



# CONTINUING EDUCATION

Fall 2022

September – December



**NEW** - Online registration  
now available!

Enhance your skills or  
learn new ones, page 10

Find a new hobby, page 14

## Westmoreland Friends,

We are excited to offer you many new classes for the fall term. Look for NEW in front of the course titles to see what they are. As in past semesters, there are a variety of courses ranging from business & professional development classes to health & fitness, to personal enrichment.

If there are classes you would like to take that are not offered, we want to hear from you. We are always looking for new class ideas to offer to the community.

Classes are offered in several formats. You choose the format that suits you the best!

- **IN-PERSON** – Classes will be held in a classroom.
- **ONLINE** – Classes will have start and end dates, and you can access the class content at your leisure.
- **REMOTE** – Classes will use Zoom and be live. You will be able to interact with the instructor and fellow students during class time.

Take a class with a friend or come and make new friends. Register early as the popular classes fill up quickly and decisions to run a class or not are made about a week before the class start date. A class may need just one more registration for it to run.

### Online Registration

We are happy to provide you with online registration that is available 24/7. You now have the opportunity to register and pay for your classes at your convenience.

Class formats are subject to change and new classes may be added. Please check the college website at [westmoreland.edu/coned](http://westmoreland.edu/coned) for updates. Also, monitor your email for class changes and cancellations.

Should circumstances change regarding CDC guidelines for Covid, please refer to our Operating Plan at [westmoreland.edu](http://westmoreland.edu). It can be found under the Resources tab at the top of the web page.

For more information, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).

Thank you for considering classes at Westmoreland County Community College.

Regards,

Dr. Sydney Beeler  
Vice President/Enrollment Management



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

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## Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

### Notice of Nondiscrimination

Westmoreland County Community College will not discriminate in its educational programs, activities or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, union membership or any other legally protected classification. Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Inquiries should be directed to the Affirmative Action Officer (presently Sylvia Detar) at 724.925.4190 or in Room 353D, Student Achievement Center, Youngwood, PA 15697.

# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!

Lifelong learning has numerous benefits including increased confidence, wider social connections, expanded possibilities in the workplace, and healthier minds and bodies, just to name a few. Through Club Westly, you can take a class to learn for leisure, to stay relevant in the workplace, to keep your mind sharp or simply to fight boredom!



### Wines from Around the World

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste two to three different featured wines while discussing popular food pairings. Must be at least 21 to attend. Note: wines are subject to change due to availability. Registration ends a week prior to class start date. Jill Kummer, Wine Educator, \$29 tuition + \$10 material fee

#### **NEW - "Let's go down under for those fabulous Aussie (Australian) wines"**

Wines to be poured: Shiraz, Chardonnay and one more obscure red

Wednesday, October 10, 6-7:30 p.m.

Thursday, October 13, 6-7:30 p.m. (Westmoreland-New Kensington)

#### **NEW - "How to drink like a millionaire on a beer budget"**

Wines to be poured: great, obscure wines that are available at moderate prices

Wednesday, October 19, 6-7:30 p.m. (Westmoreland-Murrysville)

#### **NEW - "What is it about ports and dessert wines?"**

Wines to be poured: a red port, a tawny port and one late harvest dessert wine

Wednesday, November 2, 6-7:30 p.m.

Thursday, November 3, 6-7:30 p.m. (Westmoreland-New Kensington)

#### **NEW - "Those "food friendly" Italian wines"**

Wines to be poured: Terrific Italian wines that are generally hiding on the bottom shelf (great value/great taste)

Wednesday, November 9, 6-7:30 p.m. (Westmoreland-Murrysville)

#### **NEW - "What to buy for the holidays?"**

Wines to be poured: one sparkling, one white and one red

Thursday, December 1, 6-7:30 p.m. (Westmoreland- New Kensington)

Monday, December 5, 6-7:30 p.m.

#### **NEW - "Tired of Cabernet? Let's go to Spain!"**

Wines to be poured: Tempranillo, Terrontes and Carmenere

Wednesday, December 7, 6-7:30 p.m. (Westmoreland-Murrysville)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!

### Fun with Friends

Bring your friends. Make some more.  
Discover new interests.

#### Edible & Medicinal Plants of Pennsylvania

Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you take a two-hour walk on the Five Star Bike Trail. Please wear appropriate footwear. Class meets in a classroom and will be held rain or shine. Lindsey Praksti, \$15 tuition + \$2 material fee  
Friday, September 23, 10 a.m.-noon

#### Cake Decorating I

Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cinciripini, \$95 tuition + \$7 material fee

8 Tuesdays starting October 4, 6-8 p.m.  
(first class 6-7 p.m.)

#### Essential Oils 101

Aromatic plants have long played an important role in human civilizations. Oils extracted from aromatic plants have powerful, positive and therapeutic benefits to the mind and body. You will learn what essential oils are, why they work, and how to safely use them to boost the immune system, reduce stress and anxiety, improve sleeping, etc. You will make a personalized oil blend to take home. Jamie Wieland, \$39 tuition + \$12 material fee

2 Mondays starting September 12,  
6-9 p.m. (Westmoreland-Latrobe)  
2 Mondays starting October 3, 6-9 p.m.

#### Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$10 tuition + \$2 material fee

Friday, October 7, 9:30-11:30 a.m.

#### Donna Dewberry's Technique of One Stroke Acrylic Painting

Using the Donna Dewberry's one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11" x 14" canvas of sunflowers you painted. No experience necessary. Supply list will be emailed. Registration ends September 22. Class limited to eight students. Gloria Casale, One Stroke certified instructor, \$25 tuition

Friday, October 7, 9 a.m.-noon

#### Minimalism & Decluttering Your Life

Are you overwhelmed by the clutter in your home and feel cluttered in your mind? Minimalism is a concept that can help you get rid of physical clutter and help you clear your mind, both allowing you to live a more focused life with less. It's not about giving up things you love, it's about having more time and space in your life to appreciate those things that spark joy. You will learn how to get started on our minimalist journey and get inspired to begin right away. Angela Pompa, \$15 tuition

Tuesday, November 1, 6-8 p.m.

# NEW

Online registration and  
payment now available 24/7!

Go to  
[westmoreland.edu/coned](http://westmoreland.edu/coned)

### COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website  
prior to attending class at [westmoreland.edu](http://westmoreland.edu).

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!



### **NEW - Black Sabbath: Devil Music or Hippie Swing Band?**

Why does the devil have all the best tunes? When did heavy metal start? And how in the world could Black Sabbath be considered jazz? The answers to these and other questions will be the focus. We will look at the influences on the band, and the impact Sabbath made on the rest of the music world. From "Wicked World" to "After Forever," prepare for a journey "Into the Void." Erik Selinger, \$15 tuition

Thursday, October 13, 6-9 p.m.  
(Westmoreland-Murrysville)

Thursday, October 27, 6-9 p.m.  
(Westmoreland-New Kensington)

### **Valhalla, I Am Coming: Fantasy Elements of Led Zeppelin**

"Your Time is Gonna Come". And it's right now! Calling all fans of Led Zeppelin, pop culture, mythology, history, and fantasy! Examine references to Norse & Greek mythology, as well as the writings of J.R.R. Tolkien, in Zeppelin classics like "Immigrant Song," "Ramble On," and many others. We will explore why Led Zeppelin is the originator of Viking rock, was Thor a blond or a redhead, and where exactly is Valhalla, and why would I want to go there? We will also discuss all things Tolkien, from Ringwraiths to "Gollum, and the Evil One...", plus a visit to the Misty Mountains. We'll look at other pop culture references too, including Looney Tunes, the Marvel Cinematic Universe, and the films of Peter Jackson. Join us on an epic voyage, from "Achilles' Last Stand" to "The Battle of Evermore." Erik Selinger, \$15 tuition

Thursday, October 20, 6-9 p.m.

(Westmoreland-New Kensington)

Thursday, November 3, 6-9 p.m.

(Westmoreland-Murrysville)

## Professional Development

*Expand your knowledge. Chase better career prospects. Increase your earning power.*

### **Computers for Plus 50 using Windows 10**

A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. \$99 tuition + required textbook

Gina McGrath 5 Tuesdays starting  
October 18, 9 a.m.-noon  
(Westmoreland-Murrysville)

Richard Martz 5 Tuesday starting  
October 18, 9 a.m.-noon

David Good 5 Thursdays starting  
October 20, 9 a.m.-noon  
(Westmoreland-New Kensington)

Gina McGrath 5 Thursdays starting  
October 20, 6-9 p.m.  
(Westmoreland-Latrobe)

### **Excel 2019 Boot Camp**

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, November 11, 9 a.m.-3:30 p.m.

**Watch your email for  
class announcements,  
cancellations, etc.**

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!

### **NEW - The Dynamics of Short Story and Novel Writing**

Interested in writing and publishing your stories? Join Paul Estronza La Violette, published author, to explore the differences between short story and novel writing. Learn how to slant the type of writing you are using for anticipated audiences. You will write short stories and participate in round-table and teacher discussions to grow your writing style and techniques. Paul La Violette, \$75 tuition + \$15 material fee  
6 Tuesdays and Thursdays starting September 13, 10 a.m.-noon  
(Westmoreland-Latrobe)

### **Personal Enrichment**

#### **Bring Butterflies to Your Garden**

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee  
Tuesday, November 8, 6-7:30 p.m.  
(Westmoreland-Latrobe)

#### **Gentle Yoga**

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility. Bring a mat or towel to class. Jennifer Goebel, \$49 tuition  
8 Mondays starting September 26, 6-7 p.m. (Westmoreland-Latrobe)  
8 Tuesdays starting October 4, 6-7 p.m.

#### **Walk Live**

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition  
8 Thursdays starting September 29, 5:30-6:30 p.m.

### **NEW - Technology Question & Answer Session**

We all have questions that arise while using our electronic devices. Join us to get your questions answered pertaining to your computer, tablet or smartphone. Everyone will be given the opportunity to ask questions. You may bring your laptop, tablet or smartphone to class. Gina McGrath, \$25 tuition  
Tuesday, October 11, 9:00-Noon



### **NEW - How to Stay Safe Using Your Electronic Devices**

It is very important that we learn how to stay safe while using our electronic devices. Strategies to protect yourself from identity theft, malware, viruses and hackers will be reviewed, along with what you need to know before using your credit card online. We will also discuss spam, phishing and secure passwords. You may bring your laptop, tablet or smartphone to class. Gina McGrath, \$25 tuition  
Wednesday October 5, 9 a.m.-Noon

### **Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR**

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .55 CEUs  
Friday, October 14, 9 a.m.-2:30 p.m.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!

### Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition  
Thursday, October 6, 6-8 p.m.

### Medicare 101



Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the PA Medi Program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.

Wednesday, September 14, 1-3 p.m.  
Tuesday, December 13, 5-7 p.m.

## Final Preparation Series

*Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.*

### Funeral Pre-Planning: Where to Start

Pre-planning a funeral can bring peace for you and your family, but sometimes it's hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time. Leah Tapper, funeral director, \$10 tuition  
Thursday, September 29, 6-8 p.m.

### Writing an Obituary

An obituary is a tribute to a person's life. Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, funeral director, \$10 tuition  
Thursday, October 6, 6-8 p.m.

### Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition  
Monday, October 24, 6-7 p.m.

### Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Attorney Mary Ann Grec, \$35 tuition  
Monday, November 7, 5:30-9:30 p.m.



Denotes REMOTE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**



# CLUB WESTLY

## YOUR PLACE FOR FUN & LIFELONG LEARNING!

### Intergenerational Classes

*Make memories with a child in your life while learning something new.*

#### **NEW - Beach Party! (Ages 3-6, must be accompanied by an adult)**

Learn about the ocean and have some fun in the sand for this end of summer learning adventure! Only the child needs to register. Ashlee Lee and Danielle Higginbotham, \$15 tuition + \$10 material fee

Monday, September 26, 5:30-6:30 p.m.

#### **NEW - Halloween Party! (Ages 3-6, must be accompanied by an adult)**

Wear your Halloween costume as we celebrate fall! We will be collecting leaves for an art project, learning about harvest time and having a spooky good time! Only the child needs to register. Ashlee Lee and Danielle Higginbotham, \$15 tuition + \$10 material fee

Monday, October 24, 5:30-6:30 p.m.

#### **NEW - Community Helpers! (Ages 3-6, must be accompanied by an adult)**

November is kindness month, so join us as we learn about some local community helpers and what it means to be a good friend to others! Only the child needs to register. Ashlee Lee and Danielle Higginbotham, \$15 tuition + \$10 material fee

Monday, November 21, 5:30-6:30 p.m.

#### **NEW - Pizza (Ages 7-17 accompanied by an adult)**

Prepare fresh yeast pizza dough and top it with a variety of toppings. You will each take a pizza home. Bring aprons and a snack and drink. You both must register; one adult per child. Deborah Moore, \$29 tuition + \$10 material fee

Saturday, October 8, 9 a.m.-12:30 p.m.

#### **Cookies (Ages 7-17 accompanied by an adult)**

Make choco-cherry cookies (fudge drop cookie with fudge frosting) and strawberry shortcake cookies (soft drop cookie with strawberries and white chocolate chips). You will leave class with the cookies you make. Bring a take home container, aprons and a snack and drink. You both must register; one adult per child. Deborah Moore, \$29 tuition + \$8 material fee

Saturday, October 15, 9 a.m.-12:30 p.m.

#### **Tie Dye Cookies (Ages 7-17 accompanied by an adult)**

Make T-shirt shaped sugar cookies and decorate them using a tie dye design. You will leave class with a couple dozen of cookies. Bring two cookie sheets, aprons and a snack and drink. You both must register; one adult per child. Deborah Moore, \$35 tuition + \$8 material fee

Saturday, October 22, 9 a.m.-1:00 p.m.

#### **Pirohi (Pierogies) (Ages 7-17 accompanied by an adult)**

Prepare potato, cheese and sauerkraut filled pirohi. You will both leave with a dozen pirohi you prepared. Bring a take home container, aprons and a snack and drink. You both must register; one adult per child. Deborah Moore, \$35 tuition + \$10 material fee

Saturday, November 12, 9 a.m.-1:00 p.m.

# NEW

Online registration and payment now available 24/7!

Go to [westmoreland.edu/coned](http://westmoreland.edu/coned)

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# BUSINESS & PROFESSIONAL DEVELOPMENT

## The Competitive Edge

Regardless of your profession, knowing how to sell will give you a competitive advantage. You can learn the techniques to sell your ideas, products, services and skills in any situation. The competitive edge is gained by applying those skills which foster honest and open relationships based on trust, transparency, respect, and doing what we said we would do. Dominic Palmieri, \$39 tuition

Friday, November 11, 9 a.m.-noon

## Introduction to Grant Writing

Identify fundable projects and learn how to locate potential sources of funding from government agencies and foundations for these projects. Learn to develop competitive project applications by writing compelling narratives and creating a network of support, which will significantly enhance your ability to obtain funding for needed projects. Alyssa Cholodofsky, \$49 tuition

3 Thursdays starting October 20,  
6-8 p.m. (Westmoreland-Murrysville)

## Remote Working and Communicating

Gain new insights, experiences and advanced tips for working from home. Find out the 5 bad habits too many remote workers and their managers acquire from lack of experience, tools and expertise. Then acquire the latest strategies for communicating with remote workers. Come away with a deeper understanding of this enormous cultural and work shift going on in the workplace and in society. William Draves, \$245 tuition

September 6-30

## Managing Remote Workers

You cannot manage remote workers like you manage office workers. But you can manage remote workers better, with greater productivity and efficiency. Discover the keys to successful managing in the new workplace of the 21st century. Get a step-by-step practical guide you won't get anywhere else. Employees and employers both like the new system. You'll want to apply these practices to your office workers as well. William Draves, \$245 tuition

October 3-28



## Managing Remote Workers Certificate - Register for the Certificate and Save Money

Discover the keys to communicating with and managing remote workers, one of the fastest growing sectors of the workforce. Some 80% of employers are keeping some or many of their employees working from home part of the week. People working from home are 25% more productive than those who work in an office. Working from home is here to stay. Tap into the experience of a CEO who has been managing remote workers for 22 years. When you register for the certificate, you are registering for two one-month courses at a reduced rate. You do not have to take both courses in the same semester, and they can be taken in any order. \$395 tuition

## Seven Foolproof Steps to Crafting a Salable Business

Take the mystery out of selling a family business. Join us to learn the steps to make it a smooth process and how others have gotten positive results. The good, bad and the ugly will be discussed using case studies. Virginia Altman, Certified Exit Planning Advisor/Business Broker, \$25 tuition + \$2 material fee

Thursday, October 20, 6-8 p.m.

## Starting a Small Business in Pennsylvania

Learn what's necessary to start a business in Pennsylvania from selecting the appropriate entity, sole proprietorship, partnership, corporation/S Corporation or business trust, to satisfying state requirements for formation and continued operation. Worker's compensation, unemployment compensation and business management will also be covered. Attorney Mark Sorice, \$29 tuition

Monday, October 17, 6-8 p.m.

 Denotes ONLINE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# BUSINESS & PROFESSIONAL DEVELOPMENT

## Introduction to Project Management

Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. Andy Stanhope, \$195 tuition  
September 6-30

## Maximizing Google Apps

Get the most out of the free Google apps by gaining a thorough understanding of what these apps have to offer. Through instructor demonstrations and practice, you can gain the skills to utilize these tools efficiently and effectively. Pre-requisite: a basic understanding of the apps available and a gmail account. Lawrence Fallon, \$59 tuition

4 Wednesdays starting September 21, 6-8 p.m.

## Introduction to Data Analysis

Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. This course will give you a basic understanding of how to analyze data in a business setting. John Rutledge, \$195 tuition  
September 6-30

## Introduction to Power BI

Gain insights into your data! Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company's data to make informed decisions. Marion Williams, \$195 tuition

September 6-30

## Intermediate Power BI

Delve further into Power Query to ETL (Extract, Transform and Load) your data. Build the Data Model using modeling features and relationships. Perform calculations using DAX (Data Analysis Expressions) functions. Utilize Time Intelligence functions to view YoY or YTD reports. Add user friendly features to enhance your reports. Marion Williams, \$195 tuition

October 3-28

## Advanced Power BI

Expand your knowledge of Power BI Desktop to the highest level. This course focuses on the advanced capabilities of Power Query, Data Modeling and Reports. Check for data inconsistencies, design efficient queries, create proper relationships, and write DAX code to ensure reports update quickly and accurately. Add navigation and analytical features to your reports to enable consumers to analyze the results. Marion Williams, \$195 tuition

November 7-December 2

## Power BI Certificate – Register for the Certificate and Save Money

This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. When you register for the certificate, you are registering for all three one-month Power BI courses at a reduced rate. You do not have to take all of the courses in the same semester, but the classes must be taken in the following order: Introduction, Intermediate, Advanced. \$495 tuition

**For more information about Business & Professional Development classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

 Denotes ONLINE Class

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# ONLINE LEARNING

the solution for today's busy adult

Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



**For more information visit our website!**

<https://westmoreland.augusoft.net>



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

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# INDUSTRY

## **AutoDesk Inventor 3D CAD Basic Skills**

Create and edit parts, make engineering drawings, and prepare for manufacturing by using only your keyboard and mouse! This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Registration ends September 13. Peter Oblinsky, \$410 tuition + \$45 material fee (includes textbook), 2.4 CEUs

8 Tuesdays starting September 27,  
5:30-8:30 p.m.  
(Westmoreland-Advanced  
Technology Center)

## **Introduction to SolidWorks**

Take your idea from imagination to reality. Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. Registration ends September 12. Peter Oblinsky, \$410 tuition + \$75 material fee, 2.4 CEUs

8 Mondays starting September 26,  
5:30-8:30 p.m.  
(Westmoreland-Advanced  
Technology Center)

## **YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!**



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee. The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at [workforce@westmoreland.edu](mailto:workforce@westmoreland.edu).

**For more information about Industry classes, contact Judy DeWitt, coordinator/Workforce Development Sales, 1.800.262.2103, ext. 4090 or [dewittju@westmoreland.edu](mailto:dewittju@westmoreland.edu).**

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

*All classes will be held at the Youngwood Campus unless stated otherwise.*

# PERSONAL ENRICHMENT

## Arts & Crafts

### Introduction to Bobbin Lace

Are you ready for a new adventure? Bobbin Lace is a skilled craft with a tradition dating back hundreds of years. You will learn about the history while working through a series of patterns designed to introduce you to a new skill each week. A \$25 deposit for tools will be paid to the instructor the first night of class, which will be returned when the tools are returned. Marion Warzel, \$69 tuition + \$12 material fee

6 Mondays starting October 17,  
6-9 p.m. (no class October 31)  
(Westmoreland-Latrobe)

### Crochet I

This modern crochet class is a beginner's dream! We will cover all the basic stitches, complete multiple projects, and learn many tips and tricks to become a successful crocheter. Projects include: boho wall hanging, cotton dishcloth, winter hat and a scarf. No previous experience required. Materials list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition

6 Fridays starting October 7,  
9:30 a.m.-noon

### Crochet II

Learn beyond the basics! Take your skills to the next level as you learn complex stitches, crocheting in the round and the advanced assembly of pieces. You will complete a shawl, a tote bag and a hat! Basic knowledge is required. A supply list will be emailed. Registration ends one week prior to class start. Lauren Henschel, \$60 tuition

6 Mondays starting October 17,  
10 a.m.-12:30 p.m.



### NEW - Granny Squares

This is an in-depth class of the ever-popular crochet granny square. We'll learn a few different granny square patterns, as well as, a few different ways to attach and assemble them into whatever you can dream up! Prerequisite of Crochet I (Beginner Crochet) or equivalent basic skills if learned on your own. Materials list will be emailed. Registration ends one week prior to class start date. Lauren Henschel, \$60 tuition

6 Fridays starting October 7,  
12:30-3 p.m.

### NEW - Creating a Stitch Sampler Baby Blanket

Join us for a sampler baby blanket/throw class. Put your basic crochet skills to the test and learn some new stitches for your arsenal. This blanket will showcase multiple different texture stitches and expand your crochet skills while making something beautiful. Crochet experience is required. Materials list will be emailed. Registration ends one week prior to class start date. Lauren Henschel. \$60 tuition

4 Wednesdays starting October 12,  
9:30 a.m.-12:30 p.m.

### Hungarian Easter Egg Decorating with Beeswax

Join us for an evening of Hungarian Easter Egg decorating. You will decorate an egg using the techniques, designs and traditions of different regions. No experience is necessary. You will leave class with an egg you decorated and a kit you can use to make more at home. Registration closes October 3. Timea Szep, \$25 tuition + \$20 material fee

Tuesday October 18, 6-9 p.m.  
(Westmoreland-Latrobe)

Watch your email for class announcements, cancellations, etc.

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# PERSONAL ENRICHMENT

## Donna Dewberry's Technique of One Stroke Acrylic Painting

Using the Donna Dewberry's one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11" x 14" canvas of sunflowers you painted. No experience necessary. Supply list will be emailed. Registration ends September 22. Class limited to eight students. Gloria Casale, One Stroke certified instructor. \$25 tuition

Friday, October 7, 9 a.m.-noon

## Figure Drawing 101

If you've ever wanted to improve your stick-figure drawing skills, have we got a course for you. In a few sessions, learn the fundamentals of figure drawing such as recognizing lines of action, gesture drawing, and how to capture measurements and angles to better proportion your figures and increase your drawing skills. Supply list will be emailed. Registration closes October 3. Kyle Reidmiller, MFA, \$45 tuition + \$2 material fee

3 Thursdays starting October 13,  
6-9 p.m. (Westmoreland-Murrysville)

## Portrait Drawing

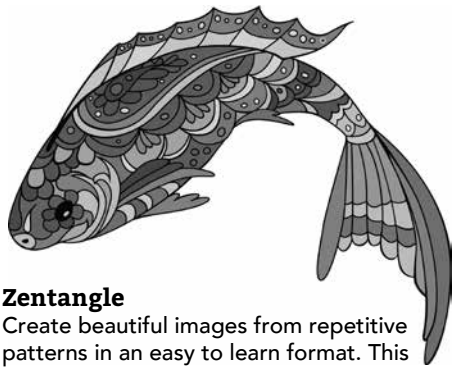
Have you ever wanted to make a doodle or drawing of a loved one but felt lost from the start? Perhaps you wonder how artists throughout history managed to capture the likeness of someone on canvas or paper. Join us to explore contemporary and traditional methods of portrait drawing and learn the basics of how to draw the human face. Topics covered will include sighting measurements, using simplified shapes to construct complex forms, and how to avoid symbolic drawing when attempting observational accuracy amongst others. Bring a sketchbook or drawing pad with your favorite pencils, erasers, and a ruler as we block in the basics of portrait drawing. Kyle Reidmiller, MFA, \$45 tuition

3 Thursdays starting September 22,  
6-9 p.m. (Westmorland-Latrobe)

## Wonders of Watercolor

Have you ever wanted to explore a new creative avenue that's as simple as grabbing a cup of water and a few brushes? Handling techniques of watercolor paints used by artists and illustrators for centuries to create beautiful and whimsical works will be demonstrated. You will experiment with application techniques to create your own still-life painting. No painting experience necessary. Supply list will be emailed. Registration closes approximately 12 days prior to start date. Kyle Reidmiller, MFA, \$45 tuition

3 Thursdays starting November 3,  
6-9 p.m. (Westmoreland-Indiana)



## Zentangle

Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and lighthearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, \$12 tuition + \$10 material fee

Monday, October 17, 6-8 p.m.

## COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at [westmoreland.edu/CEproposal](http://westmoreland.edu/CEproposal) for a course proposal form and to view directions and deadlines for submission.

 Denotes REMOTE Class

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## Finance

### The Truth About Annuities

Are annuities inherently good or bad? There are a lot of opinions out there regarding annuities; this course will focus on the facts. We will cover what annuities are, how they work, what they can be used for, and the general pros and cons to consider before purchasing one. Jack George, CFP®, CLTC, CMP, \$19 tuition

Tuesday, September 27, 6-8 p.m.

### Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition

Thursday, October 6, 6-8 p.m.

### Introduction to

#### Bitcoin and Crypto Currency

What is Bitcoin exactly? Join us for an explanation on the basics of Bitcoin and other crypto currencies, such as how they work, their purposes and the problems they aim to solve. Jack George, CFP®, CLTC, CMP, \$10 tuition

Tuesday, October 18, 6-7 p.m.

### Invest in Your Debt

Learn how to pay off all debt, including mortgages, in seven to 10 years using only present income. You will learn specific mathematical techniques for rapidly paying down debt. Whether you earn \$20,000 or \$120,000, you will benefit from this practical, proven method. No get-rich-quick schemes—just simple math and surprising results. Bring a list of your debts, with balances and monthly payments, along with a calculator to class. Optional textbook available from the instructor for \$45. Linda Banks, \$29 tuition + \$7 material fee

Monday, September 26, 6-9 p.m.

(Westmoreland-Latrobe)

Tuesday, September 27, 6-9 p.m.

### Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition

Monday, October 24, 6-7 p.m.

### Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Attorney Mary Ann Grec, \$35 tuition

Monday, November 7, 5:30-9:30 p.m.

### Buying a Home in Today's Market

This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, \$15 tuition

Wednesday, September 28, 6-8 p.m.

### Selling a Home in Today's Market

Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, \$15 tuition

Wednesday, September 21, 6-8 p.m.

### Real Estate Investments

Topics covered will include methods to selecting profitable properties, how to find great deals, financing, rehab and project management, buying and holding properties, flipping, tenant selection and management, title insurance and other tips to starting and growing your real estate business. Otis DiCerbo, \$29 tuition + \$2 material fee

Thursday, November 17, 6-9 p.m.



Denotes REMOTE Class

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).



# PERSONAL ENRICHMENT



## NEW - Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you: where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites, how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. LeeAnne Krusemar, \$35 tuition

Saturday, October 1, 11 a.m.-noon

## Fitness/Health

### Qi Gong for Energy & Health

In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system's functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, \$35 tuition

4 Thursdays, starting September 29, 10-11 a.m.

4 Thursdays, starting September 29, 7-8 p.m. (Westmoreland-Latrobe)

### Enjoy the Silence: Meditation for Beginners

Take time to slow-down and savor the gifts of summer with a renewed sense of freshness through the practice of Mindfulness Meditation. Each week, you will bring into focus a specific aspect of meditation to learn how to create a personalized and consistent practice. Each class will include journaling and a discussion on how the benefits of Mindfulness Meditation awaken you more fully into everyday life. Bring a journal and pen with you. Melissa Marasia-Burns, \$49 tuition + \$2 material fee

6 Tuesdays starting October 18, 6-7 p.m. (Westmoreland-Latrobe)



### NEW - A Mindful Connection with Nature

Mindful outdoor experiences allow for the opportunity to connect with your senses and explore more than the human world at nature's pace. This experience involves mindful movement, breathing and meditation practices, along with invitations to connect to the natural world. A journal and a towel/mat to sit on the ground is recommended. Please wear comfortable and weather appropriate clothing along with closed toed shoes. This class will be held outside. Faith Satori, \$15 tuition

Thursday, September 22, 6-7:30 p.m.

### Balance Your Life with Reiki

The energy balancing method called Reiki encourages the body and mind into a greater state of stability. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Hear more about Reiki's use in people and animals (Janet Jackson, Animal Specialist will be our guest) and experience a short Reiki session for yourself. Linda Yarbrough, \$20 tuition

Thursday, October 13, 6-8:30 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT

## Walk Live

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition  
8 Thursdays starting September 29,  
5:30-6:30 p.m.

## Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Jennifer Goebel, \$49 tuition  
8 Mondays starting September 26,  
6-7 p.m. (Westmoreland-Latrobe)  
8 Tuesdays starting October 4, 6-7 p.m.

## Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring yoga mat to class. Saroja Chandra, \$59 tuition  
8 Tuesdays starting September 27,  
9:30-10:45 a.m.  
(Westmoreland-Murrysville)  
8 Thursdays starting September 29,  
5:30-6:45 p.m.  
(Westmoreland-Murrysville)

## Zumba

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won't believe you are exercising! Wear good, supportive sneakers and bring water. Missy Troxell, \$55 tuition  
8 Mondays starting October 3,  
5:30-6:30 p.m.

## Food & Beverages

### NEW - Improve Your Beer IQ

You probably have a favorite beer or type of beer you like to drink. How do you describe what it is you like about it? Join us to taste different beers as you learn about bouquet/aroma, appearance, flavor, body, drinkability and overall impression. You can impress your friends with your new knowledge and expand your appreciation of different beers. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$29 tuition + \$7.50 material fee

### "Pilsners, Ales and Stouts.

#### What makes each one so cool?"

Wednesday, October 12, 6-7:30 p.m.

### "Demystifying Ales.

#### So little time to taste them all"

Wednesday, November 16, 6-7:30 p.m.

### "Holiday brews: Special releases for the holiday season"

Tuesday, December 6, 6-7:30 p.m.



Wine classes – see page 4.

**FOODS LAB RULES:**  
Open-toed shoes, sleeveless tops, shorts and capris are NOT PERMITTED in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.

### Cake Decorating I

Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cinciripini, \$95 tuition + \$7 material fee

8 Tuesdays starting October 4, 6-8 p.m.  
(first class 6-7 p.m.)

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## NEW - Ambassador Classes

Ambassador classes are taught by industry professional chefs! Take any of the Ambassador classes and be taught skills and techniques from a professional chef! Classes will be designated by skill level necessary to register for the course.



**Enthusiast** – no culinary experience necessary to take the class



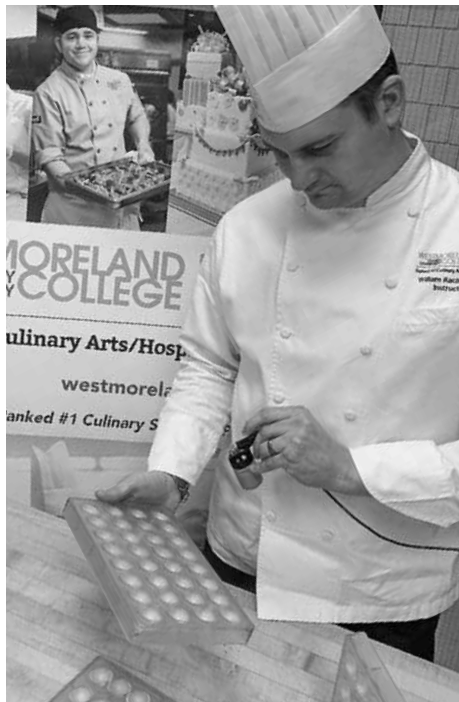
**Beginner Culinary Skill** – has taken at least one (1) culinary continuing education course



**Intermediate Culinary Skill** – has one (1) to three (3) years of experience in a food service establishment and knows their way around the kitchen



**Advanced Culinary Skill** – industry professional level course to improve skills



*Chef Racin*

### Molded & Rolled Chocolates Workshop



Join Chef Racin, 2018 National Pastry Chef of the Year, to learn how to make beautiful chocolates commonly seen in high-end pastry shops across the country. The items produced will include molded chocolates and rolled truffles. The flavor profile of the chocolates will suit the fall weather. You will leave class with the knowledge to reproduce these items, along with the products you created in class. Chef William Racin, CEPC. \$85 tuition + \$20 material fee  
Friday, October 21, 5:30-9:30 p.m.



*Chef Schmucker*

### Chop Like a Chef



Chopping your food beats a food processor for precision and consistency, and it is quicker, especially when you consider the cleanup time. In this hands-on class, Chef Schmucker will share his knife skills and chopping techniques that will have you chopping evenly, safely and quickly. He will also provide tips and information on different types of knives, knife maintenance and how to properly sharpen a knife. A chef's knife and a standard paring knife are included in the cost of the class.

Registration closes October 12. Chef Scott Schmucker, Ed.D., CEC, CCE, \$79 tuition + \$35 material fee

Wednesday, October 26, 5:30-9 p.m.

### Fresh Pasta & Sauces



Chef Schmucker will introduce you to different types of pastas used throughout history and today. He will also show you the different ways to make fresh pastas and dry pastas, which you will prepare. You will make sauce from scratch to accompany your pastas. Chef Scott Schmucker, Ed.D., CEC, CCE, \$79 tuition + \$15 material fee

Wednesday, November 9, 5:30-9 p.m.

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# PERSONAL ENRICHMENT

## Cookies

You will make a Russian torte (layers of walnuts and apricot between flakey pastry dough topped with cream cheese frosting) and a choco-cherry cookie (fudge drop cookie with a cherry in the center, topped with fudge frosting). You will leave with the cookies you make. Bring a take home container. Deborah Moore, \$39 tuition + \$15 material fee

Wednesday, October 5, 5:30-9:30 p.m.

## NEW - 50 Things to do with a Chicken

Join us to explore the many recipes that begin with a roasted chicken. We will begin with simple chicken stock then move on to recipes for soups, enchiladas and spanokapitas. You will also discover the endless ways to use leftovers in new dishes. This class is for the inexperienced cook or anyone looking for creativity in their chicken dishes. Susan Caglia, \$35 tuition + \$15 material fee

Wednesday, October 12, 5:30-9:30 p.m.

## NEW - Street Tacos & Street Corn

Craving those tacos and corn that you see in food trucks but don't have any close? Learn how to make them yourself! You will make a variety of types of street tacos and your very own sweet corn to enjoy for yourself or with friends or family. Bring an apron and a container to take your delectables home with you...if they make it that far! This class will be held at our affiliate site, the Indiana County Technology Center, the neighbor to our brand-new Indiana Center location. Chef Jon Nagy, \$25 tuition + \$30 material fee

Thursday, October 13, 6-8 p.m.

(Indiana County Technology Center)

## Pirohi (Pierogies)

Potato, cheese and sauerkraut filled pirohi just like grandma made. You will leave class with a dozen pirohi you prepared. Deborah Moore, \$39 tuition + \$10 material fee

Wednesday, October 19, 5:30-9:30 p.m.

## Mom's Nut Rolls

Come to class and learn how to make this traditional sweet bread pastry from scratch using yeast dough and a buttery, sweet walnut filling. You will take home the nut rolls you make. Deborah Moore, \$39 tuition + \$18 material fee

Wednesday, November 2,  
5:30-9:30 p.m.

Saturday, November 5, 9 a.m.-1 p.m.

## NEW - Stuffed Cabbage and Palachinky

Join us to learn how to make those cabbage rolls you love to eat at weddings. You will make rolls filled with a beef and pork filling with a tomato-based sauce. You will also learn to make palachinky, a Slovak crepe filled with a sweet cheese filling. You will take home the cabbage rolls and palachinky you make. Deborah Moore, \$39 tuition + \$18 material fee

Wednesday, November 16,  
5:30-9:30 p.m.

## Intergenerational Cooking Classes

Make memories in the kitchen with a child in your life— see page 9.



## Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration.

To view the schedule, visit [westmoreland.edu](http://westmoreland.edu)

Watch your email for class announcements, cancellations, etc.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## Languages & Culture

### Italian, Level I

In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Antonella DiFilippo-Petrucelli, \$145 tuition + required textbook, 3.0 CEUs

10 Mondays starting September 19,  
6-9 p.m.

### Italian, Level II

A continuation of Level I with an emphasis on speaking, reading and writing. You will build vocabulary through conversation while learning new verb tenses and grammar. (Textbook is same as Level I). Antonella DiFilippo-Petrucelli, \$145 tuition + required textbook, 3.0 CEUs

10 Wednesdays starting September 14,  
6-9 p.m.

### Italian, Level III

Take your Italian speaking to the next level in this advanced course. New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucelli, \$145 tuition, 3.0 CEUs

10 Tuesdays starting September 20,  
6-9 p.m.

### Italian, Level IV

Perfect your speaking and writing skills through weekly conversation, grammar review and reading. Completion of Italian Level III required. Antonella DiFilippo-Petrucelli, \$145 tuition, 3.0 CEUs

10 Thursdays starting September 15,  
11 a.m.-2 p.m.



Denotes REMOTE Class

### Spanish, Level I

Learn Spanish, a language with roots in two continents - Europe and the Americas. This course emphasizes vocabulary, grammar and writing instruction in addition to Spanish and Latin American culture. Textbook available at the college bookstore. Dominic Palmieri, \$125 tuition + optional textbook, 2.0 CEUs

10 Tuesdays starting September 27,  
9:30-11:30 a.m.

## Personal Interest

### Beginner Beekeeping

Beekeeping is a great hobby that could also turn into a profitable business. Topics covered include: Basics of beginning beekeeping; where to obtain bees; equipment; state inspectors and regulations; and honey safety guidelines. Registration ends September 14. John Albright, \$55 tuition + \$12 material fee

4 Mondays starting September 26,  
6-8 p.m. (no class October 10)

### NEW - Birth Preparation 101

Expecting a new baby and not sure where to start in preparing for birth? Learn your birth options and possible alternatives before going into labor. Learn about non-medicated pain relief and hands on techniques and gain a better understanding about inductions, medical and non-medical interventions, doulas, birthing location options, and more. Jessica Brown, \$39 tuition

Saturday, October 8, 9 a.m.-noon

### Chinese Self-Defense

Chinese self-defense is a highly effective approach to self-defense. This practice utilizes a softer approach that employs pure technique rather than power. You will employ a comprehensive balance of hand and foot techniques while developing flexibility, fitness, and self-confidence. Alan Lanzar, \$59 tuition

6 Mondays starting October 17,  
7-8:30 p.m.

## WESTMORELAND COMMUNITY SURVEY

Thank you for your interest in taking classes at Westmoreland. If there are classes you would like to take that are not currently being offered, tell us what they are.

Complete an online survey at [westmoreland.edu/cesurvey](http://westmoreland.edu/cesurvey)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

Unless otherwise noted, classes are for ages 18 and older.

# PERSONAL ENRICHMENT

## Basic Dog Obedience

This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires proof of up-to-date vaccinations. Bring your dog on a leash.

Arlene Halloran, \$69 tuition

8 Saturdays starting September 17,  
9-10 a.m. (Career Link Parking Lot)



## NEW - Make Money Pet Sitting (after school/work)



Do you love animals...especially dogs? Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. You will learn about feeding, watering, and exercising pets, how to make a good impression as well as what questions to ask when interviewing for a pet sitting job, and what to do when a dog has behavioral issues. You will also discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. This class is taught by a seasoned professional pet sitter and a longtime entrepreneur. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$45 tuition  
Friday, September 30, 7-9 p.m.



## Advanced Dog Obedience

This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Requires proof of up-to-date vaccinations. Arlene Halloran, \$69 tuition

8 Saturdays starting September 17,  
10-11 a.m. (Career Link Parking Lot)

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

## Healthy Habitats for Bees & Other Pollinators

Join us to learn how to attract and keep pollinators in your garden. Information will be presented on host and nectar plants for several butterflies, along with the colors and shapes of flowers for different pollinators. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, October 11, 6-7:30 p.m.



Denotes REMOTE Class



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## Monarchs, Milkweed & You!

The Monarch butterfly population has declined about 80% in the last 20 years. Steps are being taken to help save them from further decline. Patti Schildkamp, a Monarch enthusiast who has raised hundreds of Monarchs from egg stage to maturity, will take you through the Monarch lifecycle, the critical role milkweed plays in their survival, their fall migration to Mexico, and how you can make a difference. \$10 tuition + \$2 material fee

Tuesday, November 1, 6-8 p.m.

## Bring Butterflies to Your Garden

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, November 8, 6-7:30 p.m.  
(Westmoreland-Latrobe)

## Winter Sowing

Winter sowing is a technique that uses milk jugs and mother nature for seed germination. You will learn about the advantages of sowing seeds outside, the supplies needed and where to place your container for the winter. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, October 4, 6-7:30 p.m.

## Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$10 tuition + \$2 material fee

Friday, October 7, 9:30-11:30 a.m.

## The Versatility of Herbs

Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, \$35 tuition + \$2 material fee

3 Thursdays starting October 13,  
6-8 p.m.

## Herbs for Health & Wellness

Growing herbs at home is a fun and money saving hobby that also happens to be good for your health. In addition to flavoring up your favorite dishes, herbs are filled with antioxidants and essential nutrients. Learn how to decide which herbs will work best for you and how to use them. Ellen Marsili, \$15 tuition + \$2 material fee

Thursday, November 3, 6-9 p.m.  
(Westmoreland-Murrysville)



## Essential Oils 101

Aromatic plants have long played an important role in human civilizations. Oils extracted from aromatic plants have powerful, positive and therapeutic benefits to the mind and body. You will learn what essential oils are, why they work, and how to safely use them to boost the immune system, reduce stress and anxiety, improve sleeping, etc. You will make a personalized oil blend to take home. Jamie Wieland, \$39 tuition + \$12 material fee

2 Mondays starting September 12,  
6-9 p.m. (Westmoreland-Latrobe)

2 Mondays starting October 3, 6-9 p.m.

# NEW

Online registration and  
payment now available 24/7!

Go to  
[westmoreland.edu/coned](http://westmoreland.edu/coned)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT

## Natural Cleaning

Tired of not knowing what is in your household cleaning products and how it could be affecting you, your family and even your pets? During this three-hour class, you will discover new ingredients and methods to clean with that are nontoxic for your entire household. You will even make a natural cleaning product to take home and enjoy! Jamie Wieland, \$15 tuition + \$5 material fee

Wednesday, October 19, 6-9 p.m.

Wednesday, November 9, 6-9 p.m.  
(Westmoreland-Latrobe)

## Minimalism and Decluttering Your Life

Are you overwhelmed by the clutter in your home and feel cluttered in your mind? Minimalism is a concept that can help you get rid of physical clutter and help you clear your mind, both allowing you to live a more focused life with less. It's not about giving up things you love, it's about having more time and space in your life to appreciate those things that spark joy. You will learn how to get started on our minimalist journey and get inspired to begin right away. Angela Pompa, \$15 tuition

Tuesday, November 1, 6-8 p.m.



## Pennies from Heaven

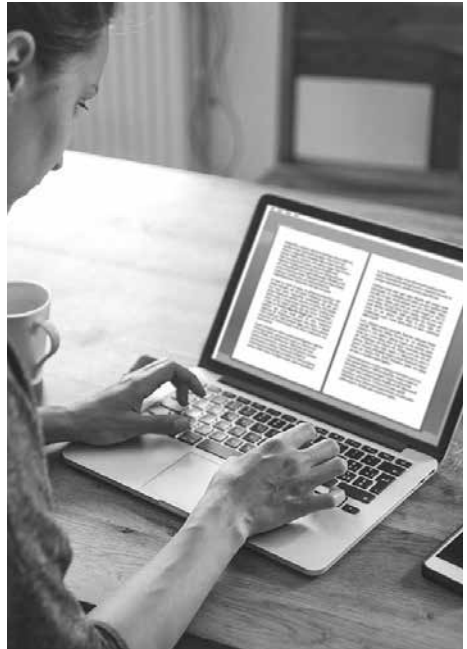
Do pennies seem to appear in your path when you least expect them? Do you often find strange objects in unexpected places? What could these really mean to you? Are you being sent a special message? Throughout the years I have learned the meanings of many signs that just appear out of nowhere when dealing with grief after the loss of loved ones in my life. These signs and symbols have brought me relief in ways I never thought possible. I would love to share my experiences with you. Linda Yarbrough, \$15 tuition

Thursday, October 27, 6-8 p.m.

## NEW - Vision Board Workshop

Want a plan for your future and don't know where to start? Gather together to learn about vision boards. Create a board with goals, dreams and set a path to actualize your vision for the future, while engaging with others for support and encouragement. This will be an opportunity to meet new friends and have fun, while creating the life that you want. Please bring any photos or personal items that you wish to put on your board. Elizabeth Shaner, \$15 tuition + \$25 material fee

Wednesday, September 28, 7-9 p.m.



## NEW - The Dynamics of Short Story & Novel Writing

Interested in writing and publishing your stories? Join Paul Estronza La Violette, published author, to explore the differences between short story and novel writing. Learn how to slant the type of writing you are using for anticipated audiences. You will write short stories and participate in round-table and teacher discussions to grow your writing style and techniques. Paul La Violette, \$75 tuition + \$15 material fee

6 Tuesdays and Thursdays starting  
September 13, 10 a.m.-noon  
(Westmoreland-Latrobe)

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).



# PERSONAL ENRICHMENT

## **NEW - Writing for Online Blogs, Magazines & Websites**

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine or website. Some opportunities offer exposure, while many pay well -- \$1 a word and more. In this fast-paced session, you will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and then use this credibility to sell other articles or even your self-published novel. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition  
Saturday, October 1, 2-3 p.m.



## **Cutting the Cord**

With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want. John Struble, \$19 tuition + \$2 material fee  
Saturday, October 15, 9 a.m.-noon



## **NEW - Black Sabbath: Devil Music or Hippie Swing Band?**

Why does the devil have all the best tunes? When did heavy metal start? And how in the world could Black Sabbath be considered jazz? The answers to these and other questions will be the focus. We will look at the influences on the band, and the impact Sabbath made on the rest of the music world. From "Wicked World" to "After Forever," prepare for a journey "Into the Void." Erik Selinger, \$15 tuition  
Thursday, October 13, 6-9 p.m.  
(Westmoreland-Murrysville)  
Thursday, October 27, 6-9 p.m.  
(Westmoreland-New Kensington)

## **Valhalla, I Am Coming: Fantasy Elements of Led Zeppelin**

"Your Time is Gonna Come". And it's right now! Calling all fans of Led Zeppelin, pop culture, mythology, history, and fantasy! Examine references to Norse & Greek mythology, as well as the writings of J.R.R. Tolkien, in Zeppelin classics like "Immigrant Song," "Ramble On," and many others. We will explore why Led Zeppelin is the originator of Viking rock, was Thor a blond or a redhead, and where exactly is Valhalla, and why would I want to go there? We will also discuss all things Tolkien, from Ringraiths to "Gollum, and the Evil One...", plus a visit to the Misty Mountains. We'll look at other pop culture references too, including Looney Tunes, the Marvel Cinematic Universe, and the films of Peter Jackson. Join us on an epic voyage, from "Achilles' Last Stand" to "The Battle of Evermore." Erik Selinger, \$15 tuition  
Thursday, October 20, 6-9 p.m.  
(Westmoreland-New Kensington)  
Thursday, November 3, 6-9 p.m.  
(Westmoreland-Murrysville)

 Denotes REMOTE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT

## Guitar Playing I

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends September 28. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting October 10,  
6-7 p.m.

## Guitar Playing II

This follow up class to Guitar Playing I will include power chords, fingerstyle guitar, syncopation, Carter style solos, bass runs, pentatonic scales and more. Bring acoustic guitar to class. Registration ends September 28. Bring acoustic guitar to class. Limit 10 students. The book is the same one used in Guitar I. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting October 10,  
7:10-8:10 p.m.

## Basic Buddhism

Buddhism is a philosophy and set of practices originally taught by Gautama Shakyamuni who became known as the Buddha. This course will cover his story, those teachings, how they spread across the world, and how they can be applied to our world today. Lawrence Fallon, \$49 tuition

5 Wednesdays starting October 19,  
6-8 p.m.

## Folklore of Western Pennsylvania

We've all heard of various legendary events and creatures: Roswell, Shangri-la and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, \$25 tuition

2 Tuesdays starting October 18,  
6-8:30 p.m.



## NEW - Discover Living History

Ever wonder about what those men and women are doing at Fort Ligonier or Bushy Run Battlefield during events, dressed up in period clothes? They are enacting Living History. You will learn about the history of the 60th Royal Americans and the French and Indian War fought at Bushy Run Battlefield and Fort Ligonier, along with how being a living history reenactor works. Mark Somers, \$15 tuition

Tuesday, November 17, 6-8 p.m.  
(Westmoreland-Indiana)

## History of Bushy Run Battlefield

The Battle of Bushy Run was one of the most significant Native American conflicts in American History. Come and discover the role this local historical landmark played in the history of our nation. Scott Perry, \$15 tuition

Thursday, September 29, 6-9 p.m.  
(Westmoreland-Murrysville)

## Battles of Western Pennsylvania

Southwestern Pennsylvania has a rich history - which, not surprisingly, includes several military battles and skirmishes. We'll look at some of these battles, from the Battle of Jumonville Glen, the Whiskey Rebellion through to the Homestead Steel Strike. Frank Kordalski, \$15 tuition

Tuesday, November 8, 6-8:15 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT



## International Impact of the American Civil War

In the course of any war, commerce is disrupted, and the American Civil War was no exception. We will look at how the naval blockade of southern ports affected foreign economies, helped in the building of the Suez Canal and led to the rise of an extremist Islamic movement. Scott Perry, \$15 tuition

Tuesday, October 11, 6-9 p.m.

## Road to Revolution:

### America's Path to Independence

The years 1763-1776 were some of the most important years in our nation's history. You will learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania's own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation. Eric Greisinger, Ph.D., \$15 tuition, .3 CEUs

Thursday, October 6, 6-9 p.m.

## The Splendid Little War: 1898

The Spanish-Philippine-American War lasted from April to August 1898. Famous figures, key events, long-term impacts and social connections of the conflict will be presented. Eric Greisinger, Ph.D., \$15 tuition

Thursday, October 20, 6-9 p.m.

## World War I & Society

Famous figures, key events, social connections and the impact the war had on the 20th and 21st centuries will be presented. Eric Greisinger, Ph.D., \$15 tuition

Thursday, November 3, 6-9 p.m.

## UFOs 101

The subject of UFOs and aliens have fascinated people for a long time. Government and private organizations have collected a lot of data on UFOs and UFO activities in the last 70 years. We will identify that information and examine various topics to get a better perspective on the UFO and alien question. We will also examine UFO cases in Pennsylvania and Westmoreland County. Fred Saluga, West Virginia State Director and PA Assistant State Director, MUFON, \$39 tuition

4 Wednesdays starting September 28, 6-8 p.m.



## NEW - Wild about Pigeons! (Pigeon Program)

Ever met a real pigeon? Come meet Homer! During this hands-on experience, learn how amazing pigeons are and how they have been used during war and for communication. See how smart and versatile these birds are and all the amazing things they can do. Elizabeth Shaver, \$29 tuition + \$2 material fee

Saturday, October 22, 10 a.m.-2 p.m.

## NEW - Small Engine Maintenance & Repair

Save money and get the convenience of doing your own repairs on equipment. Learn to service, troubleshoot, repair and rebuild various types of small gas engine components. The basic operations theory of two and four stroke engines, ignition systems, and fuel systems will be discussed. Please be sure to wear safety glasses, closed toe shoes and long pants. A supply list will be provided on the first day of class. Joseph Nemetz, \$119 tuition + \$18 material fee

6 Mondays starting September 12, 5-7:30 p.m.

 Denotes REMOTE Class

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## **Basic Handgun Familiarization for Women**

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) Donald Hess, \$42 tuition + \$2 material fee

Wednesday, September 7, 6-10 p.m.



## **Beginner Handgun - Home Safety & Personal Protection**

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee

Tuesday & Thursday,  
September 13 & 15, 6-10 p.m.  
(Youngwood) and Saturday,  
September 17, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **Advanced Handguns - Home Safety & Personal Protection**

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Pre-requisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$65 tuition + \$10 material fee

Saturday, October 1, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **Advanced Handguns II**

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns. Donald Hess, \$65 tuition + \$10 material fee

Saturday, October 22, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **Dim Light/Darkness Shooting- Advanced Handgun Level 2**

Master the challenges of dim light shooting that adds a whole new dimension to firearms handling. Most crimes involving firearms occur in the evening hours or later, when darkness provides easy cover to criminals. Skills learned will increase marksmanship and decision making as it relates to survival and use of deadly force. Have the edge when it comes to target acquisition and skills when it counts the most and know your rights. Prerequisite: Advanced Handguns-Home Safety & Personal Protection. Donald Hess, \$75 tuition + \$2 material fee

Saturday, Saturday, November 12,  
4-10 p.m.  
(Public Safety Training Center)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# COMPUTERS

**In-person computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.**



## **NEW - Python for Homeschoolers (ages 10-16)**

Python, a real-world programming language, will be used to create images and animation. Students will be involved with programming concepts including variables, loops, and sequenced commands, along with reading and evaluating error messages. Bring a flash drive to class. Jennifer daConceicao, \$125 tuition

10 Mondays starting September 26,  
10 a.m.-noon (no class November 21)

## **AutoDesk Inventor 3D CAD Basic Skills**

Create and edit parts, make engineering drawings, and prepare for manufacturing by using only your keyboard and mouse! This course will allow you to design items in a virtual world and prepare them for 21st century production as you explore the capabilities of this industry-standard software. Topics include the parametric and editing module, the 3D drawing module, the assembly module and the presentation module for assemblies. Registration ends September 13. Peter Oblinsky, \$410 tuition + \$45 material fee (includes textbook), 2.4 CEUs

8 Tuesdays starting September 27,  
5:30-8:30 p.m. (Westmoreland-  
Advanced Technology Center)

## **Introduction to SolidWorks**

Take your idea from imagination to reality. Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. Registration ends September 12. Peter Oblinsky, \$410 tuition + \$75 material fee, 2.4 CEUs

8 Mondays starting September 26,  
5:30-8:30 p.m. (Westmoreland-  
Advanced Technology Center)

## **Maximizing Google Apps**

Get the most out of the free Google apps by gaining a thorough understanding of what these apps have to offer. Through instructor demonstrations and practice, you can gain the skills to utilize these tools efficiently and effectively. Pre-requisite: a basic understanding of the apps available and a Gmail account. Lawrence Fallon, \$59 tuition

4 Wednesdays starting September 21,  
6-8 p.m.

## **Introduction to Coding**

You will be introduced to the basics of computer programming and various programming languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. You will learn the basics of HTML, CSS, and Java Script, as well as the practical uses for each. James Kritzer, Ph.D., \$195 tuition

September 6-30

**Watch your email for class announcements, cancellations, etc.**

 Denotes ONLINE Class

**Most textbooks will be purchased online; there is a limited supply in the College Store. Instructions will be emailed to registered students.**

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# COMPUTERS

## Computers for Plus 50 using Windows 10

A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Bring flash drive to second class. \$99 tuition + required textbook

Gina McGrath 5 Tuesdays starting  
October 18, 9 a.m.-noon  
(Westmoreland-Murrysville)

Richard Martz 5 Tuesday starting  
October 18, 9 a.m.-noon

David Good 5 Thursdays starting  
October 20, 9 a.m.-noon  
(Westmoreland-New Kensington)

Gina McGrath 5 Thursdays starting  
October 20, 6-9 p.m.  
(Westmoreland-Latrobe)

## Computer Basics Using Windows 10

Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring flash drive to second class. Carol Shoemaker, \$99 tuition + required textbook,

5 Wednesdays starting October 19,  
6-9 p.m.

## Excel 2019, Level 1

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring flash drive to class. Richard Martz, \$85 tuition + required textbook

4 Thursdays starting October 20,  
6-9 p.m.

## Excel 2019 Boot Camp

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive. 30-minute lunch on your own. Vicki Walker, \$59 tuition + required textbook

Friday, November 11, 9 a.m.-3:30 p.m.

## CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, \$245 tuition

November 7-December 2

## HTML Fundamentals

This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, \$245 tuition

October 3-28

## Introduction to Game Design

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Take the first step into understanding game design, and how it can be applied in your field. Jean Haefner, \$245 tuition

September 6-30

 Denotes ONLINE Class

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# COMPUTERS

## Introduction to Web Design

Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. Discover the basics of web design using HTML and CSS. No prior knowledge of HTML or web design is required. Throughout the course you will get the info you need to plan and design effective web pages. Come away knowing how to implement web pages by writing HTML and CSS code. And discover ways to enhance web pages with the use of page layout techniques, text formatting, graphics, and images. Tonya Wright, \$245 tuition  
September 6-30

## Adobe Illustrator Essentials

Adobe Illustrator is the industry standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards or any other vector graphics for print or web. In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type and color all kinds of shapes and illustrations. Learn how to efficiently manage layers and artboards, and create print-ready PDF documents. Access to Adobe Illustrator software required. Andy Helmi, \$225 tuition  
September 6-30

 Denotes ONLINE Class

## ONLINE LEARNING the solution for today's busy adult Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



For more information visit our website!

<https://westmoreland.augusoft.net>

## COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at [westmoreland.edu](http://westmoreland.edu).

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# HEALTH CARE AND EMERGENCY SERVICES

## Health Care & Emergency Medical Services Professionals



### **Informative Dental Posters (formerly Dental Table Clinics)**

Westmoreland's Dental Hygiene students will provide informative Dental Posters for dental professionals to earn 3 continuing education credits. Registration deadline: October 5. \$35 tuition + \$15 material fee (includes appetizers), 3 CEUs

Wednesday, October 12, 6-9 p.m.  
(Science Hall Reception Area)

### **Dental Local Anesthesia is Stale and it is Time to Re-think the Brand of Pain Management**

The most widely used method for controlling pain during dental procedures is still the intraoral administration of local anesthetics. However, dentistry is in its most disruptive phase in many decades. New technologies like salivary diagnostics, 3-D scanning and printing, and inventive materials are driving innovative changes in the ways dental care providers practice. So, it kind of feels like local anesthesia is stale in comparison. This course will evaluate the landscape and changing methodology in the administration of pain management and relief. Can local anesthesia be cool again? Participants will find out as we discuss what new methods & agents in pain management are being explored, what still holds popularity, and what changes are needed today and in the future. Dr. Sean G. Boynes - President, Dental Medicine Consulting, \$129 tuition + \$15 material fee, .3 CEU's.

Thursday, November 17, 6-9 p.m.

### **Nurse Aide**

Visit [westmoreland.edu/nurseaide](http://westmoreland.edu/nurseaide) for class information.

### **Emergency Medical Technician**

For class information, visit [westmoreland.edu/emt](http://westmoreland.edu/emt)

### **American Heart Association (AHA) Courses**

The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbooks prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Unless otherwise noted, classes are for ages 18 and older.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) Full Course and Renewal

1. Complete Precourse Self-Assessment. Access found at <https://elearning.heart.org/course/423> (ACLS) or <https://elearning.heart.org/course/427> (PALS), bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
2. Review and understand information in the Provider Manual.
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
5. A current Basic Life Support for Healthcare Providers CPR card must be presented for admittance to class. (ACLS and PALS)
6. A current ACLS or PALS completion card is required for admittance in a renewal class (ACLS and PALS)

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**



# HEALTH CARE AND EMERGENCY SERVICES

## Advanced Cardiac Life Support (ACLS)

Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. \$97 tuition + \$13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.

Wednesday, September 7, 8 a.m.-4:30 p.m., & Thursday, September 8, 8 a.m.-1 p.m.

Wednesday, November 9, 8 a.m.-4:30 p.m., & Thursday, November 10, 8 a.m.-1 p.m.

Wednesday, December 7, 8 a.m.-4:30 p.m., & Thursday, December 8, 8 a.m.-1 p.m.

## Advanced Cardiac Life Support (ACLS) Renewal

Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Tuesday, September 6, 8 a.m.-4 p.m.

Wednesday, September 14, 8 a.m.-4 p.m.

Wednesday, September 28, 8 a.m.-4 p.m.

Wednesday, October 12, 8 a.m.-4 p.m.

Tuesday, October 18, 8 a.m.-4 p.m.

Wednesday, October 26, 8 a.m.-4 p.m.

Tuesday, November 8, 8 a.m.-4 p.m.

Wednesday, November 16, 8 a.m.-4 p.m.

Wednesday, November 30, 8 a.m.-4 p.m.

Wednesday, December 14, 8 a.m.-4 p.m.

Tuesday, December 20, 8 a.m.-4 p.m.



## Pediatric Advanced Life Support (PALS)

Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. \$97 tuition + \$13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.

Wednesday, October 5, 8 a.m.-4:30 p.m. & Thursday, October 6, 8 a.m.-3:30 p.m.

## Pediatric Advanced Life Support (PALS) Renewal

Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, September 21, 8 a.m.- 4 p.m.

Wednesday, October 19, 8 a.m.- 4 p.m.

Wednesday, November 2, 8 a.m.- 4 p.m.

Watch your email for  
class announcements,  
cancellations, etc.

## Textbooks available at the American Heart Association website

The link for ACLS is <https://shopcpr.heart.org/acls-provider-manual>

The link for PALS is <https://shopcpr.heart.org/pals-provider-manual>

The link for BLS is <https://shopcpr.heart.org/bls-provider-manual>

The link for Heartsaver CPR/AED is

<https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook>

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

Unless otherwise noted, classes are for ages 18 and older.

# HEALTH CARE AND EMERGENCY SERVICES

## Basic Life Support for Health Care Providers (BLS/HCP): Adult/Child/Infant

Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required. A course card is awarded upon successful completion. \$49 tuition + \$11 material fee + required text (review of textbook prior to class is required), .475 CEUs

Tuesday, September 6, 6-10:45 p.m.

Tuesday, October 4, 6-10:45 p.m.

Monday, November 7, 4-8:45 p.m.

(Westmoreland-Indiana)

Tuesday, November 8, 6-10:45 p.m.

Tuesday, December 6, 6-10:45 p.m.



## Basic Life Support for Health Care Providers (BLS/HCP) – Renewal

Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. \$39 tuition + \$11 material fee + required text (review of textbook prior to class is required), .35 CEUs

Tuesday, September 20, 6-9:30 p.m.

Tuesday, October 25, 6-9:30 p.m.

Tuesday, November 29, 6-9:30 p.m.

Tuesday, December 20, 6-9:30 p.m.



## Basic Life Support for Health Care Providers (BLS/HCP) Instructor Course

This course is aimed at experienced persons who have completed the BLS for Healthcare Providers, have completed the BLS Essentials course, and who wish to teach the BLS courses. Discover how to effectively present lecture materials, monitor and coach students, demonstrate accurate CPR skills for adult, child and infant patients, demonstrate manikin maintenance techniques, evaluate written and skills performance, maintain accurate records, and work with a Training Center (TC). You must affiliate with a TC of your choice, be 16 years old, have a current BLS for Healthcare Provider CPR card and purchase an instructor manual. Written testing, hands-on performance and practice lecture required. CPR instructor card is valid for two years. Instructors must teach four classes within two years to remain certified. Prerequisites: Successful completion of the BLS Essentials course, which can be accessed at [www.onlineaha.org](http://www.onlineaha.org). You must bring a copy of your certificate of completion of the BLS Essentials course and current BLS for Healthcare Providers card to class. Registration ends September 7. Tiffany Simmons, \$99 tuition + \$10 material fee + required textbook, .8 CEUs

Saturday, October 15, 8 a.m.-4:30 p.m.

# NEW

Online registration and payment now available 24/7!

Go to [westmoreland.edu/coned](http://westmoreland.edu/coned)

**For more information about Health Care and Emergency Services classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

# HEALTH CARE AND EMERGENCY SERVICES



## **Heartsaver CPR AED Adult & Child & Infant CPR**

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. \$29 tuition + \$25 material fee + required text (review of textbook prior to class is required), .45 CEUs

Thursday, November 17, 6-9:30 p.m.

## **Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR**

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .55 CEUs

Friday, October 14, 9 a.m.-2:30 p.m.



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

*Unless otherwise noted, classes are for ages 18 and older.*

# PUBLIC SAFETY

## Municipal Police Officers' Training Academy



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:

- Part-time class begins in February
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.



Go to [www.westmoreland.edu/policeacademy](http://www.westmoreland.edu/policeacademy) for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).

## ACT 180 – M.P.O.E.T.C. Mandated 2022 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2022 classes, go to [westmoreland.edu/act180](http://westmoreland.edu/act180).

If you have questions, contact Franklin Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).

## Firefighter



A class schedule for firefighters can be found at [westmoreland.edu/classes](http://westmoreland.edu/classes). The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or [jacksonmarc@westmoreland.edu](mailto:jacksonmarc@westmoreland.edu).

Instructor-Led **ONLINE**

# Youth Courses



## Westmoreland County Community College

Our **instructor-led** online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.



**Drawing for the Absolute Beginner**  
Gain a solid foundation in drawing and become the artist you've always dreamed you could be!



**Introduction to Photoshop**  
Learn how to use Photoshop, the world's best graphics program, to edit and process photos and create original images.



**Introduction to Microsoft Word**  
Learn how to create and modify documents with the world's most popular word processor.



**Photoshop Elements for the Digital Photographer**  
Master the secrets of correcting digital photos, and bring out the best in all your photographs!



**Introduction to Microsoft PowerPoint**  
Build impressive slide presentations filled with text, images, video, audio, charts, and more.



**Secrets of Better Photography**  
Discover strategies and tricks for taking excellent pictures no matter what or where you're shooting.



**Introduction to Microsoft Publisher**  
Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.



**Discover Digital Photography**  
Explore the fascinating world of digital photography equipment.



**Creating Web Pages**  
Learn the basics of HTML so you can design, create, and post your very own site on the Web.



**SAT/ACT Preparation**  
Get your best possible score on the verbal and reasoning sections of the new SAT exam.



**Blogging and Podcasting for Beginners**  
Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.



**Introduction to Algebra**  
Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Learn from the comfort of home!

- 24-Hour Access
- Discussion Areas
- 6 Week Format
- Expert Instructor

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

<https://westmoreland.augusoft.net>

Visit our website for start dates

Prices start as low as: **\$115**



# REGISTRATION

## Online Registration & Payment Now Available!

Register at [westmoreland.edu/coned](http://westmoreland.edu/coned)

*If you have any questions, contact the Information Center at 724.925.4000.*

### Refund Policy

All refunds are calculated from the official starting date of the course. The number of days or weeks to determine refunds is calculated by counting the actual days from the starting date of the course and not by counting the course meeting dates.

*All refund checks will be mailed to students and not be held for pick up.*

#### **For courses meeting one week or less:**

If you officially drop before the course starts, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

#### **For courses two weeks through four weeks:**

If you officially drop through the first three days of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

#### **For courses five weeks through nine weeks:**

If you officially drop through the first week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the first week of the course.

#### **For courses of 10 weeks through 19 weeks:**

If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the second week of the course.

#### **For courses 20 weeks through 29 weeks:**

If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the third or fourth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the fourth week of the course.

#### **For courses 30 weeks or longer:**

If you officially drop through the third week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the fourth, fifth or sixth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the sixth week of the course.

### Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

**You must officially drop a course to receive a refund.  
If you do not officially drop, you remain obligated for all tuition fees.**

## COLLEGE'S OPERATING PLAN DURING COVID-19

Please review the plan on the college's website prior to attending class at [westmoreland.edu](http://westmoreland.edu).

# Fall Classes at Westmoreland **CHOOSE YOUR START!**

Westmoreland can save you thousands and offer you a class schedule that fits your life. Classes are in-person, remote and online. Pick the start date that works for you.

- 15-week classes starting August 22
- 12-week classes starting September 12
- 8-week classes starting October 19

## Why choose Westmoreland?

- Gain credits that can transfer to four-year colleges and universities
- Save thousands compared to many colleges and universities
- Learn from faculty that have been teaching online since 1999



View the complete schedule at  
[westmoreland.edu/fall](http://westmoreland.edu/fall).

**APPLY TODAY!**

724.925.4000 • [westmoreland.edu/apply](http://westmoreland.edu/apply)

**WESTMORELAND**  
COUNTY  
COMMUNITY COLLEGE 

Westmoreland is an affirmative action, equal opportunity college.

# OPEN HOUSE



Wednesday, October 5  
3-6 p.m.  
All Locations

Visit  
[westmoreland.edu/openhouse](http://westmoreland.edu/openhouse)  
or call 724.925.4000.

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Postmaster, please deliver August 15-20, 2022

## Experience it all this spring at Westmoreland!

Westmoreland offers class schedules that fits your life – on-ground, online and remote. Pick your start!

- 15-week classes start January 17
- 12-week classes start February 6
- 8-week classes start March 15

### Why choose Westmoreland?

- Career preparation in two years or less
- Small class sizes
- Experienced & caring faculty
- Credits that transfer easily to four-year schools

### APPLY TODAY!

[westmoreland.edu/apply](http://westmoreland.edu/apply) • 724.925.4000

