

RISE Program Application for Fall 2025 Start

The RISE application packet includes all of the following items. **All items** must be received by the college by the application deadline of **January 31st, 2025**.

1. Completed RISE Program Application form, including essay questions. *(This form must be completed by the student.)*
2. Documentation that verifies what the student's disability is, which may include a high school IEP, evaluation report, etc.
3. **Two** Support Person Recommendation Forms completed by people who have worked directly with the student, including a teacher, support staff, etc. *(These forms cannot be completed by a family member.)*
4. **One** Caregiver Recommendation Form completed by a parent, guardian, or caregiver of the student.

The application materials must be submitted via email to eicherla@westmoreland.edu with the subject line of "RISE Application."

Please print or type.

Student Information

Student Name: _____ Birth Date: _____

Nickname or Preferred Name: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Student's Phone Number: _____

Student's Email Address: _____

Education Information

Name of High School: _____

High school graduation year (if applicable): _____

Have you taken college courses in the past? Yes No

If yes, where have you taken college courses? _____

Parent/Guardian Information

Parent/Guardian Name: _____

Parent/Guardian Phone Number: _____

Parent/Guardian Email Address: _____

Disability Information

What is your diagnosed disability? _____

Please mark all services/support you receive or have received in the past:

Special Education/Learning Support

Office of Vocational Rehabilitation

Social Security Disability

Medical Assistance

Services through the ID or Autism Waiver

Other (please list): _____

Career Pathway Preferences

Which career pathway program are you most interested in taking at Westmoreland? (Select one.)

Baking and Pastry

Culinary Arts

Early Childhood Education

Heating, Ventilation, and Air Conditioning

Office Administration

Plumbing

Additional Information

Structure of Classes and Support in High School (check all that you have used *during high school years only*):

- | | |
|--|---|
| <input type="checkbox"/> 10 or fewer students in your class | <input type="checkbox"/> One-on-one instruction |
| <input type="checkbox"/> More than 10 students in your class | <input type="checkbox"/> Resource room |
| <input type="checkbox"/> Social skills training/support | <input type="checkbox"/> Personal aide for academic support |
| <input type="checkbox"/> Learning support | <input type="checkbox"/> Personal aide for behavioral support |
| <input type="checkbox"/> Emotional Support | |

Independent Skills

The RISE program requires that students are able to independently navigate campus, participate in class, etc. Which of the following skills can you complete independently now? (check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Tasks or chores at home | <input type="checkbox"/> Making friends |
| <input type="checkbox"/> Maintaining a job | <input type="checkbox"/> Personal care and hygiene |
| <input type="checkbox"/> Navigating in the community | <input type="checkbox"/> Using technology (phone, computer) |
| <input type="checkbox"/> Completing school work | <input type="checkbox"/> Managing money/finances |
| <input type="checkbox"/> Scheduling appointments | <input type="checkbox"/> Managing stress |
| <input type="checkbox"/> Asking for help | <input type="checkbox"/> Making important decisions |
| <input type="checkbox"/> Taking medication as prescribed | |

Work Experience

Have you ever been employed or worked a paying job? Yes No

If yes, where have you worked and for how long? _____

Have you ever done volunteer work? Yes No

If yes, where have you volunteered and for how long? _____

Stress Triggers

Check all scenarios that typically cause you to feel stressed.

- | | |
|--|--|
| <input type="checkbox"/> Talking with others | <input type="checkbox"/> Trying to be on time |
| <input type="checkbox"/> Asking for help | <input type="checkbox"/> Things being out of order |
| <input type="checkbox"/> Social events | <input type="checkbox"/> Hearing feedback/criticism |
| <input type="checkbox"/> Loud noises | <input type="checkbox"/> Not getting enough sleep |
| <input type="checkbox"/> Large crowds | <input type="checkbox"/> Harsh lights in a room |
| <input type="checkbox"/> Traveling alone | <input type="checkbox"/> Not understanding instructions |
| <input type="checkbox"/> Changes in routine | <input type="checkbox"/> Trying to prioritize responsibilities |
| <input type="checkbox"/> Other: _____ | |

Social Interactions

Check all that describe you.

- | | |
|---|--|
| <input type="checkbox"/> I make friends easily. | <input type="checkbox"/> I am active on social media. |
| <input type="checkbox"/> I keep friends easily. | <input type="checkbox"/> I can talk to others if needed. |
| <input type="checkbox"/> I like being social. | <input type="checkbox"/> I can talk to teachers if needed. |
| <input type="checkbox"/> I enjoy talking to teachers. | <input type="checkbox"/> I prefer to be alone. |
| <input type="checkbox"/> I enjoy meeting new people. | <input type="checkbox"/> I avoid talking to others. |
| <input type="checkbox"/> I like to try new things. | <input type="checkbox"/> I would like to be more social. |
| <input type="checkbox"/> I prefer to stay home. | |

Is there anything else you would like to share about social interactions?

Essay Questions

Please answer each of the following questions in essay format. Using 100-200 words for each question, type or print your response here or on a separate sheet of paper.

What are your academic and career goals?

Please share a major life event you experienced that demonstrates how you commit to achieving your goals. Please share something that required your persistence to complete.

How do you think the RISE program will help you achieve your academic and career goals?