



CONTINUING EDUCATION

Fall 2023

September - December



Online registration
available!

westmoreland.edu/coned

Westmoreland Friends,

We are excited to offer new classes this fall!

Look for NEW in front of the course titles to see what they are. There are a variety of courses ranging from business & professional development to health & fitness, to personal enrichment so you are sure to find something interesting. If there are classes you would like to take that are not offered, we want to hear from you. We are always looking for new class ideas to offer to the community.

Classes are offered in several formats: in-person, online and remote using Zoom. You choose the format that suits you the best.

Take a class with a friend or come and make new friends. Register early as the popular classes fill up quickly and decisions to run a class or not are made about a week before the class start date. A class may need just one more registration for it to run.

Online Registration

We are happy to provide you with online registration that is available 24/7. You now have the opportunity to register and pay for your classes at your convenience.

For more information, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

Don't delay taking a class that interests you. If a class does not run for several semesters due to low enrollment, the class will stop being offered so register today!

Looking Ahead to 2024

Keep an eye out for our new Community Engagement classes coming this spring!

Regards,

Dr. Sydney Beeler
Vice President/Enrollment Management



REMOTE – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

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Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

Nondiscrimination Policy: Westmoreland County Community College does not discriminate in its educational programs, activities, or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, gender identity or expression, veteran status, union membership, or any other legally protected classification protected by state or federal law or the proper exercise by an Association member of their rights guaranteed by the Pennsylvania Public Employer Relations Act Number 195.

Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990.

Inquiries should be directed to the Affirmative Action Officer/Director of Human Resources, at 724-925-4143.

BUSINESS & PROFESSIONAL DEVELOPMENT

Remote Working and Communicating

Gain new insights, experiences and advanced tips for working from home. Find out the 5 bad habits too many remote workers and their managers acquire from lack of experience, tools and expertise. Then acquire the latest strategies for communicating with remote workers. Come away with a deeper understanding of this enormous cultural and work shift going on in the workplace and in society. William Draves, \$245 tuition
September 5-29



Introduction to Project Management

Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. Jim Gray, \$195 tuition
September 5-29



Blogging and Podcasting for Beginners

Blogging and podcasting are great ways to express yourself, but maybe you're not sure how to start. This course will teach you how to successfully plan and create your very own blog and podcast using hands-on exercises and free web tools. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Introduction to Data Analysis

Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. This course will give you a basic understanding of how to analyze data in a business setting. John Rutledge, \$195 tuition
September 5-29

For more information about Business & Professional Development classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

 Denotes ONLINE Class

NEW

Online registration and payment now available 24/7!

Go to westmoreland.edu/coned

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

Introduction to Power BI

Gain insights into your data! Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company's data to make informed decisions. Marion Williams, \$195 tuition

September 5-29



Intermediate Power BI

Delve further into Power Query to ETL (Extract, Transform and Load) your data. Build the Data Model using modeling features and relationships. Perform calculations using DAX (Data Analysis Expressions) functions. Utilize Time Intelligence functions to view YoY or YTD reports. Add user friendly features to enhance your reports. Marion Williams, \$195 tuition

October 2-27



Denotes ONLINE Class

Watch your email for class announcements, cancellations, etc.

Advanced Power BI

Expand your knowledge of Power BI Desktop to the highest level. This course focuses on the advanced capabilities of Power Query, Data Modeling and Reports. Check for data inconsistencies, design efficient queries, create proper relationships, and write DAX code to ensure reports update quickly and accurately. Add navigation and analytical features to your reports to enable consumers to analyze the results. Marion Williams, \$195 tuition

November 6-December 1

Power BI Certificate – Register for the Certificate and Save Money

This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. When you register for the certificate, you are registering for all three one-month Power BI courses at a reduced rate. You do not have to take all of the courses in the same semester, but the classes must be taken in the following order: Introduction, Intermediate, Advanced. \$495 tuition

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

To register, go to westmoreland.edu/coned.

BUSINESS & PROFESSIONAL DEVELOPMENT

QuickBooks

Manage the financial aspects of your small business quickly and efficiently with this powerful accounting software program. QuickBooks is designed especially for the small to mid-sized business owners to create and print invoices, track payables and receivables, and more. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Introduction to Solidworks

Take your idea from imagination to reality. Learn the basics of creating 3D designs using SolidWorks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. Peter Oblinsky, \$410 tuition + \$75 material fee.

8 Mondays beginning September 11,
5:30-8:30 p.m. (Westmoreland
Advanced Technology Center)



Save \$Money\$ with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites, how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$25 tuition

Monday, October 2, 6-7 p.m.



NEW- Using Amazon's Kindle Direct to Self-Publish your Book for FREE

Whether you're looking to publish a paperback novel or short ebook now or in the future, this detailed tutorial will teach you step-by-step how to create an Amazon KDP account, format your manuscript and upload it to the platform, easily create a book cover from available templates, determine pricing and royalties, develop a sales pitch for your Amazon page, and write an Amazon author bio. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$25 tuition.

Wednesday, October 11, 6-7 p.m.

 Denotes ONLINE Class

 Denotes REMOTE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

BUSINESS & PROFESSIONAL DEVELOPMENT

NEW- How to Start Any Home Business + 250 Home Business Ideas!

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, how to take tax deductions (this workshop included!), informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition.

Wednesday, October 4, 7-9 p.m.

NEW- Make Money with a Virtual Assistant/Word Processing Business (prerequisite)

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. (Participants must also attend "How to Start Any Home Business +250 Home Business Ideas!" for a clear understanding of this endeavor.) There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$25 tuition.

Wednesday, October 4, 9-10 p.m.

 Denotes REMOTE Class

YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee. The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at workforce@westmoreland.edu.

To register, go to westmoreland.edu/coned.

INDUSTRY



AutoCAD Fundamentals

AutoCAD Fundamentals is designed to introduce you to the basic fundamentals of the software and will allow you to progress to an intermediate level of understanding of the methods of creating and editing drawings using AutoCAD software. You will be able to advance from beginning to intermediate skill levels in the use of AutoCAD. Peter Oblinsky, \$450 tuition + \$50 material fee

8 Mondays starting September 11,
5:30-8:30 p.m. (Westmoreland-
Advanced Technology Center)

AutoCAD Inventor

Create and edit parts, make engineering drawings, and prepare for manufacturing by using only your keyboard and mouse! This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Textbook available at the College Store. Peter Oblinsky, \$450 tuition \$50 material fee

8 Tuesdays starting October 24,
5:30-8:30 p.m. (Westmoreland-
Advanced Technology Center)

Introduction to SolidWorks

Take your idea from imagination to reality. Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. George Slezak, \$450 tuition + \$50 material fee

6 Saturdays starting October 7,
8 a.m.-12 p.m. (Westmoreland-
Advanced Technology Center)

3D Printing Basics

Take the first step into the world of additive manufacturing! You will gain hands-on experience in the operation of a 3D printer and associated equipment. In addition, you will explore current and future additive manufacturing applications. Michele Dougherty, \$450 tuition \$50 material fee

8 Tuesdays starting October 24,
5:30-8:30 p.m. (Westmoreland-
Advanced Technology Center)

Basic CNC Setup and Operation

Learn to setup and operate your CNC equipment using basic programs. You will develop skills such as setting tool and work offsets. George Slezak, \$450tuition + \$50 material fee

8 Saturdays starting October 17,
8 a.m.-12 p.m. (Westmoreland-
Advanced Technology Center)

**Watch your email for
class announcements,
cancellations, etc.**

**For more information about
Industry classes, contact
Judy DeWitt, coordinator/
Workforce Development Sales,
1.800.262.2103, ext. 4090 or
dewittju@westmoreland.edu.**

DON'T DELAY!

**Don't delay taking a class that interests you.
This could be the last time it's offered.**

REGISTER TODAY!

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

ART, LANGUAGES AND WRITING



Introduction to Digital Scrapbooking

Make the most of your scrapbooking talents to show off your photos and memorabilia. This course provides hands-on experience building scrapbook pages, using artistic journaling, and producing your own artwork with Photoshop Elements. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

Introduction to Bobbin Lace

Are you ready for a new adventure? Bobbin Lace is a skilled craft with a tradition dating back hundreds of years. You will learn about the history while working through a series of patterns designed to introduce you to a new skill each week. A \$25 deposit for tools will be paid to the instructor the first night of class, which will be returned when the tools are returned. Marian Warzel, \$69 tuition + \$12 material fee.

7 Mondays beginning September 25,
5:30-8:30 p.m.
(Westmoreland-Latrobe)



Denotes ONLINE Class

Crochet I

This modern crochet class is a beginner's dream! We will cover all the basic stitches, complete multiple projects, and learn many tips and tricks to become a successful crocheter. Projects include: boho wall hanging, cotton dishcloth, winter hat and a basic granny square. No previous experience required. Materials list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition
6 Fridays starting September 8,
9:30 a.m.-12:00 p.m.



Crochet II

Learn beyond the basics! Take your skills to the next level as you learn complex stitches, crocheting in the round and the advanced assembly of pieces. You will complete a shawl, a tote bag and a hat! Basic knowledge is required. A supply list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition
6 Mondays starting September 8,
6-8:30 p.m.



NEW- PLARN! Make Yarn from Plastic Bags!

Have extra plastic bags laying around and don't know what to do with them? Use them to make a durable yarn- perfect for tote bags, rugs and more! Lauren Henschel, \$30 tuition

3 Fridays beginning October 20,
10 a.m.-12:30 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



NEW- Crochet Amigurumi

Learn the techniques needed to make the ever popular crocheted stuffed animals aka amigurumi. You will learn tips and tricks and complete 2 projects in this 6 week workshop, including a heart garland and a bunny plushie animal. Must have at least Crochet I level experience. Lauren Henschel, \$ 60 tuition + \$5 material fee.

6 Tuesdays beginning September 5,
6-8:30 p.m.



Zentangle

Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and lighthearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, \$12 tuition + \$10 material fee

Tuesday, September 26, 6-8 p.m.

Guitar Playing, I

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends September 8. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting September 18,
5:30-6:30 p.m.



Guitar Playing, II

Lessons will include sight reading chords, bass chord accompaniment, dynamics, eighth note rests, dotted quarter notes, major scales and more! Bring acoustic guitar to class. Limit 10 students. Registration ends September 8. If you have the book, inform registration. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting September 18,
6:30-7:30 p.m.

DON'T DELAY!

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This could be the last time it's offered.**

REGISTER TODAY!

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Music Theory for Guitarists

Understanding some fundamentals of music theory and how it applies to the guitar can help take your guitar playing to the next level. Practical aspects of theory for the guitarist that will be presented include fretboard scales, chords and progressions, key signatures, modes, arpeggios, circle of fifths and more. Must have guitar playing experience. Limit 10 students. Registration ends May 25. Deborah Kazsimer, \$59 tuition + \$12 material fee (includes textbook)

8 Saturdays starting September 16,
2 p.m.-3 p.m.



NEW- Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano by using the chord method. The chord method is LOTS of fun and a trick that professionals have used for years. This class will include an initial three hour zoom class, an online book, self-paced online follow up lessons, a recording of the class and also an optional periodic question and answer session. Craig Coffman. \$69 tuition

Saturday, November 4, 9 a.m.-12 p.m.

For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

Flash Fiction Workshop

This is a workshop that will focus on writing Flash Fiction using writing prompts and visual aids. You will learn about the story development and word economy in Flash Fiction and will learn techniques to develop realistic dialogue and great characters in your stories. You will be prompted each week to keep your story going and use the RISE method of peer review. In the final weeks, you will be provided a list of places for to submit your work and review guidelines and final edits of your work.

Wendy Norris, \$79 tuition + \$5 material fee
6 Wednesdays beginning October 4,
6-8 p.m. (Westmoreland-Latrobe)



NEW- Holiday Tales-Making Memories

Do you ever wish that you had all of you or your family's memories and traditions written down and documented? Join author, Wendy Norris, who will guide you in creating your own books filled with all of your memories, photos, recipes and so much more that can be passed down from generation to generation. Learn how you can format your memories digitally to share with your families and friends for years to come. Wendy Norris, \$69 tuition + \$5 material fee.

5 Tuesdays beginning September 12,
6-8 p.m.

 Denotes REMOTE Class

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Introduction to Fiction Writing

Fiction writing is a fun and fast paced world of its own full of creative storytellers. Are you ready to become one of the greats? You will learn the many avenues to pursue fiction writing. What makes a story? Does fiction writing have rules? These are things you will discover all while creating your own plot summaries, cultivating your hero's journey, developing your characters, setting scenes and building your fiction story world. Wendy Norris \$79 tuition + \$5 material fee

6 Mondays beginning October 2,
6-8 p.m.



Introduction into Character Acting

Have dreams of the big screen or big stage? Ever wonder how an actor left you so breathless and amazed? This interactive and fun course will introduce you to the world of acting and the deep historical roots that it has in society. You will learn techniques that will put you on the road to be that charismatic character on screen or on stage. John Paul Ritchey, \$99 tuition + \$10 material fee

10 Mondays beginning September 25,
5-8 p.m. (Westmoreland-Latrobe)

Introduction to Playwriting

Do you have a play inside you just waiting to get out but not sure where to start? Through short active writing activities, you will develop techniques like how to effectively use dialog, write stage directions, create a plot, and define characters through written and visual storytelling. Come prepared with all of your creative energy to bring that play brewing inside of you to life. Dr. Stephen Schrum, \$89 tuition + \$5 material fee

7 Tuesdays beginning September 26,
5:30-7:30 p.m.
(Westmoreland-Latrobe)

LANGUAGES AND CULTURE

Italian, Level I



In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Antonella DiFilippo-Petrucelli, \$145 tuition + required textbook, 3.0 CEUs

10 Tuesdays starting September 19,
6-9 p.m.

Italian, Level II



A continuation of Level I with an emphasis on speaking, reading and writing. You will build vocabulary through conversation while learning new verb tenses and grammar. (Textbook is same as Level I). Antonella DiFilippo-Petrucelli, \$145 tuition + required textbook, 3.0 CEUs

10 Wednesdays starting September 20,
6-9 p.m.



Italian, Level III



Take your Italian speaking to the next level in this advanced course. New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucelli, \$145 tuition, 3.0 CEUs

10 Mondays starting September 18,
6-9 p.m.

Italian, Level IV

Perfect your speaking and writing skills through weekly conversation, grammar review and reading. Completion of Italian Level III required. Antonella DiFilippo-Petrucelli, \$145 tuition, 3.0 CEUs

10 Thursdays starting September 14,
11 a.m.-2 p.m.



Denotes REMOTE Class

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



NEW- English for Job Search

Learn linguistic, cultural, and technological skills that will help you break barriers and successfully navigate job searches in English when English is your second language. Dom Palmieri, \$125 tuition

10 Tuesdays beginning September 12,
9:30-11:30 a.m.

NEW- Spanish for Travelers

Planning a trip to Mexico, Central America, South America, or Spain? This class will give you all of the tips and tricks to conversational Spanish to get you ready for your next adventure. Learn the most common and important phrases that will help you navigate your surroundings to have a fun and safe trip to a new country. Dom Palmieri, \$55 tuition

4 Mondays starting October 2,
9:30-11:30 a.m.

Spanish, Level I

Learn Spanish, a language with roots in two continents - Europe and the Americas. This course emphasizes vocabulary, grammar and writing instruction in addition to Spanish and Latin American culture. Textbook available at the College bookstore. Dom Palmieri, \$125 tuition

10 Wednesdays beginning
September 13, 9:30-11:30 a.m.

Spanish, Level II

A continuation of Level I to reinforce the concepts you've already learned. You will also be introduced to grammatical content to enhance accuracy, and you'll build vocabulary through conversation. Dom Palmieri, \$125 tuition

10 Wednesdays starting September 13,
9:30-11:30 a.m.

**Watch your email for
class announcements,
cancellations, etc.**

HEALTH AND WELLNESS

Balance Your Life with Reiki

The energy balancing method called Reiki encourages the body and mind into a greater state of stability. Reiki can be used for people and animals. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. The Reiki method is practiced and embraced worldwide for its simplicity and ease. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Linda Yarbrough, \$25 tuition

Wednesday, October 18, 6:00-8:30 p.m.

Walk Live

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition

8 Thursdays starting September 21,
6:30-7:30 p.m.



NEW- Athletic Yoga

This beginner yoga class is geared toward those who would like to supplement their other activities and exercise regimens with yoga. Whether you are new to mindful and intentional movement in your life, or have been doing it for years, you will benefit from the dynamic flow of Athletic Yoga. Bring a towel or mat to class. Anastasia Jaeger, \$39 tuition

6 Thursdays beginning November 2,
6-7 p.m. (Westmoreland-Latrobe)
(No class Thursday, November 23)

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring yoga mat to class. Saroja Chandra, \$59 tuition

8 Tuesdays starting September 26,
9:30-10:45 a.m.

(Westmoreland-Murrysville)

8 Wednesdays starting September 27,
5:30-6:45 p.m.

(Westmoreland-Murrysville)

Zumba

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won't believe you are exercising! Wear good, supportive sneakers and bring water. Daynelle Sanner, \$55 tuition

8 Mondays beginning September 25,
5:30-6:30 p.m.

Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Jennifer Goebel, \$49 tuition

8 Tuesdays beginning September 12,
6-7 p.m. (Westmoreland-Latrobe)
(No Class October 31)

Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$10 tuition + \$2 material fee

Tuesday, October 17, 5:30-7:30 p.m.

**For more information about
Personal Enrichment classes,
contact the Information Center
at 724.925.4000 or
infocenter@westmoreland.edu.**

Informative Dental Posters

Westmoreland's Dental Hygiene students will provide informative Dental Posters for dental professionals to earn 3 continuing education credits. Registration deadline: Wednesday, October 11, 6-9 p.m.. (includes appetizers), 3 CEUs. \$35 tuition + \$15 material fee

Chinese Self-Defense

Chinese self-defense is a highly effective approach to self-defense. This practice utilizes a softer approach that employs pure technique rather than power. You will employ a comprehensive balance of hand and foot techniques while developing flexibility, fitness, and self-confidence. Alan Lanzar, \$59 tuition

6 Mondays starting October 2,
7-8:30 p.m.

Warrior Women

Warrior Women is a proven personal violence prevention program developed to teach women techniques to limit potentially dangerous situations. Classes are hands-on, entertaining and filled with practical skills that are practiced with each participant. The techniques are simple and highly effective for creating a window of escape. Girls (14 & over) are welcome to attend with a family member (both must register). Wear comfortable clothes and shoes. Cassandra Brinker-Kintigh, \$15 tuition

Friday, October 27, 9 a.m. – 12 p.m.

Intuitive Eating

If you are tired of yo-yo dieting, restricting, bingeing and/or feeling shame around food and your body then this interactive workshop is for you. You will review the science showing that most weight loss efforts are unsustainable and can be harmful, and that fat does not equate with unhealthy. You will be introduced to the 10 principles of Intuitive Eating and how they can support your health and well-being through learning to reject the diet mentality, trust and follow your body's cues, find joy in food, and respect and take care of your here-and-now body. Dana Paul, MPH, RDN CDCES. \$35 tuition + \$2 material fee.

Wednesday, October 11, 6-9 p.m.
(Westmoreland-Murrysville)

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

FOOD

FOODS LAB RULES:

Open-toed shoes, sleeveless tops, shorts and capris are NOT PERMITTED in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.

Wine, Dine, and a Fine Time Travels to Spain

Enjoy an interactive fine dining multi-course evening of cooking demonstrations, hands-on learning, plus wine education and learning the culture, cuisine, and dining customs of Spain. Hosted by Certified Chefs, Cindy Komarinksi, Scott Schmucker, William Racin and Hunter Kalp, and Wine Educator Jill Kummer. Menu will include assorted Tapas served in a Spanish Bistro-style, Classic Paella, churros and authentic hot chocolate, assorted wines as well as other delicious Spanish inspired foods. \$69 tuition + \$35 material fee

Friday, September 22, 6-9:30 p.m.



Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration.

To view the schedule, visit westmoreland.edu

Wine, Dine and a Fine Time Travels to Italy

Enjoy an interactive fine dining multi-course evening of cooking demonstrations, hands-on learning, plus wine education and learning the culture, cuisine, and dining customs of Italy. Hosted by Certified Chefs, Cindy Komarinksi, Scott Schmucker, William Racin and Hunter Kalp, and Wine Educator Jill Kummer. Menu will include assorted Classic Italian delicacies as well as Homemade Gnocchi, Sautéed Veal, and traditional tiramisu techniques and assembly while enjoying affogato. \$69 tuition + \$35 material fee

Friday, November 17, 6-9:30 p.m.

Sugar Cookie Decorating

Join us for this beginner sugar cookie decorating class and learn decorating techniques that will impress your family and friends. You will learn how to make royal icing, flood and outlining consistencies and decorating techniques. You will leave class with seasonal-themed cookies you created. Sara Voelker, \$39 tuition + \$17 material fee

Saturday, October 14,

9:30 a.m.-1:30 p.m.

Cake Decorating I

Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cinciripini, \$99 tuition + \$7 material fee

8 Tuesdays starting September 19,
6-8 p.m. (first class 6-7 p.m.)

French Macarons

Come and create elegant and colorful macarons in two different flavors. You will learn start to finish how to prepare macaron batter, pipe, bake and fill with two fillings. You will leave with a box of macarons to enjoy at home. Sara Voelker, \$35 tuition + \$15 material fee

Saturday, September 9,
9:30 a.m.-12:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Loma Saltado

Looking to expand your palate and want to learn about new foods and how to prepare them? Start your journey with a new Peruvian dish! Lomo Saltado is a popular, traditional Peruvian dish, stir fry that typically combines marinated strips of sirloin with onion, tomatoes, peppers, and steak potato fries. Your taste buds will thank you! Gregory Nemchick, \$39 tuition + \$40 material fee.

Friday, December 15, 2-5 p.m.



NEW- Lobster Tails with Tarragon Aioli and Asparagus

Lobster tails is an impressive dish that looks great on the plate and as well is exciting the palate. Lobster tails will be prepared, boiled and plated in a professional manner along with asparagus and tarragon aioli. Apron and head covering required. Please wear non-skid shoes. Gregory Nemchick, \$39 tuition + \$40 material fee.

Friday, October 20, 2-5 p.m.

NEW- Make Your Own Sausage

In this class you will learn how to make your own sausage at home. In class we will make traditional sweet Italian sausage. Students will prepare the meat to be ground, grind the meat, and learn how to tuff the sausage casing. All tools will be tools that can be purchased for home use. The class will also teach how to make different variations of sausages, with a basic understanding of sausage production. You will make 6 sausage links. Hunter Kalp, \$39 tuition + \$12 material fee.

Saturday, November 11, 9 a.m.-12 p.m.

NEW- Salmon Fillets with Herbs and Red Peppers

Each participant will prepare and bake a salmon fillet with a decorative topping of herby cream cheese and roasted red peppers that would be impressive to serve at any dinner party. In addition to the salmon dish, each student will also prepare and cook a side of rice pilaf. Children ages 12 and up may attend with an adult. BOTH MUST REGISTER. Gregory Nemchick, \$39 tuition + \$30 material fee.

Friday, September 15, 2-5 p.m.



NEW- All Jarred Up

Have you ever wanted to start food prep but didn't know where to start? In this class, you will learn that even a mason jar can be used to start food prep. Hunter Kalp, \$39 tuition + \$18 material fee.

Friday, October 6, 6-9 p.m.

Watch your email for class announcements, cancellations, etc.

For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



Wines from Around the World

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste two to three different wines while discussing popular food pairings. Please read the special notes for the wines being poured on a particular date. Wines are subject to change based on availability. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$10 material fee

NEW- Red Wines you Need to Know About

Tuesday, September 5, 6-7:30 p.m.

NEW- Italy, So much more than Chianti

Wednesday, September 6, 7-8:30 p.m. (Westmoreland-Murrysville)

NEW- Syrah, Shiraz, and Zinfandel?

Terrific Red Wines you need to Know About!

Thursday, September 14, 7-8:30 p.m. (Westmoreland-Latrobe)

NEW- Reds, Whites, and Rosé from Washington State.

What you need to know about this marvelous region.

Monday, October 2, 6-7:30 p.m.

NEW- Let's go to the land down under! Great wines from Australia!

Tuesday, October 10, 6-7:30 p.m. (Westmoreland-Latrobe)

NEW- Napa vs. Sonoma. What makes each of these California areas so special?

Wednesday, October 25, 7-8:30 p.m. (Westmoreland-Murrysville)

NEW- Those Wonderful Spanish Wines. Red, White, and Sparkling?

Wednesday, November 1, 7-8:30 p.m. (Westmoreland-Murrysville)

WESTMORELAND COMMUNITY SURVEY

Thank you for your interest in taking classes at Westmoreland.
If there are classes you would like to take that are not currently
being offered, tell us what they are.

Complete an online survey at westmoreland.edu/cesurvey

**ENROLL EARLY! Decisions to hold a class are based upon
enrollment approximately one week prior to the start date.**

Unless otherwise noted, classes are for ages 18 and older.

PERSONAL ENRICHMENT

NEW- French Wines Made Easy (to Understand).

Taking the mystery out of French wines. Red, white, and Sparkling

Tuesday, November 7, 6-7:30 p.m.

NEW- Red wine with Turkey? Absolutely, find out why.

Three wines that will surprise your Thanksgiving guests.

Thursday, November 16, 6-7:30 p.m. (Westmoreland-Latrobe)

NEW- The Holidays are Here! What to pour for family and friends?

Monday, December 4, 6-7:30 p.m.

NEW- Red Wines for Dessert? Oh yeah! Great wines for holiday sweets.

Wednesday, December 6, 7-8:30 p.m. (Westmoreland-Latrobe)

NEW- Sparkling Wines for the Holidays!

Wednesday, December 13, 7-8:30 p.m. (Westmoreland-Murrysville)



NEW- Follow the Grape

A deep dive look at specific grape varieties. For example, one grape from three different parts of the world. We will explore the differences in taste, color geography, climate, weather and much more. Also included will be discussions on reading the label, bottle shapes and other interesting facts. This course is a relaxed format with tasting notes included. Must be 21 to register. Jill Kummer, \$35 tuition + \$10 material fee

NEW- Chardonnay! A good look at various regions featuring this wonderful grape.

Thursday, September 7, 6-7:30 p.m.

NEW- Pinot Noir - How can they be so different? Pinot Noir wines from France, Oregon, and New Zealand.

Wednesday, October 11, 6-7:30 p.m.

NEW- Cabernet Sauvignon. How can they be so different? Three wines from three countries.

Thursday, November 9, 6-7:30 p.m.

NEW- Shiraz, Syrah and Zinfandel. The strong reds.

Monday, December 11, 6-7:30 p.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT



NEW- For the Love of Wine... and Chocolate

Join us for this unique class that takes wine and food pairing to an absolutely delicious and delectable level. Great chocolate and wine pairings that will surprise you! Must be 21 to attend. Jill Kummer, \$35 tuition + \$10 material fee

NEW- So much more than Cabernet Sauvignon!

Tuesday, September 19, 6-7:30 p.m.

NEW- It's not just Cabernet and Chocolate anymore!

Tuesday, October 24, 6-7:30 p.m.

NEW- Great pairing that will surprise your taste buds!

Tuesdays, November 18, 6-7:30 p.m.

NEW- For the Love and Wine....and Desserts!

Tuesday, December 19, 6-7:30 p.m.



REMOTE – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



ONLINE – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

NEW- Follow the Spirits- Spirits Education

An extensive look at specific types of spirits, from three different producers across the world. You will explore the difference in taste, color, geography, climate, weather and much more. Also included will be discussions on reading the label, bottle shapes, and other interesting facts. This course is a relaxed format with tasting notes included. These will be small samples with the product being used and will be procured in 2 oz bottles. The total product being poured for each tasting would be approximately one to one and a quarter ounces within an hour and a half. There will be smaller samples than other alcohol related classes, due to the type of Spirits being served and serving regulations. Must be 21 to attend. \$35 tuition + \$10 material fee

NEW- Tequila- What is it about this versatile spirit?

Wednesday, September 27, 6-7:30 p.m.

NEW- Rum- So many different Rums, so little time!

Tuesday, October 17, 6-7:30 p.m. (Westmoreland-Latrobe)

NEW- Bourbon- Explore this uniquely American Spirit!

Wednesday, November 29, 7-8:30

NEW- Vodka- Incredibly versatile and delicious.

Wednesday, December 20, 6-7:30 p.m.

Improve Your Beer IQ

You probably have a favorite beer or type of beer you like to drink. How do you describe what it is you like about it? Join us to taste different beers as you learn about bouquet/ aroma, appearance, flavor, body, drinkability and overall impression. You can impress your friends with your new knowledge and expand your appreciation of different beers. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$7.50 material fee

NEW- Fall is coming! Those Marvelous Full-bodied Brews

Wednesday, September 13, 6-7:30 p.m.

NEW- What's the difference? A good look at Pilsners, Ales, and Stouts

Wednesday, October 18, 6-7:30 p.m.

NEW- Stouts, Porters, and... Bourbon?pecialty Beers, not your Traditional Brews from Germany, Italy and Spain

Wednesday, November 15, 6-7:30 p.m.

NEW- Holiday Brews. Special seasonal releases to enjoy!

Thursday, December 14, 6-7:30 p.m.

NEW- RAMP (Responsible Alcohol Management Program)

Join us to get prepared to take your RAMP certification exam. Instructor, Jill Kummer, will discuss the many different rules and regulations that surround working with alcohol at your business or place of work and put you on the path to success in compliance training for bartenders, alcohol sellers/servers, clerks, liquor stores, convenience stores, grocery stores, catering, events, alcohol delivery drivers, etc. This class is designed to be a preparation course for taking the Responsible Alcohol Management Program certification examination, upon successful completion of the class, you will receive a code to take your certification examination online. Jill Kummer, \$55 Tuition + \$10 material fee

NEW- RAMP Preparatory Class Saturday, September 9, 9-11 a.m.

NEW- RAMP Preparatory Class Saturday, October 21, 9-11 a.m.

NEW- RAMP Preparatory Class Saturday, November 11, 9-11 a.m.

NEW- RAMP Preparatory Class Saturday, December 9, 9-11 a.m.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

LAW & MONEY



Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition
Thursday, October 26, 6-8 p.m.

Your Retirement Readiness Checklist

When the stakes are high some professionals, such as pilots and surgeons, rely on checklists to ensure things go according to plan. Your retirement should be no different. This course is designed to walk you through a seven-point comprehensive checklist to determine if you have your ducks in a line regarding your retirement. We will explore the essential items that should be "checked off" before you decide to retire. Jack George, CFP®, CLTC, CMP, \$19 tuition
Thursday, November 16, 6-8 p.m.

Buying a Home in Today's Market

This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, \$15 tuition
Wednesday, October 25, 6-8 p.m.

Selling a Home in Today's Market

Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, \$15 tuition
Wednesday, November 29, 6-8 p.m.

**Watch your email for
class announcements,
cancellations, etc.**

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

PERSONAL INTEREST

Final Preparation Series

Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.

Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings.

Attorney Eric Bononi, \$10 tuition

Monday, October 23, 6-7 p.m.

Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired.

Attorney Mary Ann Grec, \$35 tuition

Monday, November 6,
5:30-9:30 p.m.

Writing an Obituary

An obituary is a tribute to a person's life. Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, funeral director, \$10 tuition

Thursday, November 9, 6-8 p.m.

Funeral Pre-Planning: Where to Start

Pre-planning a funeral can bring peace for you and your family, but sometimes it's hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time.

Leah Tapper, funeral director, \$10 tuition

Thursday, October 12, 6-8 p.m.

Medicare 101

Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the PA Medi Program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.

Monday, September 18, 2-4 p.m.

Wednesday, December 6, 12-2 p.m.
(Remote)



Basic Dog Obedience

This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires proof of up-to-date vaccinations. Bring your dog on a leash.

Arlene Halloran, \$69 tuition

8 Saturdays starting September 16,
9-10 a.m. (Career Link Parking Lot)

NEW

Online registration and
payment now available 24/7!

Go to
westmoreland.edu/coned

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Advanced Dog Obedience

This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Requires proof of up-to-date vaccinations. Arlene Halloran, \$69 tuition

8 Saturdays starting September 16,
10-11 a.m. (Career Link Parking Lot)



Healthy Habitats for Bees and Other Pollinators

Join us to learn how to attract and keep pollinators in your garden. Information will be presented on host and nectar plants for several butterflies, along with the colors and shapes of flowers for different pollinators. Patti Schildkamp, \$10 tuition + \$2 material fee

Thursday, September 21, 6-7:30 p.m.



Monarchs, Milkweed and You!

The Monarch butterfly population has declined about 80% in the last 20 years. Steps are being taken to help save them from further decline. Patti Schildkamp, a Monarch enthusiast who has raised hundreds of Monarchs from egg stage to maturity, will take you through the Monarch lifecycle, the critical role milkweed plays in their survival, their fall migration to Mexico, and how you can make a difference. \$10 tuition + \$2 material fee

Monday, October 9, 6-8 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Bring Butterflies to Your Garden

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee
Tuesday, September 26, 6-7:30 p.m.
(Westmoreland-Latrobe)



Herbs for Health & Wellness

Growing herbs at home is a fun and money saving hobby that also happens to be good for your health. In addition to flavoring up your favorite dishes, herbs are filled with antioxidants and essential nutrients. Learn how to decide which herbs will work best for you and how to use them. Ellen Marsili, \$15 tuition + \$2 material fee
Tuesday, December 5, 6-9 p.m.

The Versatility of Herbs

Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, \$35 tuition + \$2 material fee

3 Tuesdays starting November 14,
6-8 p.m.



Winter Sowing

Winter sowing is a technique that uses milk jugs and mother nature for seed germination. You will learn about the advantages of sowing seeds outside, the supplies needed and where to place your container for the winter, along with seed harvesting, processing and storage. Patricia Schildkamp, \$10 tuition + \$2 material fee.
Wednesday, November 8, 6-7:30 p.m.

COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Pennies from Heaven

Do pennies seem to appear in your path when you least expect them? Do you often find strange objects in unexpected places? What could these really mean to you? Are you being sent a special message? Throughout the years I have learned the meanings of many signs that just appear out of nowhere when dealing with grief after the loss of loved ones in my life. These signs and symbols have brought me relief in ways I never thought possible. I would love to share my experiences with you. Linda Yarbrough, \$15 tuition

Wednesday, November 15, 6-8 p.m.

Skills for Making Great Decisions

Learn how to make excellent everyday decisions from an experienced counselor and life coach. This course will help you discover how to effectively deal with a crisis, how to use your emotions as decision-making tools and how to work with others to make the most of every opportunity. For class start dates, cost and to register, go to www.ed2go.com/wcconed.

UFOs 101

The subject of UFOs and aliens have fascinated people for a long time. Government and private organizations have collected a lot of data on UFOs in the last 70 years. We will identify that information to get a better perspective on the UFO and alien question. We will also examine UFO cases in Pennsylvania and Westmoreland County. Fred Saluga, West Virginia State Director and PA, Assistant State Director, MUFON, \$39 tuition

4 Wednesdays starting September 27, 6-8 p.m.

Watch your email for class announcements, cancellations, etc.

UFOs 102

This is a continuation course on UFOs for students who have taken UFOs 101. This class will discuss UFO investigations in Pennsylvania, Westmoreland and surrounding counties, if Pennsylvania is a UFO Hotspot, how MUFON conducts a UFO investigation, abductions, and much more. Fred Saluga, West Virginia State Director and PA Assistant State Director, MUFON, \$39 tuition

4 Wednesdays starting October 25, 6-8 p.m.

Cutting the Cord

With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want. John Struble, \$19 tuition + \$2 material fee

Monday, November 13, 6-9 p.m.

History of Christianity

Christianity has helped shape the modern world as we know it for over 1,600 years. Yet there are many things which people are still curious about. How did early Christians worship compared to Christians today? What were the causes of the splits that occurred amongst various Christian groups...and, what is the difference between all of the denominations that exist today? Come explore the history behind modern Christianity. Frank Kordalski, Jr., \$39 tuition + \$2 material fee

4 Wednesdays starting September 27, 6:15 -8:30 p.m.
(Westmoreland-Murrysville)

 Denotes ONLINE Class

DON'T DELAY!

Don't delay taking a class that interests you.
This could be the last time it's offered.

REGISTER TODAY!

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Folklore of Western Pennsylvania

We've all heard of various legendary events and creatures: Roswell, Shangri-la and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, \$25 tuition

2 Wednesdays starting November 1,
6:30-9 p.m.



NEW- The Horror of It! A Look at the Best Horror Films Ever Made!

Just in time for Halloween! You will examine the top 25 Horror movies of all time. Explore the various elements of cinematography, sound design and narrative structure that were used to create an atmosphere of fear and suspense. You will leave with an understanding and appreciation as to why there films are the best of the best! Victor Dillon, \$15 tuition + \$2 material fee.

2 Wednesdays beginning October 11,
6-8 p.m. (Westmoreland-Murrysville)

Discover Your Family Tree

Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, \$29 tuition + \$2 material fee

2 Mondays beginning October 16,
6:30-9:30 p.m.



The History of Bushy Run Battlefield

The Battle of Bushy Run was one of the most significant Native American conflicts in American History. Come and discover the role this local historical landmark played in the history of our nation. Scott Perry, \$15 tuition

Wednesday, November 8,
5:30-8:30 p.m.
(Westmoreland-Murrysville)

Vision Board Workshop

Want a plan for your future and not know where to start? Gather together to learn about vision boards. Create a board with goals, dreams, and set a path to actualize your vision for the future, while engaging with others for support and encouragement. This will be an opportunity to meet new friends and have fun, while creating the life that you want. Please bring any photos or personal items that you wish to put on your board. Elizabeth Shaver, \$10 tuition + \$10 material fee

Monday, November 13, 7-9 p.m.

Minimalism & Decluttering Your Life

Are you overwhelmed by the clutter in your home and feel cluttered in your mind? Minimalism is a concept that can help you get rid of physical clutter and help you clear your mind, both allowing you to live a more focused life with less. It's not about giving up things you love, it's about having more time and space in your life to appreciate those things that spark joy. You will learn how to get started on our minimalist journey and get inspired to begin right away. Angela Pompa, \$15 tuition

Tuesday, November 7, 6-8 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

PERSONAL ENRICHMENT

Wild about Pigeons!

Ever met a real pigeon? Come meet Homer! During this hands-on experience, learn how amazing pigeons are and how they have been used during war and for communication. See how smart and versatile these birds are and all the amazing things they can do. Elizabeth Shaver, \$29 tuition, \$2 material fee

Saturday, December 9, 10 a.m.-12 p.m.



Introduction to Birding in Southwest Pennsylvania

Do you enjoy watching birds in your backyard and while being outside? Want to learn more about them? Join us to learn the basics of birding. You will discuss bird behaviors, identifications, and tips and tricks to create a bird friendly backyard. Not only will you leave class with some new and exciting knowledge about birds but also how to start your backyard bird paradise! Bolana Schofield, \$39 tuition + \$2 material fee

3 Wednesdays beginning
September 13, 6-8 p.m.



Basic Handgun Familiarization for Women

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) Donald Hess, \$42 tuition + \$2 material fee

Thursday, September 7, 6-10 p.m.

Handguns - Home Safety & Personal Protection

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee

Tuesday & Thursday, September 19 & 21, 6-10 p.m. (Youngwood) and
Saturday, September 23, 8 a.m.-5 p.m.
(Public Safety Training Center)

To register, go to westmoreland.edu/coned.

PERSONAL ENRICHMENT

Advanced Handguns - Home Safety & Personal Protection

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$64 tuition + \$10 material fee

Saturday, October 7, 8 a.m.-5 p.m.
(Public Safety Training Center)



Advanced Handguns II

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns. Donald Hess, \$65 tuition + \$10 material fee

Saturday, October 28, 8 a.m.-5 p.m.
(Public Safety Training Center)



AARP Smart Driver Course

This two-session classroom driver retraining program is designed to help adults age 50 and better improve their driving skills. The class covers the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions, energy saving and accident prevention measures. The fee is only \$20 if you are a member of AARP (membership card must be presented), \$25 for non-members. (check or money order only made payable to AARP, no cash). NOTE: You must be age 50 or older, have a valid driver's license and attend both sessions to receive a certificate.

Tuesday and Wednesday,
September 26-27
Monday and Tuesday,
October 23-24.

AARP Smart Driver Course Four-Hour Refresher

AARP Smart Driver Course Four-Hour Refresher This class will teach you how to handle adverse driving conditions and traffic hazards, in addition to learning about the effects of aging and medications on driving. Prerequisite: AARP Driver Safety eight hour class. You must bring the safety certificate from prior 55 Alive Driver Safety class as proof of completion. \$20 for AARP members (membership card must be presented), \$25 for non-members (check or money order only made payable to AARP, no cash). You must have taken the full course no more than three years ago to take the refresher course. If it has been more than three years, you must take the eight hour course again.

Tuesday, October 3, 9 a.m.-1 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS

In-person computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.

Smartphone Basics

Using your smartphone is easier than you think. With some instruction and demonstration on the capabilities of your phone, along with some practice, you will become comfortable using its many features. Topics that will be presented include settings, texting, phone calls, contacts, email, camera, photos App, and surfing the web. Bring your smartphone, charging cable and usernames and passwords to class. Gina McGrath, \$69 tuition

3 Wednesdays beginning October 11,
9 a.m. – 12 p.m.

How to Stay Safe Using Your Electronic Devices

It is very important that we learn how to stay safe while using our electronic devices. Strategies to protect yourself from identity theft, malware, viruses and hackers will be reviewed, along with what you need to know before using your credit card online. We will also discuss spam, phishing and secure passwords. You may bring your laptop, tablet or smartphone to class. Gina McGrath, \$25 tuition.

Tuesday, December 12, 9 a.m.-12 p.m.

Technology Question & Informative Answer Session

We all have questions that arise while using our electronic devices. Join us to get your questions answered pertaining to your computer, tablet or smartphone. Everyone will be given the opportunity to ask questions. Gina McGrath, \$25 tuition

Thursday, November 7, 9-Noon
(Westmoreland-Murrysville)



Computer Maintenance

Are you frustrated by your PC running too slowly? Does it take forever to load your home or webpages? You don't need to take it to a repair shop to solve these issues. You can do it yourself by using the various utility tools that come bundled with Windows. In addition to performing maintenance, you need to protect your computer from spam, viruses, and malware. Come and learn what you need to do to keep your PC running smoothly. Carole Shoemaker, \$49 tuition

2 Wednesdays beginning October 11,
6-9 p.m.

Computer Basics

Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring flash drive to class. \$99 tuition

Richard Martz 5 Fridays starting
October 6, 9 a.m.-12 p.m.
(This class is Windows 11)

Richard Martz 5 Mondays starting
October 2, 9 a.m.-12 p.m.
(Westmoreland-Indiana)

Richard Martz 5 Mondays starting
November 6, 6-9 p.m.

David Good 5 Fridays starting
October 6, 9 a.m.-12 p.m.
(Westmoreland-Murrysville)



Denotes REMOTE Class

Most textbooks will be purchased online; there is a limited supply in the College Store. Instructions will be emailed to registered students.

To register, go to westmoreland.edu/coned.

Unless otherwise noted, classes are for ages 18 and older.

COMPUTERS



Excel 2019, Level I

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. There is a required book for this class. Information on purchasing the book will be emailed to you. Bring flash drive to class. David Good, \$85 tuition

4 Tuesdays beginning October 10,
9 a.m.-12 p.m.
(Westmoreland-Murrysville)

Excel 2021, Level I

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. David Good, \$85 tuition

4 Mondays beginning November 13,
9 a.m.-12 p.m.

NEW- Excel 2021 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, September 29, 9 a.m.-3:30 p.m

Excel 2021 Advanced Boot Camp

Build on your basic Excel concepts and skills. Topics will include managing complex workbooks, building complex functions, using data analysis tools, making an impact with powerful charts and presentation features and collaborating with other users. Prerequisite: Excel Level I or experienced user. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, November 10, 9 a.m.-3:30 p.m.

NEW- Microsoft PowerPoint

Bring your PowerPoint skills to the next level. Whether you have never used PowerPoint or have just dabbled, this class will teach you how to build a PowerPoint presentation start to finish. You will learn about all of the tools, formatting, customizing, texts, graphics, and so much more that PowerPoint has to offer that will bring your future presentations to life. Bring a flash drive to class. Nola Coulson, \$85 tuition

4 Thursdays beginning October 5,
6-9 p.m.

NEW- Microsoft Word

Microsoft Word is a very dynamic software that can be used for many different things. Learn how to use Microsoft Word to create, edit, format documents, add tables and lists, add design elements, layout options, and proof documents. Nola Coulson, \$85 tuition.

4 Tuesdays beginning November 7,
6-9 p.m.

Introduction to Coding



You will be introduced to the basics of computer programming and various programming languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. You will learn the basics of HTML, CSS, and Java Script, as well as the practical uses for each. James Kritzer, Ph.D., \$195 tuition

September 5-29

 Denotes ONLINE Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

COMPUTERS

CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model.

Andy Helmi, \$245 tuition

September 5-29

Adobe Illustrator Essentials

Adobe Illustrator is the industry standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards or any other vector graphics for print or web. In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type and color all kinds of shapes and illustrations. Learn how to efficiently manage layers and artboards, and create print-ready PDF documents. Access to Adobe Illustrator software required. Andy Helmi, \$225 tuition

September 5-29



Denotes ONLINE Class

ONLINE LEARNING

the solution for today's busy adult

Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



For more information visit our website!

westmoreland.augusoft.net
then click ed2go (online)

To register, go to westmoreland.edu/coned.

KIDS & YOUTH



NEW- Donuts Galore (Ages 6-17)

Impress your family and friends with your new ability to make fresh donuts. In this class you will learn how to make yeast raised donuts and will get to decorate your donuts how you wish. You will leave with a dozen of your own donuts and a few donut holes as well. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. Hunter Kalp, \$35 tuition + \$10 material fee.

Saturday, December 2, 9 a.m. – 12 p.m.

Programming for Homeschoolers (ages 7-11)

Students will learn coding concepts and actual coding languages, such as Scratch and Python, as well as Arduino and some basic app development. All students must have their own Google account that they can access during class. Bring flash drive to class. Jennifer da Conceicao, \$125 tuition

10 Wednesdays starting October 4,
12:30-2:30 p.m.

(No class November 22)

Programming with Arduino for Homeschoolers (Ages 11-16)

Get an introduction to physical computing and coding using the Arduino microcontroller and IDE. Arduino is an open-source electronics platform based on easy to use hardware and software. You will tell their Arduino motherboards what to do by writing code in the Arduino programming language and by utilizing the Arduino development environment. Typing will be required, some familiarity with typing is recommended. All students will receive an Arduino Uno to build, design and program during camp and to keep after. Jennifer da Conceicao, \$125 tuition + \$50 material fee.

10 Wednesdays starting October 4,
9:30-11:30 a.m.

(No class November 22)



Parental Guidelines for Camps

- Complete an Emergency Contact form during registration
- Accompany your child to the classroom
- Come to the classroom at dismissal each day
- Be prompt in dropping off and picking up your child

To register, go to westmoreland.edu/coned.

HEALTH CARE AND EMERGENCY SERVICES

HEALTH CARE & EMERGENCY MEDICAL SERVICES PROFESSIONALS

Nurse Aide

Visit westmoreland.edu/nurseaide for class information.

Emergency Medical Technician

Visit westmoreland.edu/emt for class information.

American Heart Association (AHA) Courses

The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbooks prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Unless otherwise noted, classes are for ages 18 and older.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) Full Course and Renewal

1. Complete Precourse Self-Assessment. Access found at <https://elearning.heart.org/course/423> (ACLS) or <https://elearning.heart.org/course/427> (PALS), bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
2. Review and understand information in the Provider Manual.
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
5. A current Basic Life Support for Healthcare Providers CPR card must be presented for admittance to class. (ACLS and PALS)
6. A current ACLS or PALS completion card is required for admittance in a renewal class (ACLS and PALS)

Advanced Cardiac Life Support (ACLS)

Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. \$97 tuition + \$13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.

Wednesday, September 20,
8 a.m.-4:30 p.m., & Thursday,
September 21, 8 a.m.-1 p.m.
Wednesday, October 11, 8 a.m.-4:30 p.m.
Thursday, October 12, 8 a.m.-1 p.m.
Wednesday, November 29,
8 a.m.-4:30 p.m., & Thursday,
November 30, 8 a.m.-1 p.m.
Wednesday, December 13,
8 a.m.-4:30 p.m., & Thursday,
December 14, 8 a.m.-1 p.m.

Advanced Cardiac Life Support (ACLS) Renewal

Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See pre course requirements for more information. \$61 tuition + \$13 material fee + required text .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, September 6,
8 a.m.-4 p.m.
Wednesday, September 27,
8 a.m.-4 p.m.
Wednesday, October 4, 8 a.m.-4 p.m.
Wednesday, October 18, 8 a.m.-4 p.m.
Wednesday, November 1, 8 a.m.-4 p.m.
Wednesday, November 15,
8 a.m.-4 p.m.
Wednesday, December 6, 8 a.m.-4 p.m.
Wednesday, December 20,
8 a.m.-4 p.m.

To register, go to westmoreland.edu/coned.

HEALTH CARE AND EMERGENCY SERVICES



Pediatric Advanced Life Support (PALS)

Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. \$97 tuition + \$13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.

Wednesday, October 25,

8 a.m.-4:30 p.m. &

Thursday, October 26, 8 a.m.-3:30 p.m.

Pediatric Advanced Life Support (PALS) Renewal

Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, September 13,

8 a.m.- 4 p.m.

Wednesday, November 8,

8 a.m.- 4 p.m.

Basic Life Support for Health Care Providers (BLS/HCP): Adult/Child/Infant

Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required.

A course card is awarded upon successful completion. \$49 tuition + \$11 material fee + required text (review of textbook prior to class is required), .475 CEUs

Monday, September 18, 6-10:45 p.m.

Tuesday, October 24, 6-10:45 p.m.

Wednesday, November 29, 6-10:45 p.m.

Wednesday, December 20 , 6-10:45 p.m.

**Watch your email for
class announcements,
cancellations, etc.**

Textbooks available at the American Heart Association website

The link for ACLS is <https://shopcpr.heart.org/acls-provider-manual>

The link for PALS is <https://shopcpr.heart.org/pals-provider-manual>

The link for BLS is <https://shopcpr.heart.org/bls-provider-manual>

The link for Heartsaver CPR/AED is

<https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook>

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

HEALTH CARE AND EMERGENCY SERVICES

Basic Life Support for Healthcare Providers (BLS/HCP) Instructor Course

This course is aimed at experienced persons who have completed the BLS for Healthcare Providers, have completed the BLS Essentials course, and who wish to teach the BLS courses. Discover how to effectively present lecture materials, monitor and coach students, demonstrate accurate CPR skills for adult, child and infant patients, demonstrate manikin maintenance techniques, evaluate written and skills performance, maintain accurate records, and work with a Training Center (TC). You must affiliate with a TC of your choice, be 16 years old, have a current BLS for Healthcare Provider CPR card and purchase an instructor manual. Written testing, hands-on performance and practice lecture required. CPR instructor card is valid for two years. Instructors must teach four classes within two years to remain certified. Prerequisites: Successful completion of the BLS Essentials course, which can be accessed at www.onlineaha.org. You must bring a copy of your certificate of completion of the BLS Essentials course and current BLS for Healthcare Providers card to class. Registration ends October 20. \$99 tuition + \$10 material fee + required textbook, .8 CEUs

October 28, 2023, 8 a.m.–5 p.m.

Basic Life Support for Health Care Providers (BLS/HCP) – Renewal

Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. \$39 tuition + \$11 material fee + required text (review of textbook prior to class is required), .35 CEUs

Monday, September 11, 6-9:30 p.m.

Tuesday, October 17, 6-9:30 p.m.

Wednesday, November 15, 6-9:30 p.m.

Tuesday, December 12, 6-9:30 p.m.



Heartsaver CPR AED Adult & Child & Infant CPR

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. \$29 tuition + \$25 material fee + required text (review of textbook prior to class is required), .45 CEUs

Wednesday, October 25, 6-9:30 p.m.

Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .55 CEUs

Friday, November 17, 9 a.m.–2:30 p.m.

For more information about Health Care and Emergency Services classes, contact the Information Center at 724.925.4000 or infocenter@westmoreland.edu.

PUBLIC SAFETY

MUNICIPAL POLICE OFFICERS' TRAINING ACADEMY



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:

- Part-time class begins in February
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.



Go to www.westmoreland.edu/policeacademy for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or newillf@westmoreland.edu.

ACT 180 – M.P.O.E.T.C. Mandated 2023 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2023 classes, go to westmoreland.edu/act180.

If you have questions, contact Franklin Newill at 724.925.4298 or newillf@westmoreland.edu.

Firefighter



A class schedule for firefighters can be found at westmoreland.edu/classes. The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or jacksonmarc@westmoreland.edu.

Instructor-Led **ONLINE**

Youth Courses



Westmoreland County Community College

Our **instructor-led** online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.



Drawing for the Absolute Beginner

Gain a solid foundation in drawing and become the artist you've always dreamed you could be!



Introduction to Photoshop

Learn how to use Photoshop, the world's best graphics program, to edit and process photos and create original images.



Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.



Photoshop Elements for the Digital Photographer

Master the secrets of correcting digital photos, and bring out the best in all your photographs!



Introduction to Microsoft PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.



Secrets of Better Photography

Discover strategies and tricks for taking excellent pictures no matter what or where you're shooting.



Introduction to Microsoft Publisher

Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.



Discover Digital Photography

Explore the fascinating world of digital photography equipment.



Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.



SAT/ACT Preparation

Get your best possible score on the verbal and reasoning sections of the new SAT exam.



Blogging and Podcasting for Beginners

Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.



Introduction to Algebra

Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Learn from
the comfort
of home!

- 24-Hour Access
- Discussion Areas
- 6 Week Format
- Expert Instructor

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

westmoreland.augusoft.net
then click ed2go (online)

Visit our website for start dates

Prices start as low as: **\$115**



REGISTRATION

Online Registration & Payment Now Available!

Register at westmoreland.edu/coned

If you have any questions, contact the Information Center at 724.925.4000.

Refund Policy

Students who officially withdraw from a class by the end of the fourth business day before class starts will receive a full refund of tuition paid.

Material fees will also be refunded if the student officially withdraws from the class by the end of the fourth business day before class starts.

No refunds will be given for either tuition or material fees without notification of four business days prior to the start of any class.

Students will receive a full refund of tuition and material fees when the college cancels a class.

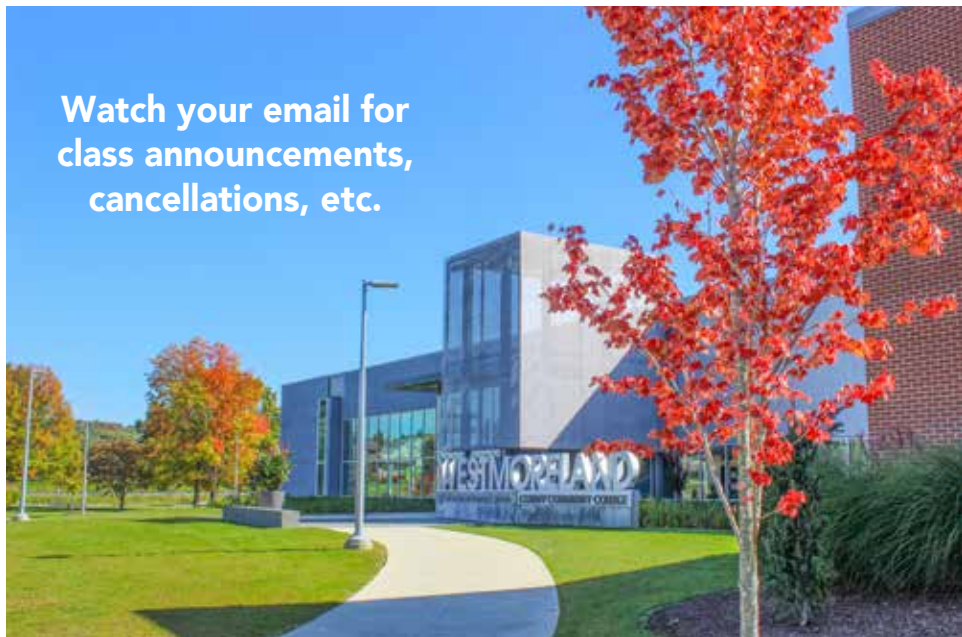
Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

You must officially drop a course to receive a refund.

If you do not officially drop, you remain obligated for all tuition fees.

Watch your email for
class announcements,
cancellations, etc.



DON'T DELAY!

Don't delay taking a class that interests you.

This could be the last time it's offered.

REGISTER TODAY!

BOOKING NOW FOR 2024

The Event Center at Westmoreland

Expect the unexpected from one of Westmoreland County's secret treasures! Located in Youngwood, the Event Center at Westmoreland County Community College is the area's newest venue that is perfect for hosting:

- Conferences
- Wedding Ceremonies
- Business Meetings
- Bridal Showers
- Rehearsal Dinners



The center features spaces for large and small events, state-of-the-art video and audio systems, premier catering services and ample, free parking. Check out all of Westmoreland's rental space including a theater with 400+ seating, a new board room and tech savvy classrooms.



BOOK YOUR EVENT TODAY!

Keri Bailey, events director
724.925.5981
baileyker@westmoreland.edu
westmoreland.edu/eventservices



145 Pavilion Lane, Youngwood, PA 15697-1814

OPEN HOUSE



Wednesday,
October 4
3-6 p.m.
All Locations

Visit
westmoreland.edu/openhouse
or call 724.925.4000.

Nonprofit Org.
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Greensburg, PA



145 Pavilion Lane, Youngwood, PA 15697-1898

Postmaster, please deliver August 14-18, 2023



Earn college credit while in high school!

Westmoreland's College Now! program welcomes qualified high school juniors and seniors to get a jump start on college while simultaneously completing their high school requirements for graduation.

College Now! offers:

- College in High School (Dual Enrollment) - College classes are taught at the high school
- Early College - College classes are taught at any Westmoreland location or online

Benefits of College Now!

- Complete a college degree in less time & at a lower cost
- Credits earned can transfer to four-year colleges & universities
- Be better prepared by experiencing college academics early
- Complete a college degree while in high school

SET UP A VISIT TODAY!
724.925.4000
westmoreland.edu/collegenow

