CONTINUING EDUCATION

Spring 2021  March - May & Summer Camps

In-person, online, remote - choose the class format that works for you.

Pick the perfect camp, page 42.
Westmoreland Friends,

The Continuing Education Team at Westmoreland is excited to offer you opportunities to learn, grow and enjoy activities for Spring 2021. You can choose from any of our formats that work best for you:

• **IN-PERSON** – Classes will be held in a classroom. You will need to wear masks and practice social distancing. Please review the [Westmoreland Operating Plan](#) for details.

• **ONLINE** – Classes will have start and end dates, and you can access the class content at your leisure.

• **REMOTE** – Classes will use Zoom and be live. You will be able to interact with the instructor and fellow students during class time.

To ensure your safety and that of our faculty/instructors/staff, the following guidelines are in place for In-person classes at a college facility:

• Maintain six feet of distance, where possible

• Wear a mask (provided by the individual student)

• Wash hands with soap and water for at least 20 seconds as frequently as possible

• Use hand sanitizer or disinfectant wipes, where available

• Cover coughs or sneezes with a sleeve or elbow

• Refrain from physical contact such as hand shaking

• Enter and exit buildings through designated doorways in order to minimize crowding

• Adhere to any traffic flow markings in hallways and common areas

If you are not feeling well the day of class, please:

• Monitor yourself for symptoms of COVID and check for temperature

• Utilize the [CDC’s Self Checker](#) to assist in making medical care decisions

• Stay home

If you have attended class and then tested positive for COVID 19 or have been exposed to anyone who has tested positive for COVID 19, please:

• Do not return to class

• Contact Dr. Sydney Beeler, vice president/Enrollment Management, at vpenrollmentmanagement@westmoreland.edu for next steps, which may include getting tested for COVID or self-quarantining

• Check for symptoms and utilize the CDC’s Self Checker to assist in making medical care decisions

For more information or to check updates, please review the Westmoreland Operating Plan for COVID 19, Communicable Disease Student Procedure and the Student Protocol. Contact Sylvia Detar with questions.

Class formats are subject to change and new classes may be added. Please check the website for updates and provide your email address when registering for a class.

Thank you for considering Westmoreland County Community College. New ideas for classes are always welcome.

**STAY SAFE AND HEALTHY.**

Dr. Sydney Beeler  
Vice President/Enrollment Management

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**COLLEGE’S OPERATING PLAN DURING COVID-19**

Please review the plan on the college’s website prior to attending class at [westmoreland.edu](http://westmoreland.edu).
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**Continuing Education Units (CEUs)**

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual’s continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

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**Notice of Nondiscrimination**

Westmoreland County Community College will not discriminate in its educational programs, activities or employment practices based on race, color, national origin, sex, disability, age, religion, ancestry or any other legally protected classification. Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Inquiries should be directed to the Affirmative Action Officer (presently Sylvia Detar) at 724-925-4190 or in Room 353D, Student Achievement Center, Youngwood, PA 15697.
Lifelong learning has numerous benefits including increased confidence, wider social connections, expanded possibilities in the workplace, and healthier minds and bodies, just to name a few. Through Club Westly, you can take a class to learn for leisure, to stay relevant in the workplace, to keep your mind sharp or simply to fight boredom!

**Wines from Around the World**

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste your way through two to three different worldwide regions of the featured wine while discussing popular food pairings. Must be at least 21 to attend. Registration ends the Tuesday prior to class.

- **Pinot Noir from California, Oregon & Givry, Burgundy**
  PRDX 9037-50 Monday, March 1, 6-7 p.m.

- **Chardonnay from California, Chablis, & Macon**
  PRDX 9037-51 Monday, April 5, 6-7 p.m.

- **Merlot from Washington, Bordeaux Superieur & Napa Valley**
  PRDX 9037-52 Monday, May 3, 6-7 p.m.

**Wine: Putting the FUN in Fundamental**

Join us for this two-hour fun overview of wines, and impress your friends with your new knowledge. We will discuss how wine is made, what makes a bad wine, wine regions of the world, and the predominant grapes from each region, basic wine labeling and bottle shapes. Jill Kummer, wine educator, $25 tuition

- **PRDX 9034-R50** Monday, March 15, 6-8 p.m.
- **PRDX 9034-R51** Monday, April 19, 6-8 p.m.
- **PRDX 9034-R52** Monday, May 17, 6-8 p.m.

Denotes REMOTE Class

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Fun with Friends

Bring your friends. Make some more.
Discover new interests.

Donna Dewberry’s Technique of One Stroke Acrylic Painting
Using the Donna Dewberry’s one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11” x 14” canvas of rosebuds and wisteria you painted. No experience necessary. Supply list will be mailed. Registration ends February 26. Class limited to eight students. Gloria Casale, One Stroke certified instructor. $25 tuition + $2 material fee
RTSX 6647-50 Friday, March 5, 9 a.m.-noon

Introduction to Yoga
Join us to get a taste of what yoga is all about in this new introductory class. Dress comfortably and bring a beach towel or yoga mat for when you are taken through beginner yoga poses and breathing techniques. Hayley Dunhoff, $10 tuition
PHSX 3059-50 Friday, March 19, 9-11 a.m.

The Beatles-Discuss the Legends
Do you love the Beatles? Interested in their history from famine to fame? Join us for this one-hour class that will delve into how the Beatles made history. Discuss how the Beatles changed the world of music, as we know it, and how they have impacted you personally. Deborah Kazsimer, $10 tuition
MSCX 0125-R50 Friday, April 9, 9-11 a.m.

Heartsaver CPR AED Adult & Child & Infant CPR
Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students’ learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. $29 tuition + $25 material fee + required text (review of textbook prior to class is required), .45 CEUs
MEDX 1014-50 Friday, April 23, 9 a.m.-1:30 p.m.

Zentangle
Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and lighthearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, $12 tuition + $10 material fee
RTSX 9900-50 Friday, May 7, 9-11 a.m.

Walk Live
Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, $10 tuition
PHSX 9037-50 Friday, May 21, 9-11 a.m.

REMOTE – classes take place using Zoom and are live. You can interact with the instructor.
ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Professional Development

Expand your knowledge. Chase better career prospects. Increase your earning power.

Computers for Plus 50 using Windows 10
A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. $95 tuition + required textbook, 1.5 CEUs
DAPX 0916-50 Vicki Walker
5 Fridays starting March 19, 9 a.m.-noon (no class April 2)
DAPX 0916-30 David Good
5 Tuesdays starting March 23, 9 a.m. to noon (Westmoreland-New Kensington)
DAPX 0916-60 Vicki Walker
5 Mondays starting April 5, 9 a.m.-noon (Westmoreland-Latrobe)

Word - Advanced Features
Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer’s comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Carol Shoemaker, $59 tuition + $2 material fee + required textbook, .6 CEUs
DAPX 9204-R1 Friday, April 16, 9 a.m.-3:30 p.m.

Building a Website with WordPress
Create a website for yourself or a small business using the WordPress content management system. We’ll talk about what WordPress is and how it works. You’ll create up to five pages (home, about, services, blog and contact) and customize them with text and images. You’ll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, $69 tuition, .8 CEUs
DAPX 9240-R1 4 Tuesdays starting February 23, 6-8 p.m.

Zoom Features & Controls
Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling and behind the scenes tips and tricks. Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy, $19 tuition
DAPX 9050-R1 2 Saturdays starting March 6, 10-11 a.m.

Enroll Early! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Personal Enrichment

Gentle Yoga
An introduction into yoga techniques for those who haven’t exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Hayley Dunhoff, $45 tuition
PHSX 9485-01 8 Mondays starting March 1, 9-10 a.m.

Wonders of Water Color
Handling techniques of water color paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated with just a cup of water and a few brushes. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be mailed. Registration closes one week prior to start date. Kyle Reidmiller, MFA, $35 tuition
RTSX 9032-01 2 Thursdays starting March 18, 6-9 p.m.

Discover your Family Tree
Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, Jr., $25 tuition
HSTX 2601-R1 2 Mondays starting April 5, 6:30-9:30 p.m.

Retirement Fear Factor
Retirement can get scary. What if you were to outlive your money? What if you or your spouse needed extended care? What happens during the next recession? This course addresses the top fears retirees face and how to overcome them. Jack George, CFP®, CLTC, CMP, $19 tuition
FINX 6698-01 Thursday, May 6, 6-8 p.m.
FINX 6698-R1 Thursday, May 6, 6-8 p.m. (remote)

Cupcake Bouquets
Buttercream cupcake bouquets make a perfect, unique gift or beautiful covered dish. Impress your family and friends with this fun and simple technique. No cake decorating experience necessary. A supply list will be mailed. Registration closes one week prior to start date. Judy DeWitt, $25 tuition
FODX 1020-01 2 Thursdays starting April 8, 6-8 p.m.

Beginning Tai Chi
A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Linda Vucelich, $35 tuition
MEDX 8018-01 5 Thursdays starting March 11, 9:45-10:45 a.m. (no class April 1)

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Final Preparation Series

Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.

NEW - Funeral Pre-Planning: Where to Start
Pre-planning a funeral can bring peace for you and your family, but sometimes it’s hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time. Leah Tapper, funeral director, $10 tuition
PRDX 6752-50 Thursday, April 8, 6-8 p.m.

Estate Planning
This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, $10 tuition
FINX 1752-01 Monday, April 12, 6-7 p.m.

Basic Will Writing
Step-by-step instructions will be provided. You’ll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Attorney Mary Ann Grec, $29 tuition
LAWX 5300-01 Monday, April 26, 5:30-9:30 p.m.

NEW - Writing an Obituary
An obituary is a tribute to a person’s life. Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, funeral director, $10 tuition
PRDX 9108-50 Thursday, April 29, 6-8 p.m.

Intergenerational Classes

Make memories with a child in your life while learning something new. One adult per child; both must register. Bring aprons for the cooking classes.

A Handful of Quiet (Ages 6-14 Accompanied by an Adult)
Give your child a gift that will last a lifetime; the gift of meditation. A simple yet effective technique will bring many benefits of “quiet time” including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, $8 tuition + $5 material fee
PRDK 3058-96 Saturday, May 8, 9:30 a.m.-noon

Pizza Fun for Everyone (Ages 5-8 accompanied by an adult)
Prepare homemade pizza from scratch using a variety of fresh ingredients. Dianne Palmieri, $15 tuition + $5 material fee
FODX 6499-01 Saturday, March 6, 10 a.m.-noon

Pirohi (Pierogies) Adult/Child (Ages 10-17 accompanied by an adult)
Prepare potato, cheese and sauerkraut filled pirohi. You will both leave with a dozen pirohi you prepared. Deborah Moore, $29 tuition + $10 material fee
FODK 6665-96 Wednesday, March 24, 5-8:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
BUSINESS & PROFESSIONAL DEVELOPMENT

NEW - Creative Thinking: Tools & Techniques for Fresh Solutions
Creativity is a capacity that is innate in all people. With the correct training it can be developed and strengthened. In this three-session course, we’ll explore what creativity is and isn’t, and look at the factors that support creative thinking and our own barriers to creative thinking. You will learn how to find sources of inspiration to overcome the barriers and ready your mind for new possibilities. You’ll walk away with tried-and-tested idea generation techniques that tap into both the conscious and subconscious mind to break out of “the box” and discover fresh ideas and solutions. Dawn DePasquale, Ph.D., a presenter at international conferences on creativity, $39 tuition, .3 CEUs
JREX 0963-R1 3 Fridays starting March 12, 9:30-10:30 a.m.

NEW - Irresistible Ideas: How to Make Your Ideas Impossible to Ignore!
How many of us have had a great, even brilliant idea, a process improvement, a service/product to be provided, a better way, only to have that idea ignored? In disbelief, we wonder what went wrong or how could they possibly have NOT seen the value in this idea? Strange as it may seem, it’s possible that our excitement may have kept us from being as clear-headed and thoughtful about our approach and packaging. If we truly believe an idea warrants serious attention, we may need to do a few things to improve the odds of its acceptance. You will have an opportunity to apply strategy, work on your own “influencing” challenge and idea proposal. Dawn DePasquale, Ph.D., $25 tuition, .2 CEUs
JREX 3941-R1 Friday, April 9, 9-11 a.m.

NEW - Contact Tracer Training
Have you been thinking about making a difference during the pandemic and beyond, but not sure where to start? Become a Contact Tracer! This 45-hour remote course will provide you with the training necessary to perform the job as a Contact Tracer. Tuition $400. For more information, class dates and to register for this training, go to westmoreland.edu/contacttracing.

NEW - Equity & Inclusion
In the book Diversity Training, Wildermuth and Gray (2005) introduce the term “conversity” or the concept of focusing on commonalities leading to attitudes and behaviors that capitalize on human differences for organizational success. We will discuss commonalities between various cultures, stereotypes and what to do about them and the impact of subtle discrimination in the workplace and how to reduce it. James & Michelle Teague, $35 tuition, .4 CEUs
JREX 1746-01 Monday, April 26, 1-5 p.m.
JREX 1746-R1 Monday, April 26, 1-5 p.m. (remote)

NEW - You receive a 1099, now what?
Being in a self-employed position, such as an Uber driver, and receiving a 1099 has different tax obligations than when you receive a W-2. You are now responsible to file and pay your own taxes. This class will explain the different business taxes and how to complete Schedule C for form 1040 tax filings. The advantages of forming a Limited Liability Corporation (LLC) or S Corporation for small business owners and the process to apply for these statuses will also be discussed. James Teague, $35 tuition, .4 CEUs
JREX 0457-01 Friday, March 5, 12:30-4:30 p.m.
JREX 0457-R1 Friday, March 5, 12:30-4:30 p.m. (remote)

Denotes REMOTE Class

For more information about Business & Professional Development classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
NEW - Financial Statements for Non-Financial People
Financial management is one of the key drivers for an organization’s success; however, not every manager, supervisor or business owner has a good understanding of financial statements or financial management. Join us to learn the basics of financial statements and the analysis of the data to boost your financial proficiency.
Michelle Teague, $39 tuition, .4 CEUs
JREX 2149-01 2 Tuesdays starting March 16, 9-11:30 a.m.
JREX 2149-R1 2 Tuesdays starting March 16, 9-11:30 a.m. (remote)

NEW - Blogging & Podcasting for Beginners
Blogging and podcasting are great ways to express yourself, but maybe you’re not sure how to start. This course will teach you how to successfully plan and create your very own blog and podcast using hands-on exercises and free web tools. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Marketing with Social Media
To increase your customer base and keep your current customers engaged, it is necessary to utilize all marketing strategies available. In this introductory class, you will learn how to incorporate social media into your marketing plan. Larry Tavlarides, $65 tuition, .9 CEUs
SMBX 1350-R1 3 Thursdays starting March 11, 6-9 p.m.

The Competitive Edge
Regardless of your profession, knowing how to sell will give you a competitive advantage. You can learn the techniques to sell your ideas, products, services and skills in any situation. The competitive edge is gained by applying those skills which foster honest and open relationships based on trust, transparency, respect, and doing what we said we would do. Dominic Palmieri, $35 tuition, .3 CEUs
JREX 0942-01 Friday, March 26, 9 a.m.-noon

The Business Plan
Whether starting a business or growing the one you have, a business plan serves as a roadmap and can help secure needed funding. Evaluate the many aspects and potential hurdles of your business and build the business plan, one step at a time. Focusing on the most critical components of the business plan enables you to uncover hidden risks and assess the business from a marketing, management and financial vantage point. Mary Beth Izard, MBA, $195 tuition (includes book), 1.6 CEUs
SMBX 0448-W1 March 1-26
SMBX 0448-W2 May 3-28

Zoom Features & Controls
Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling and behind the scenes tips and tricks. Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy, $19 tuition, .2 CEUs
DAPX 9050-R1 2 Saturdays starting March 6, 10-11 a.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Delegating for New Supervisors
Delegating work develops your team members and provides time for you to concentrate on higher level work to meet company goals. You will be presented with strategies to identify what can be delegated and to whom, the process of delegation and tools to manage the process. Stacey Etherson, $25 tuition, .3 CEUs
JREX 1349-R1 Thursday, March 25, 6-9 p.m.

NEW - Negotiation: Get What You Want
Negotiation is a key skill for success in business and everyday life. Knowing strategies to clarify what you want and how to prioritize needs will ensure you get more of what’s essential. Having the skills to help others get what they want will improve relationships and increase your odds of success in the future. Work with a pro to learn how to plan, implement and win in the bargaining process. Save time, grow your business network and gain confidence when dealing with even the shrewdest of deal-makers. Invest in these skills now and reap a lifetime of rewards. Greg Marsello, $195 tuition, 1.6 CEUs
JREX 5314-W1 March 1-26
JREX 5314-W2 May 3-28

Building a Website with WordPress
Create a website for yourself or a small business using the WordPress content management system. We’ll talk about what WordPress is and how it works. You'll create up to five pages (home, about, services, blog and contact) and customize them with text and images. You’ll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, $69 tuition, $.8 CEUs
DAPX 9240-R1 4 Tuesdays starting February 23, 6-8 p.m.

CSS Fundamentals
In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, $245, 1.6 CEUs
DAPX 1225-W1 April 5-30

HTML Fundamentals
This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, $245, 1.6 CEUs
DAPX 2320-W1 March 1-26
DAPX 2320-W2 May 3-28

Introduction to SQL
Gain a solid working knowledge of the powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database and gather statistics from data stored in a database. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Introduction to Data Analysis
Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. This course will give you a basic understanding of how to analyze data in a business setting. John Rutledge, $195 tuition, 1.6 CEUs
JREX 3029-W1 April 5-30

Don’t miss out on class information & updates! Provide your email address when registering. Addresses will not be shared.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
NEW - Introduction to Power BI

Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company’s data to make informed decisions. Marion Williams, $195 tuition, 1.6 CEUs
DAPX 6676-W1 April 5-30

Excel 2019 Boot Camp

You will be introduced to the essential Excel features and create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. 30-minute lunch on your own. Richard Martz, $59 tuition + required textbook, .6 CEUs
DAPX 1778-01 Friday, March 26, 9 a.m.-3:30 p.m.

Word Boot Camp

Become familiar with the essential Word working environment, including the Word Start screen with BackStage View to manage and open your saved documents. Instruction will be provided on using the Word Interface, navigating and entering text using both the keyboard shortcuts, mouse and touch screen, personalizing tabs, ribbons and the quick access toolbar, and using file explorer to locate files stored on your computer or Flash Drive. Create new documents and learn editing techniques that you can use to change text, formats, margins, styles, and insert bullets, numbers or tabs. Save documents in PDF or Word older versions. Windows knowledge is required. Carol Shoemaker, $59 tuition + required textbook, .6 CEUs
DAPX 9226-R1 Friday, March 12, 9 a.m.-3:30 p.m.

Word - Advanced Features

Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer’s comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Carol Shoemaker, $59 tuition + $2 material fee + required text, .6 CEUs
DAPX 9204-R1 Friday, April 16, 9 a.m.-3:30 p.m.

CASINO DEALER SCHOOL

Classes are offered to teach how to deal Blackjack and other banked card games.

For more information, visit westmoreland.edu/dealerschool

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Leadership Development
John Maxwell has written many books on leadership. The following classes are based on his books. James & Michelle Teague are certified to coach, teach and speak on John Maxwell’s programs. The classes are being offered in both face-to-face and remote formats at the same time.

NEW - Sometimes You Win - Sometimes You Learn
John Maxwell believes that any setback, whether professional or personal, can be turned into a step forward when you possess the right tools to turn a loss into a gain. In his book, Maxwell using 50 years of leadership experience, provides a roadmap for winning by examining the 11 elements that constitute the DNA of learners who succeed in the face of problems, failure and losses. James & Michelle Teague, $25 tuition, .3 CEUs
JREX 7525-01 Friday, March 19, 9 a.m.-noon
JREX 7525-R1 Friday, March 19, 9 a.m.-noon (remote)

15 Invaluable Laws of Growth
According to the principles in John Maxwell’s book, 15 Invaluable Laws of Growth, to achieve full potential, a person must grow and this growth needs to be intentional. We will examine two of the laws from the book. The Law of Pain examines how growth comes from learning to manage bad situations. The Law of the Rubber Band looks at how growth can only happen when individuals are willing to step outside of their comfort zone and stretch themselves. James & Michelle Teague, $19 tuition, .25 CEUs
JREX 2531-01 Monday, March 29, 6-8:30 p.m.
JREX 2531-R1 Monday, March 29, 6-8:30 p.m. (remote)

NEW - How to Be a R.E.A.L. Success
John Maxwell writes to be a REAL success, you need to develop the ability to work with people. This includes being able to RELATE to others better as you understand relational rules; EQUIP others with the proper skill sets; improve your ATTITUDE through daily practice; and LEAD others successfully to where you have gone and beyond. Each session will focus on a different aspect (Relate, Equip, Attitude, Lead) of being a REAL success. James & Michelle Teague, $85 tuition, 1.2 CEUs
JREX 7199-01 4 Mondays starting April 5, 6-9 p.m.
JREX 7199-R1 4 Mondays starting April 5, 6-9 p.m. (remote)

Leadership Gold
What does it take to be a good leader? In his book, Leadership Gold, John Maxwell shares valuable lessons from his many years of leading. The lessons that will be examined include how to lead yourself, how to handle defining moments and criticism, ways to stop working and get in the zone. In addition, we will discuss the real responsibilities of leaders and how to become a leader people want to follow. The class will finish with a discussion on the leadership legacy you want to leave behind. James & Michelle Teague, $35 tuition, .4 CEUs
JREX 4855-01 Friday, April 9, 8 a.m.-noon
JREX 4855-R1 Friday, April 9, 8 a.m.-noon (remote)

Becoming a Person of Influence
A person’s level of influence can increase by utilizing methods to interact positively with others. Using the John Maxwell book, Becoming a Person of Influence, as the basis of the class, we will discuss what influence is and what it is not, different types of influence and methods of increasing influence in a positive manner. James & Michelle Teague, $19 tuition, .25 CEUs
JREX 6734-01 Wednesday, April 28, 6-8:30 p.m.
JREX 6734-R1 Wednesday, April 28, 6-8:30 p.m. (remote)

Everyone Communicates, Few Connect
Based on the book Everyone Communicates, Few Connect by John Maxwell, the principles of connecting with other people will be explored, and we will discuss the relationship effective communication has with leadership and influence. An assessment will be used to determine your communication style and methods for improvement. James & Michelle Teague, $35 tuition, .4 CEUs
JREX 0944-01 Friday, May 7, 8 a.m.-noon
JREX 0944-R1 Friday, May 7, 8 a.m.-noon (remote)
NEW - Certified Production Technician 4.0 (Maintenance Awareness)
Are you looking to boost your resume with industry credentials? Maintenance Awareness is one of four stackable credentials leading to the Full Certified Production Technician 4.0 certification, a nationally accredited program that certifies individuals for careers in advanced manufacturing. Pete Nalepa, $685 tuition + $205 material fee, 4 CEUs
INDX 0996-A1 10 Tuesdays starting March 23, 4-8 p.m. (Westmoreland-ATC)

Introduction to MasterCAM
This introductory course will equip you with the tools needed to begin programming CNC machines. You will create and run tool paths and test your programs while becoming familiar with the menu structure. Conversion of M codes and G codes syntax will also be discussed. Registration ends March 25. George Slezak, $410 tuition + $140 material fee (includes textbook), 2.4 CEUs
DAPX 5005-A1 8 Thursdays starting April 8, 5:30-8:30 p.m. (Westmoreland-ATC)

AutoDesk Fusion 360
Take the first steps into creating detailed 2D drawings based on 3D models. Fusion 360 is a cloud-based platform that allows users to focus on industrial design. With Fusion’s integrated high speed machining CAM functionality, you will be able to simulate movement in your creations and update the 2D drawings as changes are made. Registration ends March 9. George Slezak, $410 tuition + $45 material fee (includes textbook), 2.4 CEUs
DAPX 0114-A1 8 Tuesdays starting March 23, 5-8 p.m. (Westmoreland-ATC)
DAPX 0114-R1 8 Tuesdays starting March 23, 5-8 p.m. (remote)

AutoDesk Inventor 3D CAD Basic Skills
This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software with only your keyboard and a mouse. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Registration ends March 1. Doug Krnosky, $410 tuition + $50 material fee (includes textbook), 2.4 CEUs
DAPX 0115-A1 8 Mondays starting March 15, 5-8 p.m. (Westmoreland-ATC)

For more information about Industry classes, contact Judy DeWitt, coordinator/Workforce Development Sales, 1.800.262.2103, ext. 4090 or dewittju@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Refrigeration Transition & Recovery Certification Prep + Test
If you handle refrigerants, you need to know EPA laws and regulations, safe handling and transportation of refrigerants and recycling/reclamation. The proctored test is drawn from the EPA test bank to become EPA certified. The test consists of four sections: Environmental impact of CFC’s and regulations, Type I (small appliances), Type II (high pressure and very high pressure) and Type III (low pressure). Photo I.D. required. Joseph Myers, $75 tuition + $30 material fee, .8 CEUs
INDEX 7804-A1 Friday, May 7, 8 a.m.-4:30 p.m. (Westmoreland-ATC)

YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!
Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to $2,000 in training reimbursement per eligible employee. The beauty of this program is that it is completely employer-driven….you have the freedom to choose the training method(s) that best suit your needs.
WEDnetPA provides training reimbursement funds in several skill-building categories:
• Business Operations
• Computer Operations
• Machine Operations and Maintenance
• Manufacturing Fundamentals
• Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at workforce@westmoreland.edu.

COLLEGE’S OPERATING PLAN DURING COVID-19
Please review the plan on the college’s website prior to attending class at westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Arts & Crafts

NEW - Introduction to Digital Scrapbooking
Make the most of your scrapbooking talents to show off your photos and memorabilia. This course provides hands-on experience building scrapbook pages, using artistic journaling and producing your own artwork with Photoshop Elements. For class start dates, cost and to register, go to www.ed2go.com/wcconed

Wonders of Water Color
Handling techniques of water color paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated with just a cup of water and a few brushes. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be mailed. Registration closes one week prior to start date. Kyle Reidmiller, MFA, $35 tuition
RTSX 9032-01 2 Thursdays starting March 18, 6-9 p.m.

Figure Drawing 101
In a few sessions, learn the fundamentals of figure drawing such as recognizing lines of action, gesture drawing, and how to capture measurements and angles to better proportion your figures and increase your drawing skills. Bring sketch pad (minimum size 9 x 12) and charcoal pencils. Kyle Reidmiller, MFA, $45 tuition
RTSX 2164-01 3 Thursdays starting April 15, 6-9 p.m.

Fitness/Health

What is Reiki?
The energy balancing method called Reiki encourages the body and mind into a greater state of stability. The balancing effect on the energy field enlivens the person or animal’s instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Hear more about Reiki’s use in people and animals (Janet Jackson, animal specialist will be our guest) and experience a short Reiki session for yourself. Linda Yarbrough, $20 tuition
MEDX 7108-01 Tuesday, March 16, 6:30-9 p.m.
MEDX 7108-R1 Thursday, March 18, 6:30-9 p.m. (remote)

Qi Gong for Energy & Health
In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system’s functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, $29 tuition
MEDX 6913-01 4 Thursdays starting March 11, 11 a.m.-noon (no class April 1)
MEDX 6913-60 4 Mondays starting April 5, 12:45-1:45 p.m. (Westmoreland-Latrobe)

Beginning Tai Chi
A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Linda Vucelich, $35 tuition
MEDX 8018-01 5 Thursdays starting March 11, 9:45-10:45 a.m. (no class April 1)

COURSE IDEAS NEEDED
We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.
Stress Management Sampler
Feeling stressed? Join us in this remote series to explore different ways to manage your stress at home, on the go and in the workplace. You will learn a variety of different techniques to reduce your stress and increase your relaxation response.

Tips for Stress Resilience
What are some healthy habits that help manage stress? Learn how exercising, eating well and practicing stress management techniques affect your ability to process stress. You will practice deep breathing, chair yoga, visualization and body scanning. Tiffany Chan, $10 tuition
PHSX 7999-R1 Tuesday, April 6, 6-7:15 p.m.

Relax for Better Sleep
Ever feel terrible after a poor night’s sleep? Learn tips for healthy sleep while trying Chi Gong and other stress management techniques. Tiffany Chan, $10 tuition
PHSX 7129-R1 Tuesday, April 13, 6-7:15 p.m.

Understanding Stress & You
You will explore how stress affects your physical and emotional health. The focus will be on deep breathing, chair yoga, and progressive relaxation. Tiffany Chan, $10 tuition
PHSX 7999-R1 Tuesday, April 20, 6-7:15 p.m.

How Thoughts Contribute to Stress
Your thinking and attitude play an important role in your level of stress and stress management. While practicing meditation, discover how to relax negative thoughts and experience more happiness and peace. Tiffany Chan, $10 tuition
PHSX 7997-R1 Tuesday, April 27, 6-7:15 p.m.

Healthy Emotions
Ever at a loss on how to experience your emotions? Strategies such as practicing deep breathing, chair yoga, progressive relaxation and meditation can be used to experience your emotions in a healthy way and bring more peace and joy to your life. (This class is not a substitute for therapy or anger management) Tiffany Chan, $10 tuition
PHSX 3042-R1 Tuesday, May 4, 6-7:15 p.m.

Walk Live
Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, $55 tuition
PHSX 9039-01 8 Thursdays starting February 25, 5:30-6:30 p.m.
(no class April 1)
PHSX 9039-R1 8 Thursdays starting February 25, 5:30-6:30 p.m.
(no class April 1) (remote)

Gentle Yoga
An introduction into yoga techniques for those who haven’t exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Hayley Dunhoff, $45 tuition
PHSX 9485-01 8 Mondays starting March 1, 9-10 a.m.

Don’t miss out on class information & updates! Provide your email address when registering. Addresses will not be shared.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Hatha Yoga
Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring yoga mat to class. Saroja Chandra, $55 tuition
PHSX 9490-R2 8 Tuesdays starting March 2, 9:30-10:45 a.m.
PHSX 9490-R1 8 Thursdays starting March 4, 5:30-6:45 p.m. (no class April 1)

Yoga for Relaxation & Wellness
Yoga and meditation can reduce stress and enhance physical strength and flexibility. Whether you are new to yoga or returning to a yoga practice, join us to experience accessible yoga poses and meditation techniques. Bring yoga mat, yoga block and a small pillow or blanket to class. Tracy Tryall, $55 tuition
PHSX 9498-60 8 Mondays starting March 15, 10-11:15 a.m. (Westmoreland-Latrobe)

Zumba
A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won’t believe you are exercising! Wear good, supportive sneakers and bring water. Missy Troxell, $55 tuition
PHSX 9980-01 8 Mondays starting March 1, 5:30-6:30 p.m.
PHSX 9980-R1 8 Mondays starting March 1, 5:30-6:30 p.m. (remote)

NEW - Cuisines of the World
Chef Schmucker will introduce you to cuisines from around the world. He will lead you through the steps and proper techniques to prepare several classical dishes from each area. You will also learn about the culture and history of each type of cuisine. Register for each class separately. Chef Scott Schmucker, Ed.D., CEC, CCE, $39 tuition + $18 material fee
FODX 1019-01 Spanish Cuisine, Thursday, March 25, 5:30-9 p.m.
FODX 1019-02 German Cuisine, Thursday, April 8, 5:30-9 p.m.
FODX 1019-03 Mediterranean Appetizer Plate, Thursday, April 22, 5:30-9 p.m.

Cupcake Bouquets
Buttercream cupcake bouquets make a perfect, unique gift or beautiful covered dish. Impress your family and friends with this fun and simple technique. No cake decorating experience necessary. A supply list will be mailed. Registration closes one week prior to start date. Judy DeWitt, $25 tuition
FODX 1020-01 2 Thursdays starting April 8, 6-8 p.m.

Remote – classes take place using Zoom and are live. You can interact with the instructor.

Online – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

Enroll Early! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
OPEN TOED SHOES, SLEEVELESS TOPS, SHORTS AND CAPRIS ARE NOT PERMITTED in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.

Cooking Classes - Make it a Date Night or Friends Night Out
To follow social distancing guidelines in our training kitchens, we are limiting adult cooking class registrations to the student and someone he/she is able to share the kitchen space with. You will be in close proximity to each other throughout the class. You both must register for the class. Space is limited.

Pirohi (Pierogies) (Ages 10-17 accompanied by an adult)
Adult & Child Class: Prepare potato, cheese and sauerkraut filled pirohi with a child in your life. You will both leave with a dozen pirohi you prepared. An adult must accompany each child. Both must register. Deborah Moore, $29 tuition + $10 material fee
FODK 6665-96 Wednesday, March 24, 5-8:30 p.m.

Pizza Fun for Everyone (Ages 5-8 accompanied by an adult)
Adult & Child Class: Make memories in the kitchen as we learn to prepare homemade pizza from scratch using a variety of fresh ingredients. An adult must accompany each child. Both must register. Dianne Palmieri, $15 tuition + $5 material fee
FODX 6499-01 Saturday, March 6, 10 a.m.-noon

Cream Puffs
French pastry consisting of a light hollow pastry shell filled with a cooked vanilla custard. The same pastry can be used to make savory appetizers and French cruller donuts. You will take six cream puffs home. Bring a take home container. Deborah Moore, $29 tuition + $8 material fee
FODX 0985-01 Wednesday, April 7, 5:30-9 p.m.

Mom’s Nut Rolls
Come to class and learn how to make this traditional sweet bread pastry from scratch using yeast dough and a buttery, sweet walnut filling. You will take two nut rolls home. Deborah Moore, $29 tuition + $15 material fee
FODX 6005-01 Thursday, March 18, 5:30-9:30 p.m.

Pirohi (Pierogies)
Potato, cheese and sauerkraut filled pirohi just like grandma made. You will leave class with a dozen pirohi you prepared. Deborah Moore, $29 tuition + $10 material fee, .35 CEUs
FODX 6644-01 Thursday, March 11, 5:30-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Cookies
You will make a Russian torte (layers of walnuts and apricot between flakey pastry dough topped with a cream cheese frosting), filled cookies (soft cookie dough filled with raisins, apricot or other fruit filling), and choco-cherry cookie (fudge drop cookie with a cherry in the center, topped with fudge frosting). You will leave class with three dozen cookies. Bring a take home container. Deborah Moore, $29 tuition + $18 material fee
FODX 3093-01 Thursday, April 15, 5:30-9:30 p.m.

NEW - Lemon Meringue Pie
Many shy away from pies with meringue. It is not as difficult as you may think to make those beautiful peaks. Join us to learn how to make a light and fluffy meringue with a flakey pie crust filled with the flavor of fresh lemons. You will take home the pie you prepare from scratch. Deborah Moore, $25 tuition + $10 material fee
FODX 4915-01 Wednesday, April 21, 5:30-8:30 p.m.

Languages & Culture

Italian, Level I
In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Antonella DiFilippo-Petrucci, $139 tuition + $2 material fee + required textbook, 3.0 CEUs
LNGX 3081-01 10 Thursdays starting March 4, 11 a.m.-2 p.m.

Italian, Level II
A continuation of Level I with an emphasis on speaking, reading and writing. You will build vocabulary through conversation while learning new verb tenses and grammar. (Textbook is same as Level I). Antonella DiFilippo-Petrucci, $139 tuition + $2 material fee + required textbook, 3.0 CEUs
LNGX 3083-01 10 Thursdays starting March 4, 11 a.m.-2 p.m. (no class April 1)

Italian, Level III
Take your Italian speaking to the next level in this advanced course. New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucci, $139 tuition, 3.0 CEUs
LNGX 3085-01 10 Tuesdays starting March 2, 11 a.m.-2 p.m.

Italian, Level IV
Perfect your speaking and writing skills through weekly conversation, grammar review and reading. Completion of Italian Level III required. Antonella DiFilippo-Petrucci, $139 tuition, 3.0 CEUs
LNGX 3087-01 10 Mondays starting March 1, 6-9 p.m.

Take Your Cooking Skills to the Next Level with a Credit Class!
If you’ve enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration. To view the spring schedule, visit westmoreland.edu

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
PERSONAL ENRICHMENT

Law & Money

Selling a Home in Today’s Market
Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, $15 tuition
RESX 7500-01 Tuesday, March 9, 6-8 p.m.

Buying a Home in Today’s Market
This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, $15 tuition
RESX 0460-01 Tuesday, March 16, 6-8 p.m.

Real Estate Investments
Topics covered will include methods to selecting profitable properties, how to find great deals, financing, rehab and project management, buying and holding properties, flipping, tenant selection and management, title insurance and other tips to starting and growing your real estate business. Otis DiCerbo, $35 tuition + $2 material fee
FINX 6699-01 Thursday, May 20, 5:30-8:30 p.m.

Your Retirement Readiness Checklist
When the stakes are high some professionals, such as pilots and surgeons, rely on checklists to ensure things go according to plan. Your retirement should be no different. This course is designed to walk you through a seven-point comprehensive checklist to determine if you have your ducks in a line regarding your retirement. We will explore the essential items that should be “checked off” before you decide to retire. Jack George, CFP®, CLTC, CMP, $19 tuition
FINX 6719-01 Tuesday, March 23, 6-8 p.m.
FINX 6719-R1 Tuesday, March 23, 6-8 p.m. (remote)

Retirement Fear Factor
Retirement can get scary. What if you were to outlive your money? What if you or your spouse needed extended care? What happens during the next recession? This course addresses the top fears retirees face and how to overcome them. Jack George, CFP®, CLTC, CMP, $19 tuition
FINX 6698-01 Thursday, May 6, 6-8 p.m.
FINX 6698-R1 Thursday, May 6, 6-8 p.m. (remote)

The Truth About Annuities
Are annuities inherently good or bad? There are a lot of opinions out there regarding annuities; this course will focus on the facts. We will cover what annuities are, how they work, what they can be used for, and the general pros and cons to consider before purchasing one. Jack George, CFP®, CLTC, CMP, $19 tuition
FINX 0004-01 Tuesday, April 20, 6-8 p.m.
FINX 0004-R1 Tuesday, April 20, 6-8 p.m. (remote)

Invest in Your Debt
Learn how to pay off all debt, including mortgages, in seven to 10 years using only present income. You will learn specific mathematical techniques for rapidly paying down debt. Whether you earn $20,000 or $120,000, you will benefit from this practical, proven method. No get-rich-quick schemes—just simple math and surprising results. Bring a list of your debts, with balances and monthly payments, along with a calculator to class. Optional textbook available from the instructor for $45. Linda Banks, $29 tuition + $7 material fee
FINX 3220-01 Monday, April 5, 6-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Protect Your Assets
Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, $19 tuition
FINX 7553-01 Tuesday, April 6, 6-8 p.m.
FINX 7553-R1 Tuesday, April 6, 6-8 p.m. (remote)

Paying for Long-term Care
The average cost of nursing home care in the Commonwealth of Pennsylvania is now over $8,400 a month. What would your family do if faced with a nursing home stay? What is the difference between Personal Care, Assisted Living and Nursing Home Care? What options exist to allow loved ones to stay at home? What benefits are available to help pay for the care we need? Will I lose my house if I accept help from Medicaid? This class will discuss the answers to these questions and more. Colleen Bratkovich, Esquire, $19 tuition
FINX 4860-01 Tuesday, April 20, 6-9 p.m.

Estate Planning
This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, $10 tuition
FINX 1752-01 Monday, April 12, 6-7 p.m.

Basic Will Writing
Step-by-step instructions will be provided. You’ll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Mary Ann Grec, $29 tuition
LAWX 5300-01 Monday, April 26, 5:30-9:30 p.m.

Medicare 101
Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the APPRISE program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.
PRDX 5019-R1 Thursday, February 18, 1-3 p.m.
PRDX 5019-R2 Thursday, March 18, 3-5 p.m.
PRDX 5019-R3 Wednesday, April 7, 10 a.m.-noon
PRDX 5019-R4 Tuesday, May 18, 1-3 p.m.

For more information about Personal Enrichment classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.
**Personal Interest**

**Beginning Beekeeping**
Beekeeping is a great hobby that could also turn into a profitable business. Topics covered include: Basics of beginning beekeeping; where to obtain bees; equipment; state inspectors and regulations; and honey safety guidelines. Registration ends February 18. John Albright, $55 tuition + $12 material fee. NTRX 0080-01 4 Mondays starting March 1, 6-8:30 p.m.

**Basic Dog Obedience**
This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires a certificate from a veterinarian showing PHL w/Parvo given within the last nine months and rabies within the last two years. Bring your dog on a leash. Arlene Halloran, $65 tuition. NTRX 1360-01 8 Saturdays starting March 20, 9-10 a.m. (no class April 3) (Career Link Parking Lot)

**Advanced Dog Obedience**
This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Arlene Halloran, $65 tuition. NTRX 1351-01 8 Saturdays starting March 20, 10-11 a.m. (no class April 3) (Career Link Parking Lot)

**Navigating the Turbulence of Divorce**
Going through a divorce is never easy. Especially the legal aspects that you have to navigate. Being familiar with topics such as working through marital assets, financial information, custody procedure and litigation, alimony, attorney fees, along with the emotional costs, may make this difficult time more manageable. This class is not direct legal counsel. Mark Sorice, Esquire. $35 tuition. SMBX 8500-01 Monday, March 29, 6-8 p.m.

**Paddling 101**
Paddling 101 is for the newcomer interested in learning to canoe, kayak and stand-up paddleboard. It will cover the basics of choosing the right boat (and accessories) to meet your goals, look at what potential hazards exist on the water and how to avoid them, and identify opportunities to get on the water for a day or longer, from lakes to water trails. You will go from learning what to buy to how to use it to have the most fun possible. Bob Frye is the outdoors editor for a website and a newspaper, PA Fish-Boat Commissions certified boating instructor and has written a book about paddling in Pennsylvania. $35 tuition. PRDX 6649-R1 3 Wednesdays starting April 14, 6-8 p.m.

**Soils & Fertilizers for Home Gardens**
For good growth, crop plants need sunlight, air and water, along with a dozen or so mineral nutrients which are obtained from the soil by plant roots. Manage both the physical and chemical properties of soils for good plant growth and production. This class includes discussion of soil pH, plant nutrients from fertilizers and other sources and soil testing, along with soil structure and amendments. Eric Oesterling, retired Penn State Extension Educator, Horticulture consultant, $15 tuition. NTRX 8050-01 Monday, March 1, 6:30-8:30 p.m.
PERSONAL ENRICHMENT

Pruning Trees & Shrubs (Ornamental & Fruiting Plants)
Good pruning practices enhance the health and beauty of trees and shrubs and improve the productivity of fruiting plants. Poor pruning can quickly destroy the natural beauty of any tree or shrub. Take the mystery out of pruning and learn why, when and how to prune both ornamentals and fruit bearing plants. Eric Oesterling, retired Penn State Extension Educator, Horticulture consultant, $15 tuition
NTRX 6664-01 Monday, March 15, 6:30-8:30 p.m.

The Best Trees for Your Landscape
Trees provide us with many benefits - shade, cleaning the air we breathe and adding to the value of our properties. When selecting trees for your landscape, consider not just spring bloom but also leaf color in spring, summer and fall, interesting bark, tree structure and even fruit for winter interest. In addition to the beauty of the tree, you need to consider the site, soil, space, drainage, exposure, sunlight, etc. Dr. Zhang will present you with information that will assist you with your tree selection. Xuri Zhang, Ph.D., $15 tuition
NTRX 8024-01 Monday, March 29, 6:30-8:30 p.m.

Berries for PA Gardens
Strawberries, raspberries, blackberries, blueberries and others-nothing can beat the flavor and character of fresh homegrown berries. Most of the major berry crops are native, at least in part, to North America and so are adapted to our climate. They are easier to grow than tree fruit and more easily fit in small spaces. Course will cover preparing the site, ordering varieties, planting, pruning, pest management and harvest. Eric Oesterling, retired Penn State Extension Educator, Horticulture consultant, $15 tuition
NTRX 0090-01 Monday, April 12, 6:30-8:30 p.m.

Growing Asian Vegetables & Herbs
Would you like to try growing some different and interesting vegetables and herbs in your garden? Dr. Zhang will share some of his expertise on growing vegetables and herbs common to China, along with some information on Chinese gardens. Xuri Zhang, Ph.D., $15 tuition
NTRX 2051-01 Monday, April 19, 6:30-8:30 p.m.

The Best Shrubs for Your Landscape
Your landscaping enhances your home’s curb appeal. Shrubs with their diversity in size, flowers, shape and foliage, can turn your property into a beautiful showpiece. In addition to their beauty, shrubs can protect the soil, block street noise, add privacy and emit sweet fragrances. Dr. Zhang, will assist you in making plant selections to improve the look of your yard year-round. Xuri Zhang, Ph.D., $15 tuition
NTRX 6703-01 Monday, April 26, 6:30-8:30 p.m.

COURSE IDEAS NEEDED
We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
PERSONAL ENRICHMENT

**NEW - Monarchs, Milkweed & You!**
The Monarch butterfly population has declined about 80% in the last 20 years. Steps are being taken to help save them from further decline. Patti Schildkamp, a Monarch enthusiast who has raised many Monarchs from egg stage to maturity, will take you through the Monarch lifecycle, the critical role milkweed plays in their survival, their fall migration to Mexico, and how you can make a difference. $10 tuition
NTRX 5328-01 Tuesday, March 23, 6-8 p.m.
NTRX 5328-R1 Tuesday, March 30, 6-9 p.m. (remote)

**Heartsaver First Aid:**
**Adult/Child AED & CPR & Infant CPR**
The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. $55 tuition + $25 material fee + required text (review of textbook prior to class is required). .8 CEUs
MEDX 3029-01 Saturday, May 15, 9 a.m.-5 p.m.

**Cutting the Cord**
With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want. John Struble, $19 tuition
PRDX 1098-01 Saturday, March 20, 9 a.m.-noon

**How to Operate Your Digital Camera**
Through practical exercises and explanations, this course will show you how to use the buttons, dials and switches on your digital camera for better photographic results. Bring your digital camera and manual to class. Alan Laick, $59 tuition + optional textbook
DAPX 1478-01 3 Thursdays starting April 15, 6-9 p.m.

**Photoshop, Level 1**
With this hands-on course, you will enhance photos and artwork that will demonstrate the Photoshop basics and capabilities. Using the powerful tools of retouching, painting and drawing, you will be able to create dazzling images to make your presentations, newsletters or artwork pop. You should know how to use a computer, but no previous Photoshop experience is necessary. Alan Laick, $95 tuition + $2 material fee
DAPX 6657-01 5 Tuesdays starting March 30, 6-9 p.m.

**NEW - Pennies from Heaven**
Do pennies seem to appear in your path when you least expect them? Do you often find strange objects in unexpected places? What could these really mean to you? Are you being sent a special message? Throughout the years I have learned the meanings of many signs that just appear out of nowhere when dealing with grief after the loss of loved ones in my life. These signs and symbols have brought the instructor relief in ways she never thought possible and she would love to share her experiences with you. Linda Yarbrough, $15 tuition
PRDX 6684-01 Tuesday, April 13, 6:30-8:30 p.m.
PRDX 6684-R1 Tuesday, April 20, 6:30-8:30 p.m. (remote)

**Herbal Tea Blends**
Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, $15 tuition + $2 material fee
PHSX 3045-01 Tuesday, April 6, 7-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
PERSONAL ENRICHMENT

The Versatility of Herbs
Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, $35 tuition
NTRX 8560-01 3 Wednesdays starting April 14, 7-9 p.m.

Edible & Medicinal Plants of Pennsylvania
Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you take a two-hour walk on the Five Star Bike Trail. Please wear appropriate foot wear. Class meets in a classroom and will be held rain or shine. Lindsey Prakstì, $15 tuition + $2 material fee
MEDX 1764-01 Saturday, May 15, 10 a.m.-noon

Herbs for Health & Wellness
Growing herbs at home is a fun and money saving hobby that also happens to be good for your health. In addition to flavoring up your favorite dishes, herbs are filled with antioxidants and essential nutrients. Learn how to decide which herbs will work best for you and how to use them. Ellen Marsili, $15 tuition+ $2 material fee
NTRX 2081-01 Wednesday, March 24, 6-9 p.m.

Gratitude & Mindfulness: Building Blocks for a Peaceful Life
An attitude of gratitude combined with a five-minute mindfulness meditation practice can create a peaceful state that can change your body, mind and spirit. Join us to begin your gratitude ritual. Linda Yarbrough, $15 tuition
PRDX 2619-01 Thursday, April 15, 6:30-8:30 p.m.
PRDX 2619-R1 Thursday, April 22, 6:30-8:30 p.m. (remote)

A Handful of Quiet (Ages 6-14 Accompanied by an Adult)
Give your child a gift that will last a lifetime; the gift of meditation. A simple yet effective technique will bring many benefits of “quiet time” including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, $8 tuition + $5 material fee
PRDK 3058-96 Saturday, May 8, 9:30 a.m.-noon

NEW - Skills for Making Great Decisions
Learn how to make excellent everyday decisions from an experienced counselor and life coach. This course will help you discover how to effectively deal with a crisis, how to use your emotions as decision-making tools and how to work with others to make the most of every opportunity. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Don’t miss out on class information & updates!
Provide your email address when registering.
Addresses will not be shared.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
NEW - Why Does He Do This (Intimate Partner Violence/The Abusive Father & His Role as Parent)?

Abusive men display many behaviors that give them power and control over their partners. These men, many of whom are fathers, demonstrate various styles of parenting that negatively impact their children as well as undermine their partner’s parenting and parent/child relationship. This workshop, based on the writings of Lundy Bancroft, examines: The Types of Abusive Men, The Abusive Man as Parent; How Children Experience the Violence; and Addressing the Root Causes of Domestic Violence. Bob Brinker, Parent Education specialist (retired), $15 tuition

PRDX 9102-01 Thursday, March 25, 6-9 p.m.

Fundamentals of Guitar Playing

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends March 3. Deborah Kazsimer, $65 tuition + $27 material fee (includes textbook)

MSCX 2604-01 8 Mondays starting March 15, 6-7 p.m.
MSCX 2604-R1 8 Thursdays starting March 18, 6-7 p.m. (remote)

Fundamentals of Guitar Playing II

Lessons will include sight reading chords, bass chord accompaniment, dynamics, eighth note rests, dotted quarter notes, major scales and more! Bring acoustic guitar to class. Limit 10 students. Registration ends March 3. If you have the book, inform registration. Deborah Kazsimer, $65 tuition + $27 material fee (includes textbook)

MSCX 2606-01 8 Mondays starting March 15, 7:10-8:10 p.m.
MSCX 2606-R1 8 Thursdays starting March 18, 7:10-8:10 p.m. (remote)

Fundamentals of Guitar Playing III

This course includes sight notes higher up on the staff, melody with chord reading accompaniment, bass solos with chord accompaniment, syncopation, major & minor scales, 16th notes with syncopation and alternating bass notes. Bring guitar to class. Limit 10 students. Registration ends March 3. If you have the book, inform registration. Deborah Kazsimer, $65 tuition + $27 material fee (includes textbook)

MSCX 2607-01 8 Wednesdays starting March 17, 6-7 p.m.
MSCX 2607-R1 8 Thursdays starting March 18, 8:20-9:20 p.m. (remote)

Music Theory for Guitarists

Understanding some fundamentals of music theory and how it applies to the guitar can help take your guitar playing to the next level. Practical aspects of theory for the guitarist that will be presented include fretboard scales, chords and progressions, key signatures, modes, arpeggios, circle of fifths and more. Must have guitar playing experience. Limit 10 students. Registration ends March 3. Deborah Kazsimer, $59 tuition + $27 material fee (includes textbook)

MSCX 5315-01 8 Mondays starting March 15, 8:20-9:20 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
PERSONAL ENRICHMENT

You Pick!
Calling guitar players who want to play and sing in a group setting. The songs played will be selected by class members. Singing is not required, but encouraged. In addition to playing and singing, we will transpose songs with and without a capo. Sight reading of music is not required, but you must have experience playing chords. Bring guitar and capo to class. Limit 10 students. Deborah Kzsimer, $59 tuition
MSCX 6685-01 4 Wednesdays starting
March 17, 7:10-9:10 p.m.

The Beatles-
Discuss the Legends
Do you love the Beatles? Interested in their history from famine to fame? Join us for this one-hour, remote (via Zoom) class that will delve into how the Beatles made history. Discuss how the Beatles changed the world of music, as we know it, and how they have impacted you personally. Deborah Kzsimer, $10 tuition
MSCX 0125-R50 Friday, April 9, 9-11 a.m.

Folklore of Western Pennsylvania
We’ve all heard of various legendary events and creatures: Roswell, Shangri-la and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, Jr., $25 tuition
PRDX 2215-R1 2 Wednesdays starting
March 17, 6:30-9 p.m.

Plumbing for the Homeowner
Save on costly repairs that you can do yourself. This course will help you perform introductory plumbing repairs in your home. Evan Dickson, $95 tuition + $15 material fee
HOBX 3150-A1 4 Fridays starting
March 12, 9 a.m.-noon
(no class April 2)
(Westmoreland-ATC)

Residential Lighting & Electrical Basics
Electricity is a powerful energy source and electrical safety is the overriding theme to understanding your home’s internal wiring and the operation of your lighting and electric appliances. Learn how to diagnose and repair common electrical problems, and most importantly, know when to call a professional. Introduction to the National Electric Code is offered through hands-on activities, simple Installations and repairs. Joseph Myers, $95 tuition + $15 material fee, 1.2 CEUs
HOBX 3100-A1 4 Tuesdays starting
April 13, 5-8 p.m.
(Westmoreland-ATC)

NEW - Introduction to Fiction Writing
Designed specifically for those with little to no fiction writing experience. Learn the basic building blocks of story: character, plot and setting. Then find out the different forms of fiction writing and some of the genres you might like to explore. Whether you’ve never written a word of fiction or haven’t written since high school or college, you will complete the course with the skills you need to get started. Create a new work of fiction, or revive an old one that’s been sitting in your bottom drawer. Jacqui Lipton, $195 tuition
PRDX 2213-W1 April 5-30 (online)

Discover Your Family Tree
Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, Jr., $25 tuition
HSTX 2601-R1 2 Mondays starting
April 5, 6:30-9:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Archiving & Your Family Treasures
Do you have an assortment of old family photos, scrapbooks and other trinkets that you inherited? What should you do with all those treasures? Preserve your family's history for generations to come. You will learn how to catalogue and preserve your collections so that they can be shared with others. Bring a sampling of your treasures to the last class. Frank Kordalski, Jr., $19 tuition
HSTX 2594-01 2 Mondays starting April 19, 6:30-8:30 p.m.

Road to Revolution:
America’s Path to Independence
The years 1763-1776 were some of the most important years in our nation’s history. You will learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania’s own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation. Eric Greisinger, Ph.D., $15 tuition
HSTX 7110-R1 Thursday, March 11, 6-9 p.m. (remote)

The Splendid Little War: 1898
The Spanish-Philippine-American War lasted from April to August 1898. Famous figures, key events, long-term impacts and social connections of the conflict will be presented. Eric Greisinger, Ph.D., $15 tuition
HSTX 8999-01 Thursday, March 25, 6-9 p.m.

World War I & Society
Famous figures, key events, social connections and the impact the war had on the 20th and 21st centuries will be presented. Eric Greisinger, Ph.D., $15 tuition
HSTX 9059-01 Thursday, April 8, 6-9 p.m.

Special Topics of World War II
Dr. Greisinger, who has written five books on World War II, will present rarely discussed topics of the war. $15 tuition
HSTX 9062-R1 Thursday, April 22, 6-9 p.m. (remote)

UFOs 101
The subject of UFOs and aliens have fascinated people for a long time. Government and private organizations have collected a lot of data on UFOs and UFO activities in the last 70 years. We will identify that information and examine various topics to get a better perspective on the UFO and alien question. We will also examine UFO cases in Pennsylvania and Westmoreland County. Fred Saluga, West Virginia state director and PA assistant state director, MUFON, $39 tuition
PRDX 8351-01 4 Wednesdays starting April 7, 6-8 p.m.

NEW - Bigfoot
Cryptozoology, the search for and study of animals whose existence or survival is disputed or unsubstantiated, has fascinated people for a long time. Join us for a presentation and discussion on Bigfoot and paranormal Bigfoot. Fred Saluga, West Virginia state director and PA assistant state director, MUFON, $15 tuition
PRDX 0360-01 Wednesday, May 5, 6-8 p.m.
PERSONAL ENRICHMENT

Handguns - Home Safety & Personal Protection
Applicable “use of force” issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, $125 tuition + $10 material fee, 1.6 CEUs
LAWX 2050-01 Tuesday & Thursday, March 9 & 11, 6-10 p.m. (Youngwood) and Saturday, March 13, 8 a.m.-5 p.m. (Public Safety Training Center)

Basic Handgun Familiarization for Women
Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instructions to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner’s manual. (No firearms please.) One-hour lunch on your own. Donald Hess, $42 tuition + $2 material fee, .4 CEUs
LAWX 2049-01 Thursday, February 25, 6-10 p.m.

Advanced Handguns - Home Safety & Personal Protection
Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland’s firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, $64 tuition + $10 material fee, .8 CEUs
LAWX 2051-78 Saturday, March 6, 4-10 p.m. (Public Safety Training Center)

Advanced Handguns II
Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns (LAWX 2051). Donald Hess, $65 tuition + $10 material fee, .8 CEUs
LAWX 2053-78 Saturday, April 10, 8 a.m.-5 p.m. (Public Safety Training Center)

Dim Light/Darkness Shooting-Advanced Handgun Level 2
Master the challenges of dim light shooting that adds a whole new dimension to firearms handling. Most crimes involving firearms occur in the evening hours or later, when darkness provides easy cover to criminals. Skills learned will increase marksmanship and decision making as it relates to survival and use of deadly force. Have the edge when it comes to target acquisition and skills when it counts the most and know your rights. Prerequisite: Advanced Handguns-Home Safety & Personal Protection. Donald Hess, $75 tuition + $2 material fee, .6 CEUs
LAWX 2052-79 Saturday, March 6, 4-10 p.m. (Public Safety Training Center)

For more information about handgun classes, contact Frank Newill, director/Police Academy and Law Enforcement Education, at 1-800-262-2103, ext. 4298 or newillf@westmoreland.edu

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Computers

All computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.

Introduction to MasterCAM
This introductory course will equip you with the tools needed to begin programming CNC machines. You will create and run tool paths and test your programs while becoming familiar with the menu structure. Conversion of M codes and G codes syntax will also be discussed. Registration ends March 25. George Slezak, $410 tuition + $140 material fee (includes textbook), 2.4 CEUs
DAPX 5005-A1 8 Thursdays starting April 8, 5:30-8:30 p.m. (Westmoreland-ATC)

AutoDesk Fusion 360
Take the first steps into creating detailed 2D drawings based on 3D models. Fusion 360 is a cloud-based platform that allows users to focus on industrial design. With Fusion’s integrated high speed machining CAM functionality, you will be able to simulate movement in your creations and update the 2D drawings as changes are made. Registration ends March 9. George Slezak, $410 tuition + $45 material fee, 2.4 CEUs
DAPX 0114-A1 8 Tuesdays starting March 23, 5-8 p.m. (Westmoreland-ATC)
DAPX 0114-R1 8 Tuesdays starting March 23, 5-8 p.m. (remote)

AutoDesk Inventor
3D CAD Basic Skills
This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software with only your keyboard and a mouse. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Registration ends March 1. Doug Krnosky, $410 tuition + $50 material fee (includes textbook), 2.4 CEUs
DAPX 0115-A1 8 Mondays, starting March 15, 5-8 p.m. (Westmoreland-ATC)

Introduction to Game Design
Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Take the first step into understanding game design, and how it can be applied in your field. Moses Wolfenstein, Ph.D., $245 tuition, 1.6 CEUs
DAPX 3058-W1 April 5-30 (online)

Computers for Plus 50 using Windows 10
A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. $95 tuition + required textbook, 1.5 CEUs
DAPX 0916-50 Vicki Walker 5 Fridays starting March 19, 9 a.m.-noon (no class April 2)
DAPX 0916-30 David Good 5 Tuesdays starting March 23, 9 a.m.-noon (Westmoreland-New Kensington)
DAPX 0916-60 Vicki Walker 5 Mondays starting April 5, 9 a.m.-noon (Westmoreland-Latrobe)

Computer Basics Using Windows 10
Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring flash drive to second class. Richard Martz, $95 tuition + required textbook, 1.5 CEUs
DAPX 1041-01 5 Thursdays starting April 8, 6-9 p.m.

Enroll Early! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
COMPUTERS

Windows 10
This hands-on course will show you how to navigate the Windows 10 interface; use the Windows apps and desktop applications to complete day-to-day tasks; install new apps and multitask with multiple programs; work with files and folders by using File Explorer and OneDrive; use Cortana as your virtual personal assistant and Edge for web browsing; customize the Windows 10 environment and use the security features. Previous exposure to personal computers and the Internet is needed. Bring flash drive to class. Vicki Walker, $89 tuition + required textbook, 1.2 CEUs
DAPX 9116-01 4 Tuesdays starting March 2, 6-9 p.m.

Introduction to the iPad
Designed for you to get the most out of your new iPad, topics will include: hardware; connectivity; apps; productivity; media; syncing and backup; and printing. Your iPad will soon become your trusty companion. Bring your iPad to class as this is a practical, hands-on course where you will participate in exercises for every topic and all points covered. Must have iPad Air or newer version. Alan Laick, $49 tuition, .6 CEUs
DAPX 3075-01 2 Thursdays starting March 18, 6-9 p.m.

Excel 2019, Level 1
You will be introduced to the essential Excel features and create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. Richard Martz, $79 tuition + required textbook, 1.2 CEUs
DAPX 1783-01 4 Tuesdays starting March 30, 6-9 p.m.

Excel 2019 Boot Camp
You will be introduced to the essential Excel features and create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. (Bring flash drive to class. 30-minute lunch on your own.) Richard Martz, $59 tuition + required textbook, .6 CEUs
DAPX 1778-01 Friday, March 26, 9 a.m.-3:30 p.m.

NEW - Introduction to Power BI
Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company’s data to make informed decisions. Marion Williams, $195 tuition, 1.6 CEUs
DAPX 6676-W1 April 5-30

Word Boot Camp
Become familiar with the essential Word working environment, including the Word Start screen with BackStage View to manage and open your saved documents. Instruction will be provided on using the Word Interface, navigating and entering text using both the keyboard shortcuts, mouse and touch screen, personalizing tabs, ribbons and the quick access toolbar, and using file explorer to locate files stored on your computer or Flash Drive. Create new documents and learn editing techniques that you can use to change text, formats, margins, styles, and insert bullets, numbers or tabs. Save documents in PDF or Word older versions. Windows knowledge is required. Carol Shoemaker, $59 tuition + required textbook, .6 CEUs
DAPX 9226-R1 Friday, March 12, 9 a.m.-3:30 p.m.

Textbooks will be purchased online. Instructions will be emailed to registered students.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Word - Advanced Features
Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments, and combine or compare separate reviewer’s comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Carol Shoemaker, $59 tuition + $2 material fee + required textbook, .6 CEUs
DAPX 9204-R1 Friday, April 16, 9 a.m.-3:30 p.m.

Building a Website with WordPress
Create a website for yourself or a small business using the WordPress content management system. We’ll talk about what WordPress is and how it works. You’ll create up to 5 pages (home, about, services, blog and contact) and customize them with text and images. You’ll also learn to secure and back up your website and how to update it regularly. You will have access to a WordPress site during class at no cost. If you would like to keep the site after the class ends, you will need to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, $69 tuition, .8 CEUs
DAPX 9240-R1 4 Tuesdays starting February 23, 6-8 p.m.

Zoom Features & Controls
Most everyone has been on Zoom calls, but do we really know how it works and how to use it effectively? Join us for this two-class series to explore Zoom settings, scheduling, and behind the scenes tips and tricks. Functionality that you manage as a host will also be presented, such as security, audio, video, chat, sharing, etc. This is a remote class through Zoom and you will need a computer/tablet with Internet access. Grace Sandy, $19 tuition
DAPX 9050-R1 2 Saturdays starting March 6, 10-11 a.m.

QuickBooks
Manage the financial aspects of your small business quickly and efficiently with this powerful accounting software program. QuickBooks is designed especially for the small to mid-sized business owners to create and print invoices, track payables and receivables, and more. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Introduction to SQL
Gain a solid working knowledge of the powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database and gather statistics from data stored in a database. For class start dates, costs and to register, go to www.ed2go.com/wcconed.

Introduction to Coding
You will be introduced to the basics of computer programming and various programming languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. You will learn the basics of HTML, CSS, and Java Script, as well as the practical uses for each. James Kritzer, Ph.D., $195 tuition, 1.6 CEUs
DAPX 3054-W1 April 5-30

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
CSS Fundamentals
In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, $245 tuition, 1.6 CEUs
DAPX 1225-W1 April 5-30

HTML Fundamentals
This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, $245 tuition, 1.6 CEUs
DAPX 2320-W1 March 1-26
DAPX 2320-W2 May 3-28

ONLINE LEARNING
the solution for today’s busy adult
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Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.

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www.ed2go.com/wcconed

No credit or CEUs are awarded for Ed2go classes.
HEALTH CARE AND EMERGENCY SERVICES

Nurse Aide
Visit westmoreland.edu/nurseaide for class information.

Emergency Medical Technician
For class information, visit westmoreland.edu/emt

NEW - Contact Tracer Training
Have you been thinking about making a difference during the pandemic and beyond, but not sure where to start? Become a Contact Tracer! This 45-hour remote course will provide you with the training necessary to perform the job as a Contact Tracer. Tuition $400. For more information, class dates and to register for this training, go to westmoreland.edu/contacttracer

American Heart Association (AHA) Courses
The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbook prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Textbooks available at the College Store.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) Full Course and Renewal
1. Complete the Precourse Preparation Checklist and review the course agenda found in the Provider Manual and bring with you to class. (ACLS and PALS)
2. Review and understand information in the Provider Manual. Pay attention to the cases in Part 5. (ACLS)
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. A current Basic Life Support for Health Care Providers CPR card must be presented for admittance to class. (ACLS and PALS)
5. Complete Precourse Self-Assessment. Access found inside provider manual, bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
6. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
7. A current ACLS or PALS completion card is required for admittance in a renewal class. (ACLS and PALS)

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Advanced Cardiac Life Support (ACLS)
Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. $97 tuition + $13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.
   - MEDX 0085-01 Monday, March 22, 8 a.m.-4:30 p.m., & Tuesday, March 23, 8 a.m.-1 p.m.
   - MEDX 0085-N1 Monday, April 5, 8 a.m.-4:30 p.m., & Tuesday, April 6, 8 a.m.-1 p.m.

Advanced Cardiac Life Support (ACLS) Renewal
Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See precourse requirements for more information. $61 tuition + $13 material fee + required text .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.
   - MEDX 0040-01 Wednesday, March 3, 8 a.m.-4 p.m.
   - MEDX 0040-02 Thursday, March 25, 8 a.m.-4 p.m.
   - MEDX 0040-03 Monday, April 12, 8 a.m.-4 p.m.
   - MEDX 0040-04 Wednesday, April 21, 8 a.m.-4 p.m.
   - MEDX 0040-05 Wednesday, May 19, 8 a.m.-4 p.m.

Pediatric Advanced Life Support (PALS)
Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. $97 tuition + $13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.
   - MEDX 6822-01 Thursday, April 29, 8 a.m.-4:30 p.m. & Friday, April 30, 8 a.m.-3:30 p.m.

Pediatric Advanced Life Support (PALS) Renewal
Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. $61 tuition + $13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.
   - MEDX 6823-01 Wednesday, March 10, 8 a.m.-4 p.m.
   - MEDX 6823-02 Wednesday, April 28, 8 a.m.- 4 p.m.

Textbooks available at the American Heart Association website
The link for ACLS is [https://shopcpr.heart.org/acls-provider-manual](https://shopcpr.heart.org/acls-provider-manual)
The link for PALS is [https://shopcpr.heart.org/pals-provider-manual](https://shopcpr.heart.org/pals-provider-manual)
The link for BLS is [https://shopcpr.heart.org/bls-provider-manual](https://shopcpr.heart.org/bls-provider-manual)
The link for Heartsaver CPR/AED is [https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook](https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook)
HEALTH CARE AND EMERGENCY SERVICES

ACLS Instructor Course
Upon completion of this course, instructor candidates will have the knowledge and skills to teach the ACLS provider course. The course educates instructor candidates on how to use AHA instructor materials, ensure that students meet learning objectives, offer student coaching skills, provide an objective skills performance evaluation, and follow AHA instructor and course policies. Prior to taking this course the candidate must have a current ACLS provider card and successfully complete the ACLS Instructor Essentials online course which can be accessed at www.onlineaha.org. You must bring the ACLS Instructor Essentials certificate and your ACLS provider card to class. An Instructor Candidate Application needs to be on file with the Training Center (TC) of your choice. A current BLS Instructor card is recommended. Registration ends January 30. Walt Lipinsk, $99 tuition + $10 material fee
MEDX 0086-01 Saturday, February 6, 8 a.m.-5:30 p.m.

Basic Life Support for Health Care Providers (BLS/HCP) Instructor Course
This course is aimed at experienced persons who have completed the BLS for Healthcare Providers, have completed the BLS Essentials course, and who wish to teach the BLS courses. Discover how to effectively present lecture materials, monitor and coach students, demonstrate accurate CPR skills for adult, child and infant patients, demonstrate manikin maintenance techniques, evaluate written and skills performance, maintain accurate records, and work with a Training Center (TC). You must affiliate with a TC of your choice, be 16 years old, have a current BLS for Healthcare Provider CPR card and purchase an instructor manual. Written testing, hands-on performance and practice lecture required. CPR instructor card is valid for two years. Instructors must teach four classes within two years to remain certified. Prerequisites: Successful completion of the BLS Essentials course, which can be accessed at www.onlineaha.org. You must bring a copy of your certificate of completion of the BLS Essentials course and current BLS for Healthcare Providers card to class. Registration ends March 3. Tiffany Simmons, $99 tuition + $10 material fee + required textbook, .8 CEUs
MEDX 1140-01 Saturday, March 13, 8 a.m.-4:30 p.m.

Basic Life Support for Health Care Providers (BLS/HCP): Adult/Child/Infant
Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required. A course card is awarded upon successful completion. $49 tuition + $11 material fee + required text (review of textbook prior to class is required), .475 CEUs
MEDX 1101-01 Thursday, February 11, 6-10:45 p.m.
MEDX 1101-02 Monday, March 22, 6-10:45 p.m.
MEDX 1101-03 Tuesday, April 6, 6-10:45 p.m.
MEDX 1101-N1 Tuesday, April 13, 4-8:45 p.m. (Westmoreland-Indiana)
MEDX 1101-04 Tuesday, May 4, 6-10:45 p.m.
MEDX 1101-05 Saturday, May 22, 9 a.m.-1:45 p.m.

For more information about classes for Health Care Professionals, contact Brittany Shinsky, coordinator/Continuing Education, at 1.800.262.2103, ext. 4082 or shinskyb@westmoreland.edu.

COLLEGE’S OPERATING PLAN DURING COVID-19
Please review the plan on the college’s website prior to attending class at westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Basic Life Support for Health Care Providers (BLS/HCP) – Renewal
Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. $39 tuition + $11 material fee + required text (review of textbook prior to class is required), .35 CEUs
MEDX 1106-01 Thursday, February 18, 6-9:30 p.m.
MEDX 1106-02 Monday, March 8, 6-9:30 p.m.
MEDX 1106-03 Saturday, April 10, 9 a.m.-12:30 p.m.
MEDX 1106-04 Tuesday, May 18, 6-9:30 p.m.

Heartsaver CPR AED Adult & Child & Infant CPR
Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students’ learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. $29 tuition + $25 material fee + required text (review of textbook prior to class is required), .45 CEUs
MEDX 1014-01 Tuesday, April 20, 5:30-10 p.m.

Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR
The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. $55 tuition + $25 material fee + required text (review of textbook prior to class is required), .725 CEUs
MEDX 3029-01 Saturday, May 15, 9 a.m.-5 p.m.
Municipal Police Officers’ Training Academy

Established in 1979, Westmoreland’s Municipal Police Officers’ Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:
• Part-time class begins in February
• Full-time class begins in late spring/early summer
• 15 transferrable college credits can be applied toward Westmoreland’s Criminal Justice Program, which can then be transferred to a four-year university.

Go to www.westmoreland.edu/policeacademy for further information regarding Westmoreland’s Municipal Police Officers’ Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or newillf@westmoreland.edu.

ACT 180 – M.P.O.E.T.C. Mandated 2021 Municipal Police Officers’ In-Service Classes

For complete descriptions and schedule of 2021 classes, go to westmoreland.edu/act180.

If you have questions, contact Franklin Newill at 724.925.4298 or newillf@westmoreland.edu.

Firefighter

A class schedule for firefighters can be found at westmoreland.edu/classes. The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or jacksonmarc@westmoreland.edu.
A Handful of Quiet
(Ages 6-14 Accompanied by an Adult)
Give your child a gift that will last a lifetime; the gift of meditation. A simple yet effective technique will bring many benefits of “quiet time” including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, $8 tuition + $5 material fee
PRDK 3058-96 Saturday, May 8, 9:30 a.m.-noon

Guitar Chording for Children
This is a fun, easy approach to playing the guitar that teaches the basic fundamentals including tuning, first position and strumming simple chords. Must have an acoustic guitar. Limit 10 students. Registration ends March 3. No class April 3. Deborah Kazsimer, $29 tuition + $18 material fee ($21 material fee for section 96)
MSCK 9456-R96 4 Saturdays starting March 20, 10-11 a.m. (Ages 6-9)
MSCK 9456-R97 4 Saturdays starting March 20, 11:10 a.m. – 12:10 p.m. (Ages 10-12)
MSCK 9456-R98 4 Saturdays starting March 20, 12:30-1:30 p.m. (Ages 13-15)

NEW - Eureka: Shipwrecked on Virtual Island (Ages 7-12)
Like to build, problem solve and create? Join us for this workshop to craft catapults and forts, build shelters, bridges, and learn about density. Overcome a series of challenges using basic materials, simple machines, tips from famous inventors and most important of all - your mind! While Thomas Edison said “invention is 10% inspiration and 90% perspiration,” this program is 100% FUN! Registration ends May 18. Mad Science, $75 tuition
PRDK 1754-96 Wednesday, May 26, 5-8 p.m.

NEW - Brixology: Civil Engineering
Ever wonder how to build big strong bridges? How do they stay up? Learn how Civil Engineers build and test different bridge designs using LEGO® bricks. You will design, build and test your own Mad Science Truss Bridge for strength and stability. Will your bridge stand the test and make it home with you? Registration ends April 6. Tuition $55
PRDK 0466-96 Wednesday, April 14, 6-8 p.m.
Intergenerational Cooking Classes
Make memories in the kitchen. One adult per child; both must register. Bring aprons and for Saturday classes, bring a snack and drink.

**Pizza Fun for Everyone** *(Ages 5-8 accompanied by an adult)*
Prepare homemade pizza from scratch using a variety of fresh ingredients. Dianne Palmieri, $15 tuition + $5 material fee
FODX 6499-01 Saturday, March 6, 10 a.m.-noon

**Pirohi (Pierogies) Adult/Child**
Prepare potato, cheese and sauerkraut filled pirohi. You will both leave with a dozen pirohi you prepared. Deborah Moore, $29 tuition + $10 material fee
FODK 6665-96 Wednesday, March 24, 5-8:30 p.m.

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**Instructor-Led ONLINE Youth Courses**
Westmoreland County Community College

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.

- **Drawing for the Absolute Beginner**
  Gain a solid foundation in drawing and become the artist you’ve always dreamed you could be!

- **Introduction to Microsoft Word**
  Learn how to create and modify documents with the world’s most popular word processor.

- **Introduction to Microsoft PowerPoint**
  Build impressive slide presentations filled with text, images, video, audio, charts, and more.

- **Introduction to Microsoft Publisher**
  Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.

- **Creating Web Pages**
  Learn the basics of HTML so you can design, create, and post your very own site on the Web.

- **Blogging and Podcasting for Beginners**
  Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.

- **Introduction to Photoshop**
  Learn how to use Photoshop, the world’s best graphics program, to edit and process photos and create original images.

- **Photoshop Elements for the Digital Photographer**
  Master the secrets of correcting digital photos, and bring out the best in all your photographs!

- **Secrets of Better Photography**
  Discover strategies and tricks for taking excellent pictures no matter what or where you’re shooting.

- **Discover Digital Photography**
  Explore the fascinating world of digital photography equipment.

- **SAT/ACT Preparation**
  Get your best possible score on the verbal and reasoning sections of the new SAT exam.

- **Introduction to Algebra**
  Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

- **Introduction to Microsoft Publisher**
  Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.

- **Creating Web Pages**
  Learn the basics of HTML so you can design, create, and post your very own site on the Web.

- **Blogging and Podcasting for Beginners**
  Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.

Learn from the comfort of home!

- 24-Hour Access
- Discussion Areas
- 6 Week Format
- Expert Instructor

Prices start as low as: **$115**

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

www.ed2go/wcconed

Visit our website for start dates
SUMMER CAMPS

In addition to the camps listed on the following pages, a variety of new camps are being developed for summer 2021.

Please visit westmoreland.edu/camps regularly for updates and new camp opportunities.

Career Education & Exploration Camps
7th – 12th Graders

Explore careers through hands-on activities and demonstrations. The camps are held in college classrooms and labs. It’s your opportunity to experience college life and a potential career while learning new skills and having fun!

Camp the Week of June 7

Biology Exploration & Experimentation (Ages 11-16)

College professors will guide you through experiments in biology labs focusing on DNA, genetics, and heredity, such as DNA extraction, pedigree analysis, cancer and disease analysis. Bring morning and afternoon snack, along with bag lunch and drink. Shelley Berg, MS, Susanne Kalup, MAT, Autumn Maloy, MS, Rick Oliver, MS, $35 tuition + $10 material fee

SCHX 0515-01 Friday, June 11, 9 a.m.-3:30 p.m.

For more information, contact Sylvia Detar, director/Continuing Education at detars@westmoreland.edu or 724.925.4190.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
SUMMER CAMPS

Camps the Week of June 14

**Design a Dream Home (Grades 7-12)**
Design your dream home using Autodesk REVIT, a Computer Aided Drafting and Design (CADD) software. You will begin with simple sketches that will be developed into a three-dimensional model that will include furniture, appliances, bathroom fixtures and outside landscaping. The completed model can be converted to working drawings for construction. You will take home a 3D picture of your creation.

Wear long pants and closed-toed shoes. The camp will be held at the college’s Advanced Technology Center in Mt. Pleasant. Douglas Gengler, $85 tuition + $15 material fee

SCHX 1352-A1 Monday through Friday, June 14-18, 8:30 a.m.-12:30 p.m. (Westmoreland-ATC)

**Amazing Pictures (Grades 7-12)**
Are you ready to take control of your camera and kick your photography skills up a notch? Then this camp is for you. Gain an understanding of how your camera operates, how to use its functions, and the importance of composition, lighting and posing concepts, along with how to use the exposure triangle to create the perfect image. You will also be introduced to post-processing in Adobe Lightroom and Photoshop. Homework each day will be printing your photos. Bring any camera (DLSR preferred) and memory card. Jillian Kon, $35 tuition + $10 material fee

SCHX 6105-01 Tuesday & Wednesday, June 15 & 16, 9 a.m.-noon

**NEW - Social Work Careers**
Being a social worker is a career dedicated to helping others. In the field of social work, there are many career paths and work setting options, such as non-profit agencies, hospitals, nursing homes, mental health clinics, schools or businesses. Join us to explore your options and hear from workers in the field about job duties and educational requirements, along with their personal experiences. Erica Maloney, MSW, LSW, $15 tuition + $7 material fee

SCHX 7901-01 Tuesday, June 15, 9 a.m.-noon

**No Fork or Spoon Needed (Grades 7-12)**
Cooking can be fun and exciting. Join us to make some of your favorite finger foods from a professional chef. Each day you will explore different types of foods, none of which need to be eaten with a plate, fork, spoon, or knife. Just grab it and eat it. You will be preparing foods such as Breaded Chicken Fingers with Tangy BBQ Sauce, Strawberries and Pretzel Sticks Dipped in Chocolate Sauce, Sugary Pie Dough Cinnamon Twists, Individual Pan Pizzas, Grilled 4-Cheese Melt Fingers with Tomato Soup Dip, and many more. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-slip shoes and bring an apron. Chef Scott Schmucker, Ed.D., CEC, CCE, $45 tuition + $58 material fee

SCHX 5730-01 Tuesday, Wednesday & Thursday, June 15-17,

**NEW - It’s Play Time!**
For this play time, you need only bring your creative talents. For three days, we will work on the craft of playwriting— from developing plot and characters, to staging, to set design, to finally an informal performance of our masterpieces. We will divide our time between basic lessons in theatre and then hands-on group work as we compose ten-minute plays for presentation. It is a fast and fun introduction into writing for the stage. Brian Hays, $45 tuition + $7 material fee

SCHX 6104-01 Tuesday, Wednesday & Thursday, June 15-17, 1-4 p.m.

To register, go to westmoreland.edu/camps or call 724.925.4204.
Solar Dragster Construction (Grades 7-12)
Construct a solar dragster and watch it move as the solar cells turn light energy into electrical energy. You will assemble, wire, solder and test your solar dragster. The assembly pack includes a motor, 200mA solar cells, wheels, axles, axle holders, washers, gear set and a wooden base. A friendly race will be held on the final day. All materials will be provided. You will keep your dragster. Wear long pants and closed-toed shoes. The camp will be held at the college’s Advanced Technology Center in Mt. Pleasant. Frank Lombardo, $85 tuition + $20 material fee
SCHX 7815-A1 Monday through Friday, June 21-25, 8:30 a.m.-12:30 p.m. (Westmoreland-ATC)

Summer Baking Sensations (Grades 7-12)
Join us as we learn to bake all your summer fun treats! Favorites such as homemade ice cream and popsicles will be included, as well as fresh fruit “pizzas” and berry parfaits. We’ll also make delicious pink lemonade and s’mores cupcakes to celebrate the summer in style. These baked goodies and more await! Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-skid shoes and bring an apron. Chef Heidi Pearce-Smith, CWPC, $45 tuition + $43 material fee
SCHX 0255-01 Tuesday, Wednesday & Thursday, June 22-24, 9 a.m.-noon

NEW - Careers in the Trades
If you want a career performing hands-on work and want to make a good salary, the trades may be for you. Explore careers in the trades offered at Westmoreland’s Advanced Technology Center. Each day will focus on a different career. You will learn about the job duties and educational requirements for plumbing, HVAC, welding and machining. Wear long pants and closed-toed shoes. The camp will be held at the college’s Advanced Technology Center in Mt. Pleasant. Evan Dickson, George Lang, Joseph Myers, $65 tuition + $7 material fee
SCHX 0852-A1 Monday through Thursday, June 21-24, 9 a.m.-noon (Westmoreland-ATC)

REMOTE – classes take place using Zoom and are live. You can interact with the instructor.

ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
The World of Harry Potter (Grades 7-12)
Read the Harry Potter series and looking for more? Come explore the world of Harry Potter in a week-long camp. In this course, we will not only watch select Potter films, but also study its fantastic beasts, magical locations, and wizarding world politics. If you are seeking a group to truly talk Potter with, look no further! Samantha Vertosick, $45 tuition + $8 material fee
SCHX 8999-01 Tuesday, Wednesday & Thursday, June 22-24, 9 a.m.-noon

Take the Terror out of Talking (Grades 7-12)
The fear of public speaking is very common. You can reduce the fear and become more comfortable talking in groups and giving presentations by learning some fundamentals of public speaking. The camp will focus on delivery skills that, with practice, will provide you with the ability to communicate in groups with confidence. Good communication skills are critical for success. Registration ends June 8. Paulette Harvey, Distinguished Toastmaster, $45 tuition + $13 material fee
SCHX 7699-01 Tuesday, Wednesday & Thursday, June 22-24, 1-4 p.m.

Metal Fabrication Design (Grades 7-12)
Become familiar with the operation of a plasma torch, water-jet machine, grinder, sandblaster and a TIG welder, and be exposed to metal fabrication techniques. You will be fabricating several objects. One object will be a small model car constructed of steel or aluminum. With supervision, you will have the opportunity to TIG weld the pieces of the car together. You may elect to polish or paint the car. You will keep the objects you fabricate. All materials will be provided. Wear long pants and closed-toed shoes. The camp will be held at the college’s Advanced Technology Center in Mt. Pleasant. George Lang, $85 tuition + $19 material fee
SCHX 5561-A1 Monday through Friday, June 28-July 2, 8:30 a.m.-12:30 p.m.
(Westmoreland-ATC)

Spanish Language & Culture (Grades 7-12)
You will be introduced to conversational Spanish while learning about the culture in South America with an emphasis on Peru. Grammar and pronunciation will be practiced through activities, games and conversation. The similarities and differences between North and South America in the areas of dress, music, food and entertainment will be discussed. The use of TV commercials, short videos and movies, including internet source material, in Spanish will be used as reference. It is recommended you have some experience with the Spanish language. The instructor was born and raised in Peru. Isabel Valenzuela, $45 tuition + $10 material fee
SCHX 7904-01 Tuesday, Wednesday & Thursday, June 29-July 1, 9 a.m.-noon

To register, go to westmoreland.edu/camps or call 724.925.4204.
**SUMMER SPORTS CAMPS**

Baseball Camp (Ages 7-12)
Camp will focus on the proper throwing, catching and hitting techniques, along with basic running skills. Bring glove, hat, bat, water bottle and snack. Sunscreen is recommended. Campers will receive a t-shirt. Mike Draghi, $95 tuition + $8 material fee
PHSX 0482-01 Monday through Friday, June 21-25, 8:30 a.m.-12:30 p.m.

Girls Basketball Camp (Ages 8-14)
Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack. Campers will receive a t-shirt. James Brymn, $95 tuition + $8 material fee
PHSX 0485-10 Monday through Friday, July 12-16, 8:30 a.m.-12:30 p.m.

Boys Basketball Camp (Ages 8-14)
Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack. Campers will receive a t-shirt. TJ Johnson, $95 tuition + $8 material fee
PHSX 0484-10 Monday through Friday, July 19-23, 8:30 a.m.-12:30 p.m.

Personal Fitness Camp (Ages 9-15)
Campers will gain experience that includes, but not limited to, the following: components of physical fitness, introduction into weight training, flexibility, agility, safety practices, technology, assessment of health-related fitness, health problems associated with inadequate fitness levels, benefits derived from participation in physical activity along with understanding nutrition-healthy eating. Wear sneakers and workout gear. Bring a water bottle and snack. Rob Rubal, Certified Athletic Trainer at Westmoreland County Community College, $95 tuition + $8 material fee
PHSX 6499-01 Monday through Friday, June 14-18, 8:30 a.m.-12:30 p.m.

Boys/Girls Soccer Camp (Ages 8-14)
This camp will focus on the fundamentals of proper foot skills, passing, throwing, trapping, defending, attacking, shooting, positioning and restart/free kick, along with game simulation. Bring shin guards, sunscreen, and a water bottle and snack. Campers will receive a t-shirt. Mitchell Steele/Katie Yohe $95 tuition + $8 material fee
PHSX 5365-10 Monday through Friday, July 12-16, 8:30 a.m.-12:30 p.m.

Volleyball Camp - Advanced (Ages 12-16)
Camp will focus on in-depth passing and hitting techniques, proper foot work, offensive and defensive strategies, along with game play. Skill sets are focused on in the morning with game play in the afternoon. Campers need to bring knee pads and water bottle. Lunch provided. Campers will receive a t-shirt. Mary Ellen Ferragonio, $120 tuition + $45 material fee
PHSX 8455-01 Monday through Friday, June 21-25, 9 a.m.-3 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**
SPORTS CLINICS

Baseball Hitting Clinic (Ages 9-15)
Campers will learn the fundamentals of proper grip, stance and swing path, as well as the mental aspect and thought processes of how to approach hitting. Bring glove, bat, hat, water and snack. Mike Draghi, $55 tuition
   PHSX 0510-01 Tuesday, Wednesday & Thursday, June 15-17, 8:30 a.m.-12 p.m.

Basketball Shooting Clinic (Ages 9-15)
Campers will learn the fundamentals of proper set-up, proper ball position in hand, proper ball spin and proper body set-up. They will participate in short game sequences to further develop shooting skill sets. Bring snack and drink. $55 tuition
   PHSX 0515-01 Monday, Tuesday & Wednesday, June 28-30, 8:30 a.m.-12 p.m.

NEW - Boys/Girls Cross Country Clinic for Beginners (Ages 8-12)
This clinic will focus on the elements of proper cross country stride and posture in developing the proper foundation to train and compete with the dynamics of cross country. The focus will be on the fundamentals of long distance running. Bring sunscreen and a water bottle. Patrick Comer, $55 tuition
   PHSX 0651-01 Monday through Friday, June 14-18, 7:30-9:30 a.m.

NEW - Boys/Girls Cross Country Advanced Clinic (Ages 12-16)
This clinic will focus on advanced elements in developing the proper foundation to train and compete in cross country. Instruction will focus on learning pace awareness, training techniques and proper running form. Bring sunscreen and a water bottle. Patrick Comer, $55 tuition
   PHSX 0652-01 Monday through Friday, June 21-25, 7:30-9:30 a.m.

NEW - Boys/Girls Cross Country Clinic (Ages 12-16)
This clinic will focus on advanced elements in developing the proper foundation to train and compete in cross country. Instruction will focus on learning pace awareness, training techniques and proper running form. Bring sunscreen and a water bottle. Patrick Comer, $55 tuition
   PHSX 0652-01 Monday through Friday, June 21-25, 7:30-9:30 a.m.

Softball Fielding/Hitting Clinic (Ages 9-15)
Campers will learn the fundamentals of proper grip, stance and swing path, along with the proper foot work and arm mechanics with infield and outfield play. Bring glove, bat, hat, water and snack. Taylor Bartlow, $55 tuition
   PHSX 7782-10 Wednesday, Thursday & Friday, July 7-9, 8:30 a.m.-12 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Call 724.925.4204 or 1.800.262.2103, ext. 4204
Monday - Friday, 8 a.m. - 5 p.m.

Tuition
Payment may be made by check and MasterCard, VISA or Discover credit cards.

Refund Policy
All refunds are calculated from the official starting date of the course. The number of
days or weeks to determine refunds is calculated by counting the actual days from the
starting date of the course and not by counting the course meeting dates.

All refund checks will be mailed to students and not be held for pick up.

For courses meeting one week or less:
If you officially drop before the course starts, you may be eligible to receive a 100%
refund of tuition and fees. There are no refunds after this date.

For courses two weeks through four weeks:
If you officially drop through the first three days of the course, you may be eligible to
receive a 100% refund of tuition and fees. There are no refunds after this date.

For courses five weeks through nine weeks:
If you officially drop through the first week of the course, you may be eligible to receive
a 100% refund of tuition and fees. There are no refunds after the first week of the
course.

For courses of 10 weeks through 19 weeks:
If you officially drop through the second week of the course, you may be eligible to
receive a 100% refund of tuition and fees. There are no refunds after the second week
of the course.

For courses 20 weeks through 29 weeks:
If you officially drop through the second week of the course, you may be eligible to
receive a 100% refund of tuition and fees. If you officially drop during the third or fourth
week of the course, you may be eligible to receive a 60% refund of tuition. There are no
refunds after the fourth week of the course.

For courses 30 weeks or longer:
If you officially drop through the third week of the course, you may be eligible to
receive a 100% refund of tuition and fees. If you officially drop during the fourth, fifth or
sixth week of the course, you may be eligible to receive a 60% refund of tuition. There
are no refunds after the sixth week of the course.

Class Cancellation
Class cancellations and college closing due to inclement weather or other emergency
conditions will be announced on area radio and television stations and the Internet. As
road conditions vary widely during inclement weather, you are advised to use your own
judgment in deciding whether to attend classes.

You must contact the Registration Center to officially drop a course.
If you do not officially drop, you remain obligated for all tuition and fees.

COLLEGE’S OPERATING PLAN DURING COVID-19
Please review the plan on the college’s website
prior to attending class at westmoreland.edu.