 tuition
MSCK 9456-R96 4 Fridays starting
September 25, 2-3 p.m.
(Ages 6-9)
MSCK 9456-R97 4 Fridays starting
September 25,
3:10-4:10 p.m.
(Ages 10-12)

NEW - Eureka: Shipwrecked on Virtual Island (Ages 7-12)

Like to build, problem solve and create? Join us for this workshop to craft catapults and forts, build shelters, bridges, and learn about density. Overcome a series of challenges using basic materials, simple machines, tips from famous inventors and most important of all - your mind! While Thomas Edison said "invention is 10% inspiration and 90% perspiration," this program is 100% FUN! Mad Science Registration ends October 2. Mad Science, \$75 tuition

PRDK 1754-96 Monday, October 26,
5-8 p.m.

NEW - Funky Forensics (Ages 7-12)

Do you like mysteries, collecting evidence and solving puzzles? Join us for this Mad Science workshop that will lead you to understand why forensic scientists like to understand the complete picture before they make decisions. Got clues? Analyze clues and get hot on the trail of a culprit with the Crime Lab program. Mad Science, \$55 tuition

PRDK 2135-96 Wednesday,
September 30, 6-8 p.m.
(Registration ends September 22)
PRDK 2135-R96 Monday, October 19,
2-4 p.m. (Remote)
(Registration ends October 9)



Denotes REMOTE Class

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

COLLEGE FOR KIDS

Intergenerational Cooking Classes

Make memories in the kitchen. One adult per child; both must register. Bring aprons and for Saturday classes, bring a snack and drink.

NEW - All Things Pumpkin (Ages 7-14 accompanied by an adult)

Get ready for hands-on cooking fun as we prepare dishes using everyone's favorite fall ingredient-pumpkin! Delicious pumpkin muffins is one of the fun recipes we will prepare. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 6671-96 Saturday, October 17,
10 a.m.-2 p.m.

NEW - Thanksgiving Favorites (Ages 7-14 accompanied by an adult)

Prepare a Thanksgiving feast with a special child in your life. We will prepare a variety of delicious dishes that can be created at home and shared with family at your own Thanksgiving table. Dianne Palmieri, \$20 tuition + \$6 material fee

FODK 7576-96 Saturday, November 7,
10 a.m.-2 p.m.

NEW - Gingerbread House Workshop (Ages 7-14 accompanied by an adult)

Join us for this fun-filled workshop to make royal icing and to assemble and decorate a gingerbread house to celebrate the holiday season. Dianne Palmieri, \$20 tuition + \$15 material fee

FODK 2613-96 Saturday, December 5,
10 a.m.-2 p.m.

Fresh Pasta Workshop (Youth Ages 14-17 accompanied by an adult)

Chef Schmucker will introduce you to different types of pastas used throughout history and today. He will also show you the different ways to make fresh and dry pastas, which you will prepare. You will make sauce from scratch to accompany your pastas. One adult must accompany each youth. Both must register. Chef Scott Schmucker, Ed.D., CEC, CCE, \$39 tuition + \$10 material fee

FODX 6503-01 Thursday, October 8,
5:30-9 p.m.

Pirohi (Pierogies) Adult/Child

Prepare potato, cheese and sauerkraut filled pirohi with a child in your life. You will both leave with a dozen pirohi you prepared. Please bring aprons. Deborah Moore, \$29 tuition + \$10 material fee

FODK 6665-96 Wednesday, October 21,
5:30-9 p.m.

Children's Cooking 101 Series (Ages 10-14)

Attending school remotely and need a fun packed afternoon? Register for this cooking 101 series and learn how to make everything from muffins to gnocchi. Show off your new talents to your friends and family. You will prepare the food items in your own kitchen as the instructor prepares them in her kitchen. Supply lists will be emailed prior to the class. To participate, you need a PC/laptop/tablet with Internet connection and a camera. Class size is limited to 12 students. Dianne Palmieri, \$19 tuition per class

After School Apple Cake

FODK 0930-R91 Wednesday,
September 30, 1-3 p.m.

Pizza

FODK 0930-R92 Wednesday,
October 7, 1-3 p.m.

Pumpkin Muffins

FODK 0930-R93 Wednesday,
October 14, 1-3 p.m.

Ricotta Gnocchi

FODK 0930-R94 Wednesday,
October 21, 1-3 p.m.

Chocolate Cupcakes

FODK 0930-R95 Wednesday,
October 28, 1-3 p.m.

Easy & Fun Appetizers

FODK 0930-R96 Wednesday,
November 4, 1-3 p.m.

Chicken Noodle Soup

FODK 0930-R97 Wednesday,
November 11, 1-3 p.m.

Garlic Bread Sticks & Dipping Sauce

FODK 0930-R98 Wednesday,
November 18, 1-3 p.m.

Holiday Cookies

FODK 0930-R99 Wednesday,
December 2, 1-3 p.m.



Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

WINTER 2021 CLASSES

Visit Westmoreland.edu for closing and class cancellations due to weather.

Fundamentals of Guitar Playing

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends December 9. Deborah Kazsimer, \$65 tuition + \$29 material fee (includes textbook)

MSCX 2604-R21 8 Thursdays starting January 7, 6-7 p.m.

Wonders of Water Color

Have you ever wanted to explore a new creative avenue that's as simple as grabbing a cup of water and a few brushes? Handling techniques of water color paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be mailed. Registration closes one week prior to start date. Kyle Reidmiller, MFA, \$45 tuition

RTSX 9032-R21 3 Thursdays starting January 21, 6-9 p.m.

Walk Live-Five Weeks

An indoor aerobic walking program where you will engage in a 3-mile heart pumping, calorie torching walk geared for ALL fitness levels. Angie Tomer, \$35 tuition

PHSX 9038-R21 5 Thursdays starting January 21, 5:30-6:30 p.m.

Zumba-Five Weeks

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun, you won't realize you are exercising. Wear good, supportive sneakers and bring water. Missy Troxell, \$35 tuition

PHSX 9979-R21 5 Mondays starting January 25, 5:30-6:30 p.m.

Remote Cooking Classes for Children

Children will prepare the food items in their kitchen as the instructor prepares them in her kitchen. Supply lists will be emailed prior to the class. To participate, you need a PC/laptop/tablet with Internet connection and a camera. Class size is limited to 12 students.



Everybody Loves Chocolate! (Ages 10-14)

We'll prepare a variety of dishes using this delicious ingredient including chocolate chip brownies and chocolate fondue. Dianne Palmieri, \$29 tuition

FODK 0922-R96 Saturday, January 23, 10 a.m.-2 p.m.

Pizza Fun for Everyone (Ages 10-14)

Your child will enjoy hands-on cooking fun as he/she prepares a savory homemade pizza from scratch. We will also make an apple dessert pizza. Dianne Palmieri, \$29 tuition

FODK 6657-R96 Saturday, February 20, 10 a.m.-2 p.m.



Denotes REMOTE Class



REMOTE CLASSES

Classes listed as Remote will be taught using Zoom and will be live. You will be able to interact with the instructor. To participate, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the Zoom class will be sent to you via email a few days prior to the class start date.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

WINTER 2021 CLASSES

Excel 2019 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. \$59 tuition + required textbook, .6 CEUs

DAPX 1778-R21 Carol Shoemaker
Friday, January 29,
9 a.m.-3:30 p.m.



Hitting Clinic

Mike Draghi, \$40 tuition

PHSX 8012-01 Monday & Tuesday, December 28 & 29, 9-11 a.m. (Ages 9-15)

PHSX 8012-02 Saturday & Sunday, February 20 & 21, 9-11 a.m. (Ages 9-15)

Infield Clinic

Mike Draghi, \$40 tuition

PHSX 8010-01 Saturday & Sunday, February 13 & 14, 9-11 a.m. (Ages 8-12)

Pitching Clinic

Mike Draghi, \$40 tuition

PHSX 8016-01 Saturday & Sunday, January 23 & 24, 9-11 a.m. (Ages 8-12)

Textbooks will be purchased online. Instructions will be emailed to registered students.



Denotes REMOTE Class

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

REGISTRATION

Call 724.925.4204 or 1.800.262.2103, ext. 4204
Monday - Friday, 8 a.m. - 5 p.m.

Tuition

Payment may be made by check and MasterCard, VISA or Discover credit cards.

Refund Policy

All refunds are calculated from the official starting date of the course. The number of days or weeks to determine refunds is calculated by counting the actual days from the starting date of the course and not by counting the course meeting dates.

All refund checks will be mailed to students and not be held for pick up.

For courses meeting one week or less:

If you officially drop before the course starts, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

For courses two weeks through four weeks:

If you officially drop through the first three days of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

For courses five weeks through nine weeks:

If you officially drop through the first week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the first week of the course.

For courses of 10 weeks through 19 weeks:

If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the second week of the course.

For courses 20 weeks through 29 weeks:

If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the third or fourth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the fourth week of the course.

For courses 30 weeks or longer:

If you officially drop through the third week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the fourth, fifth or sixth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the sixth week of the course.

Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

You must contact the Registration Center to officially drop a course.
If you do not officially drop, you remain obligated for all tuition and fees.

COLLEGE'S OPERATING PLAN DURING COVID-19

**Please review the plan on the college's website
prior to attending class at Westmoreland.edu.**