

# CONTINUING EDUCATION

Summer 2024

June - August



Online registration  
available 24/7!  
[westmoreland.edu/coned](http://westmoreland.edu/coned)

MEDICARE HEALTH INSURANCE  
EVERY US CITIZEN  
Hospital (PART A)  
Medical Insurance (PART B)

# HEALTH CARE AND EMERGENCY SERVICES

Westmoreland offers a variety of noncredit classes in healthcare and emergency services. Many of the classes satisfy requirements for professional CEUs.

## American Heart Association Courses

The following courses are taught at the college according to AHA guidelines & regulations:

- Heartsaver First Aid
- Heartsaver First Aid CPR AED
- Heartsaver CPR AED
- Basic Life Support (BLS) full course & renewal
- Basic Life Support Instructor Course
- Advanced Cardiac Life Support (ACLS) full course & renewal\*
- Pediatric Advanced Life Support (PALS) full course & renewal\*

*\*Eligible for CEUs*

For class information, visit <https://westmoreland.edu/corporate-college/workforce-programs/american-heart-association-courses.html>

## Nurse Aide

The Nurse Aide program is offered each semester and is normally completed in 8-9 weeks.

Visit [westmoreland.edu/nurseaide](https://westmoreland.edu/nurseaide) for class information.



## EMT

Prepare to be an Emergency Medical Technician (EMT) by developing competencies in the following skills:

- Bag-Valve-Mask Ventilation of an Apneic Patient
- Bleeding Control/Shock Management
- Cardiac Arrest Management/AED
- Joint Dislocation Immobilization
- Long Bone Fracture Immobilization
- Ventilation with Supplemental Oxygen
- Patient Assessment/Management of a Trauma Patient & a Medical Patient
- Spinal Immobilization (both seated & supine patient)
- Supplemental Oxygen Administration to a Breathing Patient
- Traction Splinting
- Upper Airway Adjuncts & Suction

The curriculum follows the National EMS Education Standards. Upon successful completion of the course, students are eligible to take the national registry exam.

Visit [westmoreland.edu/emt](https://westmoreland.edu/emt) for class information.

Watch your email for class announcements, cancellations, etc.

To register, go to [westmoreland.edu/coned](https://westmoreland.edu/coned).

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## Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

**Nondiscrimination Policy:** Westmoreland County Community College does not discriminate in its educational programs, activities, or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, gender identity or expression, veteran status, union membership, or any other legally protected classification protected by state or federal law or the proper exercise by an Association member of their rights guaranteed by the Pennsylvania Public Employer Relations Act Number 195.

Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990.

Inquiries should be directed to the Affirmative Action Officer/Director of Human Resources, at 724-925-4143.

# PERSONAL ENRICHMENT

## ART, LANGUAGES & WRITING

### Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano by using the chord method. The chord method is LOTS of fun and a trick that professionals have used for years. This class will include an initial three hour zoom class, an online book, self-paced online follow up lessons, a recording of the class and also an optional periodic question and answer session. Craig Coffman, \$55 tuition + \$29 material fee

Tuesday, June 18, 6:30-9:30 p.m.

Tuesday, June 25, 6:30-9:30 p.m.



### NEW - Flute Ensemble

Join fellow flutists to play music together and show off your flute playing skills! Gain experience playing within a group, develop your flute playing skills, and perform in an informal end of class recital. This class is geared toward the experienced flutist, a knowledge of basic flute fingerings and music reading skill is required. You must have your own instrument. Amanda Sage M.M., \$69 tuition + \$15 material fee

8 Tuesdays starting June 11,  
6:30-8:30 p.m.

### Flash Fiction Workshop

This is a workshop that will focus on writing Flash Fiction using writing prompts and visual aids. Learn about the story development and word economy in Flash Fiction and techniques to develop realistic dialogue and great characters in your stories. You will be prompted each week to keep your story going and use the RISE method of peer review. In the final weeks, you will be provided a list of places to submit your work and review guidelines and final edits of your work. Wendy Norris, \$79 tuition + \$5 material fee

6 Thursdays beginning June 27, 6-8 p.m.  
(no class July 4)

### Introduction to Fiction Writing

Are you ready to become one of the greats? You will learn the many avenues to pursue fiction writing. What makes a story? Does fiction writing have rules? These are things you will discover all while creating your own plot summaries, cultivating your hero's journey, developing your characters, setting scenes and building your fiction story world. Wendy Norris, \$79 tuition + \$5 material fee

6 Wednesday beginning June 19, 6-8 p.m.



### NEW - Everyone has a Story

Everyone has a story to tell! Often, we verbally pass on information about our lives, our thoughts, our beliefs, with the hope that we will be remembered for these things. A lot of times, they are lost in time in part because the storyteller never wrote these memories down and are no longer with you. No writing experience necessary. Join us for an opportunity to learn how easy it can be to start memorializing your memories for your family and generations to come. Jeanette Mathews, \$59 tuition + \$5 Material Fee

4 Thursdays starting June 6, 7-8:30 p.m.  
(Westmoreland-New Kensington)

 Denotes REMOTE Class

To register, go to [westmoreland.edu/coned](https://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## **NEW - The Wonders of Watercolor**

Have you ever wanted to explore a new creative avenue that's as simple as grabbing a cup of water and a few brushes? Handling techniques of watercolor paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be emailed. Registration closes approximately 12 days prior to start date. Katelyn Salva, \$59 tuition + \$15 material fee

5 Tuesdays starting June 11, 6-8:30 p.m.

## **NEW - Writing for Online Blogs, Magazines & Websites**

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. In this fast-paced session, you will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and then use this credibility to sell other articles or even your self published novel. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark. \$35 tuition

Tuesday, July 9, 5-7 p.m.

## **NEW - How to Outline & Write an Irresistible Romance**

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. Discover the different romance sub-genres and understand the proven romance formula. Learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark. \$35 tuition

Tuesday, July 16, 7-9 p.m.

## HEALTH & WELLNESS



## **NEW - Strong Nation: Strong 30**

Do you like Zumba, but want to try something a little different that still gets your feet moving and heart pumping to the beat? Strong Nation is a high intensity interval training class that combines body weight, muscle conditioning, cardio, and plyometric training. Every move is synced to music that has been specifically designed to match that mover. Be prepared with a small towel, and plenty of water, you will need it! Amanda Sage, \$49 tuition

8 Tuesdays starting June 11, 5:30-6 p.m.

## **Qi Gong for Energy & Health**

In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system's functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, \$35 tuition

4 Mondays starting June 3, 7-8 p.m.  
(Westmoreland Latrobe)

## **Walk Live**

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition

8 Thursdays starting June 6,  
5:30-6:30 p.m.

**Watch your email for  
class announcements,  
cancellations, etc.**



Denotes REMOTE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT

## Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring a yoga mat to class. Saroja Chandra, \$59 tuition  
8 Tuesdays starting June 11, 3-4:15 p.m.  
(Westmoreland-Murrysville)

## Chinese Self-Defense

Chinese self-defense is a highly effective approach to self-defense. This practice utilizes a softer approach that employs pure technique rather than power. You will employ a comprehensive balance of hand and foot techniques while developing flexibility, fitness, and self-confidence. Hachi-Dan 8 Black Belt Chuan Shu Chinese Kempo, Alan Lazar, \$59 tuition  
6 Monday starting June 24, 6-7 p.m.

## FOODS LAB RULES

**Open-toed shoes, sleeveless tops, shorts and capris are NOT PERMITTED in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.**

## Food

### **NEW - Three Appetizers to Please Everyone**

Let's prepare a few of my favorites that are sure to make your next gathering a real hit! This is a hands-on class so I will demo and then you will do the work. This class works if you have never cooked a thing or are a seasoned home cook. My techniques are simple and easy to learn with no pressure. Chef G, \$39 tuition + \$30 material fee  
Thursday June 13, 6-8:30 p.m.

### **NEW - Zuppa Toscana**

Zuppa Toscana, a rustic Tuscan soup, embodies the essence of Italian cuisine with its rich flavors, hearty ingredients, and simple yet exquisite preparation. Explore key ingredients and cooking techniques unique to the region. Chef G, \$39 tuition + \$30 material fee  
Thursday June 27, 6-8:30 p.m.



### **NEW - Stuffed Zucchini**

This hands-on class will guide you through the steps of crafting delectable stuffed zucchini dishes, exploring a variety of ingredients, flavors, and techniques to elevate this versatile vegetable to new heights. Chef G, \$39 tuition + \$30 material fee  
Thursday July 25, 6-8:30 p.m.

### **Sugar Cookie Decorating**

Learn how to make royal icing, flood and outlining consistencies and decorating techniques. You will leave class with seasonal-themed cookies you created. Chef Sara Voelker, \$39 tuition + \$15 material fee  
Thursday, July 11, 5:30-9:30 p.m.

### **French Macarons**

Create elegant and colorful macarons in two different flavors. Learn start to finish how to prepare macaron batter, pipe, bake and fill with two fillings. You will leave with a box of macarons to enjoy at home. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. Chef Sara Voelker, \$39 tuition + \$15 material fee  
Wednesday, June 19, 6-8:30 p.m.

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

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# PERSONAL ENRICHMENT



## Wines from Around the World

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste two to three different wines while discussing popular food pairings. Please read the special notes for the wines being poured on a particular date. Wines are subject to change based on availability. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$10 material fee

### Extraordinary Wines from South

**America**– Red, White, and Rosé from Chile and Argentina. Of course, Malbec but so many others that are marvelous values

Wednesday, June 5, 6-7:30 p.m.

**California**–Some many wonderful California wines outside of Napa and Sonoma. We'll taste wines from Paso Robles, and beyond. You don't want to miss this one!

Thursday, July 11, 6-7:30 p.m.

**Chardonnay**–How can one grape taste so many different ways? We will try wines from several different areas around the world.

Wednesday, July 24, 6-7:30 p.m.

### Taking the Mystery out of French

**Wines**–We will taste some marvelous wines while learning about bottle shapes, regions, and variations of grapes.

Thursday, July 25, 6-7:30 p.m.

**So, what is Pinotage anyway?** Terrific Red and White wines from South Africa.

Thursday, August 15, 6-7:30 p.m.

**Let's Go to Spain!** Fabulous, affordable wines from this Old-World Country

Thursday, August 29, 6-7:30 p.m.

## NEW - For the Love of Wine

In this course we delve into a variety of exquisite wines perfectly suited for warm-weather escapades. From the refreshing delights tailored for leisurely outdoor gatherings to the bold companions crafted for grill-side revelries, each session promises an exploration of unique flavors and characteristics. Whether you're lounging on the deck or savoring gourmet fare, join us on select evenings throughout the summer season to unlock the pleasures of wine like a true connoisseur. Jill Kummer, \$35 tuition + \$10 material fee

### Great Wines for Summer Outings – We

all know that wines taste different when consumed outdoors. We will taste our way through some of the best for those "on the deck," days.

Wednesday, June 12, 6-7:30 p.m.

### Rose-It is not what you remember.

These elegant, dry refreshing wines are perfect for warmer weather and days outside with friends.

Thursday, June 13, 6-7:30 p.m.

**ABC (Anything but Chardonnay)** – We'll taste some cool, crisp summer wines besides Chardonnay. (And we included some reds with this one).

Tuesday, June 18, 6-7:30 p.m.

**Wines for the Thrill of the Grill** – Big and Bold Red wines that can stand up to greatness on the grill.

Thursday, July 18, 6-7:30 p.m.

### Is There Great Wine Beyond California?

The answer is yes!

Tuesday, August 6, 6-7:30 p.m.

**How to Drink Wines Like a Millionaire on a Beer Budget**–Terrific values for yummy wines!

Wednesday, August 14, 6-7:30 p.m.

**Bordeaux** – Rich, elegant reds coveted the world over. Some are Cabernet Sauvignon-dominated, some are Merlot-dominated, and all are marvelous!

Wednesday, August 28, 6-7:30 p.m.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT



## Improve your Beer IQ

Join us to taste different beers as you learn about bouquet/aroma, appearance, flavor, body, drinkability and overall impression. You can impress your friends with your new knowledge and expand your appreciation of different beers. Please read the special notes for the beers to be presented on a particular date. Must be at least 21 to attend. Registration ends a week prior to Start. Jill Kummer, \$35 tuition + \$7.50 material fee

**The Commonwealth of Ciders**-Explore the different ciders from different commonwealth countries around the world.

Friday, June 14, 6-7:30 p.m.

**Beers and Spirits?**-Explore the fine art of aging Beers in Bourbon Barrels. Spectacular tastes that are pleasing to the palate..

Thursday, June 20, 6-7:30 p.m.

**Lagers, Ales and Beyond**-Who knew there could be so many diverse styles of beers? We will try them and compare them. One will certainly grab your attention!

Tuesday, June 25, 6-7:30 p.m.

**Summer Beers-Summer Shandies?** What on earth are those?

Tuesday, July 23, 6-7:30 p.m.

**Cider vs. Ale-Grains? Apples? Grapes?** What's the difference?

Thursday, August 8, 6-7:30 p.m.

**Specialty Beers**-Germany, Italy, and Spain. Not your traditional Brews.

Wednesday, August 21, 6-7:30 p.m.

## Follow the Spirits

An extensive look at specific types of spirits, from three different producers across the world. Explore the difference in taste, color, geography, climate, weather and much more. Plus discussions on reading the label, bottle shapes, and other interesting facts. This course is a relaxed format with tasting notes included. These will be small samples with the product being used and will be procured in 2 oz bottles. The total product being poured for each tasting would be approximately one to one and a quarter ounces within an hour and a half. There will be smaller samples than other alcohol related classes, due to the type of Spirits being served and serving regulations. Must be 21 to attend. Jill Kummer, \$35 tuition + \$10 material fee

**Bourbon**- Explore this uniquely American Spirit!

Monday, June 17, 6-7:30 p.m.

**Vodka**- Incredibly versatile and delicious.

Thursday, August 22, 6-7:30 p.m.



## Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration.

**To view the schedule, visit**  
[westmoreland.edu](http://westmoreland.edu)

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.



# PERSONAL ENRICHMENT

## LAW & MONEY

### How to Start Any Home Business + 250 Home Business Ideas!

Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover: \* more than 250 legitimate home business ideas \* mandatory legal documentation \* many ways to market your product/service \* how to take tax deductions (this workshop included) Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition  
Wednesday, July 10, 7-9 p.m.



### Make Money with a Virtual Assistant/Word Processing Business (prerequisite)

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class fee. Participants must also attend or have attended "How to Start Any Home Business + 250 Home Business Ideas!" The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition  
Wednesday, July 10, 9-10 p.m.

### Earn Extra Money Mystery Shopping (prerequisite)

Learn how to sign up with many legitimate mystery shopping companies WITHOUT FEES, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Informative handouts for future use are included in class fee, including a list of 25 legitimate companies you can work for. Participants must also attend or have attended "How to Start Any Home Business + 250 Home Business Ideas!" The webinar login information will be emailed the day before class. LeeAnne Krusmark, \$25 tuition  
Wednesday, July 10, 6-7 p.m.

### Save Money with Extreme Couponing!

Coupon savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you: where to find all different types of coupons, even for high ticket items; how to find the best coupon apps and websites; how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$25 tuition  
Friday, July 12, 6-7 p.m.

### How to Make Extra Cash Pet Sitting (after school/work)

Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. Learn about feeding, watering, and exercising pets, how to make a good impression as well as what questions to ask when interviewing for a pet sitting job, and what to do when a dog has behavioral issues. Discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. This class is taught by a seasoned professional pet sitter and a longtime entrepreneur. The webinar login information will be emailed the day before class. LeeAnne Krusmark, \$35 tuition.  
Friday, July 12, 7-9 p.m.

 Denotes REMOTE Class

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# PERSONAL ENRICHMENT

## Monetize Websites, Blogs and Social Media with Affiliate Marketing



Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions. You'll also learn SEO secrets to increase your sites ranking and visibility on search engines like Google. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemark \$39 tuition.

Tuesday, July 16, 5-7 p.m.

## Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP-\$19 tuition  
Tuesday July 16, 6-8 p.m.

## NEW - Retirement Income Planning Basics

Creating a retirement plan that includes a plan for retirement income. You will learn the various areas to address in retirement planning such as budget, risk management, retirement income planning, estate planning, planning for health insurance, taxes, and legacy. You will gain a general understanding of the various areas of retirement planning and have identified aspects of your finances that could attract attention and also understand general concepts and solutions that could enhance your financial health and well-being throughout retirement when you complete this class. Jack George, CFP®, CLTC, CMP-\$25 tuition

Monday, July 29, 6-8 p.m.



## Your Retirement Readiness Checklist

This course is designed to walk you through a seven-point comprehensive checklist to determine if you have your ducks in a line regarding your retirement. We will explore the essential items that should be "checked off" before you decide to retire. Jack George, CFP®, CLTC, CMP-\$19 tuition  
Monday, August 5, 6-8 p.m.



## Medicare 101

you become eligible for Medicare. To assist you in making informed decisions about Medicare, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the PA Medi Program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. Linda Skodak  
Wednesday, June 26, 1 -3 p.m.  
Friday, August 9, 11 am-1 p.m.



Denotes REMOTE Class

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# PERSONAL ENRICHMENT

## PERSONAL INTEREST

### Final Preparation Series

Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.

#### Basic Will Writing

You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Mary Ann Grec, \$35 tuition

Monday, July 15, 5:30-9:30 p.m.

#### Writing an Obituary

Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, \$10 tuition

Thursday, July 18, 6-8 p.m.

#### Funeral Pre-Planning: Where to Start

Pre-planning a funeral can bring peace for you and your family, but sometimes it's hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time. Leah Tapper, \$10 tuition

Thursday, June 20, 6-8 p.m.

#### Basic Dog Obedience

Learn how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires proof of up-to-date vaccinations. Bring your dog on a leash. Arlene Halloran, \$69 tuition

8 Tuesdays starting June 11, 6-7 p.m.

(Career Link Parking Lot)

#### Advanced Dog Obedience

Learn advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Requires proof of up-to-date vaccinations. Arlene Halloran, \$69 tuition

8 Tuesdays starting June 11, 7-8 p.m.

(Career Link Parking Lot)

#### Healthy Habitats for Bees & Other Pollinators

Join us to learn how to attract and keep pollinators in your garden. Information will be presented on host and nectar plants for several butterflies, along with the colors and shapes of flowers for different pollinators. Patti Schildkamp, \$10 tuition + \$2 material fee

Thursday, June 20, 6-7:30 p.m.

#### Bring Butterflies to Your Garden

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee

Wednesday, June 12, 6-7:30 p.m.



#### NEW - How You Can Help Save the Monarch Butterfly

In light of the alarming decline in Monarch butterfly populations, this course equips participants with the knowledge and tools needed to become guardians of these iconic creatures. Delve into the fascinating life cycle of Monarchs, from egg to adult, while focusing on practical steps to support their survival. Patti Schildkamp, \$10 tuition + \$2 material fee

Monday July 15, 6-8 p.m.

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## **Introduction to Birding in Southwest Pennsylvania**

Join us to learn the basics of birding. You will discuss bird behaviors, identifications, and tips and tricks to create a bird friendly backyard. Not only will you leave class with some new and exciting knowledge about birds, but also with a no-waste bird feeder to start your backyard bird paradise! Bolana Schofield, \$39 tuition + \$2 material fee  
3 Wednesdays beginning July 17, 6-8 p.m.



## **BACK AGAIN- Essential Oils 101**

Aromatic plants have long played an important role in human civilizations. Oils extracted from aromatic plants have powerful, positive and therapeutic benefits to the mind and body. You will learn what essential oils are, why they work, and how to safely use them to boost the immune system, reduce stress and anxiety, improve sleeping, etc. You will make a personalized oil blend to take home. Jamie Wieland, \$39 tuition + \$12 material fee  
2 Thursdays, starting July 18  
6:30-8:30 p.m.

## **Edible & Medicinal Plants of PA**

Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you hike the Five Star Bike Trail. The two-hour walk will start in a college classroom. Please wear appropriate footwear. Class will be held rain or shine. Lindsey Praksti, \$15 tuition + \$2 tuition  
Friday, June 14, 10 am-12 p.m.

## **Balance Your Life with Reiki**

Reiki encourages the body and mind into a greater state of stability. Reiki can be used for people and animals. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. The Reiki method is practiced and embraced worldwide for its simplicity and ease. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Linda Yarbrough, \$25 tuition  
Thursday June 20, 6-8:30 p.m.

## **Pennies from Heaven**

Do pennies seem to appear in your path when you least expect them? Do you often find strange objects in unexpected places? What could these really mean to you? Are you being sent a special message? Throughout the years I have learned the meanings of many signs that just appear out of nowhere when dealing with grief after the loss of loved ones in my life. These signs and symbols have brought me relief in ways I never thought possible. I would love to share my experiences with you. Linda Yarbrough, \$15 tuition  
Thursday, August 1, 6-8 p.m.

## **BACK AGAIN- Basic Buddhism**

Buddhism is a philosophy and set of practices originally taught by Gautama Shakyamuni who became known as the Buddha. This course will cover his story, those teachings, how they spread across the world, and how they can be applied to our world today. Lawrence Fallon, \$49 tuition  
4 Tuesdays starting July 9, 6-8 p.m.

## **History of Christianity**

Christianity has helped shape the modern world as we know it for over 1,600 years. Yet there are many things which people are still curious about. How did early Christians worship compared to Christians today? What were the causes of the splits that occurred amongst various Christian groups...and, what is the difference between all of the denominations that exist today? Come explore the history behind modern Christianity. Frank Kordalski, Jr., \$39 tuition + \$2 material fee  
4 Wednesday starting July 10,  
6:15-8:30 p.m.

## **Folklore of Western Pennsylvania**

We've all heard of various legendary events and creatures: Roswell, Shangri-la and Leprechauns. Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski Jr., \$25 tuition  
2 Mondays starting June 17, 6:30-9 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT



## Discover Your Family Tree

Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski Jr., \$29 tuition + \$2 material fee  
2 Mondays beginning July 22,  
6:30-9:30 p.m.

## Battles of Western Pennsylvania

Southwestern Pennsylvania has a rich history, which, not surprisingly, includes several military battles and skirmishes. We'll look at some of these battles, from the Battle of Jumonville Glen, the Whiskey Rebellion through to the Homestead Steel Strike. Frank Kordalski Jr., \$15 tuition  
Thursday, August 1, 6:30-9 p.m.

## International Impact of the American Civil War

In the course of any war, commerce is disrupted, and the American Civil War was no exception. We will look at how the naval blockade of southern ports affected foreign economies, helped in the building of the Suez Canal and led to the rise of an extremist Islamic movement. Scott Perry, \$15 tuition  
Monday June 10, 6-9 p.m.

## Road to Revolution: America's Path to Independence

The years 1763-1776 were some of the most important years in our nation's history. Learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania's own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation. Scott Perry, \$15 tuition  
Thursday, June 27, 6-9 p.m.

## Basic Handgun Familiarization for Women

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) Donald Hess, \$42 tuition + \$2 material fee  
Thursday, July 11, 6-10 p.m.



## Handguns-Home Safety & Personal Protection

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee  
Tuesday and Thursday, July 16 & 18,  
6-10 p.m (Youngwood)  
Saturday, July 20, 8 am.-5 p.m.  
(Public Safety Training Center)

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## Advanced Handguns

### Home Safety & Personal Protection

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$65 tuition + \$10 material fee

Saturday, August 10, 8 a.m.-5 p.m.

(Public Safety Training Center)



## Advanced Handguns II

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns. Donald Hess, \$65 tuition + \$10 material fee

Saturday, August 31, 8 am-5 p.m.

(Public Safety Training Center)



## AARP Smart Driver Course

This two-session classroom driver retraining program is designed to help adults age 50 and better improve their driving skills. The class covers the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions, energy saving and accident prevention measures. \$20 material fee payable at first class (check or money order only made payable to AARP, no cash). The fee is only \$20 if you are a member of AARP (membership card must be presented), \$25 for non-members. NOTE: You must be age 50 or older, have a valid driver's license and attend both sessions to receive a certificate.

Wednesday and Thursday, July 24-25,  
9 a.m.-1 p.m.

## AARP Smart Driver

### Course Four-Hour Refresher

This class will teach you how to handle adverse driving conditions and traffic hazards, in addition to learning about the effects of aging and medications on driving. Prerequisite: AARP Driver Safety eight hour class. You must bring the safety certificate from prior 55 Alive Driver Safety class as proof of completion. \$20 material fee payable at first class (check or money order only made payable to AARP, no cash). \$20 for AARP members (membership card must be presented), \$25 for non-members.

Monday, July 29, 9 am-1 p.m.

Watch your email for  
class announcements,  
cancellations, etc.

For more information about  
Personal Enrichment classes,  
contact the Information Center  
at 724.925.4000 or  
[infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# COMPUTERS

**In-person computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.**

## **Excel 2021 Level 1**

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive (or a cloud account like OneDrive or Google drive) to class. Zachary Hursh  
\$85 tuition

4 Fridays starting June 7, 5:30-8:30 p.m.

## **NEW - Maximizing Google Apps**

Get the most out of the free Google apps by gaining a thorough understanding of what these apps have to offer. Through instructor demonstrations and practice, you can gain the skills to utilize these tools efficiently and effectively. Prerequisite: a basic understanding of the apps available and a gmail account. Lawrence Fallon, \$59 tuition

4 Wednesdays starting June 26, 6- 8 p.m.

## **ONLINE LEARNING** the solution for today's busy adult

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Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

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**[westmoreland.augustsoft.net](http://westmoreland.augustsoft.net)**  
then click ed2go (online)

**Most textbooks will be purchased online; there is a limited supply in the College Store. Instructions will be emailed to registered students.**

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# KIDS & YOUTH

## **NEW - Pretzel Palooza (Ages 7-17)**

Learn how to make and create pretzel masterpieces and yummy cheese to dip your twisted delights in and make memories to last a lifetime. Adult and child must register; one adult per child. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. For other Culinary Lab rules visit our website. Chef Sara Voelker, \$49 tuition + \$10 material fee

Friday, June 28, 9 a.m.-1 p.m.

## **NEW - Crazy Cookie Decorating (Ages 11-18)**

Have fun with decorating summer themed cookies to take home and show off! Learn how to make royal icing, flood and outlining consistencies and decorating techniques. Chef Sara Voelker, \$49 tuition + \$15 material fee

Wednesday, June 26, 9 a.m.-1 p.m.

## **NEW - Focaccia for Kids (Ages 11-18)**

Focaccia is an Italian bread that is shaped and baked into a large, flat rectangle and is very similar in flavor and texture to pizza dough. Learn to make an edible piece of art that will be sure to impress your friends and family. After all, we eat with our eyes first. Judy Dewitt, \$39 tuition + \$15 material fee

Monday, July 22, 5:30-8:30 p.m.

## **NEW - Teen Yoga (Ages 13-18)**

Join us for a dynamic and empowering class designed specifically for teenagers. Explore mindful movement, breath awareness, and relaxation techniques tailored to support physical strength, flexibility and mental well-being. Discover tools to manage stress, enhance focus, and foster self-confidence in a welcoming and supportive environment. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. Suitable for all levels, come as you are and embrace the journey of self-discovery through yoga. Bring a yoga mat to class. Saroja Chandra, \$59 tuition

8 Tuesdays starting June 11,  
11 a.m.- noon  
(Westmoreland-Murrysville)

## **NEW - Pizza for Kids**

Prepare fresh yeast pizza dough and top it with a variety of toppings. You will each take a pizza home. Bring aprons and a snack and drink. Chef G, \$39 tuition + \$10 material fee

Friday, June 7, 9 a.m.-12:30 p.m.

Friday, August 2, 5-8:30 p.m.

## Summer Camps

*Each Summer, Westmoreland offers a variety of day camps. There is something for every child's interest! The camps provide opportunities for Children and youth to have fun as they explore careers, learn new skills, make friends and keep their minds and bodies active and engaged.*

## **NEW - LEADERSHIP BOOTCAMP (Ages 9-12)**

Leadership, critical thinking, management, teamwork, career readiness and communication are just a few skills that are increasingly important as we look into the future of students that are currently in High School. Whether or not you are going to a postsecondary school or straight into the workforce, this series will invite you to dive deeper into these competencies to be better prepared for your future. Learning directly from business and industry professionals, you will be immersed in hands-on, real world, activities that will help you navigate many things that may come your way in years to come. These transferable skills will help you no matter where life takes you. This three-day boot camp series will take place once a month over the summer session. \$150 tuition + \$50 material fee.

Mondays, June 17, July 15, August 5,  
9 a.m.-3 p.m.

Tuesdays, June 18, July 16, August 6,  
9 a.m.-3 p.m. (Westmoreland-Indiana)

Thursdays, June 27, July 18

Tuesday, August 6, 9 a.m.-3 p.m.  
(Westmoreland-Murrysville)

## Parental Guidelines for Camps

- Complete an Emergency Contact form during registration
- Accompany your child to the classroom
- Come to the classroom at dismissal each day
- Be prompt in dropping off and picking up your child

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**



# KIDS & YOUTH



## **NEW - It's Play Time**

Bring your creative talents! For four days, you will work on the craft of playwriting—from developing plot and characters, to staging, to set design, to finally a performance of your masterpieces. You will divide our time between basic lessons in theater and then hands-on group work as you compose 10-minute plays to present to your friends and family. John Paul Ritchey \$69 tuition + \$5 material fee.

Ages 8-12: Monday to Thursday,  
June 17-20, 9 a.m.-12 p.m.  
(Westmoreland-Latrobe)

Ages 13-17: Monday to Thursday,  
June 24-27, 9 a.m.-12 p.m.  
(Westmoreland-Latrobe)

## **NEW - Exploring Digital Information Camp (Ages 13-18)**

Join us to explore how the internet intersects with history, journalism, psychology, and philosophy while learning about digital hygiene, click restraint, digital security and how to make sure you are on safe and reliable sites when looking online. The internet has become the ultimate source of information, not unlike an unexplored jungle. It's up to us to clear out a path. Zachary Hursh, \$55 tuition + \$2 material fee.

Monday through Thursday starting  
June 10, 5:30-7:30 p.m.

## **Cybersecurity (Grades 7-12)**

Through hands-on activities, you will explore online tools used by cybersecurity professionals. You will learn about cybersecurity threats happening every day, cyber ethics and how to apply practical principles to keep yourself safe online. There are many career opportunities in this exciting new field. Find out what skills you need to be a White Hat Hacker. Michael Caglia, \$49 tuition + \$10 material fee

Monday, Tuesday & Wednesday,  
June 24-26, 9 a.m.-12 p.m.

## **NEW - Brixology (Ages 7-12)**

Use LEGO® bricks to build a different engineering theme project each day! You will use critical thinking, cooperation, and creative problem-solving to test and improve your creations! Each class will revolve around a different engineering theme— including mechanical, structural, and nautical engineering. Brixology sets the foundation for our next generation of makers! Mad Science—\$159 tuition

Monday through Friday, August 5-9,  
9 a.m.-12 p.m.

## **NEW - Metal Fabrication Design (Grades 7-12)**

Become familiar with the operation of a plasma torch, water-jet machine, grinder, sandblaster and a TIG welder, and be exposed to metal fabrication techniques. You will be fabricating several objects. One object will be a small model car constructed of steel or aluminum. With supervision, you will have the opportunity to TIG weld the pieces of the car together. You may elect to polish or paint the car. You will keep the objects you fabricate. Wear long pants and closed-toed shoes. John Maristi, \$95 tuition + \$19 material fee

Monday through Friday, July 22-26,  
8:30 a.m. -12:30 p.m.



## **NEW - Robo Builders**

This camp is designed to provide students in the local High Schools and Career and Technology Centers a system wide understanding of battle bots. During the week, we will work on each aspect of the bot. We will start with mechanical systems: print reading, CAD, CAM, fastening, bearings, and alignment. Then, we will work on electrical systems: battery design & specs, electrical print writing, circuit building best practices, and connector types. We will finish with assembly and testing. Nicholas Nelson, \$280 tuition

Monday through Friday, August 5-9,  
8 a.m.-4 p.m. (Westmoreland-  
Advanced Technology Center)

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# KIDS & YOUTH

## **NEW - RC Car Engineering Camp (Ages 10-14)**

Construct and race your own remote-controlled vehicle! Campers will build an RC car from the ground up, doing everything from the chassis and transmission to the suspension and motor. Learn how to install an electronic speed control, servo, transmitter, and receiver. By the end of the session, campers will show off their driving skills on an off-road course! Campers will get to keep the cars they build. Evan Dickson-\$200 tuition + \$180 material fee

Wednesday through Friday, July 17-19,  
8 a.m.-12 p.m. (Westmoreland-  
Advanced Technology Center)

## **Take the Terror out of Talking (Grades 7-12)**

Reduce your fear of public speaking and become more comfortable talking in groups and giving presentations by learning some fundamentals of public speaking. The camp will focus on delivery skills that, with practice, will provide you with the ability to communicate in groups with confidence. Good communication skills are critical for success. Registration ends June 6.

Distinguished Toastmaster, Paulette Harvey,  
\$45 tuition + \$12 material fee

Tuesday through Thursday, June 18-20,  
1-4 p.m.

## **Fizz, Bang, Boom (Ages 7-12)**

Shake up a flask of fun in the lab as a junior chemist! This hand-on and interactive program of chemistry is packed solid with cool reactions. Bring a snack and drink. Mas Science, \$159 tuition

Monday through Friday, June 17-21,  
9 a.m.-12 p.m.



## **NEW - Forces and Flight (Ages 7-12)**

Journey with us through the principles of flight and aerodynamics! Build airplanes, hovercraft and balloon copters, and explore the role that wind and the movement of air plays on simple flying devices such as kites, hot air balloons and parachutes. Mad Science, \$159 tuition

Monday through Friday, July 15-19,  
9 a.m.-12 p.m.

## **Hand Crafted Winter in July (Ages 7-12)**

Join us for this fun filled arts and crafts camp to celebrate the halfway point to Winter! Every day will focus on a new art piece or craft that will get you ready for all of the festiveness that comes with winter. Make a special gift box to fit all of your goodies you may get during the season, ornaments, pictures, decorations, and more! \$45 tuition + \$25 material fee.

Monday through Thursday, July 8-11,  
9 a.m.-12 p.m.

Monday through Thursday, July 15-18,  
9 a.m.-12 p.m. (Westmoreland-Indiana)

Monday through Thursday, July 22-25,  
9 a.m.-12 p.m.  
(Westmoreland-Murrysville)



## **NEW - Camping in the Great Outdoors (Ages 11-18)**

Learn the essential camping skills like setting up tents and general first aid, while also fostering a love for nature through guided exploration. From survival techniques to analog navigation, kids will develop teamwork, leadership, and a lifelong appreciation for the great outdoors. \$49 tuition + \$5 material fee.

Monday through Thursday, June 10-13,  
9 a.m.-12 p.m.

## **NEW - Budgeting Basics Boot Camp (Grades 7-12)**

Learn the basics of personal finance, how to budget, how to save money, how to set yourself up for future success no matter what your age is! Understanding how to manage money effectively is a crucial life skill, and this course aims to equip students with the knowledge and tools necessary to make informed financial decisions. \$49 tuition + \$10 material fee.

Monday through Thursday, June 17-20,  
4-7 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# KIDS & YOUTH



## **NEW - Paint Like Bob Ross (Ages 7-12)**

Do you have the artist bug and love to get your fingers dirty creating masterpieces that make people happy to look at? Then Bob Ross is the man to look at to create this master creation! You will explore the iconic painting techniques of Bob Ross, renowned for his happy paintings and distinctive style. This class is intended for beginners with no prior painting experience. \$49 tuition + \$15 material fee.

Monday through Thursday, June 24-27  
9 a.m.-12 p.m.

## **NEW - Kids & Culture (Ages 7-12)**

Hands-on activities, interactive workshops, and exciting excursions will bring students closer to the heart of various cultures. From traditional arts and crafts to culinary delights, music, dance, and folklore, campers will have the opportunity to explore the richness of different traditions, customs, and lifestyles. \$49 tuition + \$10 material fee.

Monday through Thursday, July 29-Aug 1,  
9 a.m. -12 p.m.

## **NEW - Adventures in Bookland Book Club (Ages 6-10)**

This group is tailored to engage and inspire children in the exciting world of reading during their summer break. Foster your love for reading while simultaneously enhancing your literacy skills in a fun and interactive environment. \$49 tuition + \$5 material fee.

4 Fridays starting July 12, 9 a.m. -12 p.m.

## **NEW - Nature's Adventure (Ages 7-12)**

Explore nature through games, exploration, and experiments to learn all about the amazing plants, animals, and fun you can have...starting right in your backyard. Bring Lunch. \$39 tuition + \$10 material fee.

Friday, June 28, 9 a.m.-3:30 p.m.

## **NEW - Chemistry: A Journey into forensic Science. (Ages 11-16)**

Uncover the secrets of forensic chemistry, learning how scientific principles are applied to solve mysteries, analyze evidence, and uncover the truth. Delve into the captivating intersection of chemistry and forensic science, where every discovery holds the key to unraveling the puzzle. Bring lunch. Autumn Maloy & Sharron Hipple, \$39 tuition + \$10 material fee

Friday, June 21, 9 a.m.-3:30 p.m.



## **NEW - Biology- Exploring Entomology: discovering Insect Science (Ages 11-16)**

Explore the intricate lives of insects from their ecological roles to their remarkable adaptations. See how these tiny, but mighty, creatures help create the world around us! Bring lunch. Autumn Maloy & Colleen Bablilya, \$39 tuition + \$10 material fee

Friday, June 14, 9 a.m.-3:30 p.m.

## **NEW - Nutrition for Kids (Ages 12-18)**

Want to learn how to fuel your body to make it perform its best no matter what you are doing? Summer fun, sports, living a healthy lifestyle fit specifically for you? This class will show you how to nourish your body in a healthy way that will help you perform to the best of your abilities. Leah Malavite, \$25 tuition + \$15 material fee

Wednesday, June 26, 9 a.m.-12 p.m.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# KIDS & YOUTH

## **NEW - Learning with ADHD: Strategies for Success (Grades 7-12)**

Do you struggle with ADHD, or know someone who does, and are looking for somewhere to help you find strategies for success? If so, this class is designed for you to improve your academic performance and learn how to enjoy school again. Whether you are in high school or college, this course will give you dynamic, hands-on, interactive tools that will lead you to a path of success. This class will also include a half-hour private coaching session with the ADHD certified instructor. Jennifer Monroe, \$89 tuition + \$5 material fee

Monday through Thursday, July 22-25,  
9 a.m.-12 p.m.



## **NEW - My Smart Hands: Baby Sign Language**

Do you want to learn another way to communicate with your baby and for your baby to communicate with you? You will learn the benefits of using sign language with your baby. Learn over 100 common signs and how to use them with your child to promote language development, decrease frustration, and strengthen your bond. You will receive a manual with color photos and songs digitally to practice at home that you will learn in class. This class is open to families of all hearing abilities and is taught by a certified teacher of the Deaf and Hard of Hearing. Julia Gray. \$69 tuition + \$20 material fee.

8 Tuesdays beginning June 11,  
5:15-6 p.m.

## **NEW - Out of this World (Ages 3-6, must be accompanied by an adult)**

Planets, stars, and rocket ships! Get your creative juices flowing and learn all about space and make some astronaut food! \$15 tuition + \$5 material fee

Monday, June 17, 5:30-6:30 p.m.



## **NEW - Superhero Party (Ages 3-6, must be accompanied by an adult)**

Dress up as your favorite character and join this super spectacular punch and cookie party! You'll even get your own special party cup to decorate and take home with you. \$15 tuition + \$5 material fee

Wednesday, July 17, 5:30-6:30 p.m.



## **NEW - Exploring Scotland (Ages 3-6, must be accompanied by an adult)**

Get your kilts ready to go for this exploration into Scotland and Scottish culture. Learn about the music and animals that reside in Scotland and make an instrument and furry friend to take home with you. \$15 tuition + \$5 material fee

Monday, June 24, 5:30-6:30 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# KIDS & YOUTH

## Sports Camps



### Personal Fitness Camp (Ages 9-15)

Campers will gain experience that includes, but not limited to, the following: components of physical fitness, introduction into weight training, flexibility, agility, safety practices, technology, assessment of health-related fitness, health problems associated with inadequate fitness levels, benefits derived from participation in physical activity along with understanding nutrition- healthy eating. Wear sneakers and workout gear. Bring a water bottle and snack. Certified Athletic Trainer, Rob Rubal, \$79 tuition

Monday through Friday, June 10-14,  
9 a.m.-12 p.m.

### Baseball Camp (Ages 7-12)

Learn proper throwing, catching and hitting techniques, along with basic running skills. Bring a glove, hat, bat, water bottle and snack. Sunscreen is recommended. Mike Draghi, \$79 tuition

Monday through Thursday, June 10-13,  
9 a.m.-12 p.m.

### Volleyball Camp-Beginners (Ages 8-12)

Learn in-depth passing and hitting techniques, proper footwork, offensive and defensive strategies along with gameplay. Campers need to bring knee pads and a water bottle. Mary Ellen Ferragonio, \$69 tuition

Monday through Friday, June 17-21  
9 a.m.-11:30 am

### Volleyball Camp-Advanced (Ages 12-16)

Learn in-depth passing and hitting techniques, proper footwork, offensive and defensive strategies, along with game play. Skill sets are focused on in the morning with game play in the afternoon. Campers need to bring knee pads and a water bottle. Mary Ellen Ferragonio, \$69 tuition

Monday through Friday, June 17-21,  
12-2:30 p.m.

### Boys/Girls Beginners Basketball Camp (Ages 8-12)

Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack. Josh Ginter, \$69 tuition.

Monday, Tuesday, Wednesday starting  
June 24, 12:30 - 3:30 p.m.



### Boys/Girls Advanced Basketball Camp (Ages 12-16)

Campers will learn the fundamentals of proper set-up, proper ball position in hand, defense and proper body set-up. They will participate in short game sequences to further develop skill sets. Bring a snack and a drink. Josh Ginter, \$69 tuition.

Monday, Tuesday, Wednesday starting  
July 8, 12:30 - 3:30 p.m.

### Boys/Girls Beginner Soccer Camp (Ages 8-14)

This camp will focus on the fundamentals of proper foot skills, passing, throwing, trapping, defending, attacking, shooting, positioning and restart/free kick, along with game simulation. Bring shin guards, sunscreen, and a water bottle and snack. Martin Freese \$55 tuition

Wednesday, Thursday, Friday, July 10-12,  
9 a.m.-12 p.m.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# KIDS & YOUTH

## Sports Clinics



### **Boys/Girls Cross Country Beginners Clinic (Ages 8-12)**

Discover the elements of proper cross-country stride and posture in developing the proper foundation to train and compete with the dynamics of cross country. The focus will be on the fundamentals of long distance running. Bring sun-screen and a water bottle. Patrick Comer, \$55 tuition

Monday through Friday, June 10-14,  
7:30-9:30 a.m.



### **Boys/Girls Cross Country Advanced Clinic (Ages 12-16)**

Learn the advanced elements in developing the proper foundation to train and compete in cross country. Instruction will focus on learning pace awareness, training techniques and proper running form. Bring sunscreen and a water bottle. Patrick Comer, \$55 tuition

Monday through Friday, June 17-21,  
7:30-9:30 a.m.

**Watch your email for  
class announcements,  
cancellations, etc.**



### **Baseball Hitting Clinic (Ages 9-15)**

Campers will learn the fundamentals of proper grip, stance and swing path, as well as the mental aspect and thought processes of how to approach hitting. Bring a glove, bat, hat, water and a snack. Mike Draghi, \$55 tuition

Monday through Wednesday, June 17-19,  
9-11:30 a.m.



### **Softball Fielding/Hitting Clinic (Ages 9-15)**

Campers will learn the fundamentals of proper grip, stance and swing path, along with the proper footwork and arm mechanics with infield and outfield play. Bring a glove, bat, hat, water and a snack. Kristin Steininger, \$55 tuition

Tuesday through Thursday, June 25-27,  
8:30 a.m.-12 p.m.

### **Advanced Soccer Defenders Clinic (Ages 14-17)**

In this clinic, participants will dive into the strategy of defensive play. If you're looking to refine your fundamental skills or master the complexities of defensive soccer, this clinic will empower you to become a more confident and impactful player on the field. Martin Freese, \$55 tuition

Wednesday, Thursday, Friday, July 17-19,  
9 a.m.-12 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# BUSINESS & INDUSTRY

## BUSINESS & PROFESSIONAL DEVELOPMENT CLASSES



**Are you looking to start a new job or do you want to switch careers?**

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## **YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!**



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee. The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Business Development team at [businessdev@westmoreland.edu](mailto:businessdev@westmoreland.edu).

**For more information about Industry classes, contact Business Development at 724.925.4088 or [businessdev@westmoreland.edu](mailto:businessdev@westmoreland.edu)**

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PUBLIC SAFETY

## MUNICIPAL POLICE OFFICERS' TRAINING ACADEMY



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:

- Part-time class begins in February
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.



Go to [www.westmoreland.edu/policeacademy](http://www.westmoreland.edu/policeacademy) for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).

## ACT 180 – M.P.O.E.T.C. Mandated 2024 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2024 classes, go to [westmoreland.edu/act180](http://westmoreland.edu/act180).

If you have questions, contact Franklin Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).



## Firefighter

A class schedule for firefighters can be found at [westmoreland.edu/classes](http://westmoreland.edu/classes). The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or [jacksonmarc@westmoreland.edu](mailto:jacksonmarc@westmoreland.edu).



Instructor-Led **ONLINE**

# Youth Courses



## Westmoreland County Community College

Our **instructor-led** online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.



**Drawing for the Absolute Beginner**  
Gain a solid foundation in drawing and become the artist you've always dreamed you could be!



**Introduction to Photoshop**  
Learn how to use Photoshop, the world's best graphics program, to edit and process photos and create original images.



**Introduction to Microsoft Word**  
Learn how to create and modify documents with the world's most popular word processor.



**Photoshop Elements for the Digital Photographer**  
Master the secrets of correcting digital photos, and bring out the best in all your photographs!



**Introduction to Microsoft PowerPoint**  
Build impressive slide presentations filled with text, images, video, audio, charts, and more.



**Secrets of Better Photography**  
Discover strategies and tricks for taking excellent pictures no matter what or where you're shooting.



**Introduction to Microsoft Publisher**  
Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.



**Discover Digital Photography**  
Explore the fascinating world of digital photography equipment.



**Creating Web Pages**  
Learn the basics of HTML so you can design, create, and post your very own site on the Web.



**SAT/ACT Preparation**  
Get your best possible score on the verbal and reasoning sections of the new SAT exam.



**Blogging and Podcasting for Beginners**  
Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.



**Introduction to Algebra**  
Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Learn from the comfort of home!

- 24-Hour Access
- Discussion Areas
- 6 Week Format
- Expert Instructor

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

**westmoreland.augusoft.net**  
then click ed2go (online)

Visit our website for start dates

Prices start as low as: **\$115**



# REGISTRATION

## Online Registration & Payment Available!

Register at [westmoreland.edu/coned](http://westmoreland.edu/coned)

*If you have any questions, contact the Information Center at 724.925.4000.*

### Refund Policy

Students who officially withdraw from a class by the end of the fourth business day before class starts will receive a full refund of tuition paid.

Material fees will also be refunded if the student officially withdraws from the class by the end of the fourth business day before class starts.

No refunds will be given for either tuition or material fees without notification of four business days prior to the start of any class.

Students will receive a full refund of tuition and material fees when the college cancels a class.

### Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

**You must officially drop a course to receive a refund.  
If you do not officially drop, you remain obligated for all tuition fees.**



Watch your email for  
class announcements,  
cancellations, etc.

**DON'T DELAY!**

Don't delay taking a class that interests you.  
This could be the last time it's offered.

**REGISTER TODAY!**

# BOOKING NOW FOR 2025

## The Event Center at Westmoreland

Expect the unexpected from one of Westmoreland County's secret treasures! Located in Youngwood, the Event Center at Westmoreland County Community College is the area's newest venue that is perfect for hosting:

- Conferences
- Wedding Ceremonies
- Business Meetings
- Bridal Showers
- Rehearsal Dinners



The center features spaces for large and small events, state-of-the-art video and audio systems, premier catering services and ample, free parking. Check out all of Westmoreland's rental space including a theater with 400+ seating, a new board room and tech savvy classrooms.



**BOOK YOUR EVENT TODAY!**

Keri Bailey, events director  
724.925.5981

[baileyker@westmoreland.edu](mailto:baileyker@westmoreland.edu)  
[westmoreland.edu/eventservices](http://westmoreland.edu/eventservices)

**WESTMORELAND**  
COUNTY  
COMMUNITY COLLEGE 

145 Pavilion Lane, Youngwood, PA 15697-1814

# OPEN HOUSE



Wednesday,  
October 2  
3-6 p.m.  
All Locations

Visit  
[westmoreland.edu/openhouse](http://westmoreland.edu/openhouse)  
or call 724.925.4000.

Nonprofit Org.  
U.S. Postage  
**PAID**  
Permit No. 20  
Greensburg, PA



145 Pavilion Lane, Youngwood, PA 15697-1898

Postmaster, please deliver May 6-10, 2024

## Summer Camps for Kids

Each summer, Westmoreland holds a variety of day camps that offer something for every child's interest!

The camps provide opportunities for children and youth to have fun as they explore careers, learn new skills, make friends, and keep their minds and bodies active and engaged.

## Sports Camps & Clinics

Westmoreland offers sports camps and clinics for children ages 7-16. Led by Wolfpack coaches and players, the camps and clinics give young athletes the opportunity to increase their skills in a specific sport and to improve their fitness level.

### Sports camps/clinics include:

- Softball
- Baseball
- Cross Country
- And more!

**Register your child for  
some summer fun today!**

[westmoreland.edu/camps](http://westmoreland.edu/camps)

