

Westmoreland Community College & West Virginia University



Associate in Arts in Psychology leading to
Bachelor of Science in Health and Well-being (WVU-BA)
 Suggested Plan of Study



Westmoreland Community College	Hours	WVU Equivalents	Hours
Year One, 1st Semester			
PDV 101: First Year Seminar	1	WVUE 191: First Year Seminar	1
CPT 150: Microcomputer Concepts	3	CS ITC: Microcomputer Concepts	3
ENG 161: College Writing	3	ENGL 101: Composition and Rhetoric	3
MTH 157: College Algebra	3	MATH 126: College Algebra	3
*PSY 160: Introduction to Psychology	3	PSYC 101: Introduction to Psychology	3
SPC 155: Effective Speech	3	MDS 270: Effective Public Speaking	3
TOTAL	16		16
Year One, 2nd Semester			
ENG 164: Advanced Composition	3	ENGL 102: Composition and Rhetoric	3
MTH 160: Introduction Statistics	3	STAT 211: Elementary Statistical Inference	3
PSY 161: Human Growth Development	3	PSYC 241: Intro to Human Development	3
PSY 163: Physiological Psych	3	PSYC ITC: Physiological Psych	3
PHL 161: Introduction to Ethics	3	PHIL 100: Problems of Philosophy	3
TOTAL	16		16
Year Two, 1st Semester			
BIO 155: General Biology I	4	BIOL 101: General Biology I & BIOL 101L: General Biology Lab	4
PSY 250: Research Methods/Psychology	3	PSYC 2TC: Research Methods/Psychology	3
SOC 155: Introduction to Sociology	3	SOC 101: Introduction to Sociology	3
ART 155: Introduction to Art	3	ARHS 101: Landmarks of World Art	3
ENG 255: Intro to Literature	3	ENGL 132: Short Story and Novel	3
TOTAL	16		16
Year Two, 2nd Semester			
BIO 156: General Biology II	4	BIOL 102: General Biology II & BIOL 102L: General Biology Lab II	4
PSY 260: Social Psychology	3	PSY 251: Intro to Social Psychology	3
PSY 270: Abnormal Psychology	3	PSYC 281: Abnormal Psychology	3
SOC 161: Marriage & Family or SOC 162: Contemporary Social Problems	3	SOC 221: Families and Society or SOC 207: Social Problems-Contemporary America (Well-Being Elective 1)	3
FSM 159: Nutrition	3	H&NF 171: Introduction to Nutrition	3
TOTAL	16		16

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Year Three, 1 st Semester		Year Three, 2 nd Semester	
PET 124: Human Body: Structure & Function	2	PET 125: Principles of Human Movement	2
PET 244: Motor Learning & Control	2	PASS 375: Methods of Health Coaching	3
PASS 224: Enhancing Health and Well-being	3	PASS 402: Core Concepts in Health Education	3
PASS 300: Career Exploration in PASS	3	SEP 383: Exercise Psychology	3
PASS 401: Foundations of Health Education	3	Well-bring Elective (2)	3
General Elective	3		
TOTAL	16	TOTAL	14
Year Four, 1 st Semester		Year Four, 2 nd Semester	
EXPH 365: Exercise Physiology	3	COUN 303: Intro to Helping Professions or PASS 359: Mindfulness for Health and Well-being	3
PASS 403: Program Design, Implementation, Evaluation in Health Education	3	PASS 404: Enhancing Community Well-being PASS	3
SEP 415: Physical Activity Promotion	3	PASS 489: Capstone Experience in CPASS	3
COMM Course	3	Well-bring Elective (3)	3
General Elective	3	General Elective	3
TOTAL	15	TOTAL	15

For this agreement, the following substitutions will be granted:

- PSY 161 = PSYC 241. Will be substituted for PET 175.

**Courses must be completed with a B- or higher. Students must maintain a 2.0 GPA to graduate.

Students need to select one (1) of the following: COMM 304, COMM 306, COMM 308, COMM 317, COMM 342, COMM 404.

Students must complete three (3) Health and Well-being electives. Students who complete SOC 161 (SOC 221) or SOC 162 (SOC 207) at WCCC will only have to complete two (2) more during their WVU years.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Westmoreland County Community College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda
Print Name

Valerie Wayda
Signature

10/8/22
Date

Valerie Wayda, Ed.D., Interim Associate Dean for Academic Affairs of Undergraduate Education – College of Applied Human Sciences